



D.A.V GIRLS SENIOR SECONDARY SCHOOL
CHENNAI - 600086
MANJARI 2024-25



Ten Principles of Arya Samaj

1. God is the Primary cause of all true knowledge and of everything known by its means.
2. God is all Truth, all Knowledge, all Beatitude, Incorporeal, Almighty, Just, Merciful, Unbegotten, Infinite, Unchangeable, Incomparable, Beginningless, the Support and the Lord of all, All - Pervading, Omniscient, Imperishable, Immortal, Exempt from Fear, Eternal, Holy and the Cause of the Universe. To God alone, worship is due.
3. The Vedas are the scriptures of true knowledge and it is the paramount duty of every Arya to read or hear them read; to teach and preach them to others.
4. One should always be ready to accept truth and renounce untruth.
5. All actions ought to be done conformably to virtue i.e., after a thorough consideration of right and wrong.
6. The primary object of the Samaj is to do good to the world by improving the physical, spiritual and social conditions of mankind.
7. All ought to be treated with love, justice and due regard to their merits.
8. Ignorance ought to be dispelled and knowledge diffused.
9. None ought to be contented with his own good alone; but everyone ought to regard his prosperity as included in that of others.
10. In matters which affect the general social well-being of the Samaj, one ought to discard all differences and not allow his individuality to interfere, but in strictly personal matters everyone may act with freedom.

FOUNDER OF ARYA SAMAJ

SWAMI DAYANAND SARASWATHI





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Principals message

अनो भद्राः क्रतवो यन्तुववश्वताः ।

"Let noble thoughts come to us from every side."

This quote from the Rigveda emphasizes the importance of broadening one's mind and thoughts, encouraging the pursuit of knowledge from all directions, which leads us further in our understanding.

Imagination often builds upon existing knowledge to create novel ideas, solutions, and perspectives. The synergy between imagination and knowledge has been the catalyst for countless advancements that have shaped our world.


Our theme for this year, "Deeper, Further, Higher," is a call to explore the vast expanse of knowledge, challenge your perspectives, and reach for the stars. The theme resonates deeply with the spirit of our school, where every day is an opportunity to delve deeper into knowledge, reach further in your aspirations, and soar higher in your achievements. We strive to cultivate not only intellectual curiosity but also emotional intelligence, empathy, and self-awareness.

Our world is a vast tapestry of possibilities, and we encourage you to explore it with an open mind and a spirit of adventure. Venture further beyond the classroom, embracing diverse cultures, perspectives, and experiences.

We encourage you to delve deeper into the subjects that ignite your curiosity. Whether it's unravelling the mysteries of science, exploring the depths of human emotion, or delving into the intricacies of history, we invite you to embark on a journey of intellectual discovery.

In the classrooms, laboratories, and library, explore subjects not just at the surface level but dive deep into the core of concepts, ideas, and skills.

By encouraging students to delve deeper into their thoughts, emotions, and relationships, we are helping them build a strong foundation for personal growth. Through mindfulness practices, reflective exercises, and open dialogues, our students learn to navigate the complexities of life with resilience and compassion.



Let us venture further beyond the familiar, expanding our horizons and embracing new experiences- whether it's in academic pursuits, artistic expression, athletic endeavours, or social initiatives. Exploring different cultures and perspectives to venturing into the realm of creativity, gives you the passport to a world of endless possibilities.


And finally, let us aim higher, reaching for our full potential. Exploration is also about elevation—reaching heights that once seemed out of reach. Exploration is not confined to the boundaries of our school. It extends to every corner of our community and beyond. We believe in the power of dreams and the importance of setting ambitious goals. Let us inspire and be inspired by the stories of those who have dared to dream big and achieved extraordinary heights. Whether it's mastering a challenging subject, winning a competition, or simply overcoming a personal obstacle, with perseverance and determination you can attain it.

The sky is not the limit—it is only the beginning. Let us together embark on this intellectual odyssey. Let us question, challenge, and create. Let us reach for the stars, while grounding ourselves in our values. Let us dive deep into the ocean of knowledge, while always keeping our eyes on the horizon.

Reach higher, aim further, and let every achievement be the launchpad for your next great endeavour.



MRS.S.SINDHU
PRINCIPAL



INDEPENDENCE DAY MESSAGE

We are into the 78th year of our Independence, a comparatively young country. It is the people who help in development and the growth of every country. Since there are so many young people here, India is known as a young country. Our great Leaders who won our Independence for us were also great Visionaries who wanted this nation to grow culturally, technically and intellectually so as to be the leader of the world.

Indeed, we have achieved significant milestones in almost all fields such as Agriculture, Industrial development, Information Technology, International relations, Sports, Fine Arts and much more.

We, as a Country with a significant number of young population when compared to the other countries have, much better prospects to become a world leader because it's the youth who can take their country to newer heights with their ceaseless zeal.

This is possible only when our youth equip themselves with the required skills which will eventually propel the nation towards our goal.

Academic excellence together with social skills, life skills and technical skills can alone help youth to achieve their objective, increase prospects of employability and boost self-confidence.

Social skills involve our capacity to interact with our peers, elders and the society as a whole. With the advent of social media, with its advantages, we also face challenges which distract our youth from their goals. Let us conserve our time and energy towards developing productive skills.

This leads us to developing emotional balance and mental resilience. In recent years we observe our youth being easily swayed by excessive and misleading emotions leading them to emotional outbursts, temper tantrums and also sadly, to violence, in some cases. A healthy emotional outlook towards ones gender as well as the opposite gender is the need of the hour.

The next in priority will be sharpening our Life Skills. Thinking out of the box, quick and correct decision making, avoiding procrastination, developing leadership qualities which also requires you to be a team player and to be efficient in crisis management are some of the essential life skills.

The world has become a global village. Hence, Linguistic skills can also facilitate your growth.

Industrial advancement is the crux of our development among the world powers. We have to significantly progress in the Industrial sector, Information Sector, Space technology, Ocean technology, infrastructural development, defense among others.

A conscious effort should be made by our youth to develop and enhance the required skills, few of which have been shared today.

Skill-based education is crucial for school students as it equips them with practical abilities and real-world competencies. This approach helps students discover their strengths and prepares them for future success in an ever-changing world.

Recognizing the need for skill development in our students we at DAV have introduced initiatives like The STEM lab, The Makers lab, Project based learning to provide hands on experience to our students to develop their practical skills.

Let's build our strengths, overcome our weaknesses, and let nothing deter us from our single-minded focus on taking our Nation towards boundless progress.

This Independence Day let us make a pledge, our primary goal is to make our nation Ethically, Scientifically and Technologically Numero Uno.

ANNUAL REPORT

PRINCIPAL'S REPORT FOR THE YEAR 2023- 2024

SCHOOL ANNUAL DAY - 30.08.2024

Respected Chief Guest, Dr.Nithyasree Mahadevan, Carnatic Vocalist and Playback Singer, Shri.Vikas Arya, Honorary Secretary, D.A.V. Group, Smt.Parmila Gauhar, Vice President, Tamil Nadu Arya Samaj Educational Society, Shri.Vijay Kumar Gauhar, Senior Governing Board Member, Smt.Nishi Nangia, Convenor D.A.V. Girls Senior Secondary School, Gopalapuram, Smt.Poonam Anand, Convenor, D.A.V. Matriculation Higher Secondary School, Gill Nagar, Smt. Shanthy Asokan, Director Education & Innovation, Smt. Shobha Raman, Dean Academics, Shri. Brij Bharadwaj, Dean Quality Assurance, other members of the Governing Board and Executive Team, Smt.Hemamala Balasubramanian, Principal, D.A.V. SM Fomra School, OMR, Smt.G.Bhuvaneshwari, Principal, D.A.V. Secondary School, Mogappair, Smt.S.Charumathy, Vice Principal, Smt.Vilasini Sridharan, Headmistress, Principals and Headmistresses of other D.A.V. Group of Schools, distinguished invitees, parents, teachers and my dear students, Namaste.

With an overwhelming sense of gratitude, empowered further through relentless efforts to scale and soar up to achieve phenomenal eminence, I present the Annual Report on the activities of the academic year 2023-2024 of D.A.V. Girls Senior Secondary School, Gopalapuram. The school re-opened on 12th June 2023 for classes I to XII with the strength of 2446 students and 124 staff echoing the spirit of togetherness.

ACADEMIC ACHIEVEMENTS

I am happy to place on record that our school stands as a testimony and continues to be a harbinger in imparting quality education by my team of exuberant and exceptional teachers who keep proving that academic excellence has always been their prime perfection as they have proved it in Class XII and Class X Board Examination 2024. With immense pride, I present it to the august gathering.

CLASS XII- SCIENCE

The prestigious School First position in the Science stream was jointly scored by T. Lakshanya and S. Kiruthika with a total of 489/500. T.Lakshanya scored a centum in Computer Science and also has to her credit being the subject topper in Mathematics. She has secured CRL of 21188 JEE Advanced 2024 and she is currently pursuing M.Sc Honours in Economics and Finance, BITS-Hyderabad. While S.Kiruthika proved her clear edge by being the subject topper in English, Mathematics and Physics. She scored 692/720 in NEET 2024 and has secured a medical seat in CMC, Vellore. P. Prarathana was placed second with a score of 486 out of 500. She clinched a centum in Computer Science and is the subject topper in English. She is currently pursuing B.E Computer Science in Sri Venkateswara College of Engineering, Chennai. Shruthi Narayanan was placed school third with a score of 485 / 500 and a centum in Computer Science. She is now pursuing B.Tech, ECE in VIT-Chennai. This year had been truly enriching as eight students scored centum in Computer Science, two students in Biology, one each in Chemistry and Psychology and the average of Science group was 84.5%.

CLASS XII - COMMERCE

Sanjana Bansal with a total of 488 out of 500 was placed the School Topper in Commerce Stream besides being the subject topper in Economics and Accountancy. She is pursuing B.B.A in NMIMS, Mumbai; Samhitha Vaani emerged as school second with a score of 484/500. She was also the Subject Topper in Applied Mathematics. She is currently pursuing B. Com in Stella Maris College and keen on doing C.A simultaneously. Kashvi Kataria was placed school third with a score of 483/ 500 and a centum in Legal Studies. She is currently pursuing B.B.A LLB (Hons) in NMIMS, Mumbai. This year we had a centum in Informatics Practices and Legal Studies and the average of Commerce Stream was 86.4%. Bearing the fruits of their sheer hard work, our Class XII students have come out with flying colours in competitive professional examinations. I am truly proud to announce the first two top scores in NEET 2024. S.Kiruthika has scored 692/720 followed by Deepika.T with 669/720 and she has got medical seat in MMC, Chennai while many students excelled in the same.

P. Grismitha secured All India 510 Rank in NID Design Aptitude Test. Khushi C Kothari, emerged as a top scorer in CA Foundation examination. Harini K.G secured All India 1968 Rank in CLAT and is pursuing BBA LLB (Hons) in O.P Jindal Global Law School at Sonipat. Aditya Anchana secured All India 882 Rank to pursue Bachelor of Fashion Designing in FDDI, Chennai, while others have branched out to do Engineering, Architecture, Entrepreneur Leadership, Chartered Accountancy, Law, Fashion Designing and varied graduation courses in Science and Commerce.

CLASS X - TOPPERS

The phenomenal performance of the students of class 10 had been a witness to set a path to academic excellence. A. Ananya with a total of 496/500 credited with a centum in Standard Math, Tamil, Science and Social Science emerged as the School Topper. Aishwarya Thangam. V was placed second with total of 495/500 and a centum in Standard Math and Tamil. The third position was jointly secured by Shaswathi Souresh and Soundarya Murugaiyan with a score of 493/500 and both clinching a centum in Standard Math and Tamil respectively. The mark of true brilliance lies in the fact that 23 students secured centum in Tamil, 14 students in Standard Math, 11 students in Sanskrit, 3 in Social Science and 1 in Science. The average of class X was 86.9%. I appreciate the sincere efforts of all my endearing staff and students for the commendable results

LEARNING BEYOND CLASS ROOMS

At D.A.V. co-curricular syllabus is structured and balanced with the scholastic academic curriculum so that it helps develop various facets of personality in students. In order to develop the social and intellectual skills, moral, cultural and ethical values, personality and character development in students, regular inter-house activities, sports competitions, lab activities; library and art periods are combined with regular curriculum. Our students regularly participated in various competitions and won accolades for the school. With great pride, I would like to mention a few of our co-curricular achievements.

Aditi Praveen, Jhanvi Patwa and G.S. Pavithra of class XII participated in the Regional Level World Scholar's Cup at Chennai and were selected to contest in the Global level at Bangkok in August 2023. The trio amassed a total of 27 medals and moved on to participate in the final round in the U.S. Aditi Praveen used the opportunity to participate in the Tournament of Champions at Yale University and won numerous medals. Nethra Dilipan of class XI secured the Bronze medal in Economics Olympiad 2023 conducted by International Olympiad Foundation. Srimayi K and Hiral D. Jadiya of class X participated in the State level story writing contest conducted by TanTech Nova and were one among the top 120 teams. K. Srimayi of class X, Tashi Mutta and Charvi Bhutda of class VIII participated in the Regional Level CBSE Science Exhibition in Chennai. Tashi Mutta and Charvi Bhutda of class VIII participated in the 31st National Children's Science Congress 2023 co-ordinated by Tamil Nadu Science Forum in Chennai and were awarded Certificate of appreciation as 'Child Scientist' and trophy for their project on the topic, 'Technological Innovation for Eco System and Health'. M. Lakshita of class VIII won the consolation prize and a cash award of Rs. 7500, in the Energy Conservation Painting State Level Contest conducted by The Bureau of Energy Efficiency and Conservation, Govt of India. Aditi Suraj of class VIII participated in the Budding Authors Program organized by the CBSE and her story has been selected to be published as an e-book in the academic website. Vishaka K Iyer of class I secured International Rank 3 and won a trophy in the Logliquids , a mental aptitude Olympiad. 503 students appeared from our school and 314 moved on to the final stage. Fifteen students from class I, eleven from class II and one from class VIII received medals for securing International Ranks. The Energy and Resources Institute (TERI) conducted the prestigious Green Olympiad 2023 and ten of our students received Certificate of Merit. In the Inter-school competition conducted by Shree Geetha Bhavan Trust our school won the Overall Trophy for the eighth consecutive time.

SPORTS

We at D.A.V. are aware of our responsibilities to find a balance between sports and academics. Therefore, sports activities are regularly conducted and students are encouraged and trained to participate in various competitions.

Fueled by passion and driven by purpose, the following students are the proud individual achievers in various District, State and National level competitions.


Akshita.T. B of class XII represented the State Basketball team in the Youth State Basketball Championship last year. She and R.Madhu Annam made the school proud by playing at the District, State & National level Basketball competitions. R. Subhashree of class XI, Diya Jain and R. Mridulashree of class X and Sanjana Nagarajan of class IX secured a gold medal in the under-19 CBSE Cluster National Level Chess Competition at Noida. V. Kashvi of class X secured the First place in Boxing in the under-17 category conducted by CBSE Cluster. She was qualified for Nationals and participated in the National level Boxing Championship at Haryana. L. Jiyah Bhandari of class X secured the Bronze Medal in the under-17 Table Tennis Tournament conducted by the CBSE Cluster South zone. G.Niharika of class X secured the Bronze Medal in the under-17 Taekwondo CBSE Cluster South zone competition. T.M. Karnikaa of class IX won the Gold medal in Roller Skating 1000 mts & 3000 mts and the Silver medal in 500 mts under 17 category conducted by Chennai District Roller Skating Association. K.S. Devi Bhuvaneshwari of class VIII was selected to participate in the State Cricket Women's Camp under 15 category by the Tamil Nadu Cricket Association. R. Harshitha and S. Srikrupa of class V, Aditi Ashok and Amriti Ashok of class IV won the second place in the CBSE Cluster Under-11 Chess Tournament held at Vijayawada. The same team was ranked sixth in the National Level Under-11 Chess Tournament held at Noida and in the same event S. Srikrupa received a Board prize for winning 5/5. In the CBSE Cluster Under 17 category our Basketball team were the proud Winners and were selected to participate at the National Level Competition held at Varanasi.

The PT Department regularly conducted Inter-house Competition for students throughout the year from classes III to XII. Team games like Basketball, Football, Chess, Volleyball, Badminton, Kho-Kho, Throwball etc. were held to better their sportsmanship and help the young budding students to realize their strength and improve their focus.

NCC - Our cadets of the Army Wing participated in the 14th Cado Fiesta in February 2024 and won the Overall Trophy. Earlier they had attended the CATC camp in May 2023 and had an excellent exposure to cultural and sports events. The second-year cadets took up their A Certificate Examination in January 2024. The second-year cadets of the Naval Wing attended the combined Annual Training Camp at Chengalpattu in February 2024. They learnt Seamanship and Naval Communication along with other subjects. They also wrote their A Certificate Examination in the same month. A total of fifty cadets from both Army and Navy Wing visited the OTA, Chennai and witnessed the passing out parade. They participated in the 42nd Cado Fest in Chennai and won the Cultural Trophy and the Overall Trophy.

CPL. S. Tharika, SGT. S. Jayavarshita, LCPL. P. Pavithra, CPL. Jothsnaa Jayakrishna, LCPL. G. Charulatha of class IX had participated in the Cado Fest held at Chennai and had also attended the selection camp at Police 2 Battalion, Avadi in August 2023. The four of them continued to participate in numerous camps and training and made the school proud. SGT. M. Sri Guru Paarvathy of class IX was selected to attend TSC training sessions last year. POC Keerthana. S of class IX received her trekking badge in May 2023 and was selected for the IGC RDC in the Unit Level. She received the Best Cadet Award and represented Tamil Nadu, Puducherry and Andaman Nicobar Directorate. She also had the wonderful opportunity to visit the Prime Minister's residence.

SCHOOL ACTIVITIES are an integral part of a student's educational journey. They provide an opportunity for students to engage in extracurricular experiences that complement their academic learning, foster personal growth, social development and overall well-being, creating a well-rounded individual. I now move on to the report of the other activities which defines the uniqueness of our school. THE INAUGURAL AGNIHOTRA for the new academic year was held on 12th June 2023 in our campus and our Secretary Shri. Vikas Arya addressed the students. FESTIVAL OF EXPRESSIONS, a unique initiative by Kala Kendram, was celebrated on 17th June, 2023, and second edition was on 14th November 2023, where all the students of class III -XII showcased their talents and creativity.



THE INTERNATIONAL YOGA DAY was celebrated on 21st June, 2023 in which the students of class VIII participated in a session where various yoga asanas were performed.

THE YOGIRAJ SHRIKRISHNA INTER-D.A.V YOGA COMPETITION for kids was conducted by Krida Kendra on 1st July, 2023 in our campus where students of both D.A.V. and Associate Schools participated in the event.

VARSHARAMBH, another unique initiative was held on 3rd July 2023. Students were motivated to take realistic and significant resolutions both at individual and class levels. Havan was conducted prior to Varsharambh and Convenor, Smt. Poonam Anand addressed the students and blessed them.

THE INVESTITURE CEREMONY for the elected members of the Student Council was held on 6th July 2023. Convenor, Smt. Poonam Anand, presided over the ceremony and addressed the council members.

THE BANYAN CORNER, a stationery shop managed by classes XI & XII Commerce students, to gain hands-on experience on book-keeping and knowledge on entrepreneurial skills was inaugurated on 6th July 2023 by Convenor, Smt. Poonam Anand for the academic year.

SEVA MAITHRI, a volunteering initiative to encourage students to serve the society with humility, was launched on 31st July, 2023. Students of classes I to IX and XI were encouraged to choose volunteering group activity planned for the whole year that included beautification of the campus and maintenance of the school garden.


GYAN PRAVAAH, a part of Seva Maithri, is an initiative which believes in knowledge sharing among peers. The students of class V volunteered to teach English, Language and Mathematics to the students of class I.

HAPPY READING another initiative of Seva Maithri wherein students of classes IX -XI helped the under privileged students by conducting reading sessions in order to read better. Students of classes VII and VIII participated in **SHRAMADHAAN**, an activity to clean their respective classrooms.


MOUNAVRATH, a sacred yogic practice that involves a vow of silence was practiced regularly, to develop will power, check impulsive speech and to encourage the practitioner to observe truth, control anger, and channel emotions.

PARAM VEER VANDHANA DAY was observed on 8th August 2023 where students paid floral tributes and honoured the brave hearts.





PARTITION HORRORS REMEMBRANCE DAY, was observed on 14th August, 2023. A photo exhibition and a patriotic music programme by students were organized for the same. **INDEPENDENCE DAY** was celebrated on 15th August 2023 at our premises with great fervor and pride. The Chief Guest for the day, war veteran and military enthusiast, Capt. D.P. Ramachandran, hoisted the national flag and addressed the gathering. A cultural programme exhibiting patriotic spirit was showcased by the students. **CHANDRAYAN - 3**, landing on the moon's South Pole, a major milestone of India's space missions was witnessed live by students on 23rd August 2023. **THE ANNUAL ATHLETIC MEET** of Gopalapuram cluster was held on 28th & 29th of August 2023. Mr. Kavya Bharath, Alumnus 2015 and Ms. Arjitha Parthasarathy, Alumna 2019 were the guests of honour. The prize winners of the various tracks, field and team events were awarded with medals and certificates. **TEACHERS DAY** was celebrated to commemorate the birthday of Dr.S.Radhakrishnan, on 5th September, 2023. The Student's Council along with class XII students brightened the day by organizing various games and entertainment programme for the teachers and made the day memorable. **ANNUAL DAY** was celebrated on 16th September 2023 at Anna Centenary Library and was presided by Smt. Priya.S Dixit, Head, Smt. Prabha.S Dixit, Additional Head, Akshar Arbol International School. The zestful achievers of the year 2022-23 were acknowledged with various endowment prizes. The cultural programme titled 'Vedic Dharpan' staged by the students was well appreciated by all. **KHADI MAHOTSAV** was celebrated in the month of October 2023 to promote usage of local products. A variety of activities were conducted and prizes were distributed during the special assembly on 27th October 2023. **CHILDREN'S DAY** was celebrated on 14th November 2023 and teachers entertained the students with a variety programme. **Y20 OUTREACH PROGRAMME** to promote global awareness and youth engagement was conducted on 20th November 2023. Students of classes X and XI participated in a group discussion on the topic, "Peace Building and Reconciliation: Ushering in an Era of No War." **DIWALI**, the Festival of Lights, was celebrated on 10th November.



During the assembly, students shared the importance of 'Joy of Sharing' and held diyas to celebrate it symbolically at school. **MULTILINGUALISM** is the ability of an individual or group to use more than one language in their daily lives. A special multilinguistic assembly was held on 13th December 2023, where students showcased the importance of co-existence through a skit.

BLOOD DONATION CAMP organized on 17th December 2023, saw a remarkable participation from the local community. This noble deed was a collaborative effort of Arya Samaj Foundation and HEAL, in association with Rotary Central TTK VHS Blood Bank. **FESTIVAL OF HARVEST** was celebrated with great fanfare on 12th January, 2024. The importance of farmers, farming and the four days of harvest festival was depicted in a dance-drama by primary and middle-school students. The traditional 'Uriyadi' game became the center-stage of the celebration. **REPUBLIC DAY** was celebrated on 26th January 2024, the national flag was unfurled by WG CDR. S. Harshavardhan. A variety programme showcased the patriotic spirit and fervor of the students. **PARIKSHA PE CHARCHA** telecast was watched by the students of class VIII on 29th January 2024. They listened ardently to our Hon'ble Prime Minister, Narendra Modi, who advised them against becoming slaves to gadgets. He asked them to accept criticism and learn regional languages and develop time management skills. **MARTYRS' DAY** was observed on 30th January, 2024 and a two minutes silence was observed to pay homage to the freedom fighters who had sacrificed their lives for the nation. **CARNIVAL**, a fun fair for classes I to III was held on 16th February, 2024. The festive air kindled the tiny tots who enjoyed their special day with rides, popcorn, cotton candy and games. **PULWAMA DIWAS** was observed on 14th February 2024 and homage was paid to the CRPF officers who laid down their lives for our country as a result of a cruel act of terrorism. **AMARA 24**, the school bid farewell to the students of class XII at a grand function organized by their juniors after the final Havan on 13th February 2024. **VARSHANTH PARVA**, was held in all solemnity on 5th April 2024, to help students assess the path of the resolutions taken on Varsharambh. The event was presided over by Shri. Piyush Arya, Governing Board Member.

SATURDAY ACTIVITIES were conducted for classes III to V in order to enrich language and artistic skills. Students had hands-on experience for clarity of concepts and also got to play board games and team activities. **THE GUIDES UNIT** of 2023- 24, saw 30 students who participated actively in all events of the school. They actively took part in various camps and competitions and won numerous prizes. Four of our Guides attended the Patrol Training Camp at Coonoor in February 2024. **PIVERB** is an Online Mathematics course for students of classes VI-IX. Tests are conducted periodically to strengthen the basic conceptual understanding. It is a great platform which makes Mathematics more interesting and allows the students to solve non-routine problems. **PRAJYA** is a monthly news magazine curated by teachers and professional contributors to bring relevant news to children about current affairs and lesser-known aspects about India and the world. **SANCHARIKA** an online newsletter provides all information about school activities and competitions. **WORKSHOPS** and regular training are essential for professional development. Our teachers attended numerous workshops conducted by CBSE and other private organizations in order to up skill themselves to meet the needs of the academic year. **CAREER COUNSELLING** is regularly organized in DAV as we believe in up-skilling and equipping our students to make the right choice in shaping their career. In line with this, the school organised various counseling sessions by experts regularly. **Crea-Shakthi** is a 'Theatre in Education' programme for classes III to VIII. Regular activities were held to improve life skills, communication and nurture their creativity, thus providing a platform to explore these attributes as a tool in personal and artistic growth. **FIELD TRIPS** or educational trips are regularly arranged to give exposure to new experiences. Last year the students of class IV and VI visited the Rail Museum at Perambur, class V to Birla Planetarium, class VII to Vandalur Zoo and class VIII to Dakshinachithra. The students of class IX attended a residential explorative learning camp at Agastya Foundation at Kuppam. The students of class X went to Thiruvananthapuram, class XI to Mysore and Coorg and Class XII to Delhi.

CONCLUSION

The goal of education is the advancement of knowledge and the dissemination of truth. As we take the path to reach our goals, there are many milestones that have been achieved and much more to have to be reached. While we pursue excellence in academics sports and art, we also remember in character building, ethical leadership, and spirit of respect, responsibility and commitment. Such a successful education is possible at D.A.V. only because of team work, the strength that makes common people achieve uncommon results.

I take this opportunity to express my heartfelt gratitude to our beloved Secretary, Convenor, Director and other Members of the Management for their continuous inspiration and valuable guidance in all our endeavors. My gratitude extends to the Vice Principal and Headmistress as well, for their constant support. I express my heartfelt thanks to the teaching and non-teaching staff for their relentless dedication and untiring effort and to all the parents for their co-operation.

Above all, I thank the Almighty God for all the blessings showered upon us year after year and I seek His divine blessings in the years to come.

Thank you.

MRS.S.SINDHU

PRINCIPAL

30.08.2024

ACHIEVERS OF CLASS
XII SCIENCE STREAM



T LAKSHANYA
SCHOOL FIRST-

489/500

CENTUM IN COMPUTER SCIENCE,
SUBJECT TOPPER IN MATHEMATICS



S KIRUTHIKA

SCHOOL FIRST -

489/500

SUBJECT TOPPER IN ENGLISH,
MATHEMATICS AND PHYSICS



P PRARTHANA

**SCHOOL SECOND -
486/500**

**CENTUM IN COMPUTER SCIENCE AND
SUBJECT TOPPER IN ENGLISH**



SHRUTHI NARAYANAN

**SCHOOL THIRD-
485/500**

**CENTUM IN COMPUTER
SCIENCE**

CENTUM HOLDERS COMPUER SCIENCE



J.AJEETHA



JHANVI PATWA



K.R.KEERTHANA



S.PREETHIKHA



S.TARIKA

**ACHIEVERS OF CLASS XII
COMMERCE STREAM**



SANJANA BANSAL

**SCHOOL FIRST –
488/500**

**SUBJECT TOPPER IN ECONOMICS AND
ACCOUNTANCY**



S SAMHITHA VAANI KASHVI KATARIA

**SCHOOL SECOND -
484/500**

**SUBJECT TOPPER IN
APPLIED MATH**



**SCHOOL THIRD –
483/500**

**CENTUM IN
LEGAL STUDIES**

SUBJECT TOPPERS ENGLISH

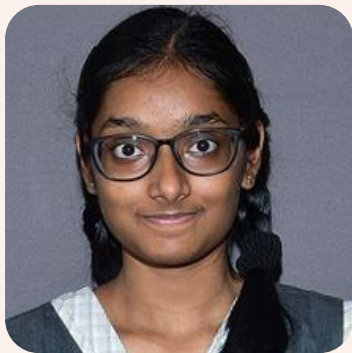


G.S.RAGAVI



R.SREE

UMA KEERTHI



UPASANA PAPPU



HAKSHITA



J NIRANJANA



R D PRITHIKA

CENTUM HOLDERS



JANAITA.J

BIOLOGY AND PSYCHOLOGY



DEEPIKA R

BIOLOGY



JOSHITA

KRISHNAKUMAR

CHEMISTRY



POOJAL JAIN

INFORMATICS

PRACTICES

**SUBJECT TOPPERS
ENGLISH**



K.V. SHRREYA



AVANI NAIR



M KAVIYA

ECONOMICS



C M KAVYADHARSHINI

BUISNESS STUDIES



CHANDINE B

ACCOUNTANCY

ACHIEVERS OF CLASS X



A ANANYA

**SCHOOL FIRST - 496/500
CENTUM IN STANDARD MATH,
TAMIL,
SCIENCE AND SOCIAL SCIENCE**



AISHWARYAA THANGAM V

**SCHOOL SECOND -
495/500
CENTUM IN TAMIL AND STANDARD
MATH**



SHASWATHI SOURESH
SCHOOL THIRD -493/500
CENTUM IN STANDARD MATH AND TAMIL



SOUNDARYA MURUGAIYAN
SCHOOL THIRD -
493/500
CENTUM IN STANDARD MATH AND TAMIL

CENTUM HOLDERS

TAMIL



SS RITHIKA



HAASINI C



A NETHRA



T ABIRAMI



S PUJA



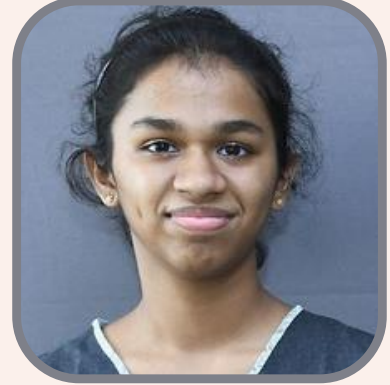
D S LEKHA

CENTUM HOLDERS

TAMIL



K JANANI



P TAMANYA



M R LATHIKA



SHAMMBAVI S



M AISCHVARYA



S IYSWARYA

CENTUM HOLDERS

TAMIL



B KAVIYA



LAKSHANA



PAVANA



S POORNI



S PRIYANKA



SHASHINI



DEAV

G.SHIVANI

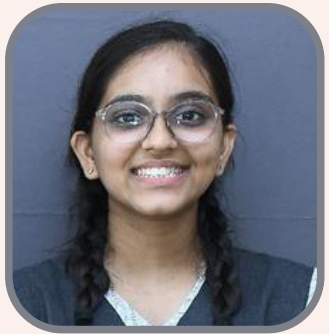
CENTUM HOLDERS
STANDARD MATH



DHIKKSHITA S



DHARSHIKA



PLAKSHA JAIN



RAKSHITHA



NANDHINI KAARTHIK
SIVAKUMAR



HIRAL D JADIYA



NETHRA V



PUJA S

**CENTUM HOLDERS
STANDARD MATH**



INIYA

CHANDRASEKAR



MANMITHA M

**CENTUM HOLDERS
SOCIAL SCIENCE**



DHARSHIKA P



M R LATHIKA

CENTUM HOLDERS
SANSKRIT



ABHINAYA U.V



DHIKKSHITA S



M MANMITHA



SRILAKSHMI M



ADWITA



DHARSHIKA P

GOVINDARAJAN

CENTUM HOLDERS
SANSKRIT



NANDHINI KAARTHIK
SIVAKUMAR



SWETHA S



ADITI
VINODKUMAR

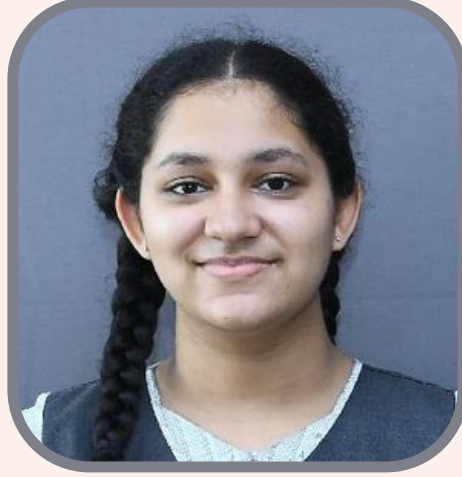


KEERTHANA
ANAND



S TANISHA

SUBJECT TOPPERS
HINDI



CHHAVI SINGHVI

ENGLISH



ADITI
VINODKUMAR



MANISHA
BALAKUMAR



men you'll... we're
hore to learn. My jo... people r...
own initiative... really go...
focus on the ne...

ENGLISH

Every Ambition Needs
Preparation



I strongly believe that
the moment you decide
your chosen... me



Teachers

In our school, with desks in rows,
Our teachers guide us as we grow.
With patience, kindness, and a smile,
They make learning fun, all the while.

Like a lighthouse in the stormy sea,
They guide us to where we need to be.
With encouragement, they help us strive,
To reach for dreams, to soar and thrive.

To our teachers, with love we send,
For being there, our guide and friend.
In the classroom, we learn and play,
Grateful for them every day.

- **VAISHNAVI RAMAKRISHNAN**

III "A"

WONDER OF NATURE

In the morning, sun's first light,
Nature wakes from cozy night.

Flowers bloom in colors bright,
Bees are buzzing , taking flight.

Birds are singing high above,
Sharing songs of joy and love.

Nature's magic all around,
In the grass and on the ground.

In this world of green and gold,
Endless stories to be told.

Hasini

IV B

Road to Success

Struggle today,
For a better tomorrow.
Hard work pays,
You should always know.

No matter how tough,
May seem the climb.
Keep moving, keep fighting,
One will win at some time.

Perseverance and patience,
Make you go a long way.
Because for the sunrise, even
The longest nights make way.

K.Shivaradhya
IV D

My Teachers

Our work must be from heart

As our everyday part

We should never stop

So keep on going

Till you reach the top.

Life is like a mountain

Big and small

We work to overcome all

So keep going

Till you reach the top.

Try to adapt what is taught

Our Teachers are always there to talk

So walk and knock your doubts

Keep on going

Till you reach the top.

Life is a race

Just be ready to face.

Poorna. S

V B

Nature

When I hear the river flowing,
I turn around and see the sun glowing.

When birds fly in the very blue sky,
I wonder why humans can't fly.

The trees are countable,
But not the grass.

When the Sun goes down,

The moon wakes up.

Nature is wonderful,

So are the birds.

Nature is beautiful,

So are the animals.

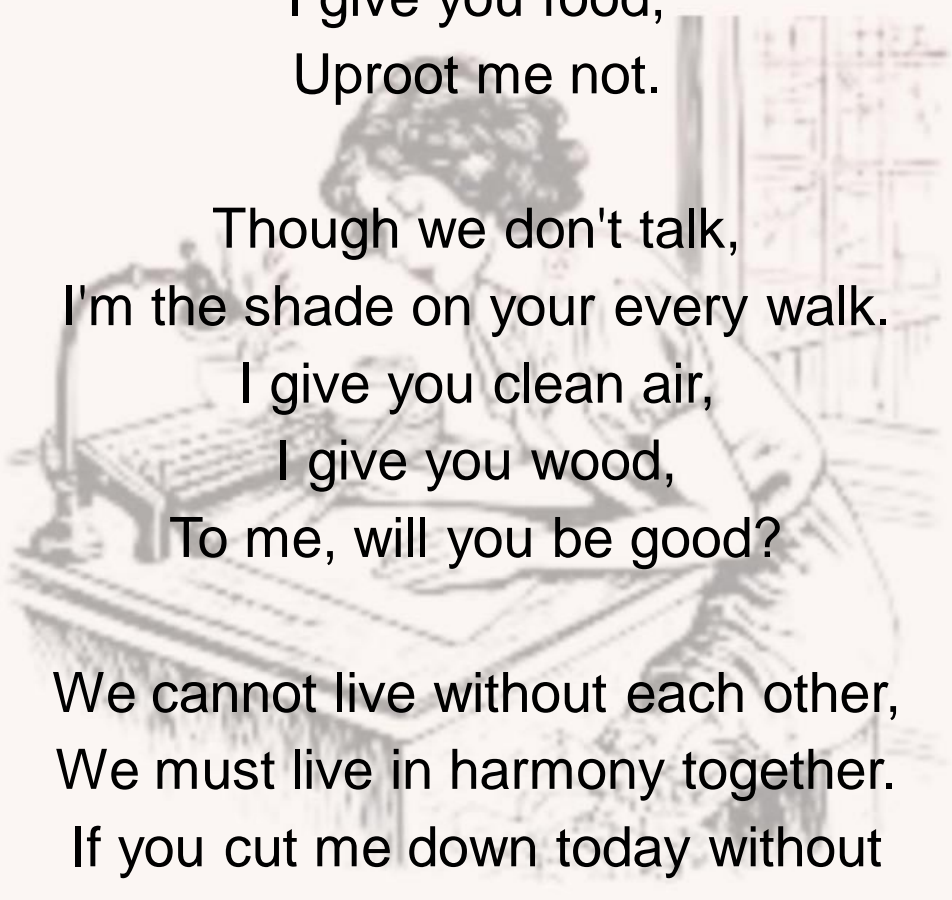
Vaibhavee Balaji

V B



Tree Talk

This is my home too,
Cut me not.
I give you food,
Uproot me not.



Though we don't talk,
I'm the shade on your every walk.
I give you clean air,
I give you wood,
To me, will you be good?

We cannot live without each other,
We must live in harmony together.
If you cut me down today without
sorrow,
Please remember, you'll have no
tomorrow!

Dhwani Gokul
V-C



WHISPERS OF THE NATURE

The excitement begins and so on
By seeing infinity trees in a lawn.
As the driver moves the wheels,
We spot abundant fruits on trees.

Longing to see untamed animals,
May it be reptiles or mammals,
Passing in a herd or alone,
Behind the bushes in core zone.

On a further motion,
Viewed a huge, grand creation.

Yes! They are mountains,
In the figure of sand fountains.

It is so exciting,
To see the snow melting,
Turning into a river,
The water colour seems to be silver.

Palak .A

V D

The Festival of Expressions

The Festival of Expressions has come,
Pick up your keyboard and drum.
We can sing, draw, dance and more,
For it is a day to enjoy to the core.
Let's showcase our talents on the floor,
As it is a room for us to explore.
Let's think outside the box,
And make the stage rock.
We paint our thoughts for all to see,
All our hidden talents will be set free.
It's time to do our best,
Don't worry about the rest.
Everyone has a talent waiting to burst away,
So take a step into this world for a day.
And I promise that you will enjoy,
The Festival of Expressions, we will all rejoice.

**K . Nishka
VE**

“A Beautiful Dawn”

The darkness goes, when the sun shines bright
When the moon leaves, there enters the light!

The owl sleeps and other birds awake
Singing songs with sounds they make!

The flowers bloom, their petals are new
And if you look close, they glisten with dew!

Your body feels fresh as you step outside
The morning breeze whispers a joyful ride!

A beautiful dawn is a wonderful sight
If you feel it, you'll be filled with delight!

- **V. Varshini**
VII A



WHAT A SAD LITTLE LIFE!

A house-fly flew into the garden,
Begging the gardener's Pardon!

She flew into the house,
To find a maid chasing a mouse!

Afraid they might smash her,
Flew out to the place she prefer!

But how sad, with a lighting flash,
She was no more than ash!

What a sad little life,
The housefly had to strive!

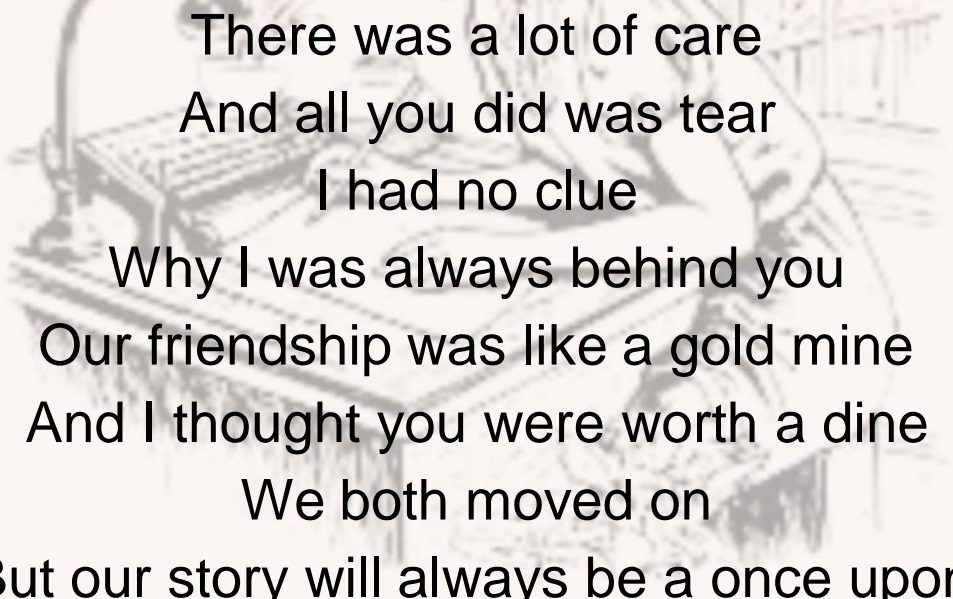
- R. Saathvika
VII A





Friendships once lost.....

I took a walk down memory lane
But it felt like I was drowning in rain
I knew I was true
But there was no time due
There was a lot of trust
But it all turned into dust.



There was a lot of care
And all you did was tear
I had no clue
Why I was always behind you
Our friendship was like a gold mine
And I thought you were worth a dime
We both moved on
But our story will always be a once upon.

- Aksheta Shanmugam
VIII B



UNDERWATER WORLD

Deep under the oceans and seas,
Is a world that you cannot see.

A blue world with fish and sea horses,
Is truly breathtaking and gorgeous.

Through a submarine we can explore,
The ancient ships and treasures on the floor.

With big sharks and cute jellyfish,
Underwater world is really a long-time wish.

VIBHA VISWANATH

VIII B

LIFE – A CHALLENGE

Life is a path;

It curves and bends.

Sometimes up and sometimes down,

With dreams and realities all around.

It twists and it turns

Causing plenty of heart burns.

But as for the fearless souls,

Nothing can stop their chase of goals.

Yet for those who are cowards,

Life never takes them forward.

For courageous people it's a pleasure

A source of joy they treasure.

Never let this challenge

Push you down;

Pick up your courage

And wear the crown!

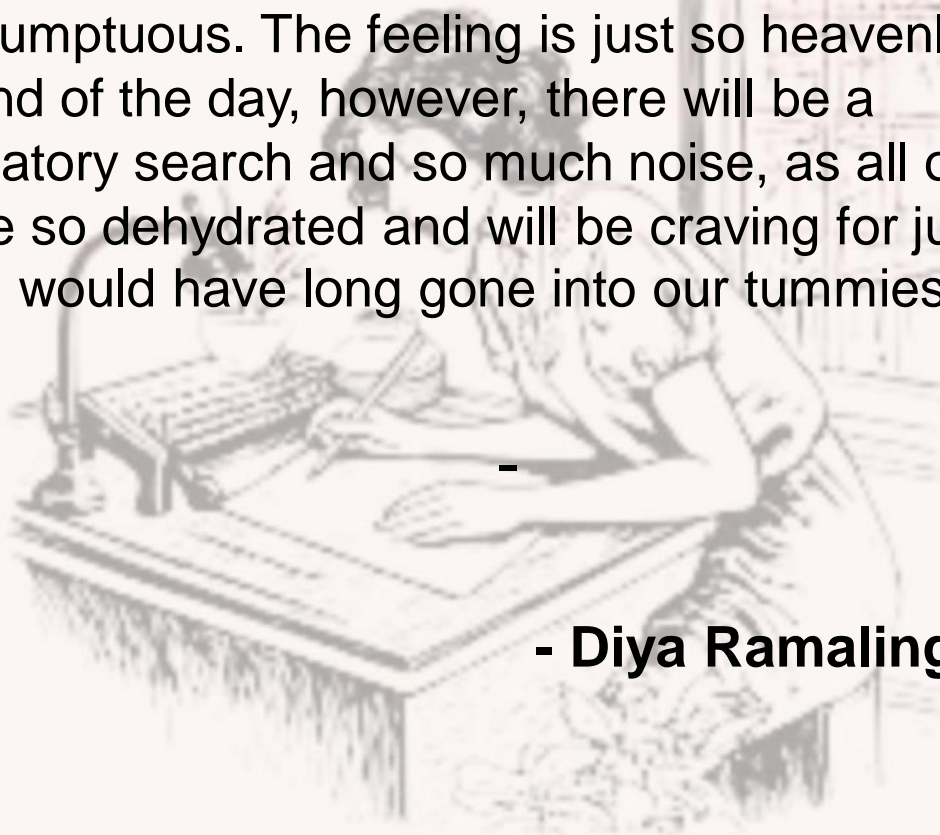
- JASKEERAT KAUR

VIII-D

The ultimate joy of snacking with friends!! **The excursion diaries!!**

The word excursion itself brings tremendous joy to any student. There are so many things that gets us excited about excursion! The place we are going to visit, enjoying with friends, teachers in a relaxed mode, the songs, the bus ride, the coolers, the hat and lots more. One particular thing that gives me immense joy and happiness is the snacks part of the excursion. Yummm!!! To think about it and my mouth starts watering! The anticipation starts from the time excursion is announced. There will be a big debate on what exclusive snack will be brought by whom and whose lunch is going to be the yummiest and most interesting. After all that discussion, when I actually go for shopping, I end up choosing the same flavor of chips, similar chocolates and one pack of juice, with few nuts and other goodies every year there is excursion. The packing alone takes hours the day before excursion, and exactly when there is a feeling that I have organized the snacks very neatly, there will be a new idea to repack and without hesitation, I go and reorganize everything with full enthusiasm.

. On the day of excursion, the snack boxes are opened the second we find a seat like we are starving There is so much glee in everyone's face when we dig in and find the yummy goodies and share the same with our friends. Oh!! The same snacks we eat throughout the year, when we eat with our friends on excursion becomes so delicious and sumptuous. The feeling is just so heavenly! By the end of the day, however, there will be a mandatory search and so much noise, as all of us will be so dehydrated and will be craving for juice, which would have long gone into our tummies!



- Diya Ramalingam,

VIII

B

NATURE'S BOUNTY

Nature's gifts are so many,
We cannot live without any.
Even the hot rays of the sun,
Are something we cannot shun!

Showers they are aplenty,
That they can never get empty.
But, we humans demolish,
What we can never re-establish!

Nature cannot be controlled,
For according to our needs it can never mould!
That which brings warmth and joy,
Is something we must enjoy!

Aditi Suraj
IX – 'A'

THERE ON THE GROUND IT LIES!

Conserved, it should be,
What crushed we see!
Children use it to draw,
The crows outside that caw!

A new world, it opens to us,
Enabling knowledge, it does!
It together is a book
That narrates stories of a tiger and a crook!

That which once brought news,
Is now subjected to abuse!
Tormented by the digital device,
There on the ground it lies!

Aditi Suraj
IX – 'A'

THE MYSTERIES UNDER WATER

A layer of blue spread over the eyes,
In front of us a new world lies!
That unravels mysteries of sunken treasures,
The enormous area that it measures!
A world underwater lies at the wait,
For travelers and tourists, it's the bait!
The treasures it holds within its palm,
Are the ones that give it its charm!
The seabed, the throne!
The banks, the treasuries famously known!
The seahorses taunted by a rein!
The mermen who silently reign!
The world below the waves,
Whose view everyone craves,
The desires of humans cling,
To the underwater world where mermaids sing!

Aditi Suraj
IX – 'A'

A Fighter

A fighter is not only one whose job is to fight or defend, It
could also be to choose a cruel heart to mend.

Everyone is a fighter regardless of their wealth when days

are a little tighter, all they think of is stealth.

But you are not someone like the type mentioned above,
Come on girl, pick up the mic fly high, like a white dove,

You can't live if you don't fight; get up girl, strengthen
Don't care whether it's day or night
Fight, win and ask wassup?

Kavya.S.M XI B

The Moon

Oh, how beautiful the moon shines!
In the cool and tranquil night
Seeing her lit up in the sky
Makes people happy and bright.
When everybody
praises her Beauty,
She hides herself
behind the clouds
Though she is full of craters,
We still call her pretty, without a doubt.
Suddenly on that night,
She appeared as a
crescent
Gazing at her never
made me tired
And my heart felt pure
and pleasant.
The ocean turned to be a mirror,
Irresistible of the Moon's
beauty
Embracing her beauty
wherever she goes
Oh, how beautiful the
moon shines!

- Kanishga
IX B

World of Illusion

Lands on this realm this being, untainted
and all virtuous,

time changes the being who knows how,
probably even malicious.

Lost in illusionary transient pleasures
becomes this soul all oblivious,

Ignorant towards that radiant truth, the
source of life

Illusion and illusion helpless is the mind full
of delusion.

Though lost in the maze of this delusionary
sea,

Never does the imperishable soul succumb
to dissolution.

Returns the soul to the imperishable
glorious,

a fragment of it is

so why ever do anything heinous,

instead realise the glorious.

VIJI AKANSHA.L

IX- D

Sleepless nights

I lay awake on my bed,
Trying to sleep every sec.
I toss and turn to sleep every day,
As a ritual that happens most days.
I think about my sorrows,
And all the things I have borrowed.
Just to remind my mind,
It is going to be fine.
I lay there and think about my family and
friends,
Knowing that is now going to be pointless.
I worry about my worries,
As I take a blanket and bury.
You never know how its going to affect
yourself.
I think about the people who betrayed and left
me,
All of them turning me blue.
All these thoughts roam about,
All things to not be thought.
And that's when I wake up from my thoughts,
Knowing it's a Monday morn !

Sameeksha Sajeev

IX – D

Endless

Beneath the sky,
The mind explores,
Like oceans deep with hidden stores.

Thoughts of joy and sorrow's gale,
Calm and storms,
A shifting tale.

Memories and treasures lie,
In mind and sea,
Both deep and high.

Waves and whispers,
Secrets blend,
In depths where pearls and wisdom mend.

- **G.R.Megha**
- **IX D**

The Tree

This happened in the federal state of Germany called Baden-Württemberg. In it, there was a forest named The Black Forest. It was a deep dark jungle, in the middle of nowhere.

In the forest, there lived a very mysterious tree. No birds dared to chirp in it, no flowers grew on it and nobody knew what kind of a tree it was. A very ambitious group of explorers from Melbourne once lost their way and entered this forest. They walked some distance and it was getting harder and harder to see as it was getting darker and darker. Then, they found it! Gigantic, mighty and lofty. Its trunk was so broad that they couldn't go further. Then, one of them said, "There's a hole in it and it seems open! Why don't we go through it?". All of them agreed and one by one, they started to crawl into the hole. Jenny was first to exit, and to her surprise, she saw a bright light flashing that she could hardly open her eyes. Then, there was suddenly no flashing and everybody exited.

But, they were no longer in the forest. Instead, they found themselves in a very scenic place which was more or less like a painting. The sun in between two mountains, a river flowing from the gorge, pebbles along two sides of the river and greenery everywhere. Then, there was the same tree. It was in a corner, sulking and desperate to be loved. It suddenly spoke, "I'll take you back home kids. But listen to my story first."


The explorers, who were utterly puzzled, hesitantly came closer to the tree. The tree continued, "I'm turning 160 today. But I've not really lived it in glee. I'm alone, and full of sorrow. I loved kids. I lived in a tribal region and I felt so magical when kids used to play around me. But it was all over when I was shifted here. I don't know what really happened and who really did that. After that, my life changed completely. I almost forgot who I was. It was really nice meeting you all. I think my time has come. I'll drop you back in the forest." Immediately, the explorers came back on the other side. And suddenly, they heard some cracking noise. They turned back to see the tree collapsing, almost breaking into pieces. It was giving them a warm and motherly smile and collapsed completely. The explorers held the pieces of bark in their hand and wept knowing that it was too late

**N.M.SOWJANYA
IXA**


**A Night With The Knights - A living
Nightmare!**


The bell had just rung at Sunshine boarding School when the children were rushing back to their rooms. Nearly half of these children were heading to the arcade at the campus. The first amongst them were Susie, Rohan and Max. Known for their friendship, this gang wandered everywhere together. They were quite excited for the new edition of their all-time favourite video game- 'Into the world of Zombies..'.

Being one of the first to arrive, they procured a seat and a device to play with. The rules of the game were considerably simple- just throw books at any zombie you see which, when in contact with the book, dies! Due to the place being crowded, the excessive number of servers led to frequent jamming. Yet the game was on! There was a distinct chatter all around with a racketsy atmosphere. Then, in a fraction of a second, all the servers shut down and silence enveloped the place. But then, all of a sudden, one server lit up which was that of Rohan's. Rohan was stunned. Everyone's attention was drawn towards Rohan. The working of his device was also accompanied by peculiar noises which made things more eerie and horrific. Then, out of the blue, a few green, slimy, unpleasant creatures came out of the screen and the wires too. Alert! These were not just 'creatures' but ZOMBIES! The sight of the disagreeable beasts made the children flee for safety. The Zombies were ravenous for human flesh. The moment they saw humans they attacked them. Unfortunately, though Rohan, whose hair stood upright in fright, was in the front, but nothing untoward happened to him. The trio ran for their lives and went to their rooms in the hostel where they expected to be somewhat safer. But that wasn't the case



The instant they went there, the huge Zombies were already invading the place. Alarmed at this, Max caught hold of Susie's and Rohan's hands and took them out of there. The friends took refuge in the canteen's, washrooms, the science labs, the classrooms and what not! But nowhere were they able to find a safe, secure place away from all the Zombies. They saw all their friends being attacked by the Zombies. They seemed to be the only survivors. Rohan saw Miss Riya, his favourite teacher right in front of him being swallowed by a zombie. Seeing this, tears rolled down his eyes but Rohan was still determined to save his life. Finally, the kids reached the enormous, undusted library. Curiously, there was no trace of a zombie here. So, they decided to rest and plan a course of action. Looking at the books in the library Max had an idea. The Zombies had come from the game 'Into the World of Zombies..' whose rules were that a zombie would get crushed into pieces if in contact with books. He soon began explaining





his plan to the other two. According to the plan, Rohan stealthily went out of the library to locate a zombie. He then threw the book in his hand at the zombie. And, the idea worked! The zombie faded away.

But, there was a drawback. There weren't enough books to throw at the Zombies who were scattered across the campus. The only way they could bring the Zombies to the library was by being the bait themselves. This was a team effort. But, Susie roamed around the campus and made funny noises to demonstrate her mimicking skills. The group was punished by the Principal for the act and they were assigned to reorganize the whole library. This made Susie, Max and Rohan learn a lesson: Reading books was better than playing video games. And they never thought of playing video games, ever again.

Shreya Saripaka

IX B



THE THREE LITTLE PIGLETS - FROM WOLFY'S PERSPECTIVE

Hi! I am Wolfy. I am also known as the 'big bad wolf'. Yes, it's me from the story called "The Three Little Piglets". That story is NOT the truth. I am here to tell you what ACTUALLY happened. So, it was my grandma's hundredth birthday. I wanted to do something special for her, so I got the ingredients to bake a nice cake for her, I thought I wouldn't be able to do anything because I had a very bad cold that day, but I was eventually ready to bake it when I realized, that I had forgotten to buy sugar! So, I rushed to the neighbor's house to borrow some sugar. The house was made of straws. I knocked and no one replied. I knocked again, and yet there was no reply, and right after that, ACHOOO! My sneeze was strong enough to blow out the entire house! There it was, a scared little piglet lying on the floor. Now, if you had a freshly made pizza, right in front of you, would you refuse it? THAT is what I did, I ate it.

Then I went to the other house, it was made of sticks. I knocked once, and to my surprise, no one replied! I tried to knock again, hoping this time someone would reply and give me the sugar I wanted. Just when I was lost in that thought, ACHOOO! That sneeze, again, strong enough to blow down the entire house.


again, strong enough to blow down the entire house. And there it was, again, a tiny shrimped up little piggy. Now, if there was a freshly made bowl of pasta in front of you, would you let it go? Of course, I ate it as well. But I still hadn't got my sugar.

I went to the third house. This one was made of bricks. I knocked and there was no reply, the second time I knocked with my fingers crossed, so that I could get my sugar as soon as possible. And there it was again, ACHOOO! But thankfully, this time the house was intact! PHEW! Just when I gave up and was turning back to go home, I saw a little kitty, stuck on the roof!! wanted to rescue it, and that's why I climbed the roof. I rescued it.....

and was about to go back down, but I slipped, and fell into the chimney! I fell into the fire the new neighbor of mine had ignited to warm himself up! Just when I almost burned myself, I secretly escaped without the piggy knowing.

So now you know what actually happened. So please, do not believe the innocent looking piglet's story. He mixed up facts, and made me look like the villain of the story, but trust me, all I wanted, was a bowl of sugar to bake my grandma's cake.


**AYMEN M
IX B**




**Finding Strength in Adversity:
How Challenges Can Fuel
Personal
Growth**

In a bustling world packed with multiple events taking place within a singular day, each person is unique, from the way they think to the way they handle stress. Especially when faced with life's ups and downs, most people find themselves tempted to give up. These instances, big or small, almost always prove to be opportunities for us to learn, and become the best versions of ourselves.

Adversity manifests in a myriad of ways- bereavement, failure, heartbreak. Acknowledging these challenges as a natural condition in human life would change our outlook on the situation we're faced with- looking at it right in the eye would put us in the better perspective. As overwhelming and inundating as these may come across, it always ends up being a minor inconvenience, which when fixed clicks everything in place. Adopting a mindset that encourages growth and showing compassion to oneself allows us to perceive difficulties as invaluable opportunities to be better in an amplitude of ways.






Failure too, serves as a potent instructor. Each setback you face imparts more to learn than any success you achieve. It acts as a mirror, reflecting our vulnerabilities and emphasises on our areas of stagnant growth. When you encounter setbacks, rather than turning down the situation, or shying away from addressing the issue at hand, you must recognise that it is these adversities and failures that force you to reevaluate your approaches, develop a perspective and fortify your determination to do better. Embracing failure sets you on the first step on a staircase of becoming the best versions of yourself- the minor, or major, act of accepting your faults would lead to you taking yourself off from the pedestal, urging you to put yourself first.

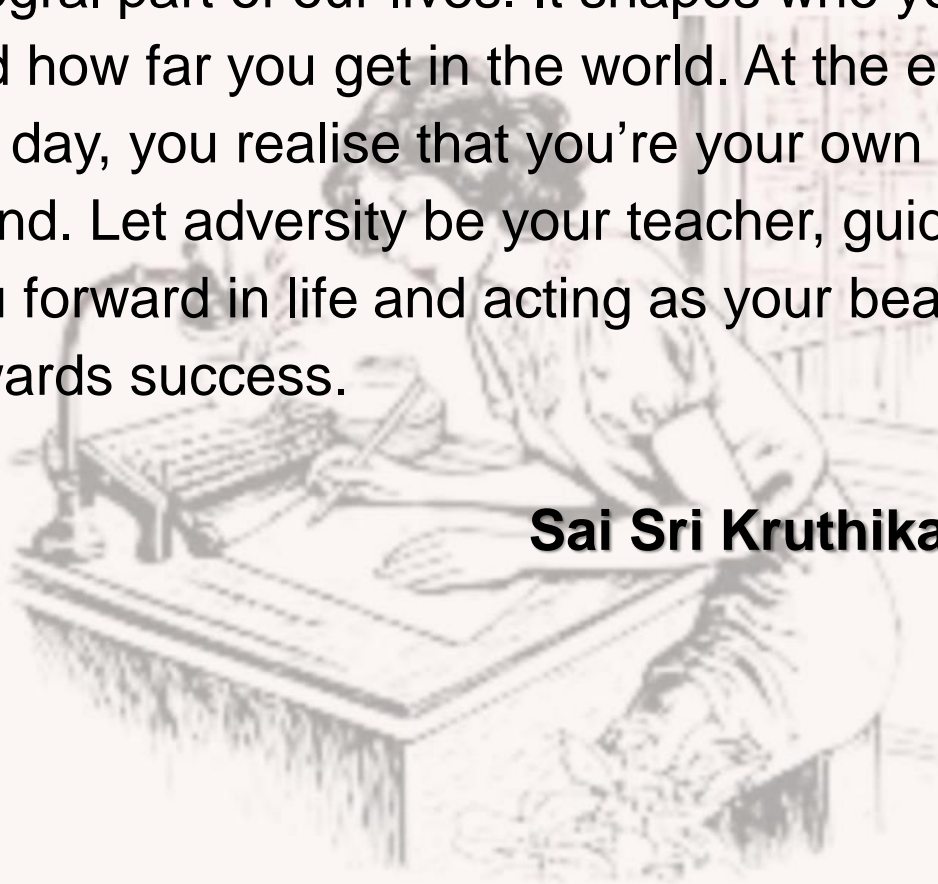
Moreover, adversity often reveals to teach you something new about yourself. When confronted with an insurmountable challenge, you are obliged to delve into your own being, tapping into your inner reserves of creativity and courage. This cements your self-confidence and pushes you to step up for yourself.

While problems that life throws at you are not avoidable, it need not be viewed solely as a negative force. By embracing challenges, changing your perspectives to learn from failures, investing in yourself and healing from



what caused you inconvenience, you can create the shift in your mindset that you need. Through life's most arduous moments, you find that everything you need is already within yourself.

In conclusion, adversity, though daunting, is an integral part of our lives. It shapes who you are, and how far you get in the world. At the end of the day, you realise that you're your own best friend. Let adversity be your teacher, guiding you forward in life and acting as your beacon towards success.



Sai Sri Kruthika B.N
X D

Eliminate Worry


“Happy is the man who has broken the chains which hurt the mind, and has given up worrying once and for all.”

- Ovid

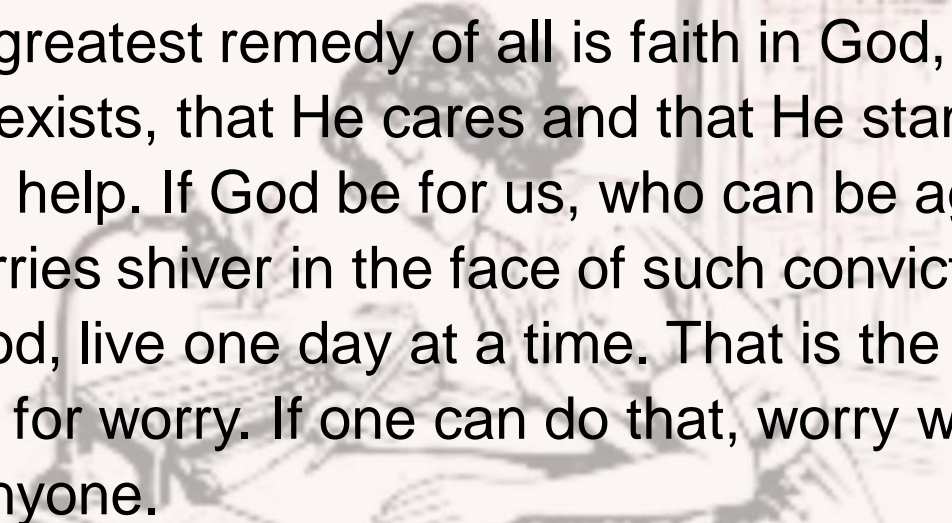
“Worry”, a wise man once said, “is a thin stream of fear trickling through the mind”. “If encouraged,” he added, “it cuts a channel into which all other thoughts are drained.”

Dozens of people worry about their health. A vast majority of the people fear that disaster might overtake; but actually this will not happen.

One remedy for excessive worry is a clear understanding as to how much emotional and physical damage it can do. “Worry” said the great Dr. Charles Mayo, affects the circulation, the heart, the glands, the whole nervous system, etc. No man ever died of hard work, but many die of imagination, doubt, etc.




Another remedy is to deliberately distract oneself by playing a game, going for a walk, seeing a film, chopping wood, digging the garden, painting a picture or any other such activity. Do not sit and brood. Divert the worried mind to other channels of thought and activity.



But the greatest remedy of all is faith in God, belief that He exists, that He cares and that He stands ready to help. If God be for us, who can be against us? Worries shiver in the face of such conviction. Trust God, live one day at a time. That is the best antidote for worry. If one can do that, worry will never haunt anyone.

Swami Vivekananda had said
“Worry does great harm to the body and the mind. Energy is wasted by worry. It drains the vitality of men. Nothing is gained by the worry habit. Be vigilant. Keep the mind fully occupied. The habit will be eradicated.”

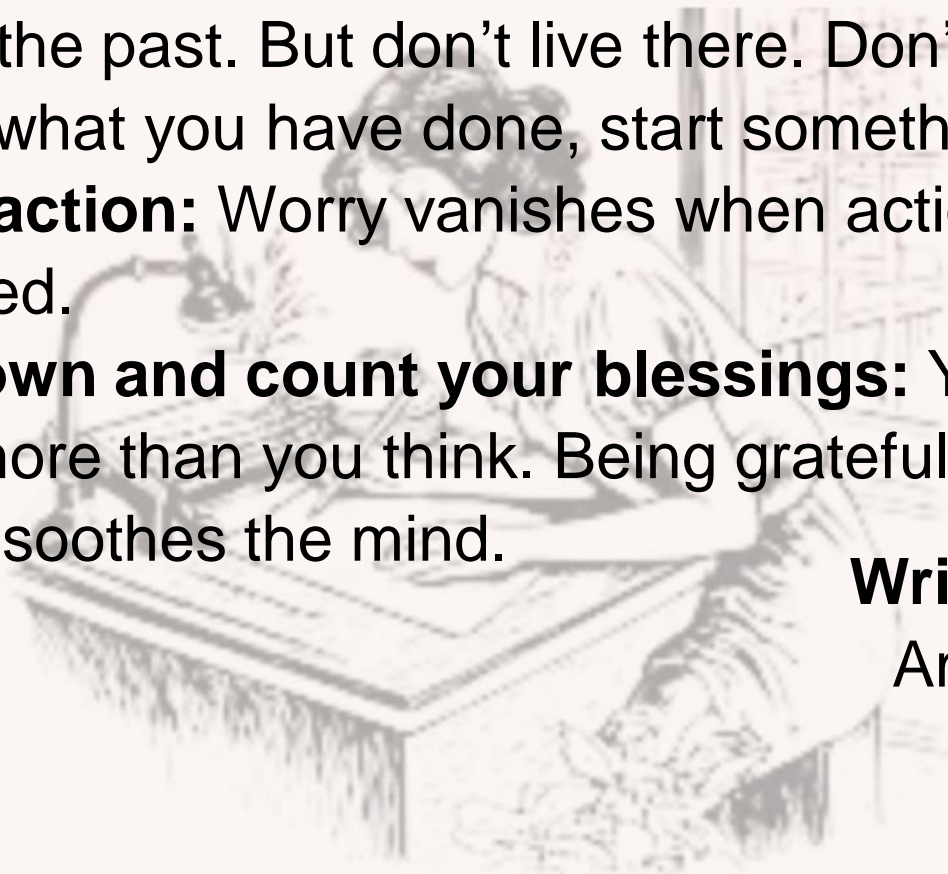
Worry is essentially a mental, not a physical disease. Worry breeds worry.



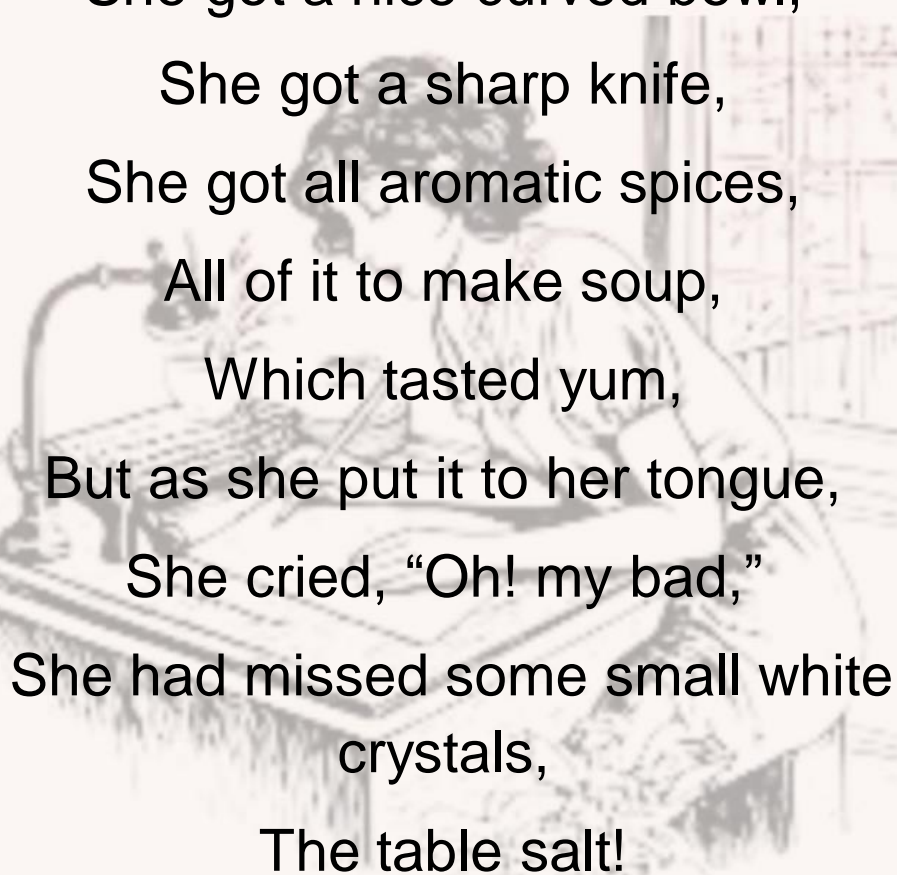
Researchers have found out the following rules for beating worry.

- 1.Keep busy:** The busier people are, the less time they have to worry.
- 2.Move out of the past into the future:** You can be interested in the past only if you can learn from the past. But don't live there. Don't brood over what you have done, start something else.
- 3.Take action:** Worry vanishes when action is applied.
- 4.Sit down and count your blessings:** You have got more than you think. Being grateful and calm soothes the mind.

Written by:
Ambika A,
IX-D.



Salt



She got the best ingredients,
She got a nice curved bowl,
She got a sharp knife,
She got all aromatic spices,
All of it to make soup,
Which tasted yum,
But as she put it to her tongue,
She cried, "Oh! my bad,"
She had missed some small white
crystals,
The table salt!

V.Dhaarani

X A

FIGURE IT OUT

The tears of a cloud that once lived,
That man cherished.

The soldier of the military,
Whose quests being a coward, obligatory.
The dancer's anklet stealing the limelight
Distracting the bricklayer late at night.

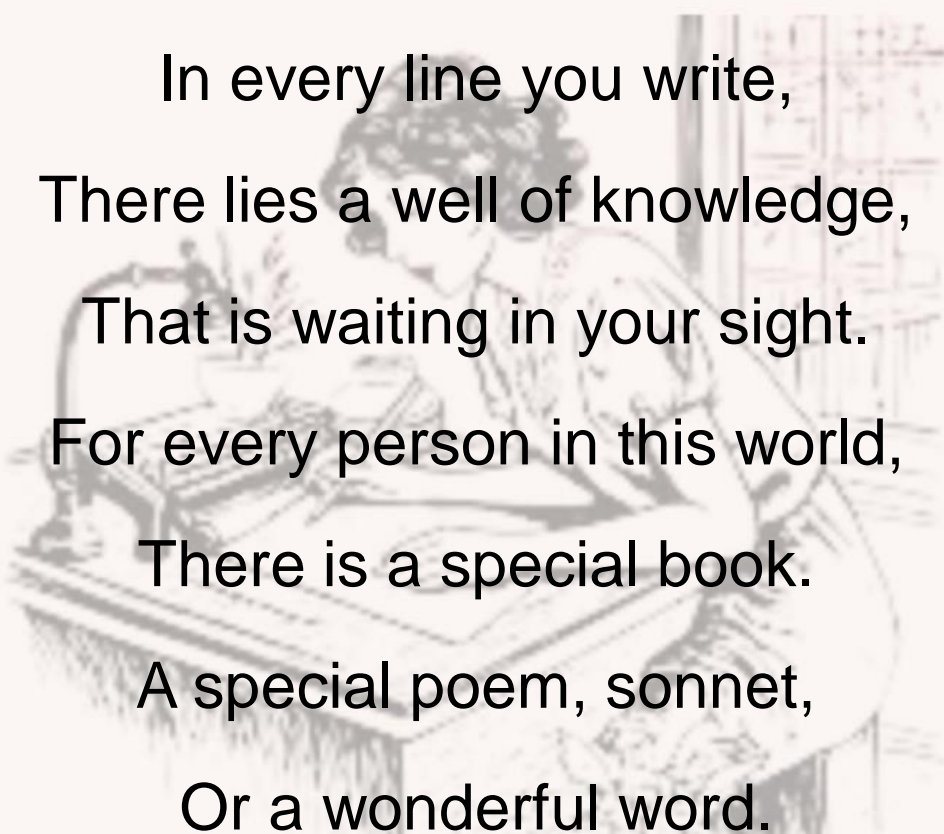
Complicated is life
I disagree! Only after you are five.
Indecisiveness. A quality of human kind.
For it leads to magic or tragic
Helping you flourish or perish.

Apoorva Sai Radha S
X A



A Wonderful Word

In every common book you read,
In every line you write,
There lies a well of knowledge,
That is waiting in your sight.
For every person in this world,
There is a special book.
A special poem, sonnet,
Or a wonderful word.



Rihanna Miriam Babu
X B



YOU CAN DO IT!

Good, better and best,
Never let these rest,
Till your good is better,
And better is best.

Work for a cause,
Not for applause.

Live life to express,
Not to impress.

Everyone wants happiness,
Nobody wants pain,
But you can't have a rainbow,
Without a little sun and rain.

Aspire to inspire,
Before we expire.

It's the will,
And not the skill.
Not all those who
Wander are lost,
In your life story,
You are the boss.

Get up and get going,
Honing yourselves and growing.
It's up to you how far you go,
If you never try, you'll never know.
Little by little

Day by day,
What's meant for you,
Will find its way.
Success is not final,
And failure is not fatal.
Mirror, mirror on the wall,
I'll always get up after I fall.

Hema Grover

'X E'





BEST FRIEND

In this story of life, you are the best chapter,
The book I never thought God would write.
A book with pages that has got no end,
I know I will be there for you, my dear best friend.

You always pull me up when I am down,
Making me smile when I'd like to frown.
Like a candle that brightens the darkest room,
Your presence makes my heart bloom.

As a bee makes honey from flowers,
Our friendship has made the sweetest nectar.

As a cherry tree bears the most beautiful flowers,

Your friendship has brought out the most beautiful hours.

You are my anchor when I need to hold on,
And my axle when I need to go on.

Our friendship is always patient and nourishing,
In my mistakes you are always forgiving.


As a needle can always count on a thread,
I can always count on you, my dear friend.

You are my calm in the chaos, my ladder to success,

The peace in a storm, and my chamber of secrets.

There are so many treasures in this universe,
Like the lovely pearls, deep in the sea.

Though I don't care about a single one,
Because the very best one is already with me.



Friendship is not by chance but by choice,
I am very thankful to God who gave me my choice.


Just as the universe has no end,
Our love will never end, my dear friend.
Our love will never end, my dear friend.

Ashwika Dinesh Mahtani

X E


A Day on Top of the Himalayas


The sunlight hit at 4:30 am on my face on Thursday morning, marking the start of my journey to Bumla Pass. Located at the Indo-China (originally Tibet) border, it is a place where our army keeps a vigilant eye on the neighbouring country. I got out of bed and had a hot chai at the homestay. The elderly lady who worked as a cook there made an exceptionally sweet chai, which arrived piping hot. The people in the homestay treated us as their own family members throughout our stay. While my parents sipped their tea, I stepped out onto the balcony and was greeted by a breath taking view of the Himalayas. I captured a few of them on my camera.



We were in Twang (Arunachal Pradesh), and Bumla was approximately an hour and a half away. Our driver, Koscho, a young man in his late teens born and raised in Arunachal Pradesh, drove us towards Bumla. My dad sat in the front seat while my mom and I shared the back. As we ascended the mountains, the scenery was serene, dotted with numerous Army camps. When the temperature dropped, my mom began to feel mild palpitations. On calling my granddad, he advised her to practice pranayama, which she did for the rest of the day.


Higher up, we spotted a few Yaks along the road. They looked adorable from a distance but appeared quite terrifying at close quarters. After a while, we reached an altitude of fifteen thousand six hundred feet above sea level, almost half the cruising altitude of a domestic airplane. We took a break in a shelter where army personnel sold jackets, gloves, caps, sunglasses, Maggi noodles, and, of course, hot chai. My dad, eager to sample chai from every corner of the northeast, bought a cup. The warm drink was a welcome relief from the frosty weather outside.. We were a group of tourists led by army men to the actual border. We witnessed two men on each side of the border from both countries.





One of the army men, a Major, spoke about the struggles and glories of the Indian army and the love for our country. He shared many recent incidents, speaking mostly in Hindi, which I partially understood. The Major humorously described the provisions they had for sleeping and standing watch on the mountain. He pointed to a hill, noting the lack of visible amenities, conveying the harsh conditions the soldiers endure. Despite the freezing minus 2 degrees Celsius temperature, batches of soldiers took turns standing watch from 5 am to 5 pm and from 5 pm to 5 am. The Major also said that, he need not be provided with salaries or any amenities for himself. He said that he wanted to serve and protect his motherland till his last breath. The Major's stories were both inspiring and touching.

After clicking numerous pictures, we headed to Madhuri Lake. The lake's beauty was mesmerizing. We sat by a café and ordered a plate of Maggi and, of course, three cups of chai. From there, we proceeded to PTSO Lake. As we arrived, it began to snow, and the flakes looked like shining crystals on my black jacket and jeans. My dad took several pictures of me standing there. We returned to our homestay around 4 pm.



, Having eaten only Maggi since lunch at 1 pm, we ordered some paneer and rotis for dinner, which was delicious as usual. We then packed for our next adventure to Bomdila the following day.

- **Avanthika S**

X B

LESSON OF LIFE

One day a disciple asked his guru, “From where does a soul manifest into us when we are born? And where does it go after we die? I can’t even understand this fact of life!” The guru simply asked the disciple to get a book from his room. The disciple went there to find the book but the room was very dark so he wasn’t able to find the book. He came back to the guru and said that he couldn’t find the book as the room was very dark. So, the guru gave him a candle. Now the disciple with the candle light found the book and gave it to the guru.

The guru suddenly blew out the candle and asked whether the disciple knew where the light from the candle came from, for which he replied that he did not. The guru again asked whether he knew where the light had gone when he blew out the candle. To this again he replied in the negative.

So, the guru then told the disciple that we don't know from where the soul comes during our birth and where it goes after death, we can only utilize its presence in our life in a good manner.

N. Sangavi

X E


THE WINNING ATTITUDE

Do you have a winning attitude in your life?

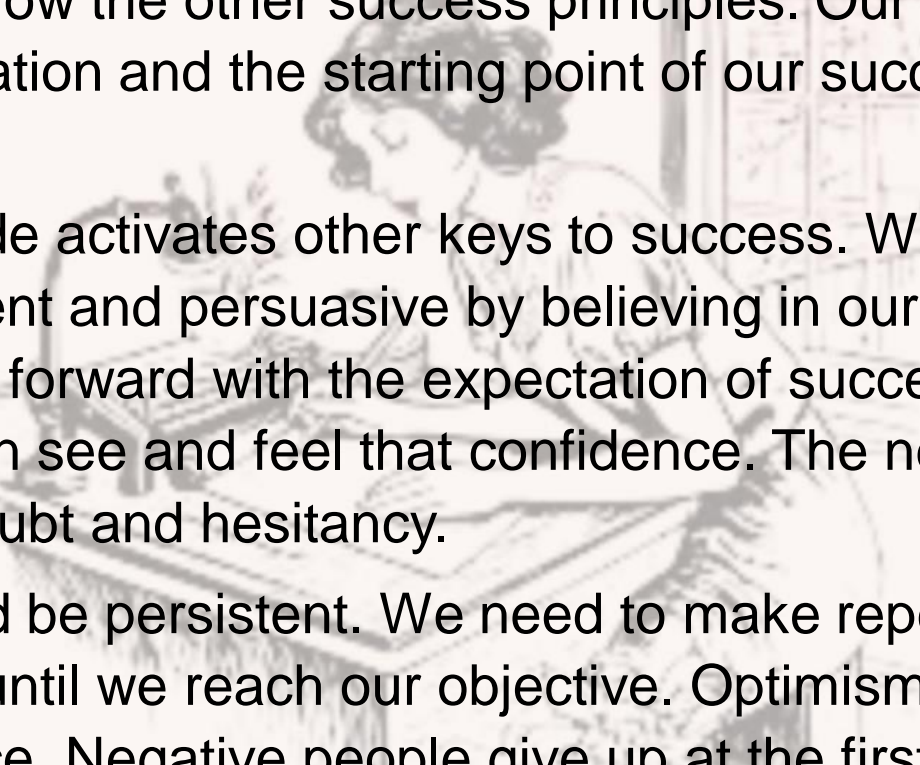
Or are you someone who always find yourselves getting negative when things don't go your way? Maybe it feels like you're making life harder on yourself than it needs to be.

Here's the thing, achieving success, in any area of your life, is nearly impossible with the wrong attitude. If you're someone who always sees the glass as half empty instead of half full, achieving your goals will be almost impossible.

Anytime you're trying to achieve something new in your life; you need to have the right mentality to make it happen. Because conquering new goals means getting out of your comfort zone and experiencing new things. If you have a negative, pessimistic attitude, this will nearly feel impossible.




Attitude is everything. This principle is important for all of our lives. People with a positive attitude are optimistic. They focus on “can” instead of “can’t”. They see possibilities instead of limitations. Success requires more than just a positive attitude. There are many other principles which we need to apply. But, it all begins with our attitude. Without a positive attitude, we wouldn’t be able to follow the other success principles. Our attitude is the foundation and the starting point of our success and fulfilment.




Our attitude activates other keys to success. We need to be confident and persuasive by believing in our abilities and stride forward with the expectation of success. Others can see and feel that confidence. The negativity breeds doubt and hesitancy.

We should be persistent. We need to make repeated attempts until we reach our objective. Optimism leads to persistence. Negative people give up at the first sign of trouble as they feel there’s no use in making further efforts.

It is also necessary that we learn to be resilient. This approach can help us overcome setbacks and ‘go with the flow’. There’s no sustained success without courage. When we believe that we are capable of achieving something, we move forward despite being afraid.






Enthusiasm and energy in what we do has a positive effect on others. This energy and enthusiasm is enhanced by optimism

Gratitude is important too. When our outlook is negative, we would only focus about the wrong things in our life, whereas positive people like to bring in a positive note to the negative boulders they receive in life and are grateful for it. This also changes our perspective, the way we look at things. Rather than focusing the tiny black dot on the sheet, the negative in our life, we should learn to focus on the white part of the sheet, the positive in our life. At the same time, we should change our nature whenever possible to reduce the black dot.

Being optimistic and positive also makes us more approachable. This is one of the important factors in our daily life. Optimistic people would initiate a smile, making us smile right back at them. However, negative people on the other hand, have a frown on their face and we can't feel any warm emanating from them. Our positive attitude also increases our spiritual growth.

These are few of the important characteristics which we need to have in our life. And the way to access all of them is to have a positive attitude. We should never forget that attitude is a choice we make every day



. Decide to build an unshakable positive attitude. In the end, our attitude is everything. The winners make it happen; underdogs let it happen.

The champions have dreams; the defeated have schemes.

The medalists are a part of the team; underachievers are apart from the team.

SO, IF YOU, WANT TO BE A WINNER, THINK LIKE A WINNER... ACT LIKE A WINNER... AND SOONER THAN YOU THINK, YOU'LL BE A WINNER TOO!

- **Hema Grover**
X'E'

HER

She sat in the bus,
With her untamed hair, all around
The breeze helping it to fly free,
Away from her face. She was content
With the small joys of life,
Not dwelling about the past,
Not worrying about the future,
Meddling with her bag strap.

Not being judged wasn't her choice,
But she chose not to care,
Not to mind, because she then
Knew her wants and needs.
Satisfied, she was
With Her Life, Her Decisions
And Herself.
Her Confidence, one of a kind
And I aspire to be her.

SANJANA D V
11 A

A Fighter

A fighter is not only whose Job is to fight or defend
It could also be to choose A cruel heart to mend

Everyone is a fighter Regardless of their wealth When days
are a little tighter All they think of is stealth

But you are not someone like The type mentioned above
Come on girl, pick up the mic Fly high, like a white dove
You can't live if you don't fight Get up girl, strengthen
Don't care whether its day or night
Fight, win and ask wassup?


Kavya.S.M
XI B

Between Zenith and Nadir

I've often heard middle schoolers say, "I want to turn eighteen so that I can finally be free." Free of what, exactly? The fact that turning eighteen makes you 'free' is a misconception. To some extent maybe it does, but not entirely. Let us not make the blunder of forgetting that there are always two sides to a coin.

The first being the one we wish to pursue with all our might- the so called 'freedom'. We do get the rights- to go to college, live alone, drive, ride a Harley Davidson and so on. But the second side is the one we tend to ignore when we dream of escapism. Honestly, because ignoring it is easier. For the second side is one of duty, of responsibility, of growing up, of stepping out of your parents' shadow. Growing old simply does not mean we can drive and go wherever we like without asking for consent, it also requires one to be sensible, to always have your own back because you're well past the age of having other people fight your battles.

Morphing into an adult comes with its own set of obligations, which you cannot afford to ignore . You are allowed to vote, you have the power to decide your leader, the politics of your country- that's a lot of power for one index finger to handle. You are legally responsible for your actions..



It is harder than you think to stay away from court trials since most things we see people do are factually, constitutionally illegal. You never know when the government might wake up and fine half the population for riding bikes without helmets. Also, as an adult you are entirely financially independent. No one will pay your taxes. There lies yet another way in which middle schoolers are unhappy with their age- that one wish of never growing up.

It is not uncommon to believe that it is best to stay your family's little girl

The world does not revolve around marksheets and careers but glitter, coloring books and soft plushies. Yet again, if we are so picky with our age, constantly grumbling about how the grass is greener on the other side, we'll always be thinking of the cons of our age. We'll never grow into it and learn to enjoy the pros.

Perhaps it best for us to go with the flow and embrace our years as they go by for growing old is a privilege denied to many.

Inshirah Rizwan Khan
XI~A



The Season of Summer

As the warm breeze flows over my body yet another year, I can't help but recall the moments of summer as a child. My little feet carried my body out of the walls of the school as fast as they could. The days were hot, but there was something about the heat. It was comforting. My worries slowly wiped off with the sweat, my skin retaining memories as it

My worries slowly wiped off with the sweat, my skin retaining memories as it got darker. As I talked for hours on end with my friends, time didn't seem to pass.

Nights, dark and humid, but never quiet. I sat on the top of my terrace, feeling on top of the world, hearing the waves crash into the shore. The sand stuck to my skin and my unruly hair, presents a story that can only be experienced. The taste of salt that lingered as I watched the rainbow beckon over the sky after a sudden shower of rain. Sometimes, when I feel the sun in my eyes after a stressful year, I think about the beauty of the summer season.

JAYASHREE RAGHURAMAN

XI A

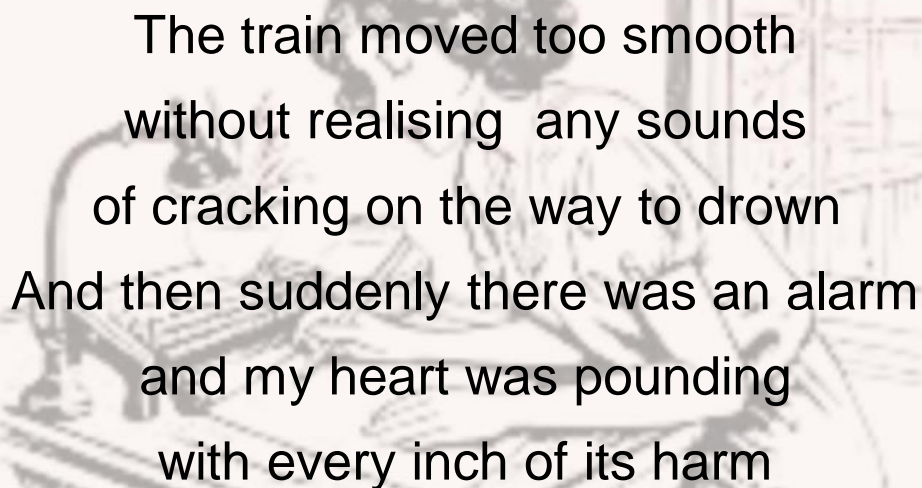


One Alarm

My life was full of flowers everywhere
Not a single reason
To find any despair


My emotions were great at their peak
and I could not a single reason
to be capable to sleek


The train moved too smooth
without realising any sounds
of cracking on the way to drown
And then suddenly there was an alarm
and my heart was pounding
with every inch of its harm



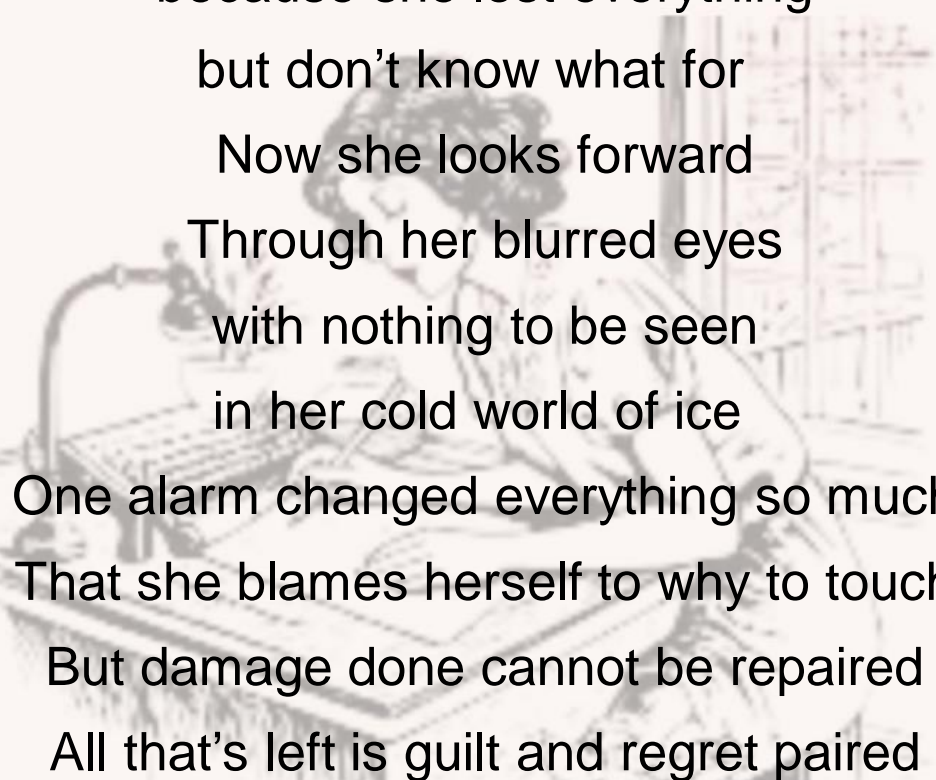
It got no better
Trying to fix cracks
Just made it go bitter
It broke more
enough to be emptied
and lose everything until no more

A simple happy human
with a beautiful garden
turned it into a great burden






No she looks at the dead flowers
Wanting an only chance
Just and a little shower
She prays not knowing
what to ask for
because she lost everything
but don't know what for
Now she looks forward
Through her blurred eyes
with nothing to be seen
in her cold world of ice
One alarm changed everything so much
That she blames herself to why to touch
But damage done cannot be repaired
All that's left is guilt and regret paired

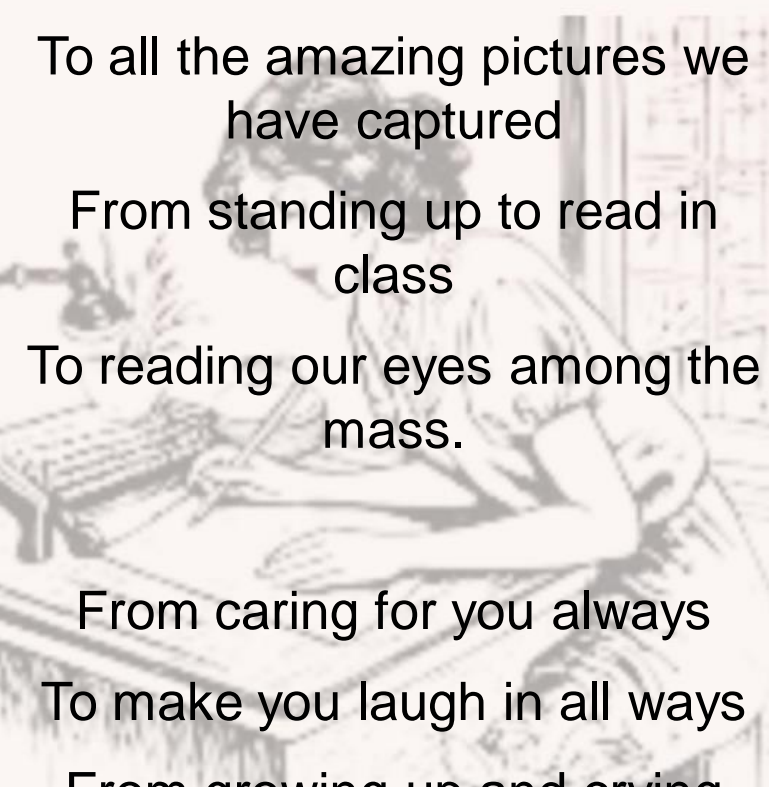


Kashvi.V 11E

WE GREW TOO FAST

From fighting to rub the board first
To staying with you at your worst
From pulling your braid
To healing your aids





From fighting for colours
To standing up for each other
From being mam's pet
To being that deserving cadet
From getting the hand fractured
To all the amazing pictures we
have captured
From standing up to read in
class
To reading our eyes among the
mass.
From caring for you always
To make you laugh in all ways
From growing up and crying
about heartbreaks
To staying beside each other,
whatever it takes.

Kashish Shah

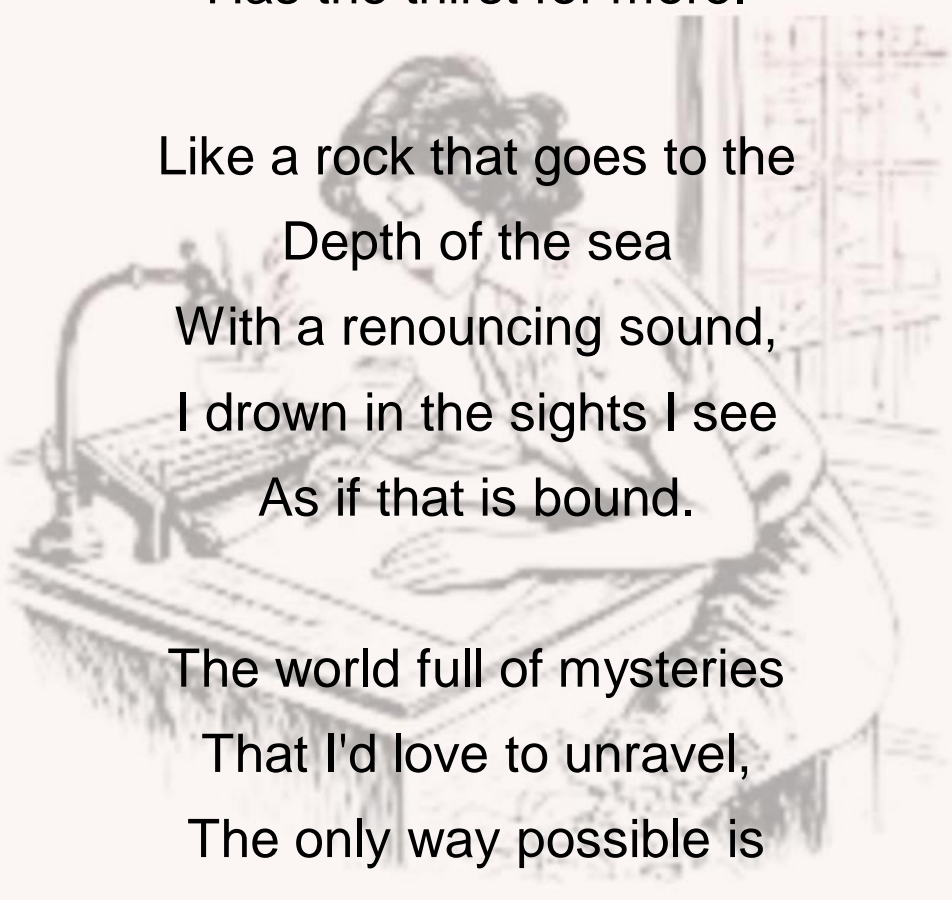
11E



WANDERLUST

A wave that wanders,
Never reaches the shore.


A soul that wanders,
Has the thirst for more.



Like a rock that goes to the
Depth of the sea
With a renouncing sound,
I drown in the sights I see
As if that is bound.

The world full of mysteries
That I'd love to unravel,
The only way possible is
To embark on a travel.

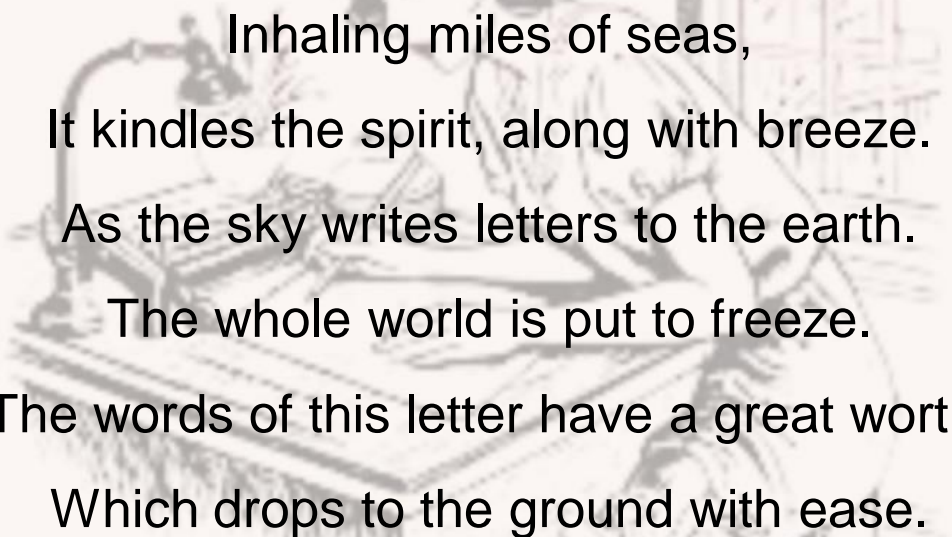
Like a gust of wind,
I am living free.
Like the flowing waves,
That make up the sea.



Every moment I meet,
Gifts me a new sight to greet.
Indeed, travelling is sweet,
As I write about the ecstatic treat...

Dharshini K
XII A

A GIFT FROM ABOVE - RAIN



Inhaling miles of seas,
It kindles the spirit, along with breeze.
As the sky writes letters to the earth.
The whole world is put to freeze.
The words of this letter have a great worth,
Which drops to the ground with ease.

Like the moon reaching the sky so high,
Like the waves reaching the shore with a sigh.
Like the bee reaching the flower which is bright.
Like the blood reaching the heart day and night.
The rain always reaches the earth with delight!

It is a treat to the ears, nose
and eyes,

For it is the sky's gift in
disguise.

It is a treasure with no price,
So, save every drop of it and be
wise!

Dharshini K
XII A

LOST BONDS

I want to forget but I can't
Every time I see you there, I
think

Ah! Have you finally come
back?

It's been so long,
So why do I still remember
Your face, so vividly,
Your warmth, so real
Is it because of my dreams?
Huh, I wonder

I lie on your shoulder, breathe in your smell,
Looking at the clear sky, my heart beats again.

Then darkness surrounds us.

I don't seem to sense it,
Neither does the one beside me.

We stayed.

I woke up in a daze,
Cold all around,
Your warmth nowhere to be found,
My beating heart fading away.

INSIDE ME

AFEEFA J
XII C

Laughter surrounds me,
I laugh too,
Arms around, we have fun,
We laugh, we laugh, so lifeless.
I wonder if this is what they mean having fun is?
Smiling with a still heart, I'm still there as I drift away
Then there comes
Curses plunging in deep, scars all over
To fit in I take it all
With a smile stuck to my ever so rigid face.

Someone else is me

Who am I?

I think as the scars continue to bleed.

AFEEFA J
XII C

A NIGHTINGALE


A nightingale pecked on my window
One dark moonless night.
The glass windows flew open at once
And the tiny little fellow hopped in quiet.
Then all my attention was its,
As it scrutinized me in bits
With its strange and large, brown eyes.

Hence started a connection so strong
Since the bird often stopped by to sing a song.
Through night and night, a company was there,
To listen to my rants as if she cared.
A friendship bloomed as loneliness withered,
A protective shield as I weathered.

S.KIRTHIKA
XII C



THE HUES OF LIFE



Look in the mirror till you see,
The blues of the eyes,
The blues in the skies,
A little bit loved
And a little lost
The hues of life paint you
All along
The dusky brown skin
The redness of anger within
The yellow of your kin
The pinkish hues of your cheek.
The blacks and whites are not
All that there is
The moral greys shape the person within.

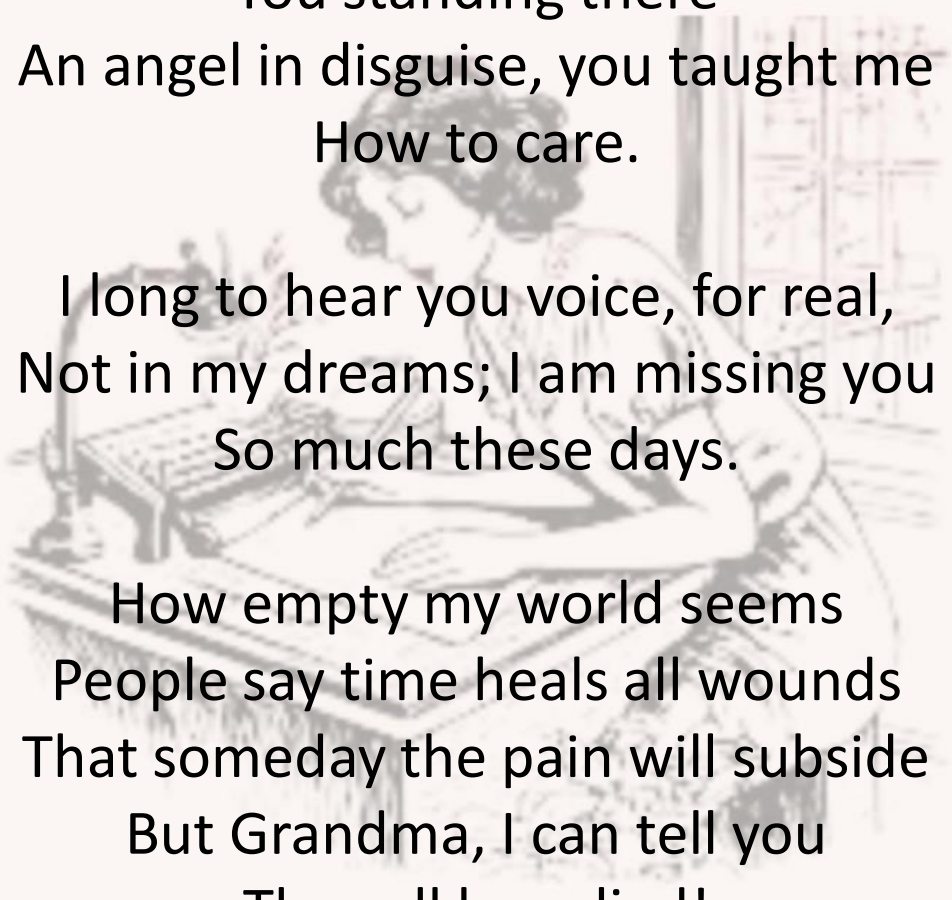
KEERTHANA REDDY
KALATHUR
XII C





IN A GARDEN WITH MY GRANDMOTHER


In a Garden With My Grandmother
In my garden of memories, I see
You standing there
An angel in disguise, you taught me
How to care.



I long to hear your voice, for real,
Not in my dreams; I am missing you
So much these days.

How empty my world seems
People say time heals all wounds
That someday the pain will subside
But Grandma, I can tell you
They all have lied!

The emptiness I am feeling now,
Is strong and I am weak
So dreary and bleak;
In my Garden of Memories



I know you will always be,
For though you are gone from
The mortal world, In my heart
You will always be

Amsa Ranjani . P
XII - C



Happy Days

Believe me or not, I still miss you a lot

Often I forget that you're not here

Listening to my chatter and having our daily
banter

Sitting on the park seat, laughing and talking
and eating ice-creams

Seems such a long time ago now

Remember last spring how you used to pick
flowers for me,

That smile on my face was enough to keep
you going

Straight out of a fairy tale, it truly was a
magical time

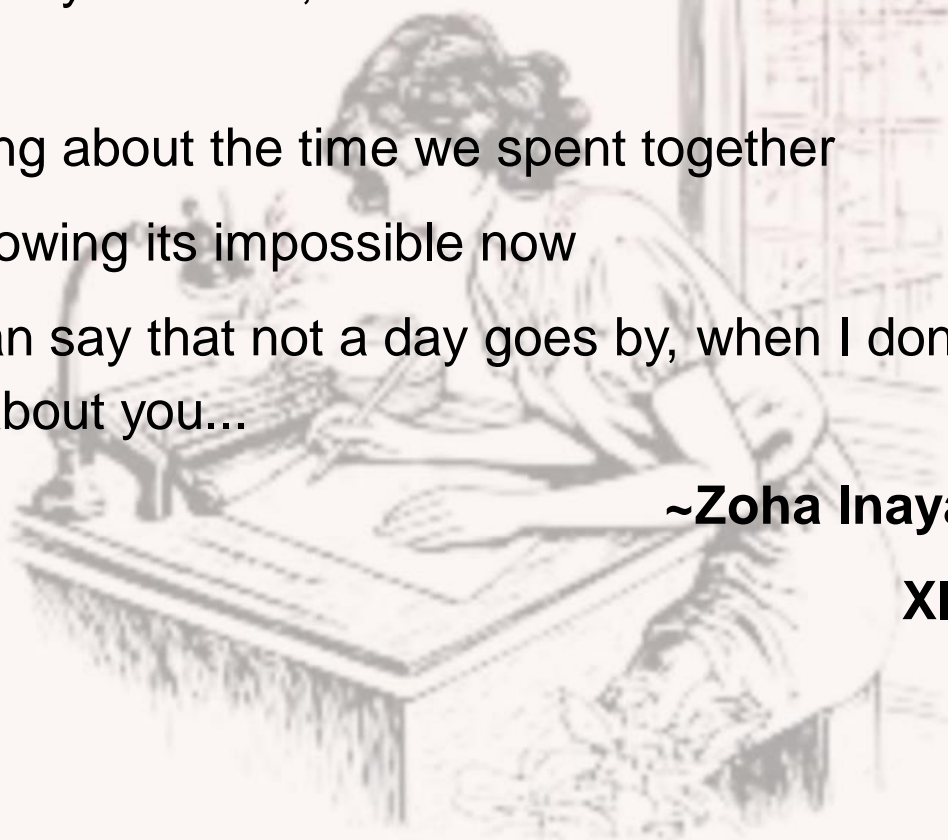
Where the sun never set and dark clouds
never came

If there was anything around us it was just
happiness and happiness, nothing else

It's spring again,
Only thing is, no one has given me flowers yet
Spring returned, you did not
Red roses remind me of you,
It's been years now, still I have these memories of
you
Thinking about the time we spent together
Yet knowing its impossible now
All I can say that not a day goes by, when I don't
think about you...

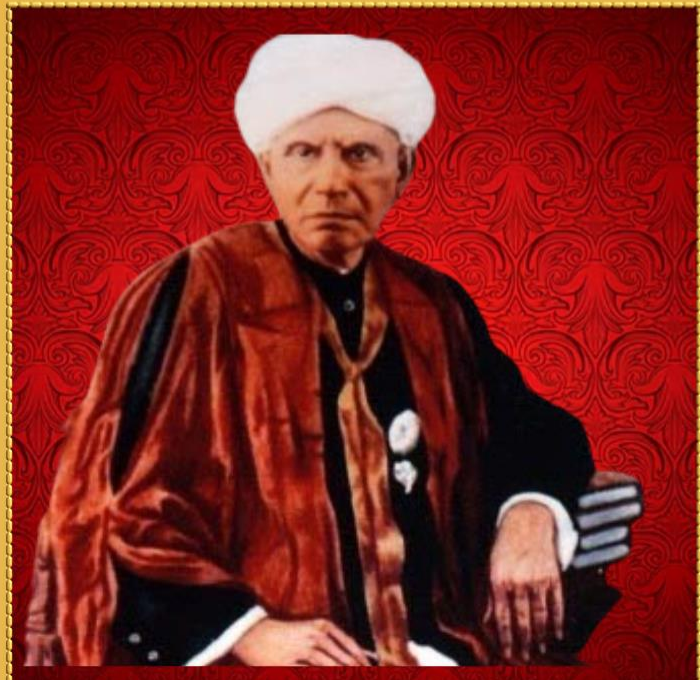
~Zoha Inayath

XII-D





தமிழ்



இயற்கையின் மாயம்

தினமும் எழும் சூரியனே!
யார் உன்னை எழுப்புகிறார்?
ஏழு வண்ண வானவில்லே!
யாருக்காக வண்ணப் பாதை அமைக்கிறாய்!
பாடும் குயிலின் குரலைக் கேட்க !-இதம் தரும்
குளிர் காற்றே எங்கிருந்து வருகிறாய்!
நாட்கள் பல கடந்தன!
நினைவுகள் கடல் தாண்டி பறந்தன,
வர்ணிக்க வார்த்தை இல்லை-என்
வர்ணபூவுலகே இயற்கை!

டே. ஹெலீனா
மரியா
VI. B

இயற்கை வளங்கள்

கதிரவன் உலகுக்கு ஒளி கொடுப்பான், பல கோடி
உயிருக்கு வாழ்வளிப்பான், முகில் பொழியும் மழை
தருவான் ,தரணியில் பசுமை பொங்க செய்திடுவான்.
முத்துக்களைக் கோர்த்தெடுத்த வெள்ளிக் கம்பியாம்,
புண்ணிய நதிகளைச்சங்கமிக்கும் மழையாம்,
கடலில் சேர்ந்து வளம் பெருக்குமாம் ,நிலத்தில் பயிர்
செய்ய உதவிடுமாம்.

மழையைக் காத்திடும் பணியில் நாம் ,மரங்களை
நட்டு வளம் பெருக்குவோம் .நல் காற்றைத் தந்திடும்
மரங்கள் போல் உலகைத் தழைக்கச்செய்திடுவோம்.
பள்ளிப் பருவப் பிள்ளைகள் நாம் ,இயற்கையைக்
காத்து பயன்பெறுவோம்,
இறைவன் கொடுத்த வரங்களை நாம் ,கருத்தாய்
போற்றி பேணிக்காத்திடுவோம்!!

கு .இலா பாரதி
VII. D

திறமை...

உள்ளத்தை
உறங்கிட விடாமல்..
உரமாக்கி
உருவேற்றினால்..
திருப்பம் எனும்
தீப்பொறி
திசையெங்கும்
பொங்கிடும்
திறமையாய்..

சாரா M
VI E

உயிரின் ஒலி

இனிமை கூட்டும் இன்பமொழி
இளமை காக்கும் அருமைமொழி
நன்மை விளைக்கும் தமிழ்மொழி
உயிர் நாவில் உருவான உலகமொழி
நம் செம்மொழியான தமிழ்
மொழியே சிறந்த மொழி
அதுவே எங்கள் உயிரினும் மேலான
செந்தமிழ் மொழி!!!

ச. கீர்த்தனா

VIII A

கல்வி

ஒரு பள்ளியில் இரு மாணவிகள் நன்றாக படிப்பார்கள். அவர்கள் எப்பொழுதும் கல்வியில் முதல் மாணவிகளாக இருப்பார்கள். அந்த மாணவிகளின் பெயர் தமிழ் மற்றும் மாலா. தமிழ் வகுப்பில் யார் வந்து சந்தேகங்களைக் கேட்டாலும் அவர்களுக்குச் சந்தேகங்களைத் தீர்த்து வைப்பாள் .ஆனால் மாலா யார் சந்தேகங்களுக்கும் விடை சொல்லிக் கொடுக்க மாட்டாள். தான் மட்டும் தான் படிக்க வேண்டும் என்று எண்ணுவாள். மாலாவுக்கு ஒரு எண்ணம் தோன்றியது இம்முறை எப்படியாவது தான் முதல் மதிப்பெண் எடுக்க வேண்டும் என்று எண்ணினாள். அவள் ஒரு திட்டம் தீட்டினாள். மாலா,தனது தோழிகளிடம் தமிழைப் படிக்க விடாமல் ஏதாவது சந்தேகம் கேட்டுக் கொண்டே இருங்கள் என்று சொன்னாள். ஆனால் தமிழ் இன்முகத்தோடு அவர்களின் சந்தேகங்களைத் தீர்த்து வைத்தாள் .இறுதியில் தேர்வு நெருங்கியது அனைவரும் தேர்வு எழுதினார்கள்.

இறுதித் தேர்வு முடிவுகள் வந்தன. அதில் அனைவருக்கும் கல்வியில் உதவி செய்த தமிழ் தான் முதல் மாணவியாக வந்தாள்.வெற்றி வாகை சூடினாள். எனவே கல்வி கற்றலை விட கற்பித்தல் என்பது சிறந்தது .

சு.அ.கனிஷ்கா
VII C

தந்தை சொல் மிக்க மந்திரம் இல்லை.

ஒரு ஊரில் முருகன் என்ற ஒருவர் இருந்தார். அவரது மகன் ராமன் எப்பொழுதும் எந்த வேலை செய்தாலும், அதை அப்படியே விட்டு சென்று விடுவான். அவன் தந்தையும் ராமா இங்கே வா, இதை நீ தானே எடுத்தாய் அது எப்படி இருந்ததோ அப்படியே அங்கே வை என்று குரல் கொடுப்பார்.

அவனும் சோம்பேறித்தனமாகத் தந்தை சொன்னார் என்று செய்து முடிப்பான்.

அப்படியே ஒரு நாள் அவன் தண்ணீரைத் திறந்து வைத்து விட்டுச் சென்று விட்டான். அவன் தந்தையும் எப்பொழுதும் மாதிரியே அவனைக் கூப்பிட்டு மூட வைத்தார். இதையெல்லாம் அவன் தாய் பார்த்துக் கொண்டிருந்தாள். பல ஆண்டுகள் சென்று விட்டன அவன் தந்தையும் காலமானார் அவனுக்கோ இப்பொழுது 24 வயது ஆகிவிட்டது. அவன் ஒரு வேலைக்குச் செல்ல விரும்பினான். ஒரு நாள் வேலைக்குச் செல்வதற்காக அவன் தயாரானான் அவன் தாயிடம் ஆசிர்வாதம் பெற்றுக் கொண்டு சென்றான். சென்ற இடத்தில் பொம்மைகள் கீழே சிதறிக் கிடந்தன. டேய்! ராமா, பொம்மைகளை எடுத்து வை என்று தன் தந்தை கூறுவது போல் அவனுக்கு இருந்தது. உடனே பொம்மைகளை எடுத்து வைத்தான். அங்கே தண்ணீர் இருந்த பானையும் திறந்திருந்தது அதனையும் மூடி வைத்தான். உடனே அவனுக்கு கைதட்டல் சத்தம் கேட்டது. அவன் திரும்பிப் பார்த்தான் அங்கே அவனது முதலாளி நின்று கொண்டிருந்தார். உனக்கு வேலை கிடைத்துவிட்டது என்றார். அவன் தன் தந்தையை நினைத்து மனம் உருகினான். இதைத்தான் பெரியவர்கள் தந்தை சொல் மிக்க மந்திரம் இல்லை என்றனர்.

ம.ஜெயதர்ஷினி

VII D

மாயக்காடு

ஒரு ஊரில் ரீனா என்ற பெண் இருந்தாள். அவளும், அவளுடைய தோழி டானியும் பூங்காவில் நடந்து கொண்டிருந்தனர். அப்பொழுது டானி ஒரு குழியைப் பார்த்தாள். கால் தவறி தெரியாமல் உள்ளே விழுந்து விட்டாள்.

ரீனாவும் டானியைக் காப்பாற்றும் போது குழிக்குள் விழுந்து விட்டாள். இருவரும் குழிக்குள் பயந்தபடி ஒரு பாதையைப் பார்த்து நடந்து சென்றனர். அப்போது டானிக்கு ஒரு குரல் கேட்டது. அந்தக் குரல் காப்பாற்றுங்கள் என்று கத்தியது. இருவரும் பயந்து போனார்கள். அப்போது ரீனா அந்தக் குரல் கேட்கும் திசையில் செல்லலாம் என்று டானியிடம் கூறினாள். இரண்டு பேரும் சென்றார்கள். அங்கே ஒரு புலியும் சிங்கமும் இருந்தது. இருவரும் அதைப் பார்த்தவுடன் அதிர்ச்சி அடைந்தார்கள் எப்படி விலங்கு பேசும் என்ற சிந்தனையில் இருந்தார்கள். புலியும் சிங்கமும் அடிபட்டு மிகுந்த காயத்துடன் இருந்தது. அப்பொழுது அந்த புலி கூறியது நீங்கள் எங்களைக் காப்பாற்றினால் நாங்கள் உங்களுக்கு இக்குழியில் இருந்து வெளியேறும் வழியைக் கூறுவோம் என்றன.

அதற்குச் சம்மதித்து அருகில் இருந்த துணியை எடுத்து புலி மற்றும் சிங்கத்திற்கு அடிபட்ட இடத்தில் கட்டி சிறிது குணப்படுத்தினார்கள். அதற்குப் புலியும், சிங்கமும் நன்றி கூறின. பின்னர் புலியும் சிங்கமும் மறைந்தன டானியும் ரீனாவும் விழித்துப் பார்த்தபோது அவர்கள் வீட்டில் இருந்தார்கள். இதை டானியும், ரீனாவும் அவரவருடைய பெற்றோரிடம் கூறினார்கள். ஆனால் அவர்கள் நம்பவில்லை. அதனால் அவர்கள் நடந்தது கனவு என்று நினைத்தார்கள். ஆனால் அது உண்மை.

ரா.தியா
VII C

நெகிழியின் கேடு

ஆக்கம் உண்டால் அழிவும்
உண்டு- இயற்கை நீதி
மனிதன் கண்டான்
நெகிழியை - மாற்ற
நினைத்தான் இயற்கை
நீதியைத்
தானும் உண்டான் பிறருக்கும்
உண்பித்தான் மாற்ற
நினைத்தான் இயற்கை
நீதியை மாண்டு
கொண்டிருக்கிறான்
உயிர்ப்பித்த நெகிழியோடு

த.சஞ்சனா
8 - 'அ'

அம்மா கோழியின் அன்பு

கோழி ஒன்று இருந்தது ,
முட்டை இரண்டு இட்டது,
அன்பாய் அடைகாத்தது ,
முட்டை இரண்டும் பொறிந்தது ,
கோழி அதைப் பார்த்தது ,
தாவியணைத்துக் கொண்டது ,
உணவு தேடிச் சென்றது,
உணவைக் கண்டுபிடித்தது
குஞ்சுகளை அழைத்தது ,
உணவைக் கொடுத்து மகிழ்ந்தது.

ரா.ஆட்வின் ஜோஸ்னா
VII C

◦ ◡ ◦

நம் தாய்மொழியைக்
காப்போம்!

காப்போம் காப்போம் காப்போம் ! நம்
தமிழ்மொழியைக் காப்போம் !
படைப்போம் படைப்போம்
படைப்போம்! பல காவியங்களைப்
படைப்போம் ! சேர்ப்போம் சேர்ப்போம்
சேர்ப்போம்! தாய்மொழிக்கு
பெருமைசேர்ப்போம் ! முறிப்போம்
முறிப்போம் முறிப்போம் ! பல
சாதனைகளை முறிப்போம் !
படிப்போம் படிப்போம் படிப்போம் !
தமிழைப் பிழையின்றி படிப்போம் !
கொடுப்போம் கொடுப்போம்
கொடுப்போம் ! தமிழுக்காக உயிரைக்
கொடுப்போம் ! துடிப்போம்
துடிப்போம் துடிப்போம் ! நம்
தமிழுக்காகத் துடிப்போம் !
மதிப்போம் மதிப்போம் மதிப்போம் !
நம் தாய்மொழியைத் தாயாய்
மதிப்போம் !

தகஷன்யா ஸ்ரீநிதி,
8 'அ'

◦ ◡ ◦

ஆசிரியர்

அறியாமை நோய்க்கு
அறிவூட்டும் அன்பு
மருத்துவர்களே
புத்தகத்தைத் தாண்டி புது
உலகைக் கண்டுபிடிக்கும்
விஞ்ஞானிகளே!
உள்ளிருக்கும்
திறமைகளைக்
கண்டறிந்து அதைத்
திறக்கும் சாவிகளே!
கரவொலியை எழுப்பி
கலைஞர்களை உருவாகும்
படைப்பாளிகள்
அன்பைப் பகிரும்
அன்னையல்லவா நீ!
ஆசிரிவதிக்கும் தெய்வம்
அல்லவோ நீ!
அது மட்டும் அல்லாமல்
எனக்குத் தோள்
கொடுக்கும் தோழமை
அல்லவோ நீ தாய்
இல்லாமல் சேய் இல்லை
உன் பணிக்கு வணங்காத
ஆளில்லை

இரா.கல்யாணி

IX 'B'

எடுத்து வைக்கும் முதல் பாதம், எய்தும் ஆயிரம் காதம்

குறிப்புச் சட்டகம்

முன்னுரை

- முயற்சியின் முக்கியத்துவம்
- திட்டமிடல்
- தடையினை உடைத்தெறி!
- சின்னஞ்சிறு செயல்
- தன்னம்பிக்கை
- நீண்ட கால இலக்குகள்
- உழைப்பும் பொறுமையும்
- கற்றறியும் பாடம்

முடிவுரை

முன்னுரை

இப்பூதளத்தில் உயிர் கொண்ட அனைத்து ஜீவராசிகளுக்குமான முதல் இலக்கு, முதல் அடி எடுத்து வாழ்வைத் தொடங்குவதாகவே

இருக்கும். “முன்னேறிச் செல்வதற்கான ஒரே வழி, முதலடியை எடுத்து வைப்பதே” என்ற எழுத்தாளர் மார்க் ட்வைனின் கூற்றில் முழுக்க முழுக்க மெய் கருத்துகளாகவே நிறைந்திருப்பதைக் காண முடிகிறது. அப்படியே துவக்கத்தின் இன்றியமையாமையையும், ஏற்படும் இடையூறுகளையும், நம்பிக்கை கொள்ளுதல் பற்றியும் இக்கட்டுரையில் காண்போம்.

முயற்சியின் முக்கியத்துவம்

முன்னெல்லாம் ஒரு செயலைப் புரிய முயன்று, அதில் தோல்வி கண்டு, அதனால் சோர்வுற்று, வேதனை கொள்பவர்கள் இருந்தனர். ஆனால் இன்றோ, இலட்சியப் பாதையில் ஓர் அடி வைப்பதென்ன, செயலின் கடினத் தன்மையை எண்ணி, அதைத் துவங்க முயலவோ முன்வரவோ இல்லாமல், இலட்சியப் பாதையின் பக்கம் கால்களை அசைக்க கூட தயங்குபவர்களும் தான் இருக்கிறார்கள். இன்னும் சிலர் ‘நமக்கென்ன பயன்’ என்ற எண்ணத்தினால் வெகு காலம் கொண்டிருந்த கனவுகளையும் கைவிடுகின்றனர். ஆனால்,

“வினைக்கண் வினைகெடல் ஓம்பல் வினைக்குறை

தீர்ந்தாரின் தீர்ந்தன்று உலகு”

என்ற வள்ளுவன் வார்த்தைகள் கூறும்படியே வினையாகிய இன்றியமையாப் பொருளைச் செய்யாது ஒழிந்து இருப்போரை உலகமும் கைவிடும். ஆதலால் செய்யப்படும் செயலைச் செய்யாது விட்டிருத்தல் கூடாது; முயற்சி செய்ய வேண்டும் என்று இக்குறட்பா மூலம் அறிகிறோம்.

திட்டமிடல்

மேற்கூறிய படியே இலக்கை அடைய முயன்று, முடியாமல் போகும் நிலையும் ஏற்படும். அதனாலேயே, முதலடியை எடுத்து வைக்கும் முன்னரே செய்யும் செயலை எப்படிச் செய்ய வேண்டும் என்று நன்கு திட்டமிட்டுக்கொண்டு, அத்திட்டத்தின்படியே

நடப்பது அவசியம். இன்னும் 'முன்வைத்த காலைப் பின் வைக்கலாகாது' என்பதால் முன்யோசனையானது வேண்டும். "நன்கு திட்டமிட்டால் பாதி வேலை முடிந்தது போல" என்று ஏ.பி.ஜே. அப்துல் கலாம் உரைத்த பொன்மொழிகள் 'செயலின் முன் திட்டம்' என்னும் கருத்தை நன்கு விளக்குகின்றன.

தடையினை உடைத்தெறி!

மனிதனின் வாழ்வின் அவன் சந்திக்கும் இரு மாபெரும் தடைகள் பயமும் சோம்பலுந்தான். இவையே அவனைத் தன் இலட்சியப் பாதையில் முதல் தடம் பதிப்பதிலிருந்து விலக்கி வைப்பனவாகவும் இருக்கின்றன. இதனாலேயே, "பயமே மனிதனின் முதன்மை எதிரி" என்று சுவாமி விவேகானந்தரும் "சோம்பித் திரியேல்" என்று ஆத்திசூடியில் ஔவையும் அறிவுறுத்தியுள்ளனர். இடையூறுகளால் ஏற்படும் பயத்தை எண்ணி ஐயங்கொள்ளாது, அப்பயத்துடனே மதியினால் போராடி ஜெயங்கொண்டு, வரும் தடைகள் யாவற்றையும் உடைத்தெறிந்து நமக்கான பாதையை உருவாக்கி முதலடி எடுத்து வைக்க சித்தமாக வேண்டும்.

சின்னஞ்சிறு செயல்

விதைத்த சிறுவித்துகளும் வானளாவும் வளர்மரங்களுடைய வனமாகும்; குளியல் தொடங்க பங்குடை நீர்த்துளி போதும்; என்னதான் முதலடி எடுத்து வைத்தல் ஒரு சாதாரண சின்னஞ்சிறு நிகழ்வாய் இருந்தாலும், பிறப்பிலிருந்து உருளுவதும் பிறழுவதும் தத்தித் தவளுவதுமாய் இருந்த மழலையின் வாழ்க்கைப் பயணத்திற்கு அதுவே தொடக்கப் புள்ளி. அதுபோல நாம் செய்யும் செயலுக்கான முதல் கட்ட வேலையானது எவ்வளவு சிறியதாய் இருந்தாலும், அதுவே இச்சமூகத்தில் நாம் உயரவிருப்பதைக் குறிக்கும்.

தன்னம்பிக்கை

“எண்ணிய முடித்தல் வேண்டும்
நல்லவே எண்ணல் வேண்டும்”

என்று மகாகவி பாரதி தெய்வத்தை வேண்டிக் கொள்கிறார். வாழ்வில் நம் முன் பல தடைகள் வந்தாலும் அவற்றினைத் தன்னம்பிக்கை கொண்டு எதிர் கொள்ள வேண்டும். அப்படியே எண்ணியவற்றைக் கன கச்சிதமாக முடித்தலும், நல்லவற்றை எந்நேரமும் எண்ணலும் வேண்டும். “ஊக்கமது கைவிடேல்” என்று ஒளவை பாட்டி உரைத்தபடி மன உறுதி கொண்டு முதல் அடி எடுத்து வைத்தால், எடுத்த செயல் அமோக வெற்றி அடையும்.

நீண்ட கால இலக்குகள்

நம் வாழ்வில் தொலைநோக்குப் பார்வை என்பது மிகுந்த முக்கியத்துவத்துக்கு உரித்தானதே. “தூர நோக்கும் நிலை துணியும் பெரியவை” என்னும் பாரதி கூற்று நமக்கு ஒரு வாழ்க்கைப் பாடத்தை அறிவுறுத்துகிறது. எதிர்காலத்திற்கான திட்டத்தை இப்போதே வகுத்து வைத்தல், நீண்ட கால இலக்குகள் கைநழுவிச் செல்லாமல் அவற்றை இறுக பற்றிக் கொண்டது போல. ஆக, நீண்ட கால இலக்குகளுக்கான முதல் அடி தொலைநோக்குப் பார்வை ஆகிறது.

உழைப்பும் பொறுமையும்

வயலில் வித்திட்டு, நீர்பாய்த்து, களை களைந்து, கடினமாக உழைப்பதை விடவும், தை வரை நிதானமாகக் காத்திருந்து அறுவடை செய்வதே கடினம் என்பர். இதை “ஆக்க பொருத்தவனுக்கு ஆறப் பொறுக்கவில்லை” என்னும் சொல்வடை எளிய முறையில் விளக்குகிறது. அல்லும் பகலும் காணாது உழைத்ததும், பொறுமையை இழக்கும் அந்தக் கணம் சுக்கு நூறாய் போய்விடும். அதனால்,

அவசரத்தினால் வேலை கெடுவதைக் காட்டிலும் பொறுமை
கொண்டு முதல் அடி எடுத்து வெற்றி காண்பதே மேன்மை.

கற்றறியும் பாடம்

தோல்வி என்பது அடிப்படைக் கல்வி. அதை
அனுபவித்தால் தான் வெற்றியின் மதிப்பை அறிய முடியும்.
தோல்வியைத் தழுவினதால் சிலர் 'முதல் முறை ஒரு முறையே
வரும்' எனும் எண்ணம் கொண்டு சோகச் சமுத்திரத்தில் ஆழ்ந்து
விடுவர். ஆனால், அப்படி இராது 'முதல் முறை என்பது நம்மை
ஒரு முறை தேடி வருவதன்று; நம்மால் பலமுறை தேடிச்
செல்லப்படுவதாகும்' என்பதை உணர்ந்து பலர் இலட்சியச் சிகரத்தில்
தத்தம் வெற்றிக் கொடிகளை நடுவர். இதுவே 'முதலடி' நமக்கு
கற்பிக்கும் பாடமாகும்.

முடிவுரை

ஆரம்ப முயற்சிகளில் இருந்து நாம் பெரும்
அனுபவங்கள் வெற்றியை நோக்கி நம்மை நகர்த்தும் பாதைகளில்
வீதி விளக்குகள். தன்னம்பிக்கை, பொறுமை மற்றும்
இடையூறுகளைச் சமாளிக்கும் திறன் மூலம் எளிய தொடக்கங்களை
மகத்தான சாதனைகளாக மாற்ற முடியும். ஆகவே 'எடுத்து
வைக்கும் முதல் பாதம் எய்தும் ஆயிரம் காதம்' என்பதை என்றும்
அழியா வண்ணம், மனதில் கல்லுளியால் செதுக்கியது போல
பதித்து, தைரியமாக முன்னேற வேண்டும்.

ஜஸ்னீல் டேனியலா
10 - 'இ'

வினாக்கள்

- 1.தொடாமல் அழுவான், தொட்டால் பேசுவான் அவன் யார்?
- 2.முறையின்றி தொட்டால் ஒட்டிக்கொண்டு உயிரை எடுப்பான் அவன் யார்?
- 3.கண்ணால் பார்க்கலாம் கையால் பிடிக்க முடியாது அவன் யார்?
4. இவன் வாலுக்கு வையகமே நடுங்கும் அவன் யார்?
5. உடம்பெல்லாம் சிவப்பு அதன் குடுமி பச்சை அது என்ன?
6. எத்தனை தடவை சுற்றினாலும் தலை சுற்றாது அது என்ன?
7. சட்டையைக் கழற்றினால் சத்துணவு அது என்ன?
8. முதுகிலே சுமை தூக்கி முணு முணுக்காமல் அசைந்து வரும் அது என்ன?
9. வெள்ளை முத்துக்கள் அது என்ன ?
10. ஓடுவான் உதைப்பான் ஒற்றைக் காலில் நிற்பான் அவன் யார் ?

			மீ			8ந	த்	தை
		2மி	ன்	சா	ர	ம்		
			வி		3நி	ழ	ல்	
1.தொ	லை	பே	சி			ப		
			றி	4தே	ள்	ப்		
						ழை		
						7வா	ளி	
			9வெ	ண்	டை	க்	கா	ய்
							க்	
						10க	5த	வு

விடை
K.JANANI 11 A

இசை

உணர்வுகள் உறையும் இடமாய் விளங்கி,
உயிரினங்களின் பொதுமொழியாகத் திகழ்வதே இசை.

மனமயக்கும் ராகம் கொண்டு,

அழகான மாயம் புரிந்து,

உணர்வுகளை ஊற்றெடுக்கச்

செய்வது இசை.

குழலோசை காற்றோடு காற்றாய்ச் செவிகளின் ஓரத்தை
வருட,

தாளம் கரையில் நடனமிடும் அலைகளாகும்.

தாயின் அன்பை வெளிக்கொணரும் தாலாட்டு முதல்,

தமிழர் மரபைப் போற்றும் பறை இசை வரை,

இன்பமோ, துன்பமோ, கோபமோ, வெறுப்போ

இசையின் மடியில் பிள்ளைகள் ஆனோம் தஞ்சம்
அடைந்து.

வார்த்தைகளால் வருணிக்க முடியாத உணர்வுகளை

இசையால் கோர்த்து வெளிப்படுத்திக்

கேள்விக்குறியாய் நிற்கும் வாழ்விற்கு,

தகுந்த விடை அளிப்பது மெல்லிசை.

காலம் கடந்த கலை இது,

எல்லைகள் தாண்டிப் பரவும் பண்பாடு இது,

மனித உணர்வுகளுக்கு உருவம் அளித்து,

மண்ணுலகை ஆளும் கலை அரசியே இசை !

ஷாம்பவி. சீ

11-‘உ’

பிறப்பில் என்ன வேறுபாடு?
ஆணாக இருந்தால் என்ன தவறு?
பெண்ணாக இருந்தால் என்ன தவறு?
என்றே தொடர்ந்தது ஒரு பெண்ணின் சிந்தனை...

எது தவறு?

பிறந்தேனே
நானும் ஒரு பெண்ணாய்ப் பிறந்தேனே
அது தவறோ?

அறிவை வளர்க்க வேண்டும் என்று நினைத்தேனே
பாடம் படிக்க வேண்டும் என்று நினைத்தேனே
அது தவறோ?

பள்ளிக்குச் செல்ல வேண்டும் என்று
நினைத்தேனே
கல்வி கற்க வேண்டும் என்று நினைத்தேனே
அது தவறோ?

நானும் ஒரு பறவையைப் போல பறக்க வேண்டும்
என்று நினைத்தேனே
அது தவறோ?

ஏனோ? என்னை மட்டும் இவ்வீட்டிற்குள்
பூட்டிவிட்டாய்
இது தவறல்லவா?

எஸ்.எஸ் ரித்திகா
11 – “இ”

அன்னை

அன்னை என்றால் அன்பு
நிதம் அவள் சொல்லித் தருவாள் பண்பு

எப்பொழுதும் அவளுக்கு என் நினைவு
என் முன்னற்றமே அவள் கனவு

தவறேனும் செய்தால் தீயாய் கண்டிப்பாள்
தவறு உணர்ந்தால் பனியாய் அரவணைப்பாள்

பெற்ற தாய்க்கு இல்லை பணி ஓய்வு
தாய் சொல்லல்ல அது ஓர் உணர்வு



கீர்த்தி ஸ்ரீ கல்யாண்
IV - A

இறைவா இன்று!

அம்மாவுக்குத் தொல்லை வேண்டாம்!
பள்ளிக்குத் தாமதம் வேண்டாம்!

நண்பர்களைப் பகைத்திட வேண்டாம்!
தொலைபேசியோ வேண்டாம்!வேண்டாம்!

சத்தான உணவு வேண்டும்!
ஆனால் அது எனக்குப் பிடித்திட வேண்டும்!

படித்தவுடன் மனதில் பதிந்திட வேண்டும்!
அதனால் என் சிரமம் பாதியாய் குறைந்திட வேண்டும்!

தொல்லை இல்லாத் தூக்கம் வேண்டும்!
அது விரைவாய் என்னிடம் வந்திட வேண்டும்!

இவை அனைத்தும் இன்றே கிடைத்திட வேண்டும்!
இன்றுபோல் நாளையும் நகர்ந்திட வேண்டும்!!

விண்ணா சொர்ணம்

IV- A

சிறுகதை

அழகான சிறுமி தன் கைகளில் இரண்டு ஆப்பிள் வைத்திருந்தாள். அங்கு வந்த அவளின் தாய், நீ இரண்டு ஆப்பிள் வைத்திருக்கிறாயே! ஒன்று எனக்கு கொடு என்றாள். தன் தாயை ஒரு வினாடி பார்த்த அந்தச் சிறுமி, உடனே ஒரு ஆப்பிளைக்கடித்து விட்டாள். பின் உடனே இரண்டாவது ஆப்பிளையும் கடித்துவிட்டாள். தாயின் முகத்திலிருந்த சிரிப்பு உடைந்து போனது. தன் ஏமாற்றத்தை வெளிப்படுத்த முடியாமல் தவித்தாள். உடனே அந்தச் சிறுமி தாயிடம் அம்மா இந்த ஆப்பிள் தான் இனிப்பாக இருக்கிறது. இதை நீங்கள் எடுத்துக் கொள்ளுங்கள் என்று சொன்னாள்.

கருத்து :
நீங்கள் யாராக வேண்டுமானாலும் இருக்கலாம்;
உங்கள் அனுபவம் நிறைய இருக்கலாம்; ஆனால்
ஒருவரைப் பற்றி உடனே கணிப்பதைச் சற்று தள்ளிப்
போட்டு
கணிக்கவும்.



கி. லக்ஷ்மிகா

என் தங்கை

சிரித்துக் கொண்டேயிருப்பாள் என் சின்ன ராணி ஓர்
இடத்திலே இருக்க மாட்டாள் என் சின்ன
வண்ணத்துப்பூச்சி

கோபத்தில் கொட்டுவாள் என் சின்னத் தேனீ
சேட்டை செய்வாள் எப்போதும் என் சின்ன ராணி

பார்ப்பதற்கோ சிறியவள் ஆனால் வாய்
பேசுவதிலோ பெரியவள்

அம்மாவின் அழகு, அப்பாவின் அறிவு
அக்காவான எனக்கோ அன்புத் தங்கை.



காருண்யா,
v-அ பிரிவு

புதுக்கவிதை

கவிதையாய், கவிஞனாய்
கவிநயமாய், ஆனவள்
கவிநயா!

கவிநயா
V-E

பார்

பட்டாம்பூச்சி பார்; பறக்கும் அழகைப் பார்
குள்ள முயல் ஓடுவது பார் ; குதித்து குதித்து
ஓடுது பார் உன்னைப் பார் . உன் அழகைப் பார்
உன் வாழ்க்கையின் அழகைப் பார்
அதைப் போல் வாழப் பழகிப் பார்.

லக்ஷ்யா
v- ஆ பிரிவு

மழை

மழையை வரவேற்று ஆடியது - மயில்
வண்ணத் தோரணமாய் தோன்றியது வானவில்
கொண்டாட்டம் கொண்டாட்டம்!

மழை என்றால் கொண்டாட்டம்!
மழை நின்றும் சாலை எங்கும்

காகிதக் கப்பல் ஓடியது
கொண்டாட்டம் கொண்டாட்டமே!

இரத்தினப்பிரியா
v- உ பிரிவு

கிளியின் ஓசை

சிட்டு சிட்டாய் வந்தாயே
கீ.....கீ... எனக் கூவினியே!
பச்சை நிறத்தை கொண்டவளே!
காலை எழுந்தவுடன் உன் இனிய குரலால் என்னை
மயக்கினாயே!
மாதுளை முத்து போன்ற நிறத்தைக் கொண்டவளே!
நீ உன் அலகினால் பழங்களைத் தின்பது அழகோ
அழகு.

ஐஸ்வர்ய சாதனா
v- 'இ' பிரிவு

கடல்

நீல நிறக் கடல் தாயே
உன் நிறத்தால் எங்கள் மனதைக் கவர்ந்தாயே
ஓயாத உன் அலைகளால் கரையைத் தழுவிச்
சென்றாயே!

ஆர்ப்பரிக்கும் உன் ஓசையால் இசையாய் ஒலித்தாயே
ஆழ்கடலில் பல உயிரினங்களை
ஆனந்தக் கூத்தாடச் செய்தாயே!

நிலத்தைக் காட்டினும் இப்புவியை நீயே
ஆட்கொள்கிறாயே!

என்றென்றும் எங்களைக் காத்தருளும்
நீல நிறக் கடல் தாயே.

அனிக்கா. எஸ்

VIII C

मेहनत से जी मत चुराओ

मेहनत से जो काम करेगा,
आलस से जो दूर रहेगा,
एक दिन वही महान बनेगा।

मेहनत से जो बच्चे पढ़ते हैं,
वही हमेशा आगे बढ़ते हैं,
प्रगति सदा जीवन में करते हैं।

मेहनत कभी व्यर्थ न जाती,
मेहनत से कभी जी मत चुराओ,
जग में अपना नाम कमाओ।

M. G. Sarva Shree
Class - 3E

पेड़ मत काटो

चिड़ियाँ चहकती है पेड़ों पर,
बंदर कूदते हैं पेड़ों पर,
पक्षी दाना चुगते हैं पेड़ों पर,
पेड़ काटोगे तो वातावरण
बिगाड़ोगे।

छाया मिलती है पेड़ों से
हार के फूल उगते हैं पेड़ों पर
मीठा -खट्टा फल उगता है पेड़ों पर
पेड़ काटोगे तो वातावरण
बिगाड़ोगे।

ठंडी हवा मिलती है पेड़ों से
बारिश बरसती है पेड़ों से,

बच्चों की कविता

मम्मी मेरी प्यारी
दुनिया से है न्यारी
पहनती है वह साड़ी
प्यार करती ढेर सारी।

पापा भी है प्यारे
दुनिया से न्यारे
मिठाइयाँ लाते सारे
प्यारे हैं जो हमारे।

K. Suhaani

4 D

पेड़ मत काटो

मैं हूँ पेड़ मुझे मत काटो,
मुझे काट कर दूसरों में मत बांटो।
मैं हमेशा तुम्हें सब कुछ देता हूँ,
बदले में पत्थर ही खाता हूँ।

मैं सबको हवा देता हूँ,
पर उनसे कुछ नहीं चाहता हूँ।
मैं तुम्हारे जीवन का आधार,
मेरे बिना सब कुछ है बेकार।

Mahathi Sahana kanne

Class - 5E

सांस मिलती है पेड़ों से,
पेड़ काटोगे तो वातावरण बिगाड़ोगे।

प्रण है तुम्हारी सुरक्षा का,
ऋण न चुका सकते पेड़ों का,
जागो और जगाओ सबको,
पेड़ काटोगे तो वातावरण बिगाड़ोगे।

**Palak
5D**

ऑनलाइन का ज़माना

आया जमाना ऑनलाइन का
सबको मोबाइल कंप्यूटर नै बिठाया
काम करने लोग रात को जागे
तब बढ़े यह जीवन आगे।
बच्चे - बूढ़े या जवान,
सबको भाता यह कमान ।
काम के लिए जरूरी सवाल
नेटवर्क का तो नहीं बवाल ?
आया ज़माना ऑनलाइन का।

Shavena

6 E

मित्रता

करो मित्र की मदद हमेशा,
तन से मन से खुश होकर ।
उसका कोई काम पड़े तो ,
करो उसे पूरा हँसकर ।

कभी मित्र से झूठ न कहना ,
कभी उसे न धोखा देना ।

सच्चा मित्र मिल गया अगर है,
कभी उसे न पाकर खोना ।

मित्र साथ में हो तो, हर संकट टल जाये
।

वह किस्मत वाला होता है,
जिसे सच्चा मित्र मिलता है ।

R.Saanvi

VI D

आकाश की सैर

पंख यदि उग जाते है मुझको,
नील गगन तक उड़ जाती
सागर धरती शोभा के
चीर पवन संग लहराती
चंदा मामा के घर जाती।
माँ की नींद उड़ा जाती जब
छुप छुप मौज मना आती

खेल खेल जब मैं थक जाती,
घर की याद सताती तब
पंखों को सहलाकर कहती
ले चल माँ के घर अब

Tanushri Mundhra
6E

किसी सपने को खास मत रखना,
कल्पना में निवास मत करना,
जहां पर हो एक भी चिंगारी
भूलकर भी कपास मत रखना।

जो बने आपकी सफलता में बाधक,
ऐसे लोगों को पास मत रखना,
लेकिन मेहनत के बिना यारों,
सफलता की आस मत रखना।

देखकर चंद गिरते लोगों को,
अपने मन को उदास मत रखना,
तुमको रखना है अगर सिर ऊँचा,
खुद को व्यसनों का दास मत रखना।

अगर लगे सब झूठे हैं साथी,
उस बात पर विश्वास मत रखना,
पानी है सफलता अगर यारों,
सदैव उत्साह को अपने पास रखना।

ज़िंदगी में कभी कल्पना न करना,
इसे कमजोर लोग करते हैं,
जो सोचो उसे कर दिखाना,
इसे समझदार लोग करते हैं।

जसकीरत कौर
VIII- D

मोबाइल फ़ोन

मोबाइल फोन एक ऐसा उपकरण है जिसका उपयोग हम हर दिन और हर जगह करते हैं। बच्चे, बूढ़े, अमीर, गरीब- हर किसी को हाथ में फोन लिए देखा जा सकता है। यह हमारे शरीर का एक हिस्सा बन गया है। हमें इसकी आदत हो गई है। किताबें, पत्र, रेडियो, टेपरिकॉर्डर, टॉर्च- ये सब मोबाइल फोन के कारण लुप्त हो गए हैं। पहले जब बच्चे रोते थे तो हम उन्हें खिलौने देते थे, लेकिन आजकल माता-पिता बच्चों के हाथ में सिर्फ फोन थमा देते हैं। हम इस उपकरण का उपयोग करके अपने सभी प्रश्नों के उत्तर खोजते हैं। इसकी कोई सीमा नहीं है, यह केवल बढ़ता रहता है। बहुत से बच्चे इसके अधिक उपयोग के कारण अपना स्वास्थ्य खराब कर लेते हैं। मोबाइल के बिना दिन अधूरा लगता है। मोबाइल एक चाकू की तरह है, हमें इसका सही उपयोग करना चाहिए, यदि नहीं तो यह हमारे स्वास्थ्य और समय को नष्ट करता है।

पी.सत्या
8D

भय से मुक्ति

जन्म से उपस्थित है यह भावना,
प्रत्येक मनुष्य का सबसे बड़ा दुश्मन,
दर्द, पीड़ा और अंत का है ये कारण,
जीते जी मरण का है यह उदाहरण।
मनुष्य की भावनाओं में है ये सबसे ज़िद्दी,
खजाना - मिलने के बराबर है इससे मुक्ति,
जिंदगी की शुरुआत रहेंगी अधूरी,
जब तक भय से न होगी मुक्ति।

- DIYA

आत्मनिर्भरता

दूसरों की अपेक्षा न करना और अपनी शक्तियों पर भरोसा करना ही आत्म-निर्भरता कहलाता है। यह विचार कि, कोई व्यक्ति अपने निर्णय एवं विकल्पों पर भरोसा कर सकता है और सामाजिक प्रभावों से मुक्त हो सकता है, आत्मनिर्भर होना है। स्वयं पर भरोसा करना बेहतर है।

व्यक्तिगत वृद्धि और विकास के लिए आत्म-निर्भरता भी महत्वपूर्ण है। जब व्यक्ति खुद पर भरोसा करता है, तो उनमें आत्मविश्वास, आत्म-सम्मान और उपलब्धि की भावना विकसित होती है। वे अपनी गलतियों से भी सीखते हैं और दृढ़ता और दृढ़ संकल्प के माध्यम से अधिक लचीले बन जाते हैं।

आत्मनिर्भर होने का अर्थ है अपने जीवन की जिम्मेदारी लेना और समस्याओं के समाधान के लिए दूसरों का इंतजार न करना। इसका अर्थ है कि चुनौतियों का समाधान खोजने और व्यक्तिगत लक्ष्यों को प्राप्त करने के लिए कार्रवाई करने में सक्रिय रहना। इसके लिए नए कौशल सीखने, जोखिम लेने और बाधाओं को दूर करने की इच्छा की आवश्यकता होती है।

आत्मनिर्भर होने का मतलब यह नहीं है कि कोई खुद को दूसरों से अलग कर ले। वास्तव में, आत्म-निर्भरता के लिए अक्सर सामान्य लक्ष्यों को प्राप्त करने के लिए दूसरों के साथ सहयोग की आवश्यकता होती है। हालाँकि, दूसरों के साथ काम करने की क्षमता तभी संभव है जब व्यक्तियों के पास समूह में सार्थक योगदान देने के लिए कौशल और ज्ञान हो।

सामाजिक प्रगति के लिए आत्मनिर्भरता भी जरूरी है। जब व्यक्ति आत्मनिर्भर होते हैं, तो वे समाज के उत्पादक सदस्य बन जाते हैं जो अर्थव्यवस्था और समाज के विकास में योगदान दे सकते हैं। आत्मनिर्भरता से स्वतंत्रता भी मिलती है, जिससे सामाजिक कल्याण प्रणालियों पर बोझ कम होता है और समग्र अर्थव्यवस्था मजबूत होती है।

निष्कर्षतः, आत्म-निर्भरता व्यक्तिगत और सामाजिक विकास का एक अनिवार्य पहलू है। इसमें व्यक्तियों को अपने जीवन की जिम्मेदारी लेने, नए कौशल विकसित करने और व्यक्तिगत लक्ष्यों को प्राप्त करने के लिए कार्रवाई करने की आवश्यकता होती है। आत्मनिर्भर बनकर व्यक्ति समाज में सार्थक योगदान दे सकते हैं और व्यक्तिगत संतुष्टि प्राप्त कर सकते हैं।

वर्तमान हालात का अंत ही, आत्मनिर्भरता का आरंभ है। स्वतंत्रता, शक्ति और आत्मनिर्भरता से आती है। इस समय के दबावों के खिलाफ आत्मनिर्भरता सबसे अच्छा बचाव है।

हेमा ग्रोवर

सकारात्मक सोच

कक्षा :- X 'E'

सोच एवं विचार ही व्यक्ति के जीवन पर गहरा प्रभाव डालते हैं। विचारों की ताकत को किसी भी ताकत से दबाया नहीं जा सकता। हमारे सोच का असर हमारे दिमाग पर होता है। यदि सोच सकारात्मक हो तो जीवन में हर क्षेत्र में सफलता एवं सुखी जीवन को पाया जा सकता है। सोच दो तरह के होते हैं- सकारात्मक सोच और नकारात्मक सोच। यदि सोच सकारात्मक हो तो जीवन में हर क्षेत्र में सफलता एवं सुखी जीवन को पाया जा सकता है। नकारात्मक सोच बेहद घातक होती है और सेहत की दृष्टि से लाभकारी नहीं होती है यानि लाभहीन होती है। जीवन की विपरीत परिस्थितियों में भी अपनी सोच को सकारात्मक रखकर तनाव बिमारी, और प्रतिकूल हालातों से निकल सकते हैं सकारात्मक विचार शरीर में एंटीबोडी क्षमता का विकास करती है। जीवन में सकारात्मक सोच बेहद जरूरी है। सकारात्मक विचार रखने वाले मुझकिलों में हार मानकर हताश होने की बजाय अपनी संपूर्ण ताकत जुटाकर सकारात्मक सोच करने लग जाते हैं।

इस तरह सकारात्मक सोच व्यक्तियों को न सिर्फ बाधाओं से पार पहुंचाती है बल्कि उनके आत्मविश्वास को भी बढ़ाने में सहायक होती है। मानवीय स्वभाव की विशेषता है कि जैसी हमारी सोच होती है, हम उन्हीं के अनुरूप ही विचार करते हैं। हमारे विचार ही हमारे कृत्य में बदलते हैं। सकारात्मक सोच के द्वारा असंभव लगने वाले कृत्य भी संभव हो जाते हैं। व्यक्ति को आंतरिक प्रेरणा इस सकारात्मक सोच से ही मिलती है। सकारात्मक सोच के विकास के लिए यह जरूरी है कि आप नकारात्मक सोच रखने वाले व्यक्तियों से दूर रहकर ऐसे लोगों की संगति में रहे जो हमेशा सकारात्मक सोचते हैं क्योंकि हम वही करते हैं जैसा हम सुनते और देखते हैं। यहीं से हमारे विचारों का जन्म होता है। अगर हमें अपने जीवन में कुछ करना है तो आज से ही अच्छा और बड़ा करना है तो आज से ही सकारात्मक सोच को अपने जीवन का मूलमंत्र बनाए। बस आपको अपने दिमाग में नकारात्मक सोच को आने ही नहीं देना है। तभी हम सोच समझ कर जीवन में प्रबलता का फायदा उठा सकेंगे।

Dhun – X 'E'

भ्रष्टाचार

बढ़ती शिक्षा पर बढ़ता भ्रष्टाचार,
शिक्षा को पाकर भी हैं सब लाचार।
कर नहीं पाता वह शिक्षा पर विचार,
पढ़- लिखकर भी क्यों न मिलता रोजगार।
बढ़ती शिक्षा पर बढ़ता भ्रष्टाचार,
बड़े अफसर सिर्फ अपने बीबी- बच्चों का करते विचार,
उन्हें कभी नहीं आता है गरीब जनता का विचार,
जिसने तुझे काबिल बनाया, उसी पर करता अत्याचार,
दुखों को पाकर भी माता-पिता कहते, यही तो है संसार।
बढ़ती शिक्षा पर बढ़ता भ्रष्टाचार,
वृक्षों को न मिलता प्यार जो उनका है अधिकार,
धरती और धर्म की यही है पुकार,
समाप्त करो इस समाज से यह भ्रष्टाचार,
जिसके चलते नहीं होजा इस देश का उद्धार।
बढ़ती शिक्षा पर बढ़ता भ्रष्टाचार,
वाह रे। मेरे देश की शिक्षित जनता,
नेता बनाये ऐसे, जिनका पेट कभी नहीं भरता,
देश के कानून की होता आँखें चार,
समाप्त हो गया होता देश से भ्रष्टाचार ॥

पेड़

झूम-झूम कर गाते पेड़,
गाकर फिर मुस्कुराते पेड़,
शुद्ध हवा देकर सबको,
प्रदूषण दूर भगाते पेड़ ।

हवा जब तेज चलती है,
रूनझून गीत सुनाते पेड़,
फूल -फल औषधि देकर,
परहित धर्म निभाते पेड़ ।

आँखो को सुकून देने को,
हरीतिमा खूब बढ़ाते पेड़,
सारे जीवन परहित करते
फिर भी क्यों कट जाते पेड़ ।

किस पर गुस्सा?

जिसका क्रोध गड़गड़ाहट है जो सोए हुए
को सिंह की नाई जगाता है, और
देखनेवालों को डरा

देता है?

उस बिजली से कौन क्रोधित है जो क्षण भर
में आती है और आकाश को चीर देती है
और

बादलों को छेद देती है?

इस सब के साथ, बारिश सड़क पर चलने
वाले हर व्यक्ति को बिना डरे बहादुरी के
बारे में

सोचने पर मजबूर कर देती है, उससे कौन
नाराज है?

- Janavi Sree. R

IX B

Srushti Sagarika

VI D

शब्दों की ताकत

रोको, मत जाने दो

रोको मत जाने दो

वाक्य एक ही है पर एक अल्पविराम ने इसके अर्थ बदल दिए, मन का भाव दोनों वाक्य में अलग हो गया, एक वाक्य किसी के प्रति सकारात्मक भाव रखता है तो दूसरा नकारात्मक।

इसी तरह हम जिंदगी में न जाने कितने शब्द चुनते हैं और यू ही बोल देते हैं। आपका बोला हुआ हर शब्द आपके स्वभाव को दर्शाता है, आप सौम्य हैं या मृदुभाषी हैं या कड़वे वचन वाले हैं सब कुछ आपकी भाषा तय करती है। शब्द उम्र लेकर आते हैं, कुछ जो मीठे शब्द हमसे कोई बोलता है या हमारी तारीफ़ करता है तो हम कितने दिन तक नहीं भूलते, हम बार बार अपनी सोच में उन्हें ज़िंदा रखते हैं, "अरे आज किसी ने मेरी तारीफ़ की, उसने कहा मैं आची लग रही हूँ।"

सारा दिन उसी बात को मन में याद रखता है। किसी बच्चे से उसके माता - पिता यदि कह दे कि वह खूब मेहनत कर रहा है तो देखना वो कैसे ऊर्जा से भर जाता है। अब वही कड़वी बटे उसे ऊर्जा नहीं देती अपितु आपकी शक्ति का नाश करती है।

कड़वी बटे किसी के मन को बहुत दुख भी पहुँचा सकता है। इसी

लिये कहते हैं कि शब्द बहुत बलवान होते हैं इनका उपयोग बहुत सोच समाज कर करना चाहिए। यह किसी के वक्तित्व का आईना होता है। अंत में मैं कबीर दस जी के पंक्ति लिखना चाहूँगी:-

एसी वाणी बोलिए, मन का आपा खोए

औरान को शीतल करे, आपाहू शीटा होय

Yaksha Bansal

10 B;

माँ

माँ- दुःख में सुख का एहसास है,

माँ- हरपल मेरे आस पास है।

माँ- घर की आत्मा है,

माँ- साक्षात् परमात्मा है।

माँ- आरती, अजान है,

माँ- गीता और कुरआन है।

माँ- ठण्ड में गुनगुनी धूप है,

माँ- उस रब का ही एक रूप है।

माँ- तपती धूप में साया है,

माँ- आदि, शक्ति, महामाया है।

माँ- जीवन में प्रकाश है,

माँ- निराशा में आस है।

माँ- महीनों में सावन है,

माँ- गंगा सी पावन है।

माँ- वृक्षों में पीपल है,

माँ- फलों में श्रीफल है।

माँ- देवियों में गायत्री है,

माँ- मनुज देह में सावित्री है।

माँ- ईश वंदना का गायन है,

माँ- चलती फिरती रामायण है।

माँ- रत्नों की माला है,

माँ- अँधेरे में उजाला है।

माँ- बंदन और रोली है,

माँ- रक्षासूत्र की मौली है।

माँ- ममता का प्याला है,

माँ- शीत में दुशाला है।

माँ- गुड सी मीठी बोली है।

माँ- इस जहाँ में हमें लाई है,

माँ- ब्रह्माण्ड के कण-कण में समाई है।

विधि .आर. सोनिगरा

कक्षा दसवीं ई

साइबर क्राइम के मामलो में वृद्धि

आजकल साइबर क्राइम बड़ता ही जा रहा है। साइबर क्राइम के मामलों में वृद्धि की वजह से लोगो को भारी नुकसान हो रहा है।

कुछ लोग अपने स्वार्थ के लिए टेक्नोलॉजी का प्रयोग करके लोगों को मुर्ख बनाते है। अगर इन्हें रोका न गया तो लोगों का एक दूसरी पर से विश्वास उठ जाएगा।

साइबर क्राइम में एक इनसान लोगो को बहला-फुसला कर उनकी निजी जानकारी निकाल लेता है। साइबर क्राइम में कंप्यूटर का प्रयोग होता है। कई बार टेक्नोलॉजी के प्रयोग से साइबर अपराधी जंता के मोबाइल या कंप्यूटर को हैक कर लेते है और उनकी निजी जानकारी यानि तस्वीरें, बैंक डिटेल्स आदि निकाल लेते है जिससे हमारे पैसे और हमारी जान खतरे में पड़ सकती है।

साइबर क्राइम के पिंजरे में फसने की वजह से कई लोग आत्महत्या कर चुके है। साइबर अपराधी लोगो के कुछ निजी तस्वीरे हैक कर उन्हे ब्लैकमेल करते है और पैसे की मांग करते है। एसी बाते अक्सर लोग डर के कारण अपने परिवार वालो को नही बताते है और आत्महत्या कर लेते है। लेकिन ऐसा करना गलत होता है। हमे एसी परिस्थिति में अपने परिवार से बात करनी चाहिए और पोलिस को खबर करना चाहिए ताकि वह अपराधी जल्द से जल्द पकडा जाए।

साइबर क्राइम से बचने के लिए हमें हर लिंक पर क्लिक करने से पहले सोचना चाहिए और किसी भी अंजान काल करने वालों को अप्रके अपने बैंक खाता नंबर, एटीएम कार्ड, पासवर्ड, ओटीपी आदि अन्य जानकारीयां नहीं देनी चाहिए। हमे हमेशा सावधान और सतर्क रहना चाहिए।

बृहदारण्यक उपनिषद् का प्रसिद्ध शांति श्लोक -

· ॐ असतो मा सद्गमय। तमसो मा ज्योतिर्गमय। मृत्योर्मा मृतं गमय।। इसका अर्थ है हे ईश्वर! हमको असत्य से सत्य, अंधकार से प्रकाश और

मृत्यु से अमरता के भाव की ओर ले चलो। ·

· ज्ञान की खोज सत्य और प्रकाश के मार्ग पर आगे बढ़ने की कुंजी है। ज्ञान स्वयं शिक्षा का परिणाम है। शिक्षा ज्ञान प्रदान करती है, सशक्त बनाती है। यह आपको वैज्ञानिक विचार सिखाता है और भय से छुटकारा दिलाता है। यह आपको सही और गलत में अंतर करना सिखाता है। यह आपको दूसरों और पर्यावरण की देखभाल करना सिखाता है। यह आपको एक अच्छा नागरिक बनना सिखाता है। संक्षेप में, यह आपको जीवन के लिए तैयार करता है।

· शिक्षा के माध्यम से ज्ञान की खोज कुछ लोगों को बुद्धिमान बनाती है। जैसा कि कहा गया है, ज्ञान यह है कि क्या कहना है और बुद्धिमत्ता है किसे कब कहना है बुद्धिमत्ता दृष्टिकोण देती है।

· ज्ञान को केवल पुस्तकों तक ही सीमित नहीं रखना चाहिए। इसमें अनुभव से

सीखना और अनुभवी लोगों से बात करना भी शामिल होना चाहिए।

· ज्ञान आत्म-साक्षात्कार के तरीकों में से एक है। आत्मज्ञान के साथ, हम उस

दुनिया को समझना शुरू करते हैं जिसमें हम रह रहे हैं। विनम्र होना और दूसरों की मदद करना न्याय के मार्ग की ओर ले जाएगा। इससे जीवन के उद्देश्य की पूर्ति होगी।

Sruthi Suryanarayanan

Class VIII 'D'



सरिकुपन

नारायणाय
नमः
श्रीकृष्णाय



मित्रता

मैत्री अस्माकं जीवने महती अनिवार्यता अस्ति । ते सफलतां जनयन्ति यतो हि यदा वयं मित्राणि भवेम तदा वयं मिलित्वा एकसमूहरूपेण कार्यं कुर्मः । तेभ्यः समानानि वस्तूनि रोचन्ते सर्वदा तत्खादन्ति वा एकत्र क्रीडन्ति वा । मित्राणि अस्माकं द्वितीयभ्रातरः सन्ति ते अस्माभिः सह सर्वदा भविष्यन्ति ।

सन्मित्रम् अस्मान् गन्तव्यस्थानं प्रति सर्वदा नेष्यति । युद्धं कुर्वन्ति वा पतन्ति वा किन्तु पश्चात्तेषां दुःखं भवति पुनः एकत्र आगमिष्यन्ति च । मित्रेषु अपि तुलना भवति किन्तु अस्माभिः

समीपस्थजनैः सह कदापि तुलना न कर्तव्या सम्रता मैत्र्यां महत्स्थानम् अस्ति एतदेव विशेषं करोति । जीवनपर्यन्तम् अस्माभिः बहूनि मित्राणि स्थापयितव्यानि येन किमपि न भवतु अस्माकं मित्राणां सम्मुखीभवनं वा अत्र वा अस्माकं कृते अस्मान्दृढं नागरिकं च कर्तव्यम् । मिलित्वा अस्य जगतः

अन्ताराष्ट्रीय मैत्रीं कृत्वा दूरं गच्छामः ।

पापान्निवारयति योजयते हिताय
गुह्यं निगूहति गुणान्प्रकटीकरोति ।

आपद्गतं च न जहाति ददातिकाले

सन्मित्रलक्षणमिदं प्रवदन्ति सन्तः ॥ -नीतिशतकम्

विभा विश्वनाथः

VIII - B

सुनीलछेत्री

अनेकेषां फुट्बलचम्पियन् जनानां मध्ये मुख्याः अस्माभिः भारतीयः सुनीलछेत्री इति एकः अत्युत्कृष्टः खेलाढ्यः च भारतीयधन्यः अस्माभिः भाव्यः। सुनीलछेत्री आगस्त १९८४ इत्थं सेकन्द्राबादनगरे, आन्ध्रप्रदेशराज्ये जन्म आसीत्। तस्य पिता के.बी. छेत्री भारतीयसेनायां फुट्बाल् अखेलत्, माता च सुशीला छेत्री सा तु नेपालस्य स्त्रीजननीसंस्थानस्य गणे खेलति स्म। एवं माता - पितृभ्यां सह बाल्यकालात् एव खेलति स्म अतः फुट्बालक्रीडा तस्य प्रियतमा आसीत्। पिता तम् उक्तवान् यदि फुट्बाल् खेलितुम् इच्छसि तर्हि स्वयं प्रयत्नं कृत्वा गच्छ इति उक्तवान्। सुनीलछेत्री विद्यालयगतक्रीडाः अखेलत्। तदा एकादश वर्षे एव विद्यालयगणे अष्ट गोलकं प्राप्तवान्। मोहनबागन् मात्रं न, भारतं फीफा विश्वकप आनयितुम् अभ्यासं तपः परिश्रमं च अकरोत्। एषः प्रयत्नः सफलः न जातः। सुनीलछेत्री भारते अभिवृद्धि वर्षे २०वर्षेषु एकशतम्छानां १४६ खेलान् प्रतिनिधित्वं कृतवान्। भारतस्य आधिकचतुर्णवतिः गोलकः प्राप्तवान्। परिपूर्णायां शौर्ययुते युगाय सन् ३९ वर्षे अवकाशः नासीत्। तस्य योगदानं भारतीयफुट्बाल्क्रीडायाम् अतुल्यं वर्तते।

रमणीया प्रकृतिः

सूर्यः सुन्दरः प्रकाशते।

नीलगगनं सुन्दरं दृश्यते।

मनोहराणि पुष्पाणि विकसन्ति।

वातावरणे मधुरगन्धं प्रवहति।

वृक्षाः स्वादु फलं ददति।

पक्षिणः मधुवत् मधुरं गायन्ति।

गीतानि श्रोतुं मधुराणि रम्याणि च सन्ति।

एषा प्रकृतिः रमणीया।

शुचि गिरिधरः

VIII – E

रावणस्य चत्वारः शापाः

रावणः अतीव शिवोक्तं आसीत्। सः वेदानां, ज्योतिषस्य, सङ्गीतस्य च अध्ययनं कृतवान्। वीणावादने अपि सः निपुणः आसीत्। एकदा सः कैलासं गत्वा शिवं पार्वतीं च दर्शनं कृतवान्। रावणः प्रस्थानसमये शिवस्य वाहनं नन्दीम् अपश्यत्। सः स्ववाहनं पुष्पकविमानम् अभिमानं कृत्वा नन्दीयानात् स्ववाहनं श्रेष्ठतरम् इति उक्तवान्। यदा रावणः नन्दीम् अपमानं कृतवान् तदा क्रुद्धः नन्दी रावणं शप्तवान् यत् तस्य वंशः वानरस्य साहाय्येन विनाशो भविष्यति इति। अयं रावणस्य प्रथमः शालः आसीत्। तस्मिन् समये अयोध्यायाः राजा अणारण्यः सूर्यवंशी आसीत्। तस्य शासनकाले रावणः अनेकानि राज्यानि जित्वा, मार्गं ये आगच्छन् तान् मारिषाम् आरब्धवान्। रावणः अयोध्यां प्राप्य अनारण्यं राज्यं समर्पयितुम् आदिशत्। अनारण्यः तु निराकृतवान्। अनेन द्वयोः सेनया मध्ये प्रचण्डयुद्धं जातम्। परन्तु अनालस्या रावणेन तुल्यः नासीत्। अनारण्यः प्राणघातकेन व्रणितः आसीत्। यदा सः मृतः तदा रावणः अनारण्यम् उपहासं कृत्वा स्वस्य विषये अभिमानम् अकरोत्, येन अनारण्यः क्रुद्धः भूत्वा रावणं शप्तवान्। यत् तस्य वंशस्य कश्चन जनः रावणस्य मृत्योः कारणं भविष्यति ।

अयं रावणस्य द्वितीयः शापः आसीत्। कालान्तरे रावणः मण्डोदरीं परिणीतवान्। तेषां त्रयः पुत्राः आसन्। एकस्मिन् दिने रावणः स्वर्गं गत्वा इन्द्रस्य सभायां रम्भायाः दिव्यनृत्यं दृष्टवान्। रम्भा रावणस्य भ्रातृव्येन कुबेरस्य पुत्रेण नलकुबेरेण सह परिणीता। रावणः अपि एतत् जानाति स्म, तथापि रम्भां तेन सह ग्रहीतुं प्रायतत। नलकुबेरः एतत् दृष्ट्वा रावणं शप्तवान् यत् – यदि सः विवाहितया महिलया सह विवाहं कर्तुम् आग्रहं करोति तर्हि तत्क्षणमेव म्रियते इति। अयं तस्य तृतीयः शापः आसीत्। एकदा रावणः पुष्पकविमाने यात्रां कुर्वन् आसीत् सः तपः कुर्वन्तीं सुन्दरीम् एकां महिलां दृष्टवान्। रावणः तां विवाहं कर्तुम् इच्छति स्म, सा का इति पृष्टवान्। सा नेत्रं निमील्य अवाचत् यत् सा वेदवती इति, देवगुरोः बृहस्पतेः पौत्री इति। सा तं आत्मानं त्यक्तुं याचितवती परं यावत् वेदवती प्रत्यक्षतया क्रुद्धा न अभवत् तावत् रावणः सहनशीलः आसीत्। सा रावणं शप्तवती यत् अग्रिमजन्मनि सा रावणस्य मृत्योः कारणं भविष्यति। एवम् उक्त्वा सा अन्तर्भूता। अयं रावणस्य अन्तिमः शापः आसीत्। एतेषां शापानां कारणेन एव रावणः मृतः।

कादम्बरी VIII-E

शान्तिः भवितुं महत्त्वपूर्णा आवश्यकता

अद्यतनस्य द्रुतगतिशीलस्य, जगति जीवनं किञ्चित् तनावपूर्णं भवितुम् अर्हति। अतः आत्मनः शान्तिकरणार्थं वयं शौकं प्रति गच्छामः। शौकानां बहवः लाभाः सन्ति, यथा भवद्भ्यः व्यक्तिरूपेण अधिकं रोचते। अस्मात् कारणात् नीरसता उन्मूलनं कुर्वन् आत्मविश्वासम् आत्मसम्मानं च वर्धयति। धैर्यस्य निर्माणं नवीनकौशलस्य च विकासः भवति। जनान् अधिकं ज्ञानवन्तं करोति। दैनन्दिनजीवने विभिन्नं दृष्टिकोणं दत्वा मानसिकरूपेण, सृजनात्मकरूपेण च वर्धयितुं स्वयमेव उपकारं करोति। अन्तिमश्च नीरसतां निवारयति। एतेषां कारणानां शान्तिः अत्यन्तं महत्त्वपूर्णा अस्ति। तत्र चयनार्थं बहवः शौकाः सन्ति। तथा च भवतः कृते उत्तमाः उपयुक्ताः च शौकाः भवन्तं गहनकेन्द्रीकरणस्य उन्नतजागरूकतायाः च अवस्थायां प्रवेशं कर्तुं शक्नुवन्ति।

तराना

VIII - E

अस्माकं पृथिवी

पृथिवी अस्माकं भोक्तुं अस्ति।

प्रत्येकं लघु बालिकायाः बालकस्य च कृते।

परन्तु अस्माभिः सर्वदा जागरूकाः भवितुमर्हन्ति।

यत् तस्य सर्वं सौन्दर्यं अस्माभिः अवश्यमेव

विभक्तव्यम्।

अद्यापि आगमिष्यमाणैः सर्वैः बालकैः सह।

ये हसितुं क्रीडितुं च इच्छन्ति धावितुं च इच्छन्ति

वृक्षान् परितः क्षेत्रेषु च, अतः अस्माभिः अस्माकं ग्रहः

अव्यवस्थितकचराणां अवशेषाणां च मुक्तं

स्थापनीयम्।

स्वच्छेन, नवीनेन, स्पष्टेन च वायुना सह।

सर्वेषां कृते वर्षे वर्षे श्वसितुम्।

अस्माभिः कदापि कदापि दुरुपयोगः न कर्तव्यः।

अस्माकं मधुरा पृथिवी सा अस्माकं उपयोगाय।

लक्ष्मी

VIII - E

योगः कर्मसु कौशलम्

योगः स्वस्थतरं जीवनं ददाति। प्रतिवर्षं जूनमासस्य एकविंशतिदिनाङ्के अन्ताराष्ट्रिय-योगदिवसः आयोज्यते। शारीरिकं, मानसिकं, आध्यात्मिकं च अभ्यासं प्राप्तुं प्राचीनः मार्गः योगः अस्ति। योगः शरीरस्य ललितचित्तस्य च स्थिरतां ददाति। योगः मनःपूतं मनश्शान्तिं च प्रयच्छति। शारीरिकमार्गः आसनानि सन्ति, मानसिकमार्गः प्राणायामः अस्ति। योगः सर्वैरपि कर्तुं शक्यते। अनेकानि आसनानि सन्ति यथा – पद्मासनं, ताडासनम्, मयूरासनं, पादहस्तासनम् इत्यादीनि। योगः जनानां ध्यानं धारयति। बालकात् आरभ्य वृद्धजनपर्यन्तं सर्वे जनाः योगासनं कुर्युः। भारते एव योगासनस्य उत्पत्तिः अभवत्। ऋषिः पतञ्जलिः एव योगस्य प्रवर्तकः अस्ति। यः शरीरेण तथा चित्तेन च स्वस्थः भवति स एव स्वस्थः। उक्तं च शश्रुतसंहितायाम् -
समदोषः समाग्निश्च समधातुमलक्रियः।
प्रसन्नात्मेन्द्रियमनाः स्वस्थ इत्यभिधीयते।।

मानसी

IX - A

कुरुक्षेत्रयुद्धम्

कुरुक्षेत्रयुद्धं भारत-इतिहासस्य महत्वपूर्णं युद्धम् अस्ति। एतत् युद्धं हस्तिनापुरराज्यस्य शासनाय कौरवाणां पाण्डवानां च मध्ये आसीत्। कुरुक्षेत्रयुद्धम् अष्टादश दिनानि अभवत्। एतस्मिन् युद्धे कोटिशः जनाः मृताः। कौरवपक्षे तथा पाण्डवपक्षे च अनेके राजानः युद्धम् अकुर्वन्। भीष्मः, द्रोणः, शल्यः, कर्णः इत्यादयः महापुरुषाः कौरवपक्षे युद्धम् अकुर्वन्। तथा पाण्डवपक्षे च द्रुपदः, विराटः, धृष्टद्युम्नः इत्यादयः राजानः युद्धम् अकुर्वन्। पाण्डवाः विशिष्य श्रीकृष्णस्य साहाय्येन कुरुक्षेत्रयुद्धे विजयं प्राप्तवन्तः। कुरुक्षेत्रे एव कृष्णार्जुनयोः संवादः युद्ध-आरम्भकाले अभवत् तदेव वयं भगवद्गीतारूपेण अद्यापि वयं पठामः। महाभारतस्य रचयिता अस्ति वेदव्यासः। अस्य ग्रन्थस्य वास्तविकं नाम अस्ति जयः इति।

वेदस्मृति

IX - A

जीवनदी कावेरी

कावेरी कर्णाटकराज्यस्य जीवनदी अस्ति। इयं कोडगुमण्डले पश्चिमघट्टप्रदेशे तलकावेरी इति स्थानात् उद्भवति। एषा नदी कोडगुमण्डलतः तमिलनाडुराज्यं प्रति प्रवहति। ततः गङ्गासागरं प्रविशति। कावेर्याः उपनद्यः सन्ति - शिंशा, हेमावती, अर्कावती, कपिला, कबिनी, लक्ष्मणतीर्थं, लोकपावनी च। जनाः कावेरीं दक्षिणगङ्गा इति नाम्ना अपि आङ्खयन्ति। अस्याः नद्याः विषये अनेकाः पुराणकथाः सन्ति। कोडगुजनाः एतां नदीं स्वकुलदेवता इति भावयन्ति पूजयन्ति च। कोडगुप्रदेशस्य पर्वतात् उत्पन्ना इयं कावेरी अनन्तरं दक्षिणप्रस्थरभूमौ पूर्वदिशं प्रति प्रवहति। एषा यत्र प्रवहति तत्र त्रयः द्वीपाः सन्ति। कावेरीनद्याम् कृष्णराजसागरम् इति जगत्प्रसिद्धः जलबन्धः निर्मितः। अन्ते तञ्जावूरमण्डले प्रविश्य द्विधा भूत्वा बङ्गसागरं मिलति।

आश्रया

IX - C

पर्यावरणसंरक्षणम्

पर्यावरणं सर्वेषामपि जीवानां जीवनाधाराय महत्वपूर्णम् अस्ति। परन्तु मनुष्याः स्वलाभाय पर्यावरणस्य हानिं कुर्वन्ति। पर्यावरणस्य प्रत्येकं भागं प्रदूषणात् रक्षणीयम्, यथा वायुप्रदूषणात्, जलप्रदूषणात्, स्थलप्रदूषणात् च रक्षणीयम्। पर्यावरणस्य संरक्षणम् अस्माकं सर्वेषां दायित्वम् अस्ति। पर्यावरणरक्षणे मुख्यस्तरे वानीकरणं, जलस्रोतसां शुद्धीकरणम् इत्यादयः उपायाः सन्ति। प्रदूषणस्य मूलतः न्यूनीकरणे सर्वकारस्य मुख्यं योगदानम् अस्ति। न केवलं सर्वकारः एव अपि तु निदस्तरे अपि पादपारोपणम् अवकरस्य अल्पीकरणं पृथक्करणं चेति अन्ये अपि उपायाः सन्ति। पर्यावरणे पशवः वृक्षपादपाः अपि अभिरक्षणीयाः। एतस्मै वन्यजीव-अभयारण्यानां जैवमण्डलभण्डाराणां च निर्माणम् आवश्यकम्। सर्वेषां जीवानां हिताय सुखाय च अनिवार्यतया पर्यावरणं रक्षणीयम्।

हासिनी

IX - C

ऋतुभिः परिवर्तनम्

वृक्षेभ्यः पत्राणि पतन्ति, सूर्यः उज्ज्वलः प्रकाशते,
भल्लूकाः निद्रां गच्छन्ति, भृङ्गाः अन्तः बहिः च उड्डीयन्ते,
जनाः किञ्चित् शीताः भवन्ति, बालकाः पुस्तकानि न
एतत् शरदऋतौ भवति। उद्घाटयन्ति,
एतत् ग्रीष्मकाले भवति।

वृक्षाः श्वेताः दृश्यन्ते,
सर्वे पक्षिणः स्वगृहे एव सन्ति, कृष्णा मेघाः आकाशे सन्ति,
अग्नेः पुरतः जनाः उपविशन्ति, मयूराः आनन्देन नृत्यन्ति,
एतत् शिशिरे भवति। कृषकाः हर्षेण उद्घोषयन्ति,
एतत् वर्षाऋतौ भवति।

पुष्पाणि प्रफुल्लितुं आरभन्ते,
कोकिलः गायितुं आरभते,
बालाः सुन्दरेषु उद्यानेषु धावन्ति
एतत् वसन्तकाले भवति।

दीक्षा एस् विश्वनाथः

XI - C

लौकिकन्यायाः

जलमौक्तिकन्यायः

स्वातिनक्षत्रे शुक्तिकायां जलबिन्दुः पतितश्चेत् मौक्तिकं भवतीति प्रवादः। अर्थात् साधारणः अपि जलबिन्दुः विशिष्टदेशकालादिबलेन मौक्तिकं भवति। तथा मनुष्यः अपि विशिष्टदेशकाल-श्रद्धादिकारणेन महीयान् भवतीति अस्य अभिप्रायः।

जलाग्निन्यायः

जलम् अग्निश्च परस्परविरोधिद्रव्यद्वयम्। तद्द्रव्यद्वयम् एकत्र स्थातुं न शक्नोति। यस्य द्रव्यस्य अंशो न्यूनः तत्शीघ्रं नश्यति। इत्थं परस्परं वैरं वहतोः द्वयोः एकत्र स्थितिः अशक्या। स्थितौ जातायामपि यः दुर्बलः तस्य नाशः शीघ्रं भवति इति न्यायेन अनेन सूच्यते।

जलाशयतरङ्गचन्द्रन्यायः

शान्ते जलाशये एक एव चन्द्रः प्रतिबिम्बितः भवति। जलाशये क्षुब्धे, तरङ्गेषु अनेकानि चन्द्रस्य प्रतिबिम्बानि दृश्यन्ते। अयं दृग्भ्रान्तेः उदाहरणरूपः न्यायः।

चातकजीमूतन्यायः

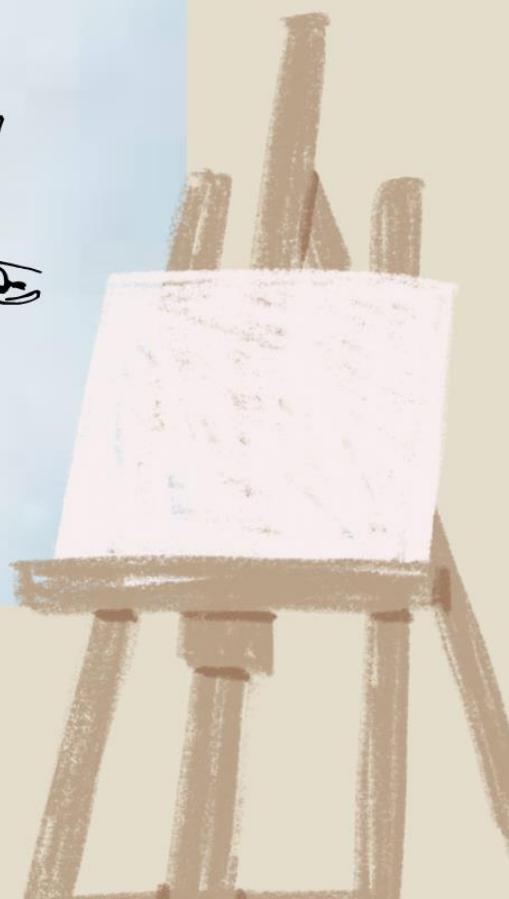
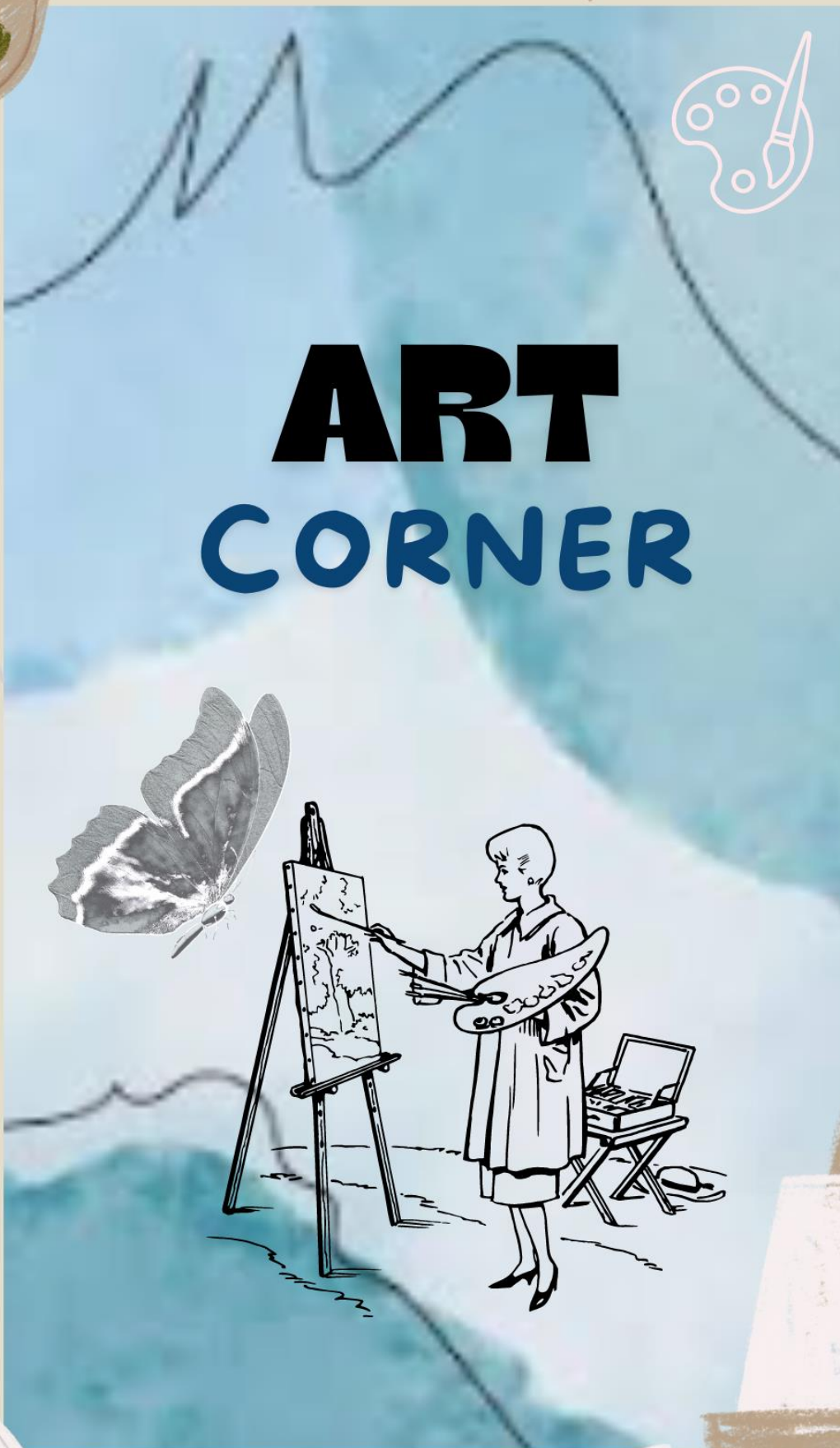
जीमूतः नाममेघः। चातकपक्षी सर्वथा मेघात् निःसृतं जलमेव पिबति अन्यत्र जलाशये विद्यमानजलं नेच्छति। अयमस्य स्वभावः। एवं कस्यचित् विशिष्टस्वभावस्य वर्णनार्थम् अस्य न्यायस्य प्रयोगः भवति।

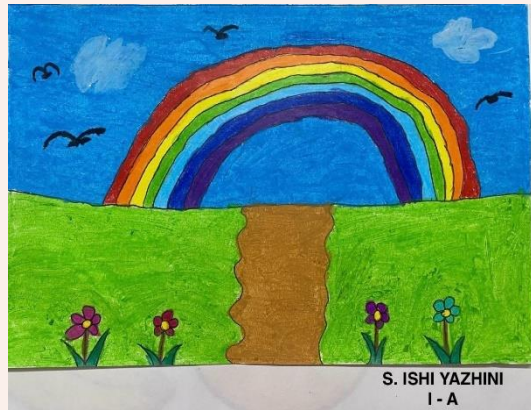
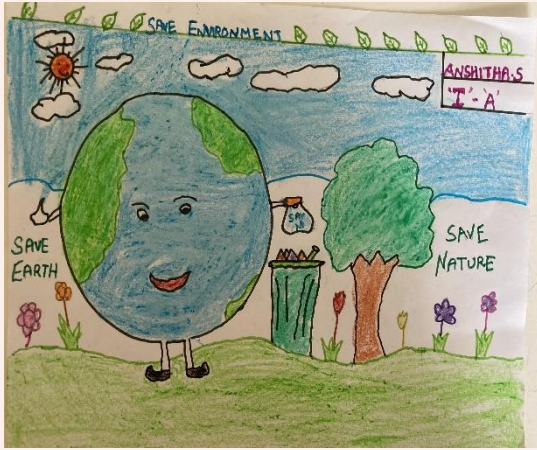
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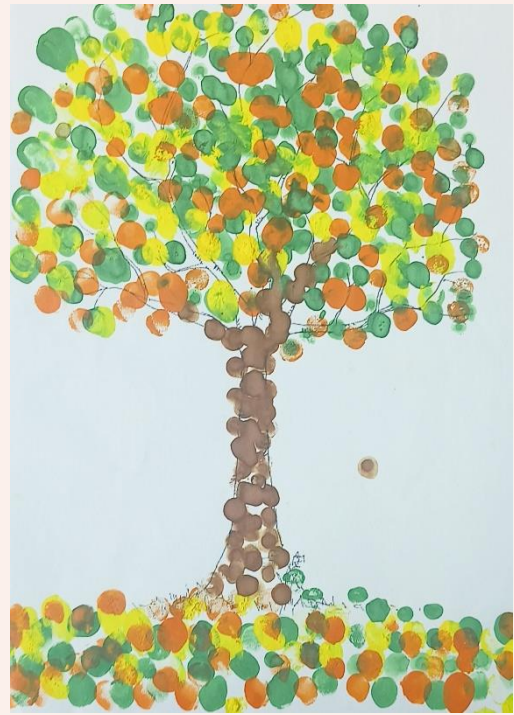
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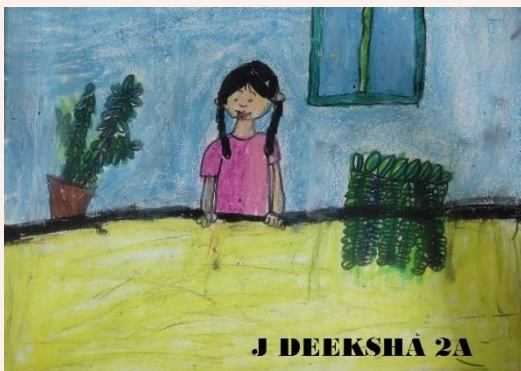
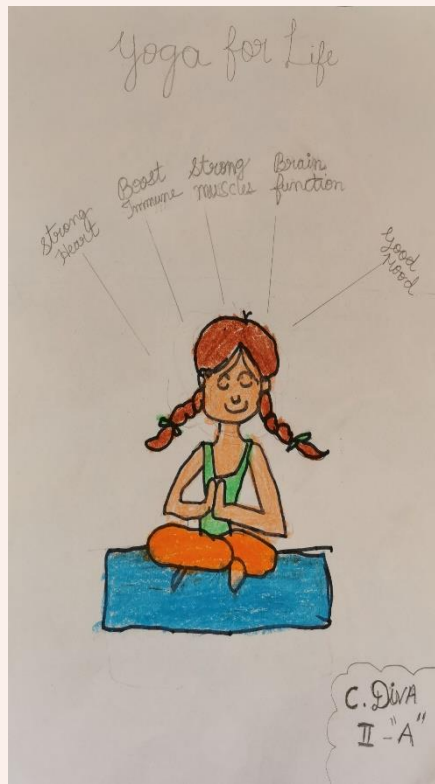
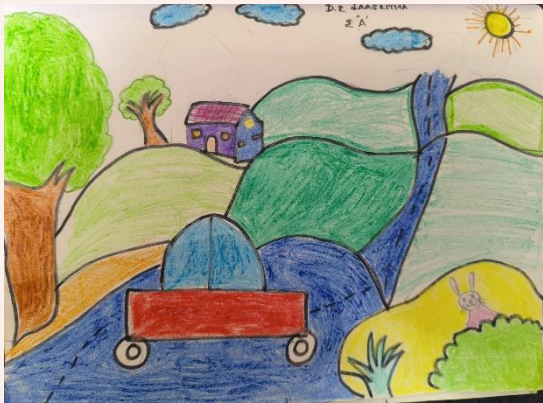
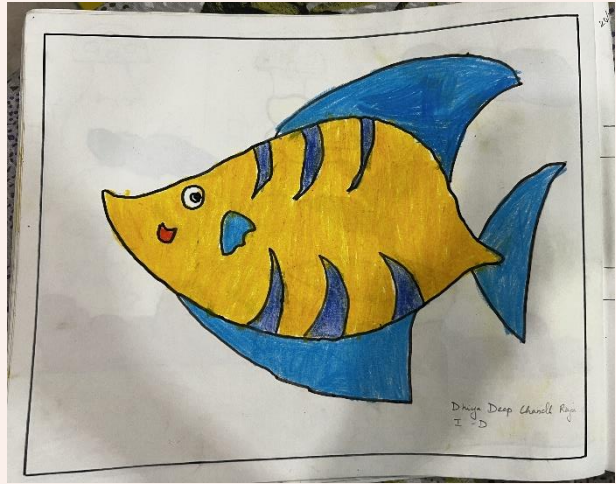


ART CORNER



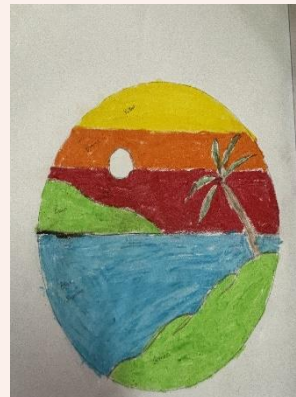








M.S.NANMOZHIYAAL
II 'D'



By: KASIVUS JASU
J 2'





Nethra Shyam
2 'E'



AANVI DHANDHANIA
II - E



S. KARPAGAZHANA
II E



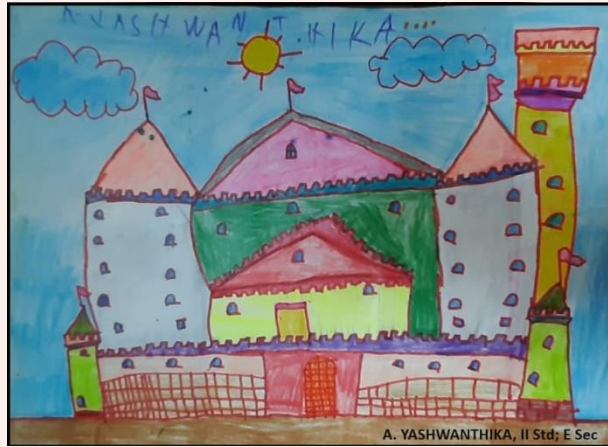
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II - D



RIYA ZA



ISHRA FATHMAU
II 'D'





ANANYA CHITTARASAN
III 'C'



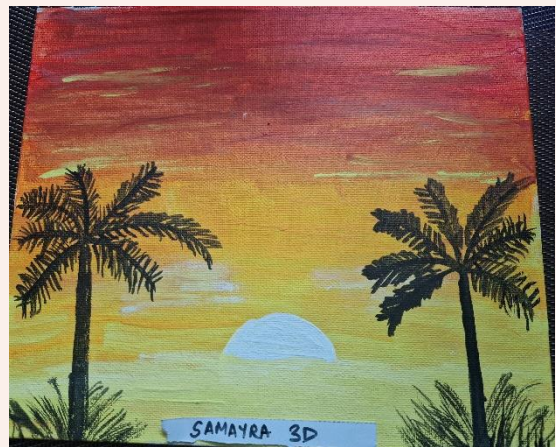
Jeevitaa - 3C



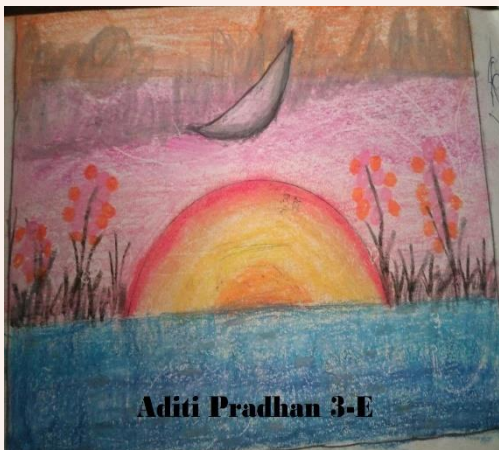
Pourbee Ghosh
class-III, Section C
DAY Girls, Gopalapuram



SHAKTHISHREE MAHESWARAN3C



SAMAYRA 3D



Aditi Pradhan 3-E



S.Dhiya
III-E



ADVIKA TAMILSELVAN
IV-A



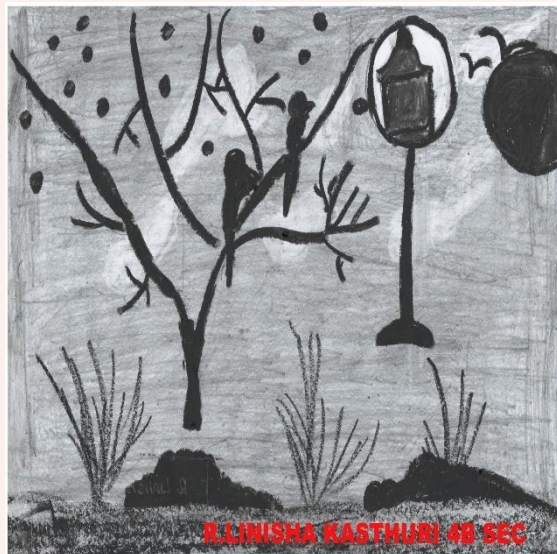
Amizhthini MS 4A DAV GGPM



R. Kamalena
Dumanya
IV A

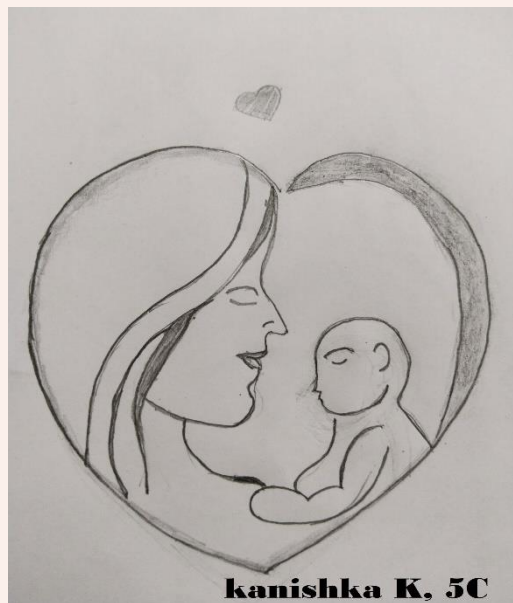
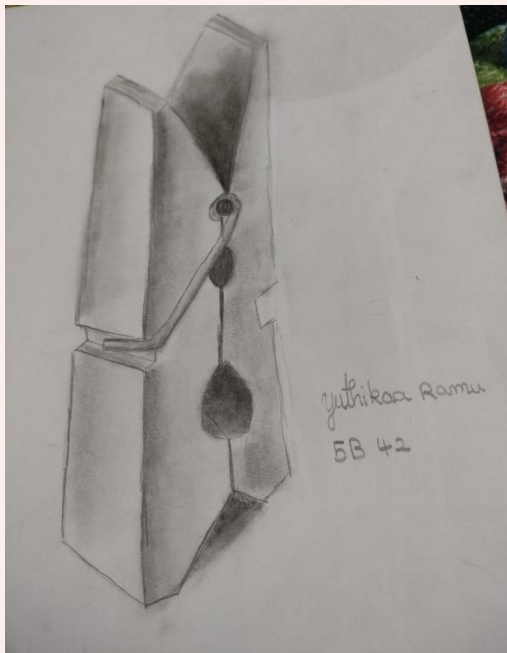
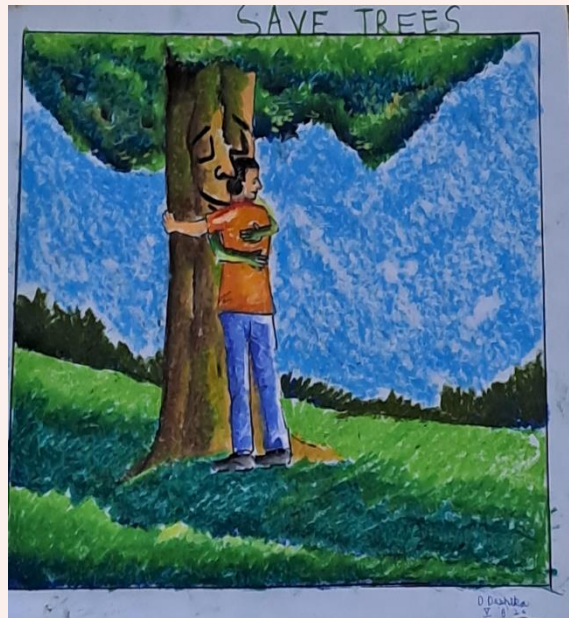
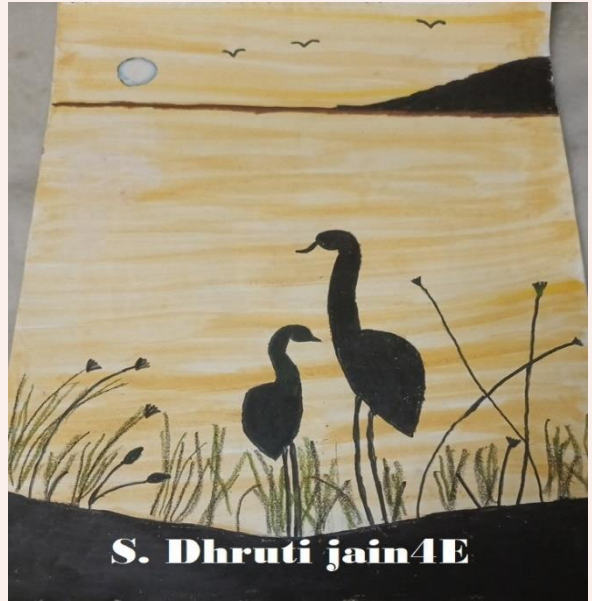


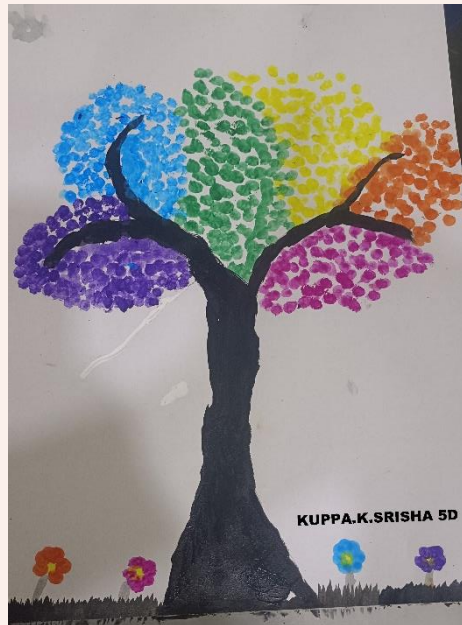
NETHRAK
4C 28

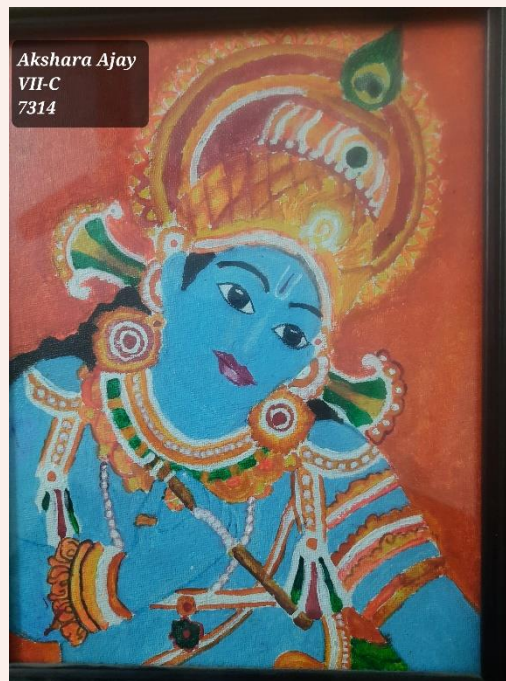
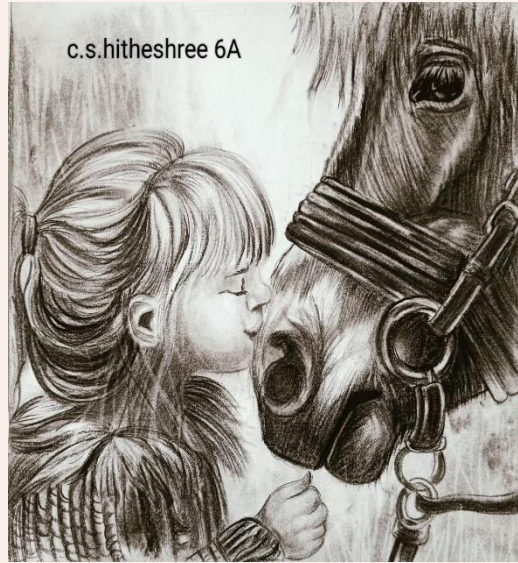
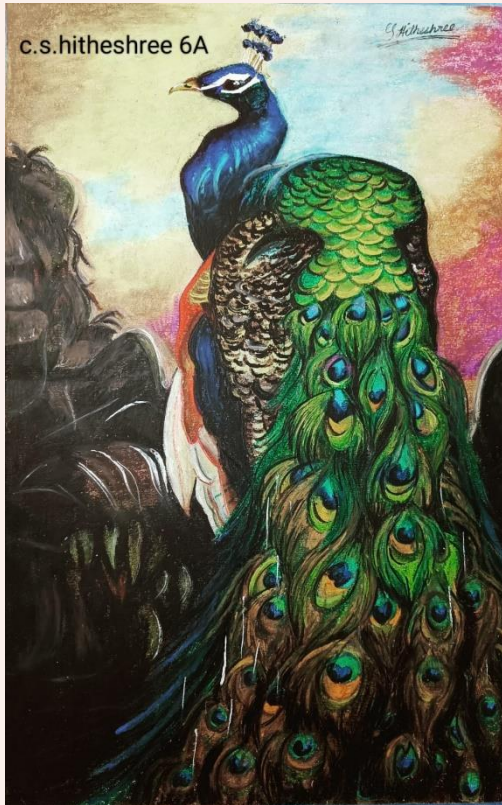


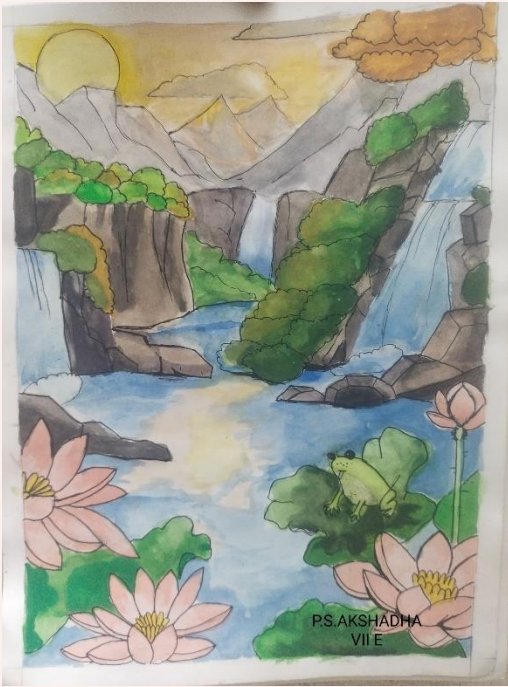
ELINISHA KASTHURI 4B SEC



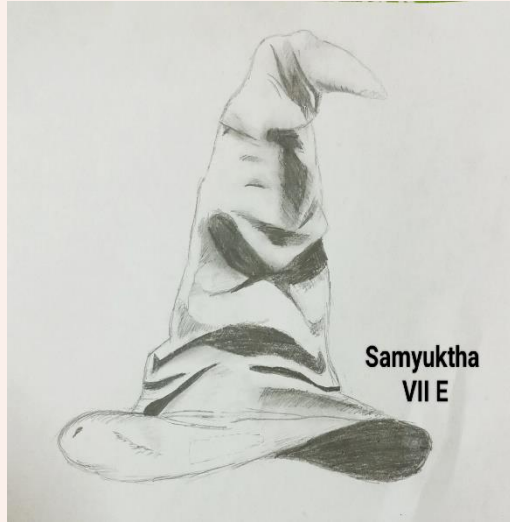




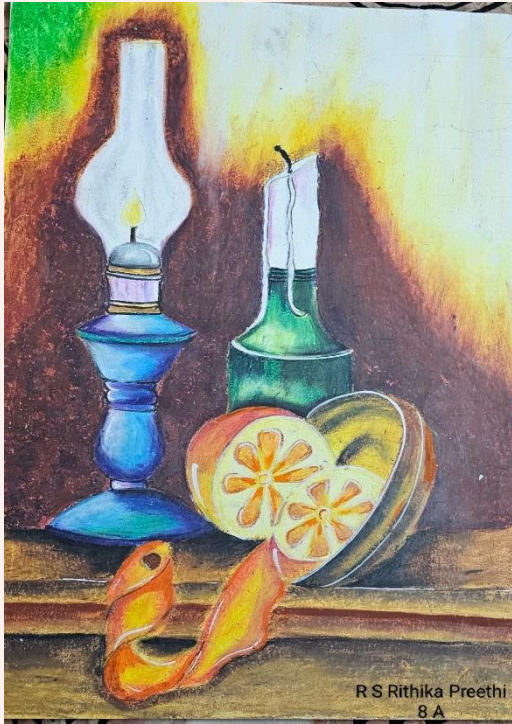




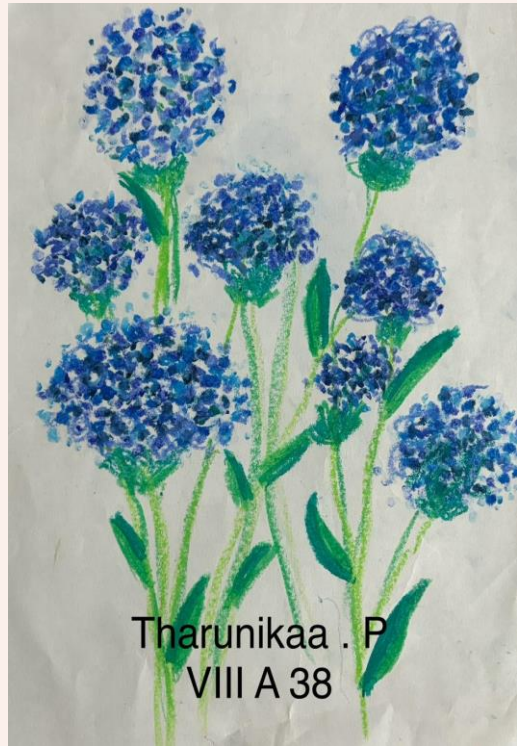
P.S.AKSHADHA
VII E



Samyuktha
VII E



R S Rithika Preethi
8 A



Tharunika . P
VIII A 38



S VINISHA
VIII - A



Anugraha S
8 A
8105



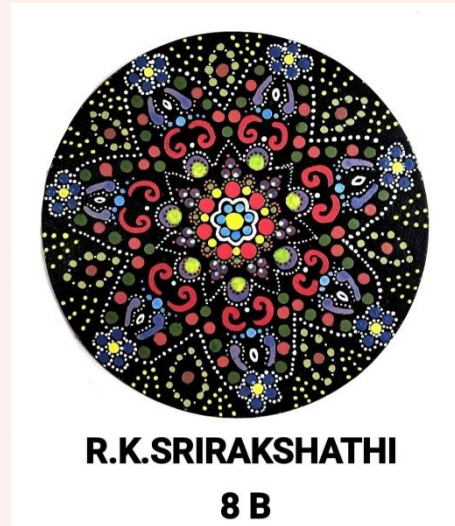
Dhivy Dharshini, G
VIII A



KANISHA SREE, G.P
VIII A

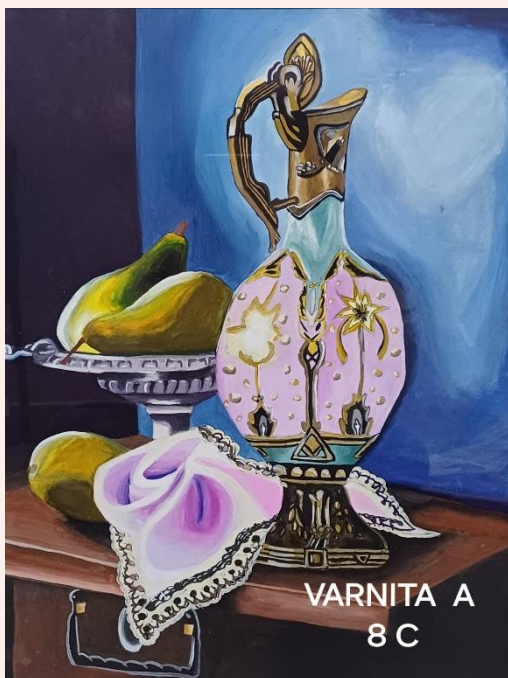


R. Srinidhi, VIII 'A'



R.K.SRIRAKSHATHI

8 B



VARNITA A

8 C

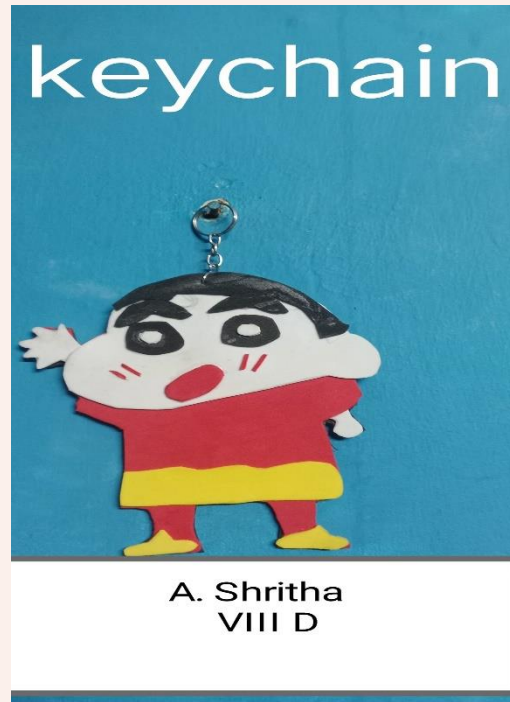


VARNITA A

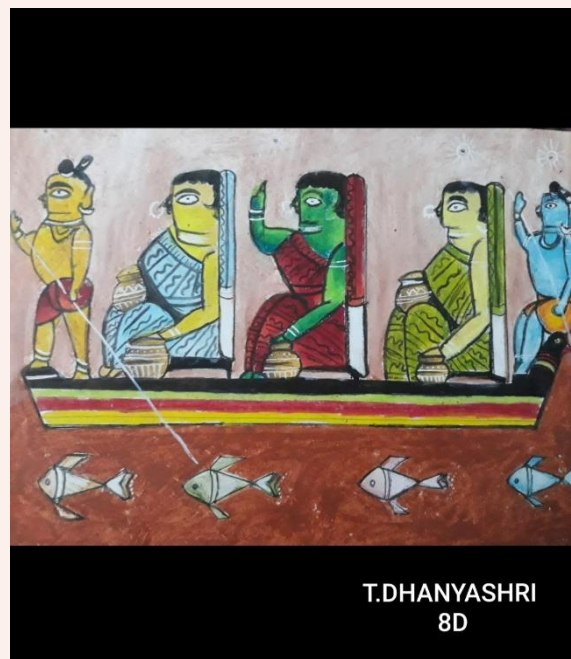
8 C



S.Shivani
8-C



A. Shritha
VIII D





KAVINDRA SRI K
IX-B



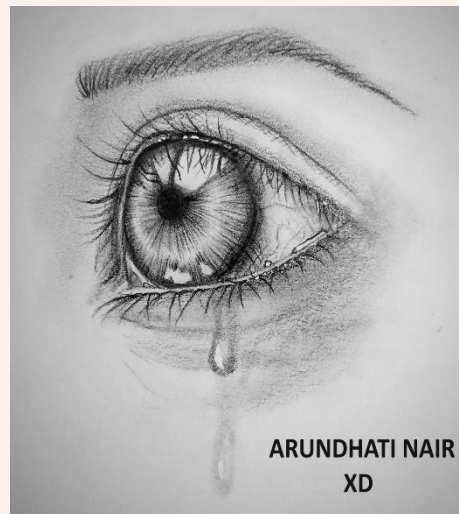
M.Sandhya
IX C



JEEJEE DANIELA S
10 C



V. KAYATHRI, X A



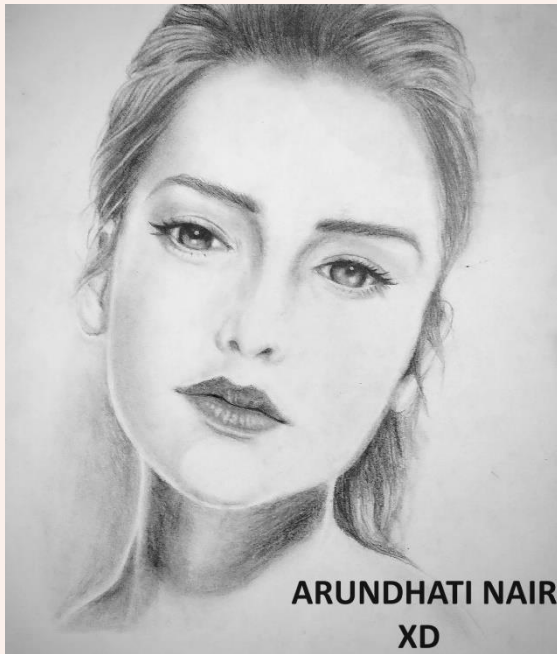
ARUNDHATI NAIR
XD



Hema Grover
X'E'



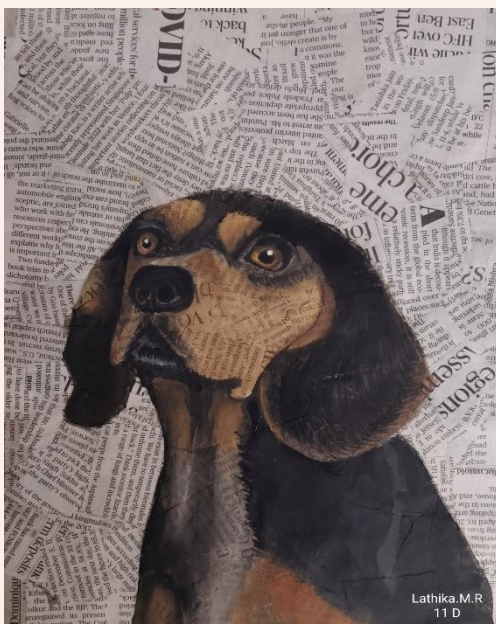
Ashwika D.M
Class 10E



ARUNDHATI NAIR
XD



K.INIKA MAHALAKSHMI
XI - B



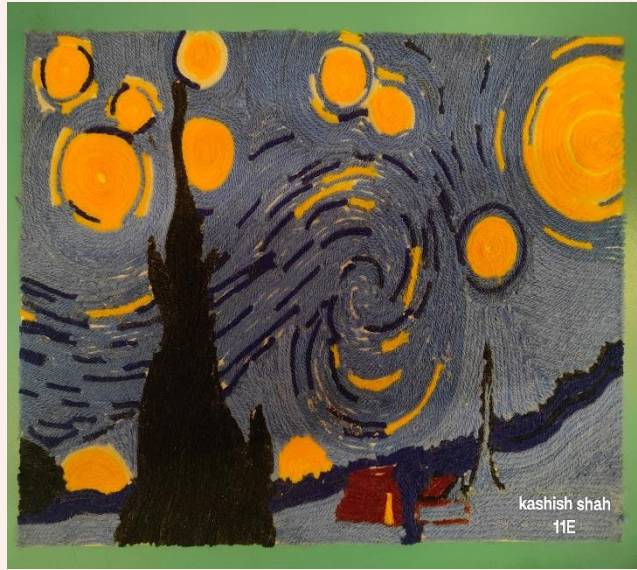
Lathika.M.R
11 D



Shivani Govindhan
11 D



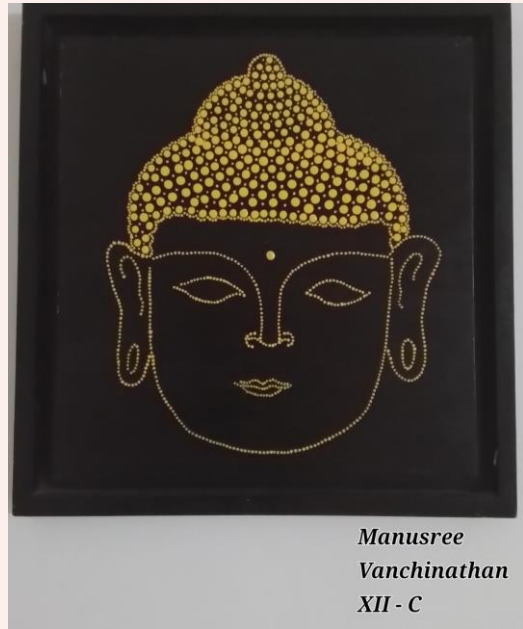
Lavanya KM
XI D



kashish shah
11E



Saanvi Argal
12 B



Manusree
Vanchinathan
XII - C



JANAKI RAGHURAMAN
- 12 E