

## D.A.V. GIRLS SENIOR SECONDARY SCHOOL,

**CHENNAI - 600086** 



MANJARI 2021

## The Ten Principles Of Arya Samaj

- 1. God is the primary cause of all true knowledge and of everything known by its means.
- God is all True, all knowledge, all Beatitude, Formless, Incorporeal, Beginningless,
  Incomparable, Support for all, The master for all, all Pervading, Omniscient, Omnipresent,
  Immanent, Unaging, Imperishable, Immortal, Fearless, Eternal, Holy, the cause of the
  Universe. To Him alone worship is due.
- 3. The Vedas are the scriptures of true knowledge. It is the paramount duty of every Arya to read them, teach them, recite them and hear them being read and preach them to others.
- 4. One should always be ready to accept truth and to give up untruth.
- 5. One should do everything according to dictates of Dharma i.e. after the reflection over right and wrong.
- 6. The primary object of the Samaj is to do good to the world by improving the physical, spiritual and social conditions of mankind.
- 7. Let Thy dealings with all be regulated by love and justice in accordance with the dictates of Dharma.
- 8. Ignorance ought to be dispelled and knowledge disseminated.
- 9. One should not be content with one's own welfare alone but should look for one's own welfare in the welfare of all.
- 10. In matters which affect the general social well-being of the Samaj, One ought to discard all differences and not allow one's individuality to interfere but in strictly personal matters everyone may act with freedom.

# Founder of Arya Samaj



MAHARISHI SWAMI DAYANAND SARASWATI





## From the Chief Editor's Desk...

"Our life is shaped by our mind, for we become what we think."

- Buddha

Dear Readers,

Happy to meet you all one more time through "Manjari".

Happiness is a state of mind. Empirical studies have shown that people, who find a higher purpose for the tasks they perform, enjoy it and take it to a level that makes them happy and contented; thus the task becomes less stressful and more rewarding. Moreover they are quite aware of their duties, pay more attention to detail and find novel ways to choose and complete tasks. In simpler version, I could say, people who find higher purposes in their lives are mindful of what they do!

This concept of mindfulness is often thought as a new age panacea, but it is indeed interesting to note that it has been an important part of Eastern thought process for years together.

Being mindful is nothing but to have a flexible state of mind. When we are mindful, we are sensitive to the concept and its perspective, the processing of information is not controlled within the boundaries of routine decision making, but in the perspective of the context. This practice of mindfulness enhances the connection between our body, mind and everything else that is around us. It is imperative to note that this concept requires us to overcome the desire to reduce uncertainty in daily life, to override a tendency to engage in automatic behaviour and to engage less frequently evaluation of self, others and situations.

How does the above strategy help us become better?

A student who studies to understand the concepts and revels and fascinates at every concept that she learns, enjoys learning. Her purpose of learning is to 'learn' and enjoy the moment. The stress of examination is not experienced by her. However, when an assessment is conducted, she is able to fair well because she has

the concepts in her and finds examinations also a way of learning

and enhancing her knowledge. She is open to novelty of experience, hence, questions of higher order fascinate her rather than bog her down.

Acceptance of uncertainty makes it clear that things change. This helps us overcome our desire to evaluate people and situations, which in turn make us more open to new experiences, learning and accepting of people and situations.

Automaticity of behaviour happens in the belief that quick and well-rehearsed behaviour is easy to engage with. However, if we are mindful we would be less distracted to stimuli that take away our concentration from the more important tasks. To put in simple terms, we would not rush to pick a phone ringing or look at the mobile for an alert that we received or get distracted by a song on the television, when we are busy preparing for our examinations. Thus, we attain self-regulated attention and we also appreciate our internal experiences.

Thus, it improves our cognitive functions and we become more emotionally aware. This over a period of time leads us to the self-actualization motive, where we are intrinsically motivated to perform in high-challenge, high skill situations that would provide us high-action opportunities and encourage growth.

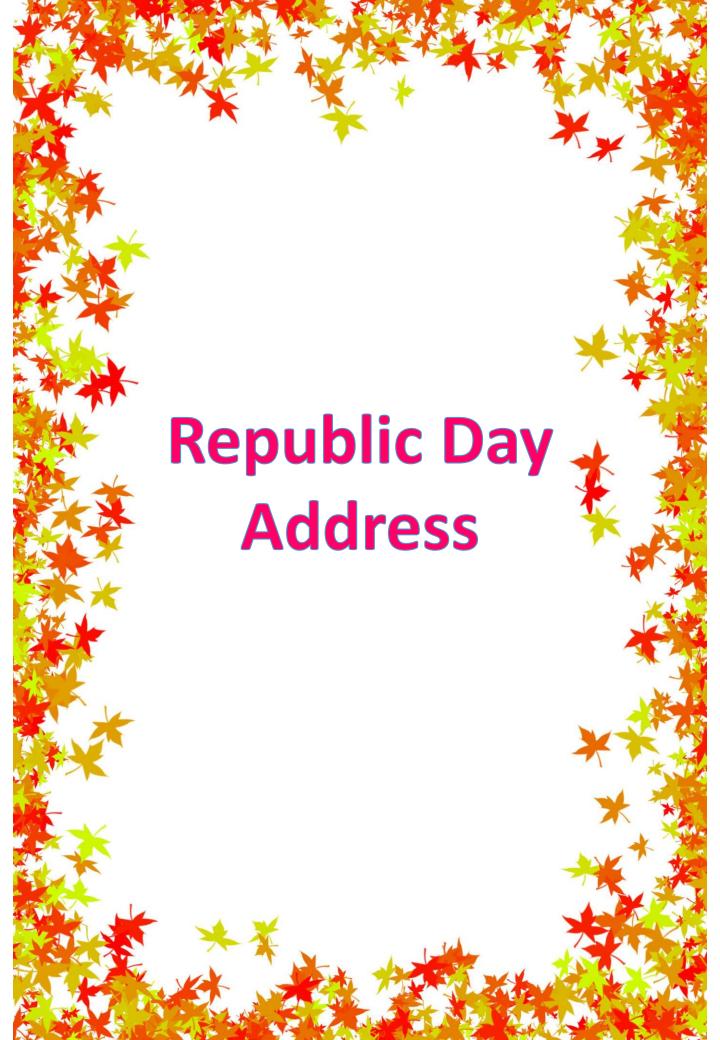
The best way to take care of the future is to take care of the present moment.

So it is in our hands or rather in our hearts to be "Mindful".

Happy reading and all the best in all your endeavors!

Dr. V. Padma

Principal



## REPUBLIC DAY SPEECH

## 26th January 2021

Respected members of the Management, Principals of all the DAV Group of schools, teachers, parents and my dear very warm Namaste to one and Firstly, on behalf of the Management of the DAV Group of Schools, I would like to extend my warm greetings to all of you on the occasion of our 72nd Republic Day - celebrated in honour of the day on which the Constitution of India, the law of the land, came into effect. supreme It is from this very Constitution that we, the citizens of this great nation, derive our Fundamental Rights, as well as our Fundamental Duties. It is this Indian Constitution which has bestowed upon us the gift of being a Sovereign Democratic Republic, while also placing on us the responsibility to always uphold and adhere to the central tenets of our democracy, namely justice, liberty, equality and fraternity.

At this juncture we should constantly remind ourselves that it is due to endless struggles of the freedom fighters and martyrs who have laid down their lives that today we enjoy the freedom and to live our lives.

The Covid-19 crisis which plunged us into an abyss of uncertainty and chaos; due to stringent lockdowns, sealed borders, masks and social distancing norms becoming mandatory, people losing jobs and getting pushed into poverty, the economy shrinking, many unfortunate deaths, and fear and foreboding rife in the air. Our citizens exemplified the spirit of our Republic in the manner in which people from across social ranks and communities came together to tackle the Covid crisis.

In an exemplary display of selflessness and grit our Covid-warriors- doctors, nurses, healthcare workers, sanitation workers and other frontline workers, including the police and armed forces have beautifully risen to the occasion by tirelessly working day-in and day-out to treat, aid, help and support the citizens. As we all know, it is only because of the constant efforts of our brilliant scientists that we now have vaccines against the virus, and although we still have a long way to go, we can finally see the light at the end of the tunnel.

At this point, I believe that it is also absolutely imperative for me to also acknowledge the resilience that you - our students, teachers, the entire staff, and parents - have shown in adapting so quickly to online classes, despite the various hardships that came with it. On behalf of the Management, would like to thank each one of you for cooperating with us and enabling this seamless transition from physical to virtual education. It has been a process of unlearn, learn and relearn to equip and adapt to technology... the need of the hour!

Throughout these difficult months, we have also seen multiple instances of ordinary citizens coming out and helping people in need, as well as displaying some extraordinary qualities and abilities such as compassion, fortitude, flexibility, adaptability, selflessness, leadership, initiative, altruism, following of rules, gratitude, responsibility, and empathy, all of which are qualities essential for all citizens to possess, because great qualities make great citizens, and great citizens make a great nation.

Therefore, this Republic Day, my wish for my country and for you all - the future of our nation - is that although the restrictions have started being eased out, and life seems to be returning to some semblance of normalcy, I hope that each one of you will take these learnings and qualities, understand their importance, hone them, develop them, and put them into practice as you progress through your lives, in order to live up to the dignity of being proud citizens of this great Republic because ultimately it is we the citizens who form the very fabric of a nation, and are its pillars of strength.

My message to you all is, DO NOT REST ON YOUR LAURELS. BE PASSIONATE IN ALL THAT YOU DO AND REACH OUT TO HELP ONE IN NEED. A SMALL GESTURE FROM EACH ONE CAN CHANGE AND HAVE FAR REACHING BENEFITS and be the change that you want to see.

Thank you

JAI HIND

**SMT.PARMILA GAUHAR** 

**Senior Management Member** 



## **INDEPENDENCE DAY SPEECH AUGUST 15, 2021**

Respected Members of the Management, Principals, Teachers, Supporting staff, Parents and my dear students. Namaste.

Today, on our 75<sup>th</sup> Independence Day, we respectfully recognize the great contribution made by our freedom fighters and numerous defence personnel who have laid down their lives during multiple terror attacks and the full-fledged wars that India has fought post 1947. However, remember, we can pay our true tribute to them only by understanding our role as citizens in securing the future of our country.

We should definitely strive towards ensuring our welfare as an individual and as a family – however, the beautiful picture of our individual lives should be painted on the canvas of this great country, this great culture, this great civilization. We may belong to different states of the country, speak different languages, follow different religions, have different professions, belong to so-called different castes – but what should unquestionably unite us is one country, one nation, one India.

We should have unconditional love for our country — very similar to the way a child unconditionally loves his or her parents irrespective of their economic, social or educational background. जननी जन्मभूमिश्च स्वर्गादपि गरीयसी — Mother and motherland are superior to heaven.

We take a lot from the country – food that at we eat, water that we drink, air that we breathe, education opportunities that we gain, spirituality, culture and heritage that we imbibe. We take all this, so that after a certain phase in life, we can give back to the country – help it surge forward on multiple dimensions before passing on the baton to the future generations. It is like a relay race on the athletic field. This process goes on eternally and countries that inspire citizens to consistently adopt this approach remain strong and resilient.

My dear children, History is in a way the ultimate judge in this world. What happens during the elections or the judgements by Supreme court, High courts etc. is transient and does not matter beyond a point. History is final. And this History has always favoured the strong. It has unfortunately not been kind to the weak, even though the weak may have been dharmic. For instance, even today, there is a prominent

road in Delhi, the national capital of India, named after the Mughal emperor, Babar, a ruthless conqueror – but there is no road named after Rajput Rana Sanga who ferociously fought Babar, but was defeated.

We as a society have largely been dharmic, peace loving - have never attacked any other country, did not destroy anyone's religious books, did not burn down libraries. We were just and kind. We were rich and prosperous which indeed attracted the Mughals and Britishers to loot us. Remember, no dacoit tries to loot the poor. But unfortunately, we were not strong. And when I mean strong, I mean the internal strength that emerges from a sense of unity. If we compare the strength on various other parameters – wealth, population, natural resources etc, we were many times stronger than any of the adversaries who attacked us. But as I mentioned, we were not united.

It is deeply painful to note that we Indians have repeatedly defeated ourselves. It is not the foreigners – the Mughals or the British – they could have been easily handled by us. A tiny number of British officials and troops (about 20,000 in all) ruled over 30 crore Indians. There was no war in India that the British

fought that did not have native Indians in its army – we fought against our own fellow Indians to help Britishers rule over us.

We need to be forward looking – there is no point feeling bitter about what happened in the past. However, there are two aspects we need to derive from history – (i) Learning from our mistakes; (ii) Drawing inspiration from the previous generations.

Unfortunately, even today, our fault line — lack of internal unity, is very fragile. There are numerous instances wherein it is our fellow Indians who for their immediate selfish benefits, put the future of our country at risk. The danger going forward continues to remain not as much from the external world but from many of our own internal people — the Breaking India forces.

Let us take few examples – All international airports in the world including those in India, have a Customs department – not one person can enter the country without a valid passport and visa. However, India over the last few decades has seen crores of illegal Bangladeshis just cross over the

Indian border conniving with traitors who for money, provide them all fake legal documentation like Aadhaar etc enabling them to permanently settle down and then be part of the vote bank politics.

Punjab, once a jewel of India, has today turned into the Drug capital, infested with illegal drugs smuggled across the border, making its youth unproductive addicts — once again this cannot happen without traitors! Sadly, it is not very uncommon in this country to see a few people bursting crackers when India loses a cricket match to its arch rival, Pakistan. Many key manufacturing and infrastructure projects are stalled by vested interests on flimsy grounds.

As future torchbearers of this great country we need to have the confidence and resolve to make a difference and positively contribute towards the development of the nation. Also, we should have the courage and conviction to identify and call out the breaking India forces, who indeed constitute a very small percentage of our overall population. But sadly, the majority simply choose to remain quiet focussed only on their individual lives, thus giving the impression that they agree with these breaking India forces.

We need to be intellectual kshatriyas. And, it is this confidence and resolve for a higher purpose that transcends our individual self-interest, giving life its unique sense of fulfilment.

In this context, I am reminded of a famous quote by the Irish author, George Bernard Shaw, a great admirer of Indian way of life –

"This is the true joy in life, being used for a purpose recognized by yourself as a mighty one. Being a force of nature instead of a feverish, selfish little clod of ailments and grievances, complaining that the world will not devote itself to making you happy. I am of the opinion that my life belongs to the whole community and as long as I live, it is my privilege to do for it what I can. I want to be thoroughly used up when I die, for the harder I work, the more I live. I rejoice in life for its own sake. Life is no brief candle to me. It is a sort of splendid torch which I have got hold of for the moment and I want to make it burn as brightly as possible before handing it on to future generations."

A country where a substantial percentage of its citizens have this fundamental framework, is able to then nurture what we call the 'Will of the nation'. And it is this 'Will of the nation' that builds our collective confidence. Every time we venture out into space, develop cutting edge technology, adopt a robust foreign policy approach, foster dharmic entrepreneurship creating jobs, promote fellow Indian entrepreneurs by buying their products, develop an innovative software, build a strategic infrastructure asset, win an Olympic medal, or be a service-oriented teacher, doctor, lawyer etc., we make a small deposit in this large perennial Yaina that sustains the 'Will of the Nation'.

Ask not what your country can do for you – ask what you can do for your country.

Jai Hind.

SHRI. VIKAS ARYA

**SECRETARY** 



#### **ANNUAL REPORT 2020-21**

#### Mamaste!

Education breeds confidence, confidence breeds hope, hope breeds peace.

The process of learning is a treasure trove replenished with an array of thought provoking precepts that augment to create a holistic experience. The hallmark of schooling in DAV is to impart values for life that builds in synergic qualities to face challenges and knowledge to outshine in any field of study. With great pleasure, I present the Annual Report that records the important activities of the school for the academic year 2020-21. The year commenced with an exceptional and historical re-opening of the school in online mode due to COVID -19 pandemic on 08.06.2020 for classes I to XII with a strength of 2397 students and 119 staff.

#### **ACADEMIC ACHIEVEMENTS**

The diligent hard work of the students and the selfless commitment of the teachers has brought in laurels in academic accomplishments. The academic year 2020-21, was exceptional, we saw more number of students at the zenith of academic performance in Class XII and Class X CBSE Board Examination.

#### **CLASS XII SCIENCE GROUP**

The school topper M. Rithika Sowmi made the school proud by scoring a 661/720 in NEET and a 494/500 in the AISSCE Examination. She scored a centum in Biology and is a subject topper both in Physics and Chemistry.

Four students, V.T.Madhumitha, (subject topper in Physics and Chemistry), Nandita Gupta (subject topper in Computer Science), R. P.Harshini and R.Sanjana scored a total of 491/500 and were placed second among the toppers. S.Padmapriya (subject topper in Physics and Chemistry) stood third with total of 490/500. S.Bhavana scored a centum in Biology.

The average of Science Group was 93.2%.

Total Number Appeared : 118

No. of students above 95% : 49

No. of students between 90%-94% : 54

No. of students between 75% - 89% : 15

#### **SUBJECT AVERAGES**

English : 96.4%

Mathematics : 89.5%

Physics : 93.3%

Chemistry : 93.9%

Biology : 91.7%

Computer Science: 94.1%

#### PLACEMENT DETAILS

Medicine -16

IIT - 1

IISER-1

Engineering- 44

Architecture – 4

Law-1

Other Degree Courses - 51

## **COMMERCE STREAM**

In the commerce stream, Aparna Sivaraman took the pride of being placed the school topper with a score of 495/500. She holds the credit of securing a centum in Mathematics and of being a subject topper in English, Business Studies and Economics. Lakschita Ganeriwal (subject topper in English, Accountancy and Economics), and S.Shree Sahanaa (Subject Topper in Economics and Marketing) were placed second with a score of 491/500. The duo N. Sahana (subject topper in Economics) and P.U.Sushmitha stood third with a score of 487/500.

The average of Commerce group was 92.9%.

Total Number Appeared : 47

No. of students above 95% : 19

No. of students between 90%-94%: 18

No. of students between 75% - 89%: 10

#### **SUBJECT AVERAGES**

### **PLACEMENT DETAILS**

English : 96.4% CA- 10

Mathematics : 91.6% Law – 2

Business Studies: 94.4% B.Com – 25

Accountancy: 86.7% Other Degrees - 10

Economics : 92.9%

Marketing: 96.8%

#### **CLASS X TOPPERS**

Class X students of 2020-21 have set an impressive record of top scores. Three students Labdhi Anand, Chinmayee.G, and N.Srividhya Alagamai, made the school proud with an all-time highest score of 499/500.Labdhi Anand and N. Srividhya Alagamai scored a centum in English, Mathematics, Science and Social Science and also the highest in Hindi and Tamil respectively. Chinmayee. G secured a centum in Sanskrit, Mathematics, Science and Social Science.

The second position was jointly secured by R.J. Lekha Shruthy and S. Varshini with a total of 498/500 and both have secured a centum in Mathematics, Science and Social Science and the highest score in Tamil. Five students, S. Amirtha Latshmi, S. Mokitha, K. Keerthi Vashini, A. Shreya and G.S. Avane with a total of 497/500 stood third. They scored a centum in Mathematics, Science, Social Science, English and Sanskrit and the highest mark in Tamil.

The other centum holders were Juhi D Mirpuri and V. Nivetha in English, Niranjana Natesan, M. Vidhyalakshmi, S.V Prerna, R. Srilakshya and Akila Hariharan in Sanskrit, L.N.Mayura, Niranjana Natesan, M. Vidhyalakshmi and R.S. Vedajanani in Mathematics, Juhi D. Mirpuri, Svara Sumesh, L.N. Mayura, Niranjana Natesan, G.Rakshitha, Smitha S Krishna and S.V. Aparnalakshmi in Science. Svara Sumesh, G.Rakshita, M. Vidhyalakshmi, S. Ezhilarasi and S. Harshithaa in Social Science.

No. of Students Appeared : 200

No. of Students above 95%: 77

No. of Students between 94%-90%:45

No. of Students between 89% - 75%: 64

No. of Students between 60%-74%:12

No. of Students below 60%: 2

#### SUBJECT AVERAGES

English : 92.3%

Tamil : 88.8%

Hindi : 93.0%

Sanskrit: 93.5%

Maths-Basic : 73.0%

Standard: 90.5%

Science: 88.6%

Social Science: 87.17%

#### **ACHIEVEMENTS**

In life, the adventure is to learn, the purpose is to grow, the nature is to change and the challenge is to overcome the obstacles. The pandemic or virtual schooling did not stop our students from using every opportunity that life gave them. The children turned every possible opportunity into a stepping stone towards their success.

## **CO- CURRICULAR ACHIEVEMENTS**

Change is our chance to experience the new, to identify additional options and generate different opportunities. The pandemic taught the students to change every negative experience to an opportunity for transformation. Students utilized every available opportunity and participated in a number of virtual competitions.

Students of classes IV to IX participated actively in the Green Olympiad conducted by The Energy and Resources Institute [TERI] and 17 students among them won the Certificate of Merit and 37 won the competition with Distinction.

**TRASH IT RIGHT**, organized by Namma Ooru Foundation, was a 21 day challenge to get into the habit of trashing in an ecofriendly way. Sixteen of our students were recognized as Green Champions.

In the 5<sup>th</sup>Jaidev Memorial Vedic Mantra Chanting Competition 4 of our students bagged the top three positions.

In the Interschool competitions conducted by Bhavan's Rajaji Vidyashram, Rajasthan Patrika Anuvat Organisation, PSG Tech Alumni Association, Egmore Sanskrit School, Chinmaya Mission, Kauvery Hospital and Tamil Nadu and Puducherry Naval Office, our students participated in good numbers and won accolades for the school. The details of all the prize winners have been published in the annual newsletter Sancharika.

#### INDIVIDUAL ACHIEVERS

Neha Rajalakshmi Veerababu of class VIII participated in a number of competitions and won numerous prizes.

In the SOF Olympiad, she won the bronze medal in Mathematics, Gold Medal of Excellence in Science. She was placed third in the State Level competition conducted by Vidyarthi Vigyan Manthan, Vigyan Bharthi, NCERT and was selected to participate in the State Level camp. In the international Online Competition in Mathematics conducted by BRICSMATH.COM she emerged a winner.

N. Advika of class VIII was selected to participate in the State Level Camp organized by Vidyarthi Vigyan Manthan, Vigyan Bharthi, and NCERT.

Khushi Dhandhania and Thejashree. D of class III, V. Manaswini of class V qualified for the National Level competition organized by Vikram Sarabhai Science Foundation.

In the SOF International Olympiad, C.Shaaswathi of class VIII won the Medal of Distinction in General Knowledge and Gold medal Of Excellence in English, Kanishka H. B of class I and Shivani Shyam Narayan of class VIII won the Gold Medal of Excellence in SOF International Mathematics Olympiad, H. B Kanishka was also placed school First Rank in the English Olympiad. In the SOF International Science Olympiad K. Sreemayi of class VII won the Gold Medal of Excellence and Nandita Kesavan of class IX won the Medal of Distinction. M. Vasumathi and Tashi Mutta of class V were placed School First Rank in the SOF International Olympiad in English and Science respectively. Kyuba Karkera of class X and Vaishnavi Varadarajan of class VII won the Medal of Distinction.

#### INDIVIDUAL ACHEIVERS IN SPORTS

T.M Karnikaa of class VI won the First place in Under-11 Girls category in the State Level Virtual Basket Ball Skills Challenge Competition conducted by DAV Group of Schools, Chennai.

S.Adhira of class V won the Second place in the Tennis Ball Scries Pendulum Dribble Skill Challenge for Under 10 Girls category in the 1<sup>st</sup> State Level Virtual Basket Ball Skills Tournament conducted by The Vikasa School, Thoothukudi. In the same tournament she won the first place in "In/Out & Behind the back dribble (combo) Skill" Challenge for Under 10 Girls category too.

#### ANNUAL ACTIVITIES OF THE SCHOOL

#### INTERNATIONAL YOGA DAY

The 6th International Yoga Day was celebrated on 22<sup>nd</sup> June, 2020 with a forty minute recorded capsule which was shared with the students showcasing various asanas and that explained the importance of making yoga a way of life.

#### **CREA-SHAKTI**

Theatre classes were introduced to the students of classes III to VIII to motivate them for better expression, critical thinking and to tap their creativity and confidence in best way possible.

#### **VIRTUAL PARENT -TEACHER MEETING**

July 2020 saw the introduction of virtual Parent-Teacher meetings for classes I-XII with the intention of encouraging the parents to open up about issues they were facing and to come up with suggestions for the better conduct of online classes.

#### **NIOS**

DAV launched an accredited NIOS branch at Gopalapuram on 25th July, 2020 which provided opportunities for students of classes IX to XII to pursue their academics simultaneously with non-scholastic activities.

#### KARGIL VIJAY DIWAS

Kargil Vijay Diwas was observed on 26th July. The significance of the day and the supreme sacrifice of the soldiers were highlighted across the classes by the teachers.

#### INDEPENDENCE DAY CELEBRATION

The 74th Independence Day was celebrated virtually on 15th August, 2020. It was a unique and rewarding experience for everyone. Students and teachers made a commendable effort to make it a remarkable event.

#### **CBSE EXPRESSION SERIES**

In order to provide a platform to students to creatively express their ideas on a variety of themes, CBSE announced a three- part Expression Series for the session 2020-21. Students of classes III-XII participated enthusiastically and one best entry from each level – Primary, Middle, Secondary and Senior Secondary was shortlisted and submitted to CBSE.

#### FIT INDIA FREEDOM RUN

In order to encourage fitness among students, CBSE in association with Fit India conducted Fit India Freedom Run from 15th August to 2nd October 2020. The NCC Cadets of our school participated in the run.

#### TEACHER'S DAY CELEBRATION

Teacher's Day was celebrated virtually on 5th September, 2020. The students of classes X, XI and XII presented a cultural programme as a mark of respect to the teachers.

#### READING WEEK CELEBRATION

On the occasion of International Literacy Day, CBSE announced the celebration of reading week from 8th to 14th September, 2020. Students were encouraged to share stories, speak about their favourite characters and authors in order to promote the reading habit among them.

#### HINDI DIVAS CELEBRATION

Hindi Divas was celebrated virtually on 14th and 15th September, 2020. Various competitions like Hindi Quiz, Slogan contests, Short Story Writing were held and e-certificates were awarded.

#### **GANDHI JAYANTHI**

Gandhi Jayanthi and the birthday of Lal Bahadur Shastri, the second Prime Minister of our country was celebrated to help students understand the values of ahimsa and righteous living.

#### NATIONAL UNITY DAY

The birth anniversary of Sardar Vallabhai Patel – the Iron Man of India- was observed virtually in a befitting manner on 31st October 2020. The spirit of unity, integrity and security of the nation was reinforced with activities.

## JAN AANDOLAN- COVID 19 APPROPRIATE PLEDGE

Jan Aandolan Covid 19 Appropriate Pledge was taken on 9th October,2020. The pledge was taken by the teachers to reiterate that each of us would safeguard ourselves and others around us and to remind us about the safety protocols to be followed during pandemic times. Teachers received a certificate for the same.

#### **GADGET – FREE HOUR**

On the occasion of World Children's Day on 20th November, #Gadget-Free Hour 2020 was observed to encourage family members to spend time with one another without the distraction of gadgets.

#### BHARATHIYAR'S BIRTHDAY CELEBRATION

The great Tamil poet, Subramania Bharati's birthday was celebrated virtually on 11th December 2020. Students presented a speech and rendered a few of his famous and noteworthy compositions.

#### PRASHASTI MEDICAL GUIDANCE INITIATIVE

Prashasti- a volunteer driven social initiative by the Arya Samaj Charitable Foundation organized Blood Donation Camps at the various branches of D.A.V group of schools in the city on all Sundays between 11<sup>th</sup>and 21<sup>st</sup> December 2020. The camp was held at our school premises on 13th December 2020. A number of parents and staff members volunteered enthusiastically.

#### PRAJYA – E-NEWS LETTER

A unique initiative by D.A.V. Prajya, a monthly e-newsletter curated by teachers to bring to children relevant news from across the world was introduced. The first copy was released to the students of classes IV- XII on 18th December 2020.

#### HAVAN – LIVE STREAMING

Live streaming of Havan was done through Zoom link on 22nd January 2021. Thereafter the Havan was live streamed on Zoom every Friday at 8.30 a.m. for all classes.

#### REPUBLIC DAY CELEBRATION

The 72nd Republic Day was celebrated on 26th January, 2021. The National flag was unfurled by Mrs. Poonam Anand, Treasurer Tamilnadu Arya Samaj Educational Society. A variety of programmes like Hindi talk show, English skit by the students of the Primary, an interview of Colonel K V Madhusoodan by our NCC cadets and a dance for yoga anthem marked the day's virtual celebration.

#### **INDIA TOY FAIR**

A virtual toy fair organized by the Government of India, was inaugurated by the Hon'ble Prime Minister, Sri Narendra Modi on 27th February 2020. A variety of toys - educational, scientific and story based were showcased at the event. It represented the skilled craftsmanship from all over the country and our students and teachers enthusiastically participated in it and made use of the wonderful opportunity to understand and appreciate the variety of artefacts we produce as a nation.

#### SKILL BASED COURSES

Introduction to skill based Financial Literacy courses for students of classes VI to VIII was offered this academic year with evaluation based on practical knowledge.

#### SUSHRUSHA – SERVE WITH HUMILITY

Sushrusha 2.0 in association with iVolunteer, was launched for the students of classes VI – VIII. It was a wonderful opportunity for students to virtually perform activities like narrating a story, preparing worksheets that would cater to a wide spectrum of society who could benefit from it. It was an activity oriented service.

#### VEDIC SANSKRITI SCHOOL

The Vedic Sanskriti School was created as a global movement to help both elders and children understand Vedic Dharma in a meaningful way. DAV Chennai has begun offering VSS courses through a unique online 'Open Schooling' concept. This would enable both young and old to study various courses at their own pace.

#### GAANA VIDYAPEETH

An initiative to propagate Indian music amongst children across all ages was launched by the DAV Group. Keyboard and vocal music classes were conducted in a formal and structured manner.

#### **DAV KRIDA KENDRAM**

The DAV Group of Schools, Chennai launched DAV Krida Kendram, a sports academy initiated with the aim of building skills in various games and developing wellness among students.

#### **REAP BENEFIT**

Reap Benefit aims at developing critical thinking and community collaboration skills among the students. Thematic sessions based on topics like Waste Management, Public Problem Solving, Civic Leadership Incubation Programme etc. helped students evolve into analytical and interpretative thinkers.

#### WORKSHOPS

Professional development and training is a necessity always and more so in changing times like this. Our teachers attended numerous workshops conducted by D. A. V Guru Shikshanam, CBSE and private organisations in order to up skill themselves to meet the needs of the unique academic year.

#### **GUIDES REPORT**

In addition to the Priyadarshini Guide Company, the Velu Nachiyar Guide Company a new unit in Guiding was launched last year to provide more opportunities to the students. Nineteen Guides and two Unit Leaders participated in the All Faith Prayer conducted by, The Bharat Scouts and Guides (Central Chennai District). Nine Guides participated in the Thinking Day Drawing and Colouring Competition. A. Nethra of class VII-E won the third prize in the competition. Fifteen Guides participated in the World Thinking Day Celebration by renewing the Guide Promise.

The Unit Leaders participated in various meetings and celebrations like Safety Measures during the Pandemic, World SCARF Day Celebration, Independence Day Celebration, Gandhi Jayanthi and Webinar Jota- Joti.

#### **NCC NAVY WING**

A formal inauguration of the NCC Naval Unit was held on 29th January, 2021. The programme was streamed live on Zoom. The Chief Guest for the occassion was Commodore J. Suresh, Commandant Embarkation HQ Chennai. The programme was presided over by Mr. Ramanavelavan, Chief NCC Officer. Mr. Vaisakh, Petty Officer from the NCC Unit and Smt.

V.Padma, Principal D.A.V Girls Senior Secondary School

#### **NCC ARMY WING**

The NCC Cadets were enthusiastically involved in various events throughout the year. The cadets actively participated in International Yoga Day, Tree Plantation Pakhwada, Logo Competition for Gallantry Awards Portal and also took part in the Rowing Training Session. The cadets of the 2019- 21 batch cleared the NCC 'A' Certificate Examination and were awarded ranks based on their meritorious service. Four cadets were selected to represent 1(TN) Girls BN Madras 'A' as RDC probables. Mrs. Dhanalakshmi. D was Direct Commissioned as the Associate NCC Officer of our school.

#### **GUEST LECTURES**

To extend learning beyond the classroom teaching, eminent speakers were invited to conduct guest lectures. Experts from various fields addressed the students of classes VIII TO XII on topics like, 'How to Get Motivated and Stay Inspired' and 'Stress Management and Decision Making in Choice of Career'.

#### **CAREER COUNSELLING**

D A V group of Schools firmly believes in up skilling and equipping the students to make the right choice in shaping their career. In line with this, the school organised various counselling sessions by career counselling experts. In the wake of the Covid-19 pandemic, the school functioned online during this academic year and so were the counselling sessions for the students.

1. Dr.Sujatha Mandal, Principal Scientist and Associate Professor, CSIR-CLRI, Chennai addressed the students of Class X and emphasised the importance of good health, staying motivated and stepping off their comfort zone to pursue their goal.

- 2..Dr.Ramya Sampath, MBBS, MD, DNB, Consultant Psychiatrist, The Capstone Clinic, Chennai counselled the students of Class XI on stress management techniques and decision making on choosing the right career.
- 3. Ms.Neharika Rajagopalan and Ms.Krithika Rajagopalan from the University of Warwick, London (Alumni of our school) advised the students of Class X, XI and XII on the factors to be considered in choosing career options and enlightened them on the diverse possibilities available in the science and the commerce streams.
- 4. Mr. Ganesh Vaideeswaran, Chartered Accountant, Founder Director of Grey Matter Academics, counselled the students of Class X on the various career opportunities in the commerce stream in various fields like Finance, Industry, Banking, Management etc. He also guided them on how to choose a career based on their interests.
- 5. Mr.Jia Hong Oon, Admissions Recruitment Officer at National University of Singapore, addressed the students of Class XII and gave them detailed information on admission, fee structure, financial aids, courses, campus, global mentorship programme etc. in N U S.
- 6.Ms.Nainy Katyal, Assistant Manager at Plaksha University, addressed the students of Class XII and explained the admission procedure, UG programmes, tech lead fellowship, interdisciplinary programmes and partnership with top global companies etc.

- 7. Mr.Rajagopal C.V, Head Student Affairs at Azim Premji University, enlightened the students of Class XII about the admission procedure, options in higher education, UG and PG programmes, dual degree courses, curriculum, credits and specialisations, career options in education field, scholarships, entrance exams, etc.
- 8. Ms.Meenakshi Asokan, (alumni of our school) currently a 6th year research scholar in Neuroscience at Harvard University, shared with the students of classes XI and XII, her success journey and motivated the young audience to do a soul search to identify their interests and encouraged them to multitask in a positive way to scale new heights.

#### CONCLUSION

### AN INVESTMENT IN KNOWLEDGE PAYS THE BEST INTEREST

The main purpose of education is integral development of a person. We at D.A.V, aim to provide education that can determine the quality of an individual's life and contribute to the betterment of society as a whole. The year 2020 -21 was indeed a challenging one, yet it taught us to bend along the learning curve and emerge successful. This was possible with only with the guidance and support of the Management, cooperation of the Headmistress, teamwork of teaching and non-teaching staff and students. May the Almighty continue to shower his choicest blessings on all of us in the days to come.

Thank you.

Dr. V. Padma

Principal



## ACHIEVERS OF CLASS XII SCIENCE STREAM



R.RITHIKA SOWMI
SCHOOL FIRST 494 / 500
CENTUM IN BIOLOGY
HIGHEST IN PHYSICS & CHEMISTRY

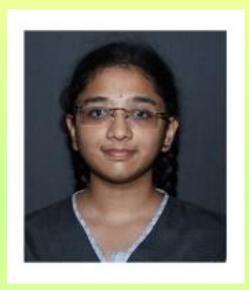
#### SCHOOL SECOND 491/500



V.T.MADHUMITHA **CHEMISTRY** 



**NANDITA GUPTA** HIGHEST IN PHYSICS & HIGHEST IN COMPUTER **SCIENCE** 



**R.P.HARSHINI** 



**R.SANJANA** 

#### SCHOOL THIRD 490/500



S.PADMAPRIYA
HIGHEST IN PHYSICS & CHEMISTRY

#### CENTUM HOLDER & SUBJECT TOPPER



S.BHAVANA
CENTUM IN BIOLOGY
HIGHEST IN ENGLISH

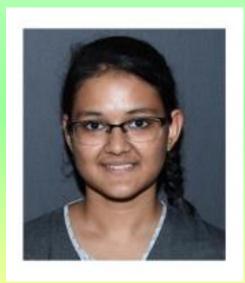
## ACHIEVERS OF CLASS XII COMMERCE STREAM

SCHOOL FIRST 495 / 500

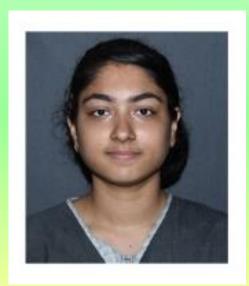


APARNA SIVARAMAN
CENTUM IN MATHEMATICS
HIGHEST IN ENGLISH, BUSINESS STUDIES
& ECONOMICS

#### SCHOOL SECOND 491/500



LAKSCHITA GANERIWAL **ACCOUNTANCY & ECONOMICS** 



**S.SHREE SAHANAA** HIGHEST IN ENGLISH, HIGHEST IN ECONOMICS & MARKETING

SCHOOL THIRD 487/500



**N.SAHANA HIGHEST IN ECONOMICS** 



**P.U.SUSHMITHA** 

#### HIGHEST IN ENGLISH



JANAVI RAMKUMAR



**J.ASHRITHA** 



MANJUSHREE M R.SUDHIRA





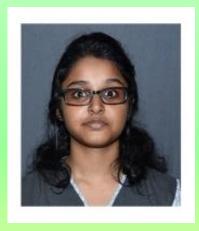
**SIYONA CHAUHAN** 





SANDHYA SHANKAR P. ANSHUL BHANDAR

#### HIGHEST IN CHEMISTRY



V.T. VAISHNAVI GIRIRAJAN



**D.G.NITYASHREE** 



**J.SUWETHA** 



**P.TINKESWARI** 



## CLASS X SCHOOL FIRST 499/500



LABDHI ANAND
CENTUM IN ENGLISH, MATHEMATICS, SCIENCE &
SOCIAL SCIENCE
HIGHEST IN HINDI



CHINMAYEE G
CENTUM IN
SANSKRIT, MATHEMATICS, SCIENCE
& SOCIAL SCIENCE



N.SRIVIDYA ALAGAMMAI
CENTUM IN ENGLISH, MATHEMATICS, SCIENCE
& SOCIAL SCIENCE
HIGHEST IN TAMIL

## CLASS X SCHOOL SECOND 498/500



S.VARSHINI
CENTUM IN MATHEMATICS, SCIENCE & SOCIAL SCIENCE
HIGHEST IN TAMIL



LEKHA SHRUTHY

CENTUM IN

MATHEMATICS, SCIENCE & SOCIAL

SCIENCE

HIGHEST IN TAMIL

#### CLASS X

#### SCHOOL THIRD 497/500



S.AMIRTHA LATSHMI CENTUM IN ENGLISH, CENTUM IN ENGLISH, **MATHEMATICS HIGHEST IN TAMIL** 



S.MOKITHA MATHEMATICS & SCIENCE **HIGHEST IN TAMIL** 



**A.SHREYA** CENTUM IN MATHEMATICS & CENTUM IN MATHEMATICS & **SOCIAL SCIENCE** 



**K.KEETHIVASHINI SCIENCE HIGHEST IN TAMIL** 



**G.S.AVANE CENTUM IN SANSKRIT, MATHEMATICS & SCIENCE** 

#### CENTUM HOLDERS & SUBJECT TOPPERS

#### JUHI MIRPURI SVARA SUMESH L.N.MAYURA



CENTUM IN
ENGLISH ,SCIENCE
HIGHEST IN HINDI



& SOCIAL SCIENCE



CENTUM IN MATHEMATICS & SCIENCE

#### **NIRANJANA NATESAN**



CENTUM IN SANSKRIT, MATHEMATICS & SCIENCE

#### **G.RAKSHITHA**



**CENTUM IN SCIENCE**& SOCIAL SCIENCE

#### CENTUM HOLDERS & SUBJECT TOPPERS

#### M.VIDHYA LAKSHMI



CENTUM IN
MATHEMATICS ,SOCIAL
SCIENCE & SANSKRIT

#### **V.NIVETHA**



**CENTUM IN ENGLISH** 

#### **S.EZHILARASI**



SCIENCE
HIGHEST IN TAMIL

#### **R.S.VEDAJANANI**



CENTUM IN MATHEMATICS HIGHEST IN TAMIL

#### **CENTUM IN SANSKRIT**



**S.V.PRERNA** 



**R.SRILAKSHYA** 



**AKILA HARIHARAN** 

#### **CENTUM IN SCIENCE**





SMITHAA S KRISHNA S.V.APARNALAKSHMI

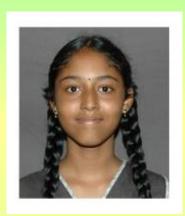
#### CENTUM IN MATHEMATICS



**V.SIVARANJANI** 



**N.KEERTHANA** 



S.DEEKSHA
CENTUM IN SOCIAL SCIENCE



**S.HARSHITHAA** 

#### SUBJECT TOPPER IN TAMIL



**U.KRITHIGA** 

#### SUBJECT TOPPERS IN HINDI



MEHAK GANERIWAL



**MOKSHA L JAIN** 



**ILINDRA SUVIDHA** 



P.POOJA

#### SUBJECT TOPPERS IN HINDI



DISHA MUKHOPADHYAY TANISHQA SHARMA





MANASVI ARVIND RISHIKA BENGANI



# Photo Gallery

#### **HIGH SCHOOL STAFF**



#### PRIMARY SCHOOL STAFF



#### XII A



#### XII B



#### XII C



#### XII D



#### XII E



ХА



#### ХВ



#### X C



#### X D



#### ΧE



#### **GUIDES**



#### **CHESS AND SKATING**



#### **BASKET BALL-SENIORS**



**BASKET BALL-JUNIORS** 



KHO - KHO



#### NCC - ARMY



#### NCC - NAVY



#### **THROW BALL**



#### **VOLLEY BALL**



#### **SILAMBAM**



OFFICE STAFF







## Creative Writing English





#### **NAIK DEEPAK SINGH**

I'm inspired by Naik Deepak Singh who is one of the Gallantry Award winners of Param Vir Chakra (PVC). The Param Vir Chakra is India's highest military decoration, awarded for displaying the distinguished acts of valour during wartime.

While he was deployed in Galwan valley (Eastern Ladakh) as a part of *Operation Snow Leopard*, his act of bravery was expressed by - facing the enemy, extra-ordinary courage and supreme sacrifice for which he was awarded Param Vir Chakra. I was touched by his life experience that he tried to protect the injured people of his team during the war without any hesitation to sacrifice his own life. He motivates me to be brave, courageous and selfless when it comes to saving people's lives whenever there is an opportunity to help. When I grow up, I wish to become a socially responsible and a great human being like Naik Deepak Singh.

Mitra Dinesh
III D

#### The Clever Sheep

Once up on a time, there lived a sheep. She gave birth to a unique lamb. It was as blue as sapphire. One day the lamb was grazing and suddenly a fox captured the baby sheep.

Meanwhile, at home, the mother sheep was wondering where her young one was. She went to the pasture in search of her baby. It was not there, then the fox who had captured the lamb, came that way. The mother sheep asked the fox, "Where has my baby gone?" The fox, in reply, laughed and said, "Ha, ha, ha! You have fallen into my trap."

The mother sheep was scared but she suddenly had an idea. She said, "Let me show you a place where you could find all the prey you can catch." Hearing this, the fox felt greedy and said, "Fine, show me." But the mother sheep said, "On one condition. If you give me back my baby, I will take you to that place." The fox agreed and returned the young one to its mother.

The sheep led the fox to a hunter's trap and quietly slipped away with her lamb. They ran for their lives. The fox was soon trapped and struggled to save itself. The hunter who had set the trap found the fox. He went back home, a happy man.

Moral: We should be careful with cunning people.

Mahathi Prabhu

IV E

### Think Green! Act Green! Be Green!

As Robert Swan said,

"The greatest threat to our planet is the belief that someone else will save it".

We need to change our lifestyle and make effective changes every day to protect the environment. It is the duty of each and every person to protect the environment. Everyone has an obligation to preserve and care for our environment.

Environmental awareness is the need of the hour. Without clean air or water future generations will be battling severe pollution. We will be leaving a polluted planet which paves way for dangerous diseases for our future generations. We need to understand the consequences and make changes every day to help build a cleaner environment.

The United Nations has designated June 5 to be celebrated as World Environment Day to highlight the significance of its protection.

Whether it's gas, food, clothing, cars, furniture, water, toys, electronics or other goods, we are all consumers. The key is not to stop consuming, but to start being mindful of our consumption habits and how each purchase or action affects the ecosystem

Plastic has become one of the environment's biggest adversaries. Plastic is choking our streets and rivers and affecting marine life. We can try few minor lifestyle changes like

Using plastic bags instead use only cloth bags.
Reduce clutter in our home and try not to bring any extra
item to our home

At our home, we also try to let our food waste rot so it become natural compost for our terrace garden. Any little food or vegetable peel I see I ensure it goes to the compost bin.

At our home we avoid disposable plastic cups, plates and bottles. Even though the plastic can be recycled still the plastic has to go somewhere and it still has an harsh impact on the environment.

We should always ensure electronic items like old broken keyboard, mouse and even batteries are disposed properly.

We should try to conserve water by not keeping the tap running for a long time. We should try to conserve water daily and also use rainwater for watering our garden.

Using less electricity is a win for our environment. We can try to use energy efficient bulbs at home. I try to switch off every light/fan immediately after use. I try to be the "Green person" of my home!

"A better environment, is a better tomorrow" so I feel even small lifestyle changes by all of us will create a safe and greener planet for all of us.

M. Vasumathi

VI 'A'

### **ANGER - A SECONDARY REACTION**

We all tend to get angry for different reasons, isn't it? Something we must always realise is that anger can never be a primary reaction.

Why? Let us take an example that a mother is crossing a very busy road along with her child. The child suddenly loses his mother's grip and away. Suddenly, there was a car coming with speed towards the child. Fortunately, the child was saved because the car put its brakes just in time. The mother, was angry now, and she scolded her child.

In this situation, there is nothing special to learn. But, if we look carefully, we can understand that the anger of the mother was only because of fear. She was scared if the car might hit the child. So, here the primary reaction was FEAR, not ANGER.

Let us take the example that our sibling scribbles on the drawing in which we put in a lot of effort. We feel terribly upset. So, the feeling shown here is that you are upset because of which you are angry.

### WHAT CAN YOU DO?

We would have often noticed that, when we get angry and shout at others, they seem to repeat the same mistake again and again. They don't understand the pain which we are undergoing. To overcome this, there is a simple method. When we get angry ask yourself, WHAT IS THE OTHER EMOTION/FEELING THAT IS MAKING US ANGRY?

If we take the example where the child carelessly walks on the road, the mother, instead of scolding the child she might have told him, "I WAS SO SCARED. I THOUGHT THE CAR MIGHT DASH YOU. THANK GOODNESS YOU WERE NOT HURT", the child might have realised his mistake.

If we tell our sibling, "YOU MADE ME FEEL SO UPSET. I SPENT MOST OF MY HOLIDAYS MAKING IT AND NOW IT IS SPOILT BECAUSE OF YOU", they might have realised the mistake and might not do it again.

TRY THIS EASY METHOD AND NOTICE THE CHANGE GRADUALLY.

Aditi Suraj VI 'A'

### **The Vacation**

"We're going to earth on a vacation!" squealed 12- year-old Neelu. Neelu hailed from Jupiter, where people lived on nutrition capsules. Her classmate Kia recently went on a sojourn to earth with her family and recounted the trip to her. She said the place was as pretty as a picture. After mentioning that one didn't need to wear an oxygen helmet, Neelu couldn't trust her ears. She remembered the petrifying stories her granny had narrated to her when she was young. She'd said that people had abandoned earth because the living conditions were extremely poor. There were crop blights, frequent disasters, and pollution levels were soaring. The accounts of her friend and her grandmother were strikingly different. She wanted to visit earth and see it for herself. After much persuasion, her family decided to go on a vacation there. She was over the moon and spent the next few days researching as much as she could about Earth. She saw some breath-taking pictures of sceneries and her excitement hit the roof.

The menage started the trip on 26th April, 3001. Their shuttle was stocked with oxygen cylinders, food sachets and various gizmos like camcorders. They also brought their pet robot-dog D123 along. While travelling, Neelu slipped into a daydream, thinking about the serene forests, hills enveloped with trees, roaring rivers, and crystal-blue beaches Kia had told her about. About two hours later, her castle in the air was disrupted by a female voice that said, "You'll reach you destination in T-Minus 2 minutes". Neelu looked out of the

window and saw a huge blue and green ball in the indigonal sky flecked with stars. It all looked just like she had imagined it would be! Jumping up in exhilaration, she bounced out of the shuttle, beaming. She looked around and gasped in surprise. "Look at this!" she squealed in amazement. The place was ravishing. Taking off her oxygen helmet, she smelt the fresh air. She could breathe with no difficulty at all. "Kia was right!" she thought to herself. She visited so many places like the beach, the waterfalls and the green meadows and had a grand time. Being amidst nature was glorious.

The fantastic time she had on the earth was inscribed in her head. Coming back with sublime memories, Neelu thought about the life she was leading back in tech-crazy Jupiter. Everything was so modern, and technology was the fashion. She longed to come back to earth and dreamed of the day this would come true.

This is a story of a young 12-year-old girl Neelu who goes on a vacation to earth. Generations ago, people deserted earth because the living conditions were poor. There was no water to drink, not enough food to eat and everything was barren. More than a century later, the earth replenished itself and was reborn. This happened due to the absence of human activity. This story tells us that we must save our Mother Earth before the eleventh hour arrives. It's our responsibility to take care of it and preserve its exquisiteness.

# Learning in the pandemic – A student's view

The COVID-19 pandemic has changed our lives completely. Education has changed drastically. Though learning online is a new experience, there are various problems.

Is online better than offline? Well, it depends. Each person has his/her own choice. I feel offline classes are better than online.

There are various problems while learning online. Some students are not able to afford a smartphone or laptop. The other problem is that students are not well equipped with a high internet connection that is required for online learning. Due to this, they face problems in attending day to day classes that require a stable network connection. Students are unable to approach their teachers to clarify their doubts. There is a possibility of finding difficulty in downloading some information related to the subject, blurred videos, etc.

With online learning, students have to manage everything in one room with parents around them. They get easily distracted even by small things at home, and hence, are not able to concentrate on what the teacher teaches. This affects their day-to-day studies. But when it comes to offline, there won't be any disturbances like these.

Furthermore, students who initially wanted to excel in sports, are now unable to practice and go further professionally into the sport. Because of this pandemic, they don't have grounds to play and they can't learn a sport online. If they go to school offline, students have the school ground and the PT teachers who can guide and encourage the students to pursue their dream. Online school focuses mainly on academics. Technology, though, is going to rule the world someday, as of now, offline classes are the best.

Abhinaya U V

VIII B

# IMPORTANCE OF EXPERIENTIAL LEARNING

'Experiential learning' is the process of learning through experience. A student learns quickly and retains more information when the subject matter pertains to them personally. Doing makes learning extremely easy and understandable. Experiential learning begins at a very early stage, it is only that most of us do not realise it. For example: A baby who is learning to walk, does not learn to walk by following rules. The baby learns by doing i.e., crawling, holding, standing, moving along the sides, and falling over. It is only after all this; the baby finally will be able to walk confidently. The process of experiential learning involves self-initiative, self-assessment as well as hands-on activity which benefits students.

Advantages of experiential learning are:

- 1.Creates real-world experience/relevance
- 2. Provides an opportunity for creative exposure
- 3. Teaches the value of mistakes

Experiential learning involves trial and error method. While students are engaged in hands-on activities, they find that some people approach work better and more efficiently than others. They discard the methods which don't work. When something new is tried and in the process, some methods are abandoned, it becomes a valuable part of learning process. Students should learn not to be afraid of making mistakes and learn to gain from them along with remembering them. Experiential learning guides students towards the future as many experiential learning activities are career-oriented.

Through these, students start discovering and developing their skills and passion. Experiential learning prepares students for the outside world. When students work in groups they learn to work more effectively and learn to give respect to other student thoughts and appreciate their skills. Students learn how to lead and think critically.

As experiential learning engages students in a positive way, efforts should be made to bring experiential learning in daily education.

"Learning is experience. Everything else is just information. The only source of knowledge is experience."

K. ADITHI

XI - A

## **MY SECOND HOME**

While it was boring to go to school everyday we all felt there is no value of school. But Covid made us realize something which we never expected.

Online classes, online tests, online activities etc., I can say that the first few days we had enjoyed our new experience but slowly we started missing our school may not be for writing exams but for the interaction. We all realised that offline is far better than online. I admit the morning assemblies are boring but what about the fun of missing the first period...

I know, standing out of the class for not doing homework is embarrassing but what about the fun when mam is absent. Some people might say that home is necessity for studying, we don't waste time in transport etc. But I feel at our respective houses, it's our wish to do whether we want to or not,

but in school, we don't have a choice. We learn to adjust with people, we make new friends, our teachers who are our second mothers' may give us punishment but that make us more responsible.

At the end of the day, school time is the time when we can enjoy the most. We can commit mistakes; we have no pressure and we can enjoy. I have heard a lot of college students saying I miss school. I can conclude by saying enjoy every moment in school because childhood which is considered the best part of anyone's life is spent here.

**YASHIKA V JAIN** 

IX – A

### TURN LITTLE STEPS INTO GIANT LEAPS

"Become a millionaire by investing only fifty dollars a month" was the title of an article that came across my desk recently. Just what the world needs, I thought as I began to read. But however, as I read on, I realized that my scepticism was misplaced.

What the article was professing was actually quite logical. If you were to consistently invest fifty dollars every month, your investment would be worth a million dollars in about forty years in this case. This seems like a long time but it shows that little things do add up to become big things when built over time.

The principle of compounding benefits is a simple principle but one that few people employ in their lives.

The idea of saving a million dollars is so overwhelming that it deters people from even starting. Big goals, regardless of what kind are intimidating and seem unachievable. That's why applying the principle of turning small steps into giant leaps is of great importance in achieving our goals.

Mark Twain once said, "The secret of getting ahead is getting started. The secret of getting started is breaking your complex overwhelming tasks into small manageable tasks and then starting on the first one."

Once you have successfully achieved the first step then build on it. The process of building on previous achievements is paramount to reaching seemingly impossible goals. Giant leaps are an accumulation of smaller steps.

-P.Pritika 9B

# PROGRESS OF INDIAN EDUCATION SECTOR AFTER INDEPENDENCE

The main objective of the education industry is to enhance the quality of education in the society. Divided into four sectors, they all have their own roles to perform. Each of the sectors cater to a growing demand of education services and products.

"Reformation is a form of transformation. It is a sign of development." And in the case of India, it is truly reforming.

In the last decade, we have definitely seen a lot of improvisations and changes in the education system of India. Online classes and experiential learning has changed the way students interact with educational content now versus how they did in the past. There has been a dramatic change as a whole in the system now, having online education has become a norm in all levels of education. Chalk boards have been replaced by smart screens, there is free availability of content for learning and project- based learning has been implemented.

These changes have been fully accepted and incorporated into the 'New education policy 2020'. Some of the major policy announcements are to focus on experiential learning, to provide internships and vocational learning from class 6, and to focus on more developing and emerging areas like AI and coding from class 6. Promotion of Indian languages has become one of the additional key focus areas.

There has always been improvisations and development in the education system of India but the changes that have occurred in the past years after independence were truly unprecedented before. The education policies introduced now will provide more policy support to these changes.

There have been a number of implementations and acts introduced by the government to improve education of the country as well, some of them being: -

### The sustainable development goal (SDG)-

This was introduced to ensure that everyone is provided with quality education along with lifelong learning opportunities by 2030.

RTE ACT 2009 provides free and compulsory education to everyone within the age group of 6 to 14 as their fundamental right.

Education is the first step for people to gain the knowledge, skills and thinking they need to make this world a better place.

"Education is not the learning of facts but the training of the mind to think"- Albert Einstein

-P.Pritika

9B

## **MY INSPIRATION**

My grandmother is my inspiration.

She is a very bold person. She helps me with my studies and makes me strong in concepts. As she worked as an analytical chemist, she has very good knowledge in the field of science. During the summer vacation, she persuades me to buy all my textbooks from the nearby store and helps me study all the lessons in advance. She believes in preparing for any situation in advance. She also encourages me to interact in class and study what is taught, the very same day.

Apart from teaching me, she also becomes my playmate who plays with me. She appreciates when I sing and dance. She is my critic and my audience.

My grandmother recently had a stroke that paralyzed her partially. Unlike anyone who would mourn about being unwell, she tries her best to help us in whatever way she can. I admire her confidence and positive attitude.

The happiest moment was when she made 13 cards with her left hand alone for my 13<sup>th</sup> birthday. I was amazed at her willpower. She has still not stopped teaching me even after her stroke. Even now she watches my dances with the same passion and suggests to me a lot of ideas.

Thanks to this pandemic and online school, I am able to spend a lot of my time with her. She knows everything about me and is my human diary.

I want to be around her when she needs me, the least I could do for what she has given me. I am very happy to be with the person I admire and I hope she gets back to her normal self very soon.

**NETHRA DILIPAN** 

## **MILES TO GO BEFORE I SLEEP...**

As I carefully turned the steering wheel along the slippery wet road, my peripheral vision blurred momentarily. I shut off the shrieking man who was advertising cosy mattresses on the radio. I really needed to get some sleep. My watch flashed 10:07pm, and I sighed in frustration as I pictured my son going to bed on his 10<sup>th</sup> birthday, without getting to see his father after a week. I felt guilty but I hoped my son could understand that the hospital that I ran was of great importance during times like a pandemic. Black spots were suddenly swirling in my line of sight. I pressed down on the brakes, but before I could hear my car come to a screeching halt, my car was in mid-air, freefalling.

Short harsh breaths combined with the urge to scream overwhelmed me. I was still falling. Then I lost it all to the darkness that was gnawing away at my senses. Barely a split second later, I found myself out of the still plummeting car, in perfect condition, staring at myself inside the car. I felt like some great connection had been severed. Time seemed to have stopped and I couldn't estimate the height of the fall. I was definitely losing my mind. I knew stress could do that to a person. But there was something in the air, something I could only associate one word to- Death. I refused to let go so easily- I am stubborn that way. I had so much to live for- my son, running my top-notch hospital that was now in a state of alarm because of COVID-19, and just to show the universe that I wouldn't let go so easily when there was a possibility that I didn't have to let go. I fought like never before, hunting and searching deep within every living particle around me.

Watching my body fall while I was outside, I realised that peaceful death was being offered to me, but I politely declined and I didn't regret it one bit. Suddenly my hands were on a steering wheel and a seat belt was holding me in place. I was falling still, and time seemed to have resumed and a second later, I crashed into the ground and darkness consumed me.

"Breaking news: A car was found completely wrecked earlier this morning. The windows were shattered and doors broken off. The first responders believed that surviving a crash such as this was out of the question. But the driver, who was none other than the angel in white who has helped so many patients and their families in his hospital, was pulled out of the rubble alive. Although he suffers from a number of physical injuries, mostly treatable, his pulse has remained about steady. We can only refer to this as a miracle."

- Vaishnavi Vardarajan

9D

# Made in India

'Made in India' is a common phrase often seen on the tags of various products we purchase.

It establishes an identity of the products having been manufactured in India and gives consumers abroad a means to identify the product of Indian origin.

For a product to be tagged as 'Made in India', it needs to be a product borne out of Indian factors of production – land, labour, capital, entrepreneurship and technology. Let's make a catalogue of technological products around us.

Like television, camera, microphone, and all our smart phones, 90 to 95 % of the components are imported. Even if we add some values, it might only be around 5%. We find 'Made in Taiwan, Made in China, Made in Korea' on its tag.

Why are we Indians, not able to make it? Why are we importing technological goods? These were the 'Why' questions inside **Sridhar Vembu**, who graduated from the Indian Institute of Technology and went on to pursue MS and PhD from Princeton University, NewJersey.

He is the Founder and current CEO of The ZOHO

**Corporation** which is a multi-billion-dollar Indian multinational technology company that makes web-based business tools., head quartered in Chennai.

'Made in India. Made for the world," is the tagline of Zoho.

His vision is to create all our necessary products indigenously. He believes that we Indians have the brainpower to create anything. His vision is to create employment opportunities in our country, especially in rural area.

In fact, he has started two branches- one in a hamlet, near Thenkasi, TamilNadu and other one in Renigunta, Andhra Pradesh.

He has started ZOHO Universities, a school to train rural people to work for his company with a stipend of Rs.

10,000 per month-- a move from urban to rural.

He was conferred with the Padma Shri Award this year.

This is real patriotism which each one of us need to imbibe.

Anjana C K IX - E

#### AN UNFORGETTABLE NIGHT

I sipped a cup of hot coffee to combat the algid weather of Lambasingi. I closed my eyes to savour its essence when I heard a sudden boom !!. I opened my eyes to find my humble abode enveloped in darkness. I started hunting for a candle when I heard a pop sound. Before I could make out who or what that was, I felt woozy and passed out. When I regained consciousness, I was in my attic with an anomalous girl who looked about my age. I screamed with terror when I saw a long snake sitting on her lap nonchalantly. The girl said, "Shoo! You're going to scare Manasa Devi. Manasa Devi is a very sensitive serpent, you see. I am Vibha Daini, by the way." My first instinct was to run away from this eerie girl who looked like a gypsy. But I realized that it was not possible because we were trapped by someone in my attic.

I decided to start a conversation with Vibha Daini. I said, "How did you manage to set foot in my house? Who are you?" Vibha said, "I'll tell you later. Now I want to know if you have a spare key." I shook my head. How could anyone have a spare key for the attic? Vibha said, "Then we need to seek the assistance of Manasa Devi." She then gazed straight into the amber eyes of the snake. The serpent nodded its (or her) head at Vibha and blew blazing blue fire at the door. The door burned open, extinguished itself and vanished to reveal a clean hole in the wall. Vibha signalled me to follow her through the hole and I did so.

When I set foot in the living room, I found my maid fumbling with the lock to the safe where I kept my prized possessions. I shouted at her, "Why are you doing this? I trusted you!" She jumped around in alarm when she heard my voice.

She attempted to flee but Manasa Devi coiled around and trapped her. The maid, sensing her defeat, said, "I'm extremely sorry, madam. The ladies at the club I go to gave me this sinister plan. They told me to make you unconscious, lock you in and unlock your safe. There is a rumour in Lambasingi that you have treasure in your safe. So I became covetous and decided to do the job today when the power went off. But I am unable to open the lock even though I have found the key." I chuckled and said, "The safe does not hold the sort of materialistic treasure you expect. It holds something more priceless than that - books. And you are not able to unlock it because even though the lock looks obsolete, it is equipped with the latest fingerprint-recognition technology. It opens only at the touch of my finger." The maid looked baffled. She said, "But why would you preserve books with such extreme security?" I answered, "My vivacious niece visits me regularly and she worships books. However, she has a knack of taking the books with her and losing them. So, this much security is needed to safeguard my treasure." The maid hung her head in shame. Manasa Devi uncoiled herself from the maid and the maid ran away, covering her face with her hands.

I looked at Vibha and said, "I am immensely grateful for your help and Manasa Devi's. But still, who are you?" Vibha Daini didn't speak a word. Instead, she just grinned at me and vanished into thin air along with her pet serpent. Nevertheless, I seemed to suddenly perceive her identity. Childhood memories flashed back. I opened the safe fondly and grabbed a thick dusty book, with crinkly yellow pages. It had golden letters emblazoned on it — Tales of a Considerate Sorceress. I decided to reread that book.

### THE ART OF FLUIDITY

A perfect article never starts without an inquisitive question to trigger the curious minds of the readers. It would be a pain if I forget to include one in mine. Have you ever thought of exploring subjects that aren't a part of your curriculum or subjects that aren't directly taught in schools or colleges? The question seems simple enough. Majority of us would blindly say no. And when we are done answering it, it almost makes us wonder if we are actually learning things that we want to. We soon end up sitting hours together pondering upon this question, like a monk trying to find the answer for a simple question "Who Am I?" Even though we often find science students boasting themselves for learning pages of formulae and theorems or acting like they are the next Einstein, when asked a question related to law or general affairs, the situation would be more like asking an octopus to predict the world cup winner. When asked why, we often hear the same reason, it is not a part of our subject. If their invention is going to be stolen, not like they would file a petition in a black hole. But one cannot blame the students alone for this, but the formal education system and the type of standards that are being followed in this modern era. However, the blame game is not what we would want to play here. Rather, let's take a step forward to find the solution. That is why I'd like to introduce the young minds to the "Art of Fluidity", a theory inspired from the work of author Ashish Jaiswal.

The present education system and traditions asks every student to choose a particular subject or a discipline as early as in school. The child, who can't even prepare a proper meal for herself/himself and still depends on instant noodles, a child who doesn't have voting rights and is officially considered as not fit to choose a leader, is made to opt a career for themselves and be prepared for the future. It expects the young minds to master a particular subject. But in the process, it asks everyone to give up on almost any activity that comes in the way. The part that makes the top educationalists worry about, is the fact that the schooling system encourages the division between different disciplines. Even before students finish schooling, this separation process begins in the form of STEM and non-STEM branches. STEM refers to the four major subjects – science, technology, engineering and mathematics. A science student hardly socializes with an art student due to the choice of the subjects. This gap widens when we progress to universities. It is find a student with almost impossible to background in arts opting for photography or painting as their profession. It's not because of less interest that fades away but cause of the zero motivation, encouragement and support from people around them or peers.

This kind of boxed education system is also called as island centric education system. Our reluctance to engage with an alternative understanding, our stubbornness, our biases, our failure to opt for open mindedness are the primary stem to such island centric system. This is what is called as being antifluid.

Every student is always expected to walk towards the goal. Never be uncertain, never fail, never alter your course. We are either doctors, lawyers, scientists or artists. And we are constantly asked to embrace these identities. We are made to believe that the longer we remain chained the better specialists we are. But the art of fluidity shatters this myth. The greatest minds who have changed humankinds are ones who faltered, remained uncertain and never bothered to stay on a fixed path. When we go through the lives of such men, we find that they took inspirations from their surroundings and embraced other classes and disciplines. They stepped out of the boxed education system and explored the real world. They were fluid.

Every student would have struggled to memorize the various fields and disciplines that Aristotle had mastered, from the class 8 text book. Metaphysics, astronomy, astrology, theatre arts, philosophy, anatomy, etc. That is why he's still considered as one of the greatest minds of all times.

Not much people know the fact that the founder of Apple company, Steve Jobs, had designed iPhone not just based on technical aspects but took inspirations from the architectural principles of Wright and Eichler. I-Phones broke records in the technical world for an important reason. During the time of its launch, the technology used then was mainly designed in black to show themes like luxury, sophisticated ideas and tastes. Steve Jobs broke this pattern by promoting 'white', a color that mainly resembled themes like peace, simplicity, etc. He promoted themes like "grace and beauty". And when asked about the reason that led to this idea, he pointed out his journey to India where he was mainly inspired by spirituality and simplicity. People mainly point-out that he was a dropout from college. But the truth is that his 'learning' never stopped there. He continued to progress and got ideas from the real world, incorporated everything into his own world. He did not stick on to the rule of 'focus on your discipline'.

In 2003, a pedestrian bridge was constructed in Norway at Golden Hare connecting the biggest water bodies with almost no supporting pillars. Even ships of greatest heights have been able to pass under this overhead bridge. "Technology" people might say. But the truth is that it was built based on the geometrical and structural principles of a fifteen-century architect.

What's more shocking would be the name of this architect. Leonardo Vinci, the artist behind one of the most popular painting, Mona Lisa. The painting itself holds varied mysteries. Even the most advanced technology hasn't been able to decrypt the codes and patterns or the texture of this painting. And not just this, but he has also made several anatomy sketches in his personal diaries, which now is in display at the museum. His picture of the foetus in the womb is almost accurate to the ones we see in CT scan images these days. This wouldn't be just technology!

In this era of artificial intelligence where robots that can multi-task are going to take over the world, are we still going to stick on to the plan of staying in a particular course or are we going to put some efforts to explore the real world a little more. And to those who say "Jack of all trades, master of none" It doesn't stop there. There's more to the line. It is "Jack of all trades, master of none, but often times better than master of one."

S.MADHUMITHA

XI C

### **POSITIVE ASPECTS OF COVID 19**

COVID-19 has had an undeniable and horrific consequence on people's lives and economy. We always look at the negative aspect of COVID 19, but there are some outcomes that could have a long term positive impact on the planet and humanity.

The first positive aspect of COVID-19 is its effect on the environment. Carbon emissions are down globally and with air travel and manufacturing units coming to a grinding halt, the planet has had a chance to rejuvenate. Industrial shut down has paused effluent discharge into water bodies. Thus the quality of water improved due to less pollution. A substantial decline in energy was observed in many countries. Elsewhere wildlife is also reappearing in major cities and biodiversity is slowly starting to return in various parts of the world.

COVID-19 is a major market disruptor that has led to unprecedented levels of innovation. Due to lockdown many businesses had to reinvent their business model itself, undergo rapid digitalization and were forced to provide services online. Some used this wave of innovation to reimagine their model and expand their business.

The third positive impact of COVID-19 is its massive transformation in education. Home schooling is becoming the new way of learning; exposing parents to what their children know and do.

The fourth positive aspect of COVID-19 is giving a new sense of appreciation and gratefulness. It has offered us a new perspective on life that we had taken for granted for so long, our freedom, leisure time, work, family, friends, etc. This sense of gratefulness can also help overcome the crisis in a long term.

'YOU CHOOSE TO STAY POSITIVE IN A NEGATIVE SITUATION, YOU WIN AND MOST IMPORTANTLY TOUGH TIMES NEVER LAST BUT TOUGH PEOPLE DO.'

K.V.SWETHA XII 'A'

### **ELECTRIC VEHICLES**

Most of the people think that electric vehicles have come to existence recently. But the fact is that electric vehicles known as EV's were first invented by Robert Anderson around 1832. But they were neither popular nor used by people due to lack of technology and high price. Recently EV's have gained popularity among people due to its eco-friendliness. They reduce dependence on petroleum and air pollution from exhaust emissions. All kinds of vehicles starting from bicycles to space crafts have been electrified. India spends a lot in importing more than 80% of its fuel needs. Thus EV's provide economic benefits to the country and the public by reducing petroleum prices.

EV's are advantageous as they are durable, lightweight, cost friendly, noiseless, vibration less, mechanically simple and have 90% energy conversion efficiency. The disadvantages are short driving range, speed and longer recharging time. Registration and license is not required and people above fifteen years can use EV's having speed less than 25Kmph.

Government policy like EV2020 encourages faster adoption of EV's by providing incentives to the public. Let us give a thought to consider on using eco-friendly vehicles and play a role in saving and serving mother Earth.

G. NEERAJA XII A

### **TOURISM IN ODISHA**

Odisha, the soul of Incredible India, is one of the major tourist sectors in the country. It has tremendous potential in tourism because of its golden history and diverse demography. The world famous Sun Temple at Konark, the temple city of Bhubaneswar and Puri are widely popular as the golden triangle which draws both domestic and international tourists. Other famous tourist spots are the Bhitarkanika National Park, the Udayagiri and Khandagiri caves and the Chilika Lake.

Several strategies have been adopted by the Odisha Tourism Development Cooperation and the state government that have the potential to increase tourist traffic in Odisha. The state has launched the country's first Glamping festival, the Marine Drive Eco Retreat near the Konark Sun Temple. It has also introduced 'Eco-trails Odisha', a trekking and hiking program, to promote ecotourism. The Golden Beach of Puri has transformed into a Blue Flag Beach and is officially ranked as India's cleanest beach. The International Sand Art Festival, held every year at the Chandrabhaga Beach in Puri, is a major tourist attraction.

Odisha, touted as 'India's Best Kept Secret' can reach its full potential through the collective efforts of the public and the government.

B. SHREERUTHRA XII- A

### **MUSIC**

I believe music is one of the greatest tools ever created to express one's feelings in a powerful manner. Music has no boundaries, no borders, it connects the people of various countries and backgrounds together. It has an ability to make one feel a variety of emotions. Just a simple harmony or melody can lighten up the mood, make us feel happy, cheerful, relaxed, or even sad. Simple powerful lyrics can resonate with our hearts.

Music has an effect on the brain too. Research has shown that listening to music can reduce stress, anxiety, blood pressure, pain as well as improve the quality of sleep and mental alertness. This is why doctors sometimes recommend music therapy to their patients suffering from depression, anxiety, and sleep disorders.

Moreover, learning music has immense benefits. It has been proven that playing any type of music can increase a person's intelligence. Once you are able to play or sing a piece or a song after a while, it gives you a sense of accomplishment and can boost your overall confidence. Music stimulates our emotional and intellectual abilities, and it can allow our brain to think in new and different ways.

Therefore, I would recommend each and every one of us to get into some kind of music, be it instrumental or vocal. I promise that you will not be disappointed. It will be your true companion for life.

### **OBSESSION**

The Oxford dictionary defines 'obsession' as a state of being obsessed with someone or something and is unable to stop thinking over.' Often times, I see people using the words obsession and addiction synonymously. The difference between obsession and addiction is that with obsessions you have a certain factor of control. It is up to you to realize precisely when an obsession can become toxic and that's when you give it a pause and take up another obsession. As rightly said by Mason Cooley - Cure for an obsession is another obsession.

There are of course those who think of obsessions as being unnecessary. One quote in particular by Mark Borrow cliff shook me - An obsession is a way for damaged people to damage themselves more. It made me question my Character-Was I damaged? Was I trying to fix something I couldn't possibly set right? Was I just another hopeless person running away from my problems like a coward? These questions made me feel insecure about talking about and sharing my obsessions with people. But when I truly thought about it, I realized it didn't matter all that much to me, why I obsessed over things. We all have obsessions. I for one, tend to obsess over Television shows and T.V show characters. Maybe it is because the world of T.V. shows and anime is so much more inviting, and the prospect of exploring it, exhilarating, that I often find myself dragged into it. Our obsessions show us new worlds full of magic and adventure. Maybe I for one am trying to escape from the dull and boring life that requires me to sit with my books all day to a life I find so beautiful, so intriguing, and so very irresistible. When I asked some of my friends for their honest opinion about obsessions, one of them said that obsessions 'dulled her brain' and 'did not help her in any way'.

My obsessions have the ability to instantly brighten up my day and make me feel warm and happy. In some people, obsessions manifest in the form of the ability to create, as in musicians, artists, authors and even chefs. Much as I would like to, I cannot however say that obsessions aren't dangerous at all. Sometimes a person's obsessions can drive them to madness. But then again, your love for something can turn into an obsession for the thing as my love for T.V shows turned into an obsession for them but that is all it remains. We must learn to control what we can before we cannot. As Andrew Oye rightly said – Between love and madness lies obsession.

C. HAMSINI XII-C

### STAY CALM EVEN IN THE MIDST OF A STROM

Goals and commitments that conflict with each other, the occasional family quarrels that lead to disorder, the woes about diseases lurking in the corners, the worries of life are too many to number yet to deal with them you'll just have to get a little calmer.

Bryant McGill rightly said "Your calm mind is the ultimate weapon against your challenges". Staying calm gives you an opportunity to hear your own thoughts, to rediscover your creative flow and enjoy better health. Research shows that staying calm increases your productivity by up to 60%. Given its benefits here are a few ways to keep your inner quiet. Just

like Maria from 'The Sound of Music' says let's start at the very beginning a very good place to start. Make an attempt to wake up fifteen minutes earlier in the morning, this will give you the time to feel and admire the cold morning wind, the chirruping of birds or the last streaks of dawn in the brightening sky, this will help start your day on a positive note. When confronted with a problem don't let your body's fight or flight take over, to stay calm under pressure, a publication by Harvard Health suggests to move to a quiet place and focus on your deep breaths. This helps to create a pattern and shifts your focus from the stressor. Once you're relaxed enough approach the problem with optimism and hope rather than with worry and apprehension. Meditating, exercising or penning down your emotions go a long way toward bringing you peace in times of distress. Start practicing a routine 30 minutes before going to bed, this could involve spending time with your family, listening to soothing music or stargazing. Apart from having a calming effect on your body and mind it also helps improve the quality of your sleep. Don't forget to applaud yourself for your achievements through the day.

Life may seem like a frantic race but take time to stay calm, to not miss out on the smell of the first rain, the delightful laugh on a toddler's face, the comfort the smell of your favourite food offers. It's the pretty little things that make life just as beautiful as it is. Remember it is the slow yet the steady who win the race. I would like to conclude by quoting Marianne Williamson "Everything we do is infused with the energy with which we do it, if we are frantic life will be frantic, if we are peaceful life will be peaceful.

# INSPIRATIONAL AND HUMOROUS QUOTES – IMPACT ON THE MOOD

Mood is a word which is often used in our daily lives. It has a great significance medically as well as it is similar to a literary device in literature.

One may wonder how science and literature can go along together. But yes, definitely they can. How? Mood, medically means, the pervasive feeling, tone and internal emotional state of mind of a person that when impaired influences all aspects of human behaviour.

Whereas, mood in literature means the emotion that the author strives to evoke in the reader by the use of various techniques like language - for example, books like Alice Adventures in Wonderland by Lewis Carroll attempt to elicit in the readers a light hearted and dreamy mood through fantasy. Now this language when converted into effective inspirational and humorous quotes can transform the mood of a person and bring a great change.

Mood swings or disorders can cause psychological ailments which can be cured to a great extent by our literary works i.e. books. Books are definitely portable form of magic for mood boosters but quotes are even more pocket friendly versions of magic like spells. In technological terms, if books are laptops then quotes are mobile phones, immediate mood boosters. They can uplift us when we are in low spirits, they motivate us when we begin to doubt ourselves, and enable us to see the world from another person's perspective. Indeed, they rejuvenate dampened spirits.

Quotes are an elixir when we experience emotions like sadness, anger and depression. Quotes solve the conflict of thoughts which we fail to put into words or express.

Humorous quotes lighten our mood instantly with a good chuckle, of course, they help us impress people and sound intellectual while inspirational quotes help us to improve the quality of our lives over a longer period of time.

Quotes by certain great personalities leave a strong impression on our minds especially when they are by people who have proved themselves by their own examples and have been quoted by their personal experiences—for example, quotes by Swami Vivekananda invoke a great motivation to climb up the struggles and battle life – in his words, "Purify yourself first and the world is bound to be purified"- generates a mood of inspiration and self-realization. "If you want to shine like a sun, first burn like a sun" by the Former President Shri. Abdul Kalam motivates us to work harder to fulfil our ambitions in life.

Now what do humorous quotes do? They help us overcome the setbacks we face daily in our lives. A humorous quote by Albert Einstein which says, "Light travels faster than sound. This is why some people appear to be brighter until we hear them speak" can lift us up when mocked by others.

Thus we understand that quotes always express wisdom, wit, are motivational and inspire us to have an optimistic outlook in life by acting as an aid to decode different emotions in life.

To conclude when the quality of thinking is changed ,the quality of life changes. Positive inspirational words can make someone smile and humorous quotes can make someone laugh. So, quotes are definitely meaningful one-liners that stimulate the mood of a person to a great extent. A quote in conclusion, "Your present circumstances don't determine where you can go they merely determine where you start".

#### SKILL DEVELOPMENT IN YOUTH

"The more we give importance to skill development, the more competent will be our youth."- This is a quote by our present Prime Minister Shri. Narendra Modi. This makes me wonder about the extent of our loss of skill development due to the pandemic and school-fromhome. School from home provides us the education to excel in the exams but we missed on the skill development, especially skills like communication, stress management, money management, and time management which are the keys for thriving in our society.

Let's begin by talking about the art of effective communication. Building relationships and being able to put forth your point to a higher authority, play a big role in a person's daily life are contributing factors in the life of any successful person. Knowing how to be persuasive, cordial, proactive, and coherent is highly essential.

One of the side effects of having weak communication skills is loneliness, and loneliness due to isolation leads to increased dependence on evils like smoking and drugs as a coping mechanism when people are stressed mentally and physically. These are extremely harmful habits that are addictive and hence worsen their condition in the long run. This is why it is extremely important to relieve stress the right way, maybe a sport like badminton and running every day would suffice.

Money management is another requisite skill. Having the know-how about when to spend and how much to save will help an individual plan about their future and save for emergency circumstances.

Last but not the least, time management. Though this is something we are taught about even in school, not all of us are good at it. If one is more mindful of how they spend their time, the chances of being stressed are less. Creating timetables and to-do lists are of help usually.

Studying from home is hard but it has taught me the importance of being self-motivated, people won't always be there to push you and tell you what to do. Hence why it is crucial to know how to be intrinsically motivated to reach your goal. Small things like making vision boards and keeping a productivity journal could help in both time management and keeping you motivated enough to work towards your goal.

As I conclude, I'd like to re-emphasis, along with excelling in our academics let's endeavor to develop the soft skills to shape us better.

**MAYHAR BASSI** 

XII C

#### **MUSIC: A KEY TO WONDERFUL LIFE**

It is said that music is a universal language. And, you know, it's probably right. After all, who doesn't love a great, foot-tapping tune? Plato once said, "Music gives a soul to the universe, wings to the mind, flight to the imagination and life to everything."

I find music, a rhythm or a beat in everything. The call of a cuckoo for its mate in the spring, the pitter-patter of rain on the windowsill, the buzz of the bees on a lazy summer day, the splash of the waves near the seashore.... we are surrounded by music. Do you know why we like to listen to music? The culprit is the happy hormone called 'dopamine.' It's been found that music heightens activity in the nucleus accumbens area of the brain that regulates dopamine release.

Another reason why we like music is that it makes us feel peaceful. In fact, it reduces the stress and eases the anxiety within us. According to a study the types of music that alleviate stress and bring peace include sounds of rain, thunder and other nature sounds, classical and melodious music, light jazz and music from Indian stringed instruments, drums and flutes.

Playing music is even better – the amount of grey matter in the brain, responsible for intelligence, was found to be the highest in professional musicians, intermediate in amateurs and lowest in non-musicians. For those of you who don't play music, don't be disheartened! Group singing also does the trick. When you sing with others, the body releases feel-good hormones like oxytocin and reduces stress-causing ones like cortisol.

But it's not just people who feel the beat; flowers grow faster by listening to music. One vineyard in south Africa plays baroque music to increase their productivity while another in Italy plays classical music like Mozart, Vivaldi and Hayden non-stop which keeps the pests away and also improves plant and fruit quality.

There's music in the air, music all around us - the world is full of it and you simply take as much as you require. So, follow your heart, listen to the music you love and cherish the memorable moments you get reminded of!! -

NIRANJANA. A XII B

#### **EAT THAT FROG!**

Mark Twain once said, "If it's your job to eat a frog, it's best to do it first thing in the morning. Your "frog" is your biggest, hardest, most important task, the one you are most likely to procrastinate on if you don't do something about it. Once that one task is done, the rest of the day will be an easy ride and you will get both the momentum and a sense of accomplishment right at the beginning of your day.

But the main question is, How do I spot the 'frog'?

There are FOUR categories of task:

- 1. Things you don't want to do, but actually need to do.
- 2. Things you want to do and actually need to do.
- 3. Things you want to do, but actually don't need to do.
- 4. Things you don't want to do, and actually don't need to do.

The frog is the "Things you don't want to do, but actually need to do." We usually wait until the end of the day to tackle them: and finally at the end of the day we realise that we do not have enough time to handle them on the same day. Thus we end up pushing it to the next day. This automatically builds pressure and stress.

The main key is to start and take action. Discipline yourself to begin immediately and then to persist until the task is complete before you go on to something else. Always remember that, the key to reaching high levels of performance and productivity is to develop the lifelong habit of tackling your major task first thing each morning.

#### SELF-CONFIDENCE

Self-confidence is something that gives you a sense of self-belief and self-assurance and consequently makes you strong and happy. With self-confidence, one can achieve anything in life as it boosts up the power and ability to do things that might fear you. Self-confidence is a quality that comes from within, it's your inner voice and reflection of what you think about yourself.

In this highly competitive world, there is no place for people who are not confident enough to express themselves. Self-confident people gain success because of this attribute, however, those who lack confidence struggle hard to get recognized in the society. Self-confidence allows a person to enjoy various perks of life. He is able to face any kind of challenge both at the workplace as well as at home. He is not afraid of failures, even if he fails, he will have the courage to stand up and work hard to gain what his heart desires. Self-confidence also helps to focus on the things that make you weak and vulnerable. However, if you lack self-confidence, there are chances that you would be dominated and influenced by people around and won't be able to rise again.

One can improve his/her self-confidence in many ways. The first step is to say what you feel. People often shy away from expressing their opinion. They also find it very difficult to say 'no' to something they don't like. People also face the problem of presumption. This brings negativity and can shake one's confidence. Another way to boost your self-confidence is to set realistic goals. Remember, self-confidence cannot be built in a day. It takes time. So, keep working on your self-confidence and achieve your goals.

#### **ASSUMPTIONS**

Assumptions are closely related to, but not synonymous with judgement. A judgement is drawing a conclusion with facts to back you up, while assumptions are often made with little to no knowledge about the subject.

For example, when we first meet a person, it is human nature to make certain assumptions about them- such as their age, likes, dislikes, and even gender. However, these assumptions, no matter how trivial they may seem, end up shaping the way we think and guide our thoughts about people or things. An assumption can lead to misconceptions about other people, which can actually be extremely dangerous, especially in today's technology-driven world.

Being educated, all of us have a certain level of understanding when it comes to cyber safety. However, assumptions that we make about people and websites online can compromise one's safety. For example, if someone messages you on your social media account, and their profile picture is a picture of someone you recognize, your immediate assumption will be that you can lend them your trust. This initial trigger might be detrimental to your safety.

Another example is when you see a link that may be a chain-forward, or click bait. Such messages are usually created to induce people into clicking on those links, and could contain viruses or other codes that could harm your device, or extract personal information and compromise your privacy.

Assuming that such links are safe is another mistake that many often make.

Another kind of assumption, one which is becoming more and more pronounced within the rapidly changing society, is assuming someone's identity, thoughts or preferences. These include assuming the gender someone chooses to identify as, their race or nationality based on certain distinct physical traits, etc. This kind of assumption can be a huge problem due to lack of social awareness. In our modern world, everybody is given the freedom to choose who they want to be and how they wish to be addressed and treated by others. Assuming the wrong thing about someone without asking the right questions first is inconsiderate and disrespectful.

It would be ideal to be to be aware of the assumptions you make, while you are making them, to prevent unprecedented consequences later. To quote Douglas Adams, "The most misleading assumptions are the ones you don't even know you're making."

Ranganayaki V

XII D

#### LAUGHTER – THE BEST MEDICINE

There is no doubt that laughter is the best medicine. However, if you laugh for no reason, you probably need medicine. Laughter relieves stress, improves your mood, helps you let go of anger and forgive easily. And most important of all, it is completely free and easy to use.

Laughter decreases stress hormones and increases immune cells and antibodies, thus improving your resistance to disease. It triggers the release of endorphins which promote a sense of well-being and may even temporarily ease pain. A good laugh relieves physical tension and stress and leaves your body completely relaxed. Needless to say, laughter helps you to stay mentally healthy. You can't possibly feel any negative emotions while laughing.

Laughter is contagious. This is why Television sitcoms almost always have laugh tracks. You're most likely to laugh around other people than when you're alone. Laughter brings people together. Most laughter doesn't come from hearing jokes, rather from spending time with friends and family. Humour is a very effective way to heal resentments, disagreements and hurt.

It is extremely easy to incorporate laughter and humour into your life. Firstly, practice to smile. A smile is the beginning of a laughter, and like laughter, smiles are also contagious. So smile when you hear or see something even mildly pleasing. Secondly, laugh at yourself. Share your embarrassing moments. The best way to take yourself less seriously is to talk about times when you took yourself too seriously. Third, move towards laughter and away from negativity. Don't dwell on conversations that make you sad or unhappy.

Some events in life are sad and not opportunities for laughter, but most fall into the grey zone of everyday life, giving you the choice of whether to laugh or not. So, choose to laugh whenever you can. Laughter is like a windshield wiper; it doesn't stop the rain but allows us to keep going.

AVANTHIKA. R XII C

# IMPORTANCE OF ROLE MODELS AND SOCIETY IN CHILD UPBRINGING

In Psychology, 'Enculturation', is a popular term referring to learning without deliberate teaching. Enculturation takes place in childhood through observations. Therefore, it becomes important for children to make observation that would facilitate them to deal with problems in future and can lead to their development.

Remember our times in Nursery school, when we were all so inspired by our teachers that most of us wanted to be teachers when we grew up and we all tried to become one by teaching alphabets and mathematics to the chairs and sofa. This happens because in the point of view of a child, a teacher is a person who can exert unlimited power and therefore they tend to absorb all inputs given by their teachers. We often hear people saying that we act just like our parents. While genetics play a greater role, the environment we grew up in also has a considerable part in it. We all have grown up watching our parents and therefore we tend to internalise some of their ideas and feelings. For example, some of us may not prefer some kind of food because our parents do not eat them.

Celebrities have even greater role in shaping our ideas, attitudes and feelings especially that of the adolescent's. Adolescence is the age of identity formation. So choosing good role model becomes crucial at this time.

Studies conducted by psychologist, Bandura called the Bobo Doll Experiment shows that children choose their role models based on observations and how their models are rewarded. Therefore family, teachers, famous personalities, all have a role to play in a child's development. Next time we know a child is looking upon us a role model, it becomes our duty to teach importance of equality and respect for everyone. Remember when we are dealing with children we are dealing with the future.

S.G. ROHINI XII B

#### FOMO IN THE WORLD AROUND US

FOMO, or "fear of missing out," is a genuine phenomenon that is getting more prevalent and may create a lot of stress in your life. It may impact everyone, although some people are more vulnerable than others.

Here is what you should know about the history of FOMO, what research says, how to recognise it in your life, and how to manage it to keep it from negatively affecting your happiness

The emotion or perception that others are having more fun, living better lives, or experiencing better things than you are, is referred to as the fear of missing out. It is characterised by a strong sensation of envy and has a negative impact on self-esteem. It is frequently aggravated by social media platforms such as Instagram and Facebook. It might refer to anything from a Friday night party to a job

advancement, but it always entails a sense of powerlessness that you are missing out on something significant.

FOMO, on the other hand, has grown more visible and studied since the emergence of social media. In some respects, social media has amplified the FOMO epidemic. It creates a scenario in which you are comparing your everyday life to the highlights of other people's lives.

As a result, your perception of "normal" is warped, and you appear to be performing worse than your classmates. You may see comprehensive images of your pals having fun without you, which is something that previous generations may not have been as conscious of.

Social media provides a platform for bragging; it is a place where objects, activities, and even happiness itself may appear to be in competition. People are comparing their greatest, picture-perfect experiences, making you wonder what you're missing out on.

According to research, participating in gratitude-enhancing activities such as gratitude writing or just telling others what you like about them may improve your moods as well as the spirits of those around. These kinds of activities might help us put things in perspective as we develop a stronger feeling of belonging and let go of the fear of "missing out" on something.

MEHAK GANERIWAL

**XID** 

#### A BAD WORKMAN ALWAYS BLAMES HIS TOOLS

We often find ourselves in situations where we refuse to accept our mistakes and blame our circumstances and surroundings instead. We might have come across actors blaming their scripts for their poor performances, bakers blaming the oven for their burnt cakes or cricketers blaming the field conditions for losing a match. We can all relate to how most of us blamed the pandemic or our network issues for not being able to understand concepts or for scoring low marks in our exams.

'A bad workman always blames his tools.'

This saying has changed my perspective on life. Our success does not depend on what kind of tools we have but how we use them. A person may have all the instruments in the world but if he does not know how to use them he can never complete a job successfully. A bad workman will never be able to find a "good tool" simply because he is inefficient and does not accept his drawbacks. He instead attributes the poor workmanship to the tools. Similarly, people often think that they are better than or superior to their fellow beings. They may easily identify the weaknesses of others but conveniently turn a blind eye to their own shortcomings and hold others responsible for anything that goes wrong.

This throws light on the idea that we should learn to hone our talents and make the best out of it. We often blame fate and destiny for our wrong doings. But the right thing to do is to accept our mistakes and try to rectify them. This will help us work towards improving our skills and our overall growth as a person. Thus, we should push ourselves to achieve our goals irrespective of the obstacles we may face and learn to make the best use of what we have.

#### NOTHING COMES EASY IN LIFE

To realise the value of ONE YEAR – ask the student who has just failed his annual exams,

To realise the value of 9 MONTHS – ask the mother who has just given birth to her new born,

To realise the value of ONE WEEK - ask the editor of a weekly newspaper.

To realise the value of ONE MINUTE - ask a person who just missed a train,

To realise the value of ONE SECOND - ask someone who just avoided an accident.

I start my article with these famous words of wisdom to tell you all, not just the importance of time, but also the necessity of planning and hard work to be put in to achieve our goals.

By just sitting back and expecting things to happen on their own without much of effort from our end, will definitely not get us the best results. As said by the great Swami Vivekananda – (Quote) "Comfort" is no test of truth; on the contrary, truth is often far from being "comfortable." (Unquote). Truth here is leading a righteous life in our journey to achieve our goals.

Initial thought and meticulous planning is very important to achieve our targets.

Then comes the importance of time.

Doing things, the right way as has been instructed to us by our elders, teachers and following the right procedures will always help us get to our goal easily.

As the old saying goes "Rome wasn't built in a day", similarly by trying to hush and hurry up or trying to find short-cuts in life, would only leave us far from achieving anything in life.

I am sure, as all of you are aware, there is no specific formula to being successful in anything. Be it an examination, a game of badminton, or any other project on hand, only by keeping aside all our fears and apprehensions on failure and by putting in endless practice, hard work and focus in the right direction can we dream of achieving this goal.

Even the great leaders of our country would not have achieved independence without all the hard work and effort collectively put in by them which make them the heroes of our nation, as they are rightly known today.

I sum up by what the former President of America Theodore Roosevelt once said (Quote) "Nothing in the world is worth having or worth doing unless it means effort, pain, difficulty... I have never in my life envied a human being who led an easy life. I have envied a great many people who led difficult lives and led them well." (Unquote)

JUHI D. MIRPURI XI D

#### **HOPE**

If you have to carry only one thing throughout your life, let it be hope. Let it be through hope that better things are always ahead. Let it be by hope that you can get through even the toughest of times. Let it be through hope, you are made stronger than any challenge that comes your way. You are exactly where you are meant to be right now, because during these tough times, the only one thing that carries us through, is hope. What exactly does 'hope' mean to you? Hope is the essence of life. Many of us could not even live a life of peace without having 'hope' deep inside the heart. Life is so unpredictable, hard and quite notorious during these times. Things go out of hand and beyond our control many times. But hope helps us to keep the fight on and improves the chances of making our life better. Hope is the essence of life that keeps our eyes wide open for a brighter future. The life in front of us is so much more important than anything. Don't let your heartbreaks, disappointments, or pain keep you from becoming all that you are meant to become. Lastly but not the least, do not lose hope, believe that there are a thousand beautiful things waiting for you, after all sunshine comes to all who faces the storm.

> K. TANISHA XI D

#### **MY DREAM**

The Sun is shining bright,
A perfect day for a bicycle ride.
Tring! Tring! I take off on my bicycle,
Flying high in the sky, saying Hi and Bye!
Hurrah! Here I reach my knowledge destination.
Greeting my gurus and chatting with my BFFs.
Classroom study is always exciting
Giggles, jiggles and smiles all around,
Sharing food and playing games in the ground.
Tring! Tring! Tring! I hear the bell,
Oh! My online classes,
Is it that time, pray tell?
I wish my dream comes true as well!!

**D LISHITA** 

III B

## **TEACHERS**

Teachers are the source of light

They share their knowledge to make us bright.

They show us the path and motivate us to work hard

To fulfil our dreams and rise like queens.

They inspire us, they nurture us,

With their selfless love and affection.

They shape our future with utmost satisfaction.

#### THE FAIRY TALE

When the day was over,

I laid on my bed with a story book,

Then the most astonishing thing happened,

I met Rapunzel with her long golden hair,

When I climbed the tall tower hoping not to meet the evil witch now,

I met Cinderella,

Enjoying herself in a ball,

The jealous sisters envying her,

There in the prince's garden,

I met Thumbelina with her flower prince,

Laying on the Flowers, Enjoying the breeze,

When I looked at the sky, I met the Cheshire Cat,

Who pointed to Alice,

Before I could talk to her.

A bug dropped me inside a house made with stones and bricks,

It was the three little pigs,

When I peeped out of the window,

I saw an exquisite swan,

The ugly duckling,

As I walked on further,

I met Red Riding hood,

And at last, the Princess sleeping on 20 mattresses,

Underneath which there was a pea,

On seeing me she woke up,

I heard a familiar voice say get up!!!

It was mother,

Who made me realise,

It was all a dream...

-ADITI SURAJ VI A

#### THE GIFT - BEST OF ALL

I looked through the glass,

To check if everything was spick and span,

I got to see,

The place mom keeps gifts,

For the kids who visit our house,

For a special reason.

I found a long pencil,

So pretty I could ever imagine,

Maybe it might not mean much to you,

But it surely might be of use to me.

But I decided not tell mom,

She'll tell me to slip it back.

Nevertheless, I took it,

Sharpened it,

Started writing with it,

A passage.

I thought I could console mother very easily,

All I need to do is finish my homework and help her with the household work.

But then I couldn't bear to let her down,

My parents here,

Ready to do anything in this world, All for me,

But some orphans there,

Having nobody to care for them in the lonely orphanage.

What should I do?

Surely, those poor people need this more than me,

I sharpened it,

Decorated it too,

Tip-toed to the cupboard,

Slipped it back,

And slyly came back.

And I would have been there only for a few moments,

When mom came,

Her eyes were shining,

Her face glowed red,

With pleasure.

She kissed me,

And most surprisingly gave me the pencil,

As a present.

I was left,

Astonished,

How she knew all this is a mystery.

But surely, This message is no more one.

Parents' affection will never diminish, No matter what we do -

Good or Bad,

But all that is enough to make them happy,

Is my selfless deed.

-ADITI SURAJ VI A

#### **MYNA**

One stormy evening,

My mum's friend was at the window cleaning

When he noticed on the grass, A movement you could easily pass

There was a myna, Oh! so little, It could hardly chirp or whistle

He hoped it would survive the night, And kept her warm in yellow light

What a fighter she proved to be, Strong and healthy soon was she

Chirping and tweeting she came to me, A visitor for a week she would be

She sat on my table chirping away, During my classes calling me to play

Waddling around me all day long, Singing her sweet little song

All day long she could eat,
How wide she could open her yellow beak

Gold, silver and all that glitters, She would pick up from the litter Off she flew with my ring, And perched herself on the swing

Every morning I woke up to her sing, Stronger and stronger became her wing

Soon it was time to let her go, Off she flew and I could not say no

I hope she finds happiness and peace, And maybe a partner to please

Oh Myna! I miss you dear, How I wish you were still here.

> MRINALINI V KASHI VI D

# Rain

Oh my dear rain,
Without you I would be in pain.
But too much of you,
Would cause double trouble.
Don't hit us with a cyclone,
If you do so, we'll all be alone.
Because of you, I've had lots of holidays,
With you, I've had lots of wonderful days.
But now why are you harming us?
What harm did we do to you?
I give you a promise that will stay a promise,
I promise not to build buildings near water bodies.
I promise not to harm mother nature,
I promise not to cut trees and understand you want to be free!

AMBIKA.A VI D

## **MY MUMMY**

My mummy is nice,
Because her decisions are wise,
Before bed she hugs me twice,
And I love her eyes,

My mummy is good,
I like her food,
My mummy is funny,
I am her bunny,

My mummy is caring,
Because I am her darling,
She makes me happy,
And she loves puppy,

My mummy is kind,
Because she has a peaceful mind,
My mummy is strong,
Let's be happy with her lifelong.

-S.Pratyusha.

VI E

#### THE COLOUR OF HAPPINESS-DIWALI

Oh! Diwali! You are the festival of light,

Bringing us joy and delight.

I visit my friends and relatives to greet,

And fill my belly with sweet.

We enjoy bursting crackers

They really are routine breakers

There is always fight for favourite TV channels

Nobody comes forward arranging for judges' panel.

-S.D. Mahathi

VII E

#### THE GLEEFUL SEAL

Suzu saw a silly seal,

Rolling on rocks,

Smiling for songs.

Crunching chips,

Becoming big.

Chewing crustaceans,

Made life light,

With a self-satisfied smile.

-S.D. Mahathi

VII E

#### A SPLENDID GIRL

A little girl from London,

Acutely waiting for her school work to be done.

Consistently she was solemn about precious time than none,

Concentrating on her sweet voice and tone,

As her exquisite dreams to be done.

Though solemn she smiles, because

Of the naughty activities made by her dog bun.

S.D. Mahathi

VII E

#### **CORONA**

In 2019, at Wuhan you were born,

You were, a very small thorn.

But little we knew that the thorn would grow,

And destroy the Earth as fast as a blow.

Lost were innocent lives and souls,

You, on Earth, cast very large holes.

Although this feels certainly lengthy,

But we have courage and strength in plenty.

We will fight and win over you,

And then celebrate and bid you adieu.

With this we remind you,

Your days on Earth are going to be over,

And your end is drawing very closer.

K. Srimayi VIII D

## **Ingenious India**

India, a land of diversity and snake charmers, stands world second in the number of scientists, mathematicians and astronomers. A million discoveries India has made, to ensure its fame will never fade.

To name a few...

The idea of zero
by Aryabhatta, the Math hero
Invention of atomic theory
by Kanad, the man of philosophy.

C.V. Raman, first Asian to win the Nobel prize was renowned for his work on the scattering of light.

And then came his nephew, Subrahmanyan also wise An astrophysicist who too bagged the prize bringing the family double delight.

Father of Indian Space Programme, Vikram Sarabhai He planned project Aryabhatta, India's first indigenous satellite which astoundingly took flight.

A.P.J Abdul Kalam, India's missile man,
He created history with his Agni and Prithvi plan
A noble scientist and human being we all admire
who gave us the visionary book 'Wings of Fire'.

As Indians keep winning accolades, our high-flying flag will never rest for decades.

**Shaswathi Souresh** 

**8A** 

### Hunger

Stomachs barren, they wail

Foraging for food, all thin and pale.

Trying to survive is the priority,

All hungry and cold

They hold on to each other for support.

Food is a need,

Don't toss it away,

Be grateful for every mouthful of grain.

Count your boons,

Don't take them for granted.

Because you're blessed

To have everything that is needed.

So, let's link hands,

To end hunger

Because it is a curse.

Tanisha .R

VIII B

#### TEACHERS ARE DIVINE

We stumbled, We fumbled, We trembled .... But we rose, From a whining baby to a confident teen, we transpose. In every stumble, you enlightened us to take the right step, In every fumble, you made us go through umpteen preps, In every tremble, you instilled confidence to shine, O teachers you are divine!!!

Generations to generations gurus through their wisdom, Have given rise to great kingdoms.

Dronacharya or Chanakya, Swami Dayananda or Vivekananda

Radhakrishnan or Abdul Kalam, all deserve a great Salaam Devotees we are of that Shrine,

O teachers you are divine!!!

Just as we walk today, towards tougher paths and rocky ways

We always have you all mentoring, smiling and grooming us for those days,

We have you to mould us and give us the strength to sail through the rough waves,

Your constant motivation, a great future it paves.

Polished we come out from the mines,

O teachers you are divine!!!

No matter how far we sail, no matter how many new feats we scale,

The power of your teachings will never pale.

We are blessed and have immense zest to hold and pass on your learning,

And carry the baton of your nurturing and enlightening.

From the bottom of my heart, I penned down every line,

O teachers you are divine!!!

**CHHAVI SINGHVI** 

VIII B

# **Winter**

The Earth sleeps softly,

Under a white blanket, stripped of all finery.

Finery, of hills of lush grass, like a velvet cloak.

Of rainbow flowers, dancing

In time to the merry breeze,

Now brown and dead. Of towering trees,

With a canopy of green, singing

A lilting lullaby of rustling leaves,

To the tired wanderer.

Lakes with cool, clear water,

Rocks, over which tiny streams trickle,

Ending in a merry splash, now frozen,

Thick with ice, with rocks covered by a layer of frost,

Looking like soft, white mounds.

One can hear the tinkling laugh of merry children,

Playing in the white snow.

There is no chirping of birds,

For all have gone South.

The days are short.

It seems that the Earth wants to sleep peacefully until returning

To her former glory,

**During Spring.** 

But, till then,

She sleeps.

# **TRIANGLES**

I have three angles, sides too

The length of the third is less than

The sum of the other two.

I am a plane, so I'm flat

A closed figure, so no gaps

I am a triangle and nothing but that.

Extend a side to get an exterior,

That's equal to the sum

Of the opposite interior

The sum of my angles is 180 degrees

They call me 'Sankakkie' in Japanese

I come in many varieties

Acute, Obtuse and Right.

Two kinds of me have some special properties

If two sides are equal, one side not

An isosceles triangle is what you've got

If 60 degrees is the measure of each angle

You have got yourself an equilateral triangle.

Shaswathi Souresh VIII A

#### THE MAGIC OF LIFE

Cold, wet showers

That make me squeal,

Colourful, roadside flowers

With a velvety feel,

Kuala Lampur's Twin-Towers

Their majestic beauty, causing me to kneel...

A warm embrace,

A round, pink face

A wild goose chase...

Freezing ice

Dew-bright eyes

Sunset skies,

By a familiar hand, a loving squeeze

The shade of trees

The zamindar's fury on a long lease,

The buzz of bees

Flavoured coffees

Harry Potter's knobbly knees,

Look up the word, if you please

The hustle of collecting school fees,

It disturbs the students' peace!

Smooth seas

Like bowls of glass,

The scent of grass

Bells of brass

And their rings,

A thrush that sings

Creaky swings.

I love it all

Whether black or blue,

Any tint and hue

From him to you,

What is there not to love?

Secret devours

In the night

By the lamplight,

When all is eerily dark

Fearing a dog's bark

Staring at a saw-edged shark,

What not to love?

Ants crawling on the windowsill

Learning about a political bill

Younger sisters that can't stay still,

Toddlers who stumble and shove

What's it there for,

If not to love?

Clear streams

Long-night dreams,

Aloe vera creams and

Lacy frock seams,

Jewellery gold

Expensively sold.

My aunt's laptop screen

Trust me, it's fit for a queen!

Mountainous hikes

Chokers with spikes,

Sara Crewe's riches

Marble statues in their niches,

Whether to multiply
Or crush and grind,
It yours to discover

Yours to find...

Twinkling stars in the murky sky,

People's dreams of flying high,

It sends my heart racing,

All these wonderful things I'm facing!

But all the same
In the cold shadows,
Lay lurking
Dark thoughts and great sorrows...

It's your choice

To pick what you want,

Either to jump in joy

Or cower and let fear haunt...

Allowing it to feast

On your joys and dreams,

What will be left?

But a statue of nothing nice

I dare say,

A frosty one of ice...

Life is well stocked

With peas and cheese

Pasta, and items of deep freeze,

With doors of golden, bronze and steel.

A handful locked

But if you look,

You'll find

There's always a reason to smile

Joy's door is open wide...

Inshirah Rizwan Khan VIII D

# **SISTER**

A Portion of my life,

A piece of my heart,

Literally a slice of me,

We fight,

But still we love.

You are naughty,

You are sweet,

You copy what I do,

And you irritate,

Together we cry,

Together we laugh,

You wear my clothes,

And you still scold,

You are the one who understands me,

You are the one who supports me,

But above all I feel sad,

Because at a part of our life

We would be a-part and

Still be one as always!!

ARSHIKA CHHABRA
IX B

# Birds in the Sky

Looking at the birds soaring in the sky,

There are
different things
that comes to the
mind 'They are
flying around to
feed their lads',
'Oh! If I had wings I'd be so glad;
'I want to go home!' The student
whined,

'If I work hard enough I will reach those heights',

'They are carrying the messages of day to the night', Thinking about this I muse; The day can be good or bad, It depends on what I choose.

Jhanvi Patwa XD

#### THE BLUSTERY NIGHT

A tiny flower stood trembling in the dark
The clouds gathered and the winds played their harp
The sky burst into drops; a cool breeze is what I remember the last
'Look at the diamonds falling from the sky' sang the flower
shaking in joy.

Just above it stood a huge tree wrapped in rain
The teacher taught the plant lessons of life
New petals rose each day, yet the tree lost its leaves
Each petal sang the qualities of the tree
The tree waved its arms in joy as the petals sang.

# R.MERILL SHIPRA X C KINDNESS ALWAYS COMES BACK

A good deed Is never an unwanted weed It will one day come back to your tent, Just as it went A bad deed Is surely an unwanted weed It will as well come back to you, But, twice as it went from you What we expect from others always comes back to us, Just as fantasy's fantastic fairies Or it's dreadful demons I'm sure that all of us have some kind in us Let's kindle this kindness Show this kindness to every single being For sometime later it will definitely come back to us

R.SARINIDHI X C

# **One Rainy Day**

You slouch against your swaying seat,
The teacher walks in
-A moment of tensed silence
And you sit up straight.

You follow her with your raw gaze
As you carelessly take down the notes
And chew on the end of your pencil,
Getting lost in a fantasy.

Little did you know that
You were the next person questioned,
You stand in apprehension
With an air of vacancy.

She twists her lips into a crooked smile,
Furrowing her brow,
And turns around
With a chalk in her hand.

You slump back onto your seat

-A tinge of relief

As she switches to a new perspective

Hoping you would understand.

Now you hark back to it- that rainy day

From back when you were nine

Because it made you realise

The magnificence of a teacher.

One taught you numbers,

One taught you letters,

Another taught you gravity

But all of them taught you honesty, courage and kindness.

T Lakshanya X-D

# **Mother Nature**

It's a beautiful wonderful sight,

The generosity of mother nature

-Gives us food, water and shelter

And fellow creatures to keep us company.

Lush green forests,

Panoramic view of wildlife,

To escape the bustle of the cities

Into a world of tranquillity.

But we humans,
Ruin its splendour
-Burn down trees,
Chop down forests.

Destruction of exuberant boscage,

Construction of buildings and factories,

Dumping of hazardous wastes
Just to satisfy our infinite greed.

Extensive poaching of wildlife

-Elephants, rhinos and pangolins,

Unrestrained wildlife trade

-All for the sake of mankind.

But we reap what we sow,

Thus, a surge in the greenhouse gases we procure;

Flood and disease,

Drought and famine.

**Evolution of tuskless elephants!** 

Sheep with shorter horns,

Bears of smaller sizes

-All because of the cruelty of humanity.

Have we thought about the ecosystem?

Have we thought about the future generations?

How are we to protect the human race?

How are we to save our home?

Thus, we must always remember

The magic words of healing

-Refuse, recycle, reuse,

Repurpose and reduce.

Construction of dams must be curtailed,

Biodiversity must be sustained.

Rejuvenation of forests we must inspirit,

Use of non-biodegradable products we must inhibit.

'Vasudhaiya Kutumbakam'

-The entire Earth is one family

So, who will save us, if not ourselves?

Who will change this,

If we don't do it ourselves?

T. Lakshanya

X D

# **DAY AND NIGHT**

The bright sun shines
On the grassy meadow.
And the little bird pines
For a nice cozy shadow.

It is a very pretty sight
To watch the spring.
The breeze is light
Making the bugs cling.

The bright moon shines
Smiling with a glow.
The dainty star tries
To make a little show.

The darkness is at might Wanting to sing.
The whole sky at night Looks like an owl's wing.

The clock sighs
Thinking about tomorrow.
Night flies and day rises
Making the world move slow.

S. AMIRTHA LATSHMI XI A

# **NEVER ALONE**

I decided to write this today,

I shall proceed without any delay.

Although i am not sure how to say this, but i think this poem is a bliss.

Before i begin, just look up in the sky, i hope you see a spark that never dies.

Or just a glow that sends shimmer down your Soul,

You'll know you are never alone.

You'll never be alone; i say this with a trust in Divine,

I know i can't be around with you everytime.

But you shall know where to find me,

Although this may sound a little fictitious, i agree,
But when you look up in the sky for a spark,
Hang in there, cause i'll be with you always
Even in the dark.

ARZOO RAI XI A

# **POETIC DEVICES**

Let's not waste any time,
An alliteration is to be found.
It's where two words in a line
Have the same sound.

Now banging through the door
Comes the onomatopoeia.
With just a snap or more,
It can make you hear stuff, dear.

Rushing right ahead,

Metaphors may be funny.

Have you heard of 'Bread and butter'

Or maybe "time is money"?

Now the simile comes floating
As graceful as a swan.
It's where you compare something
And a relation is born.

Standing there motionless

Is the personification.

It's where a thing is more or less

A human in interpretation.

Now a hyperbole has been in use

For millions of years.

It means an exaggeration, you choose

To explain something here.

The imagery lies

Beside the lake, beneath the trees.

A beautiful picture it paints

In our minds, with ease.

In your mind,
Repetition, you should retain.
An emphasis you'll find
When a word appears again and again.

Irony deserves a crown
'Cause a contrast it implies
Like when a fire station burns down
Or a pilot has a fear of heights.

I'm not sure if you noticed,

But this poem has a rhyme scheme.

Into this work, the device was stitched.

Finally, all the devices together make a powerful team.

G.S. AVANE XI A

#### HISTORY FOR MANKIND, FOR MANKIND ALONE

"History is so boring"

"It is of no use anyway"

For every student in learning,
This is a frequent thought every day.

But when calamities arise,
And solving them seems impossible
Their ancestor's solutions they revise,
And say "Ah! This problem is so manageable"

Countless wars fought,
Innumerable mistakes made,
Only to give humans the thought,
The errors which were committed, man should evade.

What is boring today
Will be of great help tomorrow
What were mistakes someday
Will guide the world to improve and grow.

When everyone is in a bind, And is destroyed everything you own Remember, history of mankind, Is for mankind alone.

> A. IZMA ZAINAB XI D

#### **IRON LADY**

Hey! The home knight !!

Strengthening the pillar

Cushioning with love

Holding with a smile glimmer

Nevertheless in the dark cloud...

Hey! The passion princy!

Bouncing up with pain

As if the life goes...

Hitting up the winning lane

Showing the pride pose

Showering with the painy rain

Running up with goals not to be in vain

Yet,

She is being on the rag, blossoming as rose.

Hey! The tangy jelly!

Runs the fam,

Holding the sweetness in her heart

Runs the fam,

Holding the heftiness in her soul

Being the goddess to the world

Spreading the aroma of her crystal soul

Hey! The fierce lioness!

Holding all her agony

Smiling at the sky

Blessed with a beautiful soul- a baby

Sudden spark

Pain vanishes

Happiness flourishes

No signs of agony

No word of pain

Only living for the child

To be known as mother!

Mentally powerful!

Physically fiercely!

Protecting the treasure

Known to be called as IRONLADY ..!

V B Roshini XI B

#### **A TEACHER**

A clueless child, A guarded heart

A new mind, with none but one guide

A person, time-served and well-versed

Scarred by the world and made strong

She is called by a special word - A teacher

A novice and a professional

When they meet, takes place a beautiful creation
A new seed germinates
A journey starts on the path of life, it's rough
But with a guide, nothing shall be as tough

Thunderstorms ghastly, earthquakes and flood
But the sapling can remain at ease
For even if they waver
Even if they feel dispirited
The teacher shall be on their side

Years passed,
Engulfed in green, with a strong bark
The sapling, has now grown up to a big tree
It looks up at the sky, and says with a smile
"Thank you for all you have done, teacher"

A. IZMA ZAINAB

XI D

# **Creative Writing Tamil**

## <u>தமிழ்</u>

எனது தாய்மொழி தமிழ் என்னை உருவாக்கியதும் தமிழ் என்னை வாழவைத்ததும் தமிழ் நான் தமிழன் என்று சொல்ல வைத்ததும் தமிழ் தேன்தமிழ் , முத்தமிழ் , நற்றமிழ் , நறுந்தேன் தமிழைப் புகழ வார்த்தைகளே இல்லை !

> ரித்திகா ஆறாம் வகுப்பு 'உ' பிரிவு

இயற்கை

பச்சைக் கம்பளி விரித்ததுபோல் படர்ந்திருக்கும் அழகிய புல்வெளி அங்கு சிலுசிலுவெனக் கார்மேகம் சூழ இடையிடையே மாரி பொழியும் காட்சி இச்சூழலை அனுபவிப்பவர் அனைவரும் பேறு பெற்றவர்கள்.

> இரா கோகிலா ஆறாம் வகுப்பு 'இ ' பிரிவு

#### அம்மா

- உலகில் எந்த உறவும் உன் போல் இல்லை
- உலகில் நான் முதலில் பேசி**ப்** பழகியதும் எழுதி**ப்** பழகியதும் உன் பெயரைத்தான்
- பேசியும் புரியாத உறவுகளுக்கு மத்தியில் பேசாமல் புரிந்து
   கொள்ளும் உறவு
- என் நோக்கங்களைப் புரிந்து கொள்ளும் ஒரே உறவு அம்மா .

ஜீவிகா ஸ்ரீ

ஆறாம் வகுப்பு 'உ' பிரிவு

# இயற்கை

இயற்கை ,நீ எங்களுக்கு எல்லா வளங்களையும் தருகிறாய் மரங்களைக் கொடுத்து மழையையும் தருகிறாய் ஆறுகளைக் கொண்டு தண்ணீரையும் தருகிறாய் அதுபோக மற்ற உயிரினங்களையும் வாழவைக்கிறாய் உனக்கு எப்படி நன்றி சொல்வது என்று எனக்குத் தெரியவில்லை

> ரித்திகா ஆறாம் வகுப்பு 'உ' பிரிவு

#### அழகு

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மயிலுக்குத் தோகை அழகு !
  பெண்ணுக்குக் கூந்தல் அழகு !
வானத்துக்கு வானவில் அழகு !
  பாட்டிக்கு மூக்குக்கண்ணாடி அழகு !
தோழிக்கு நட்பு அழகு !
  ஓவியர்க்கு ஓவியம் அழகு !
ஆசிரியர்க்குச் சொல்லிக்கொடுக்கும் விதம் அழகு !
  மாணவர்களுக்குக் கல்வி அழகு!
குருவிக்கு அதன் அலகு அழகு!
  விவசாயிக்கு அறுவடை அழகு !
இரவில் நட்சத்திரங்கள் அழகு !
  <mark>பாட்டுக்குத் தாளம் அழகு</mark> !
 பூமிக்கு நிலா அழகு !
 தஞ்சைக்குப் பெரிய கோவில் அழகு !
இராமேஸ்வரத்தில் பாம்பன் பாலம் அழகு !
 தூக்கத்தில் கனவுகள் அழகு !
தமிழ் மொழியில் இலக்கணம் அழகு !
 இவை அனைத்தும் விட !
மனிதர்களுக்கு மனிதநேயம் அழகு
                                           ரிதம்பரா
                                  ஒன்பதாம் வகுப்பு 'ஈ' பிரிவு
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#### அப்பா

- உன் தோளில் தூக்கிச் சென்று இவ்வுலகைக் காட்டுகிறாய்
- உன்னால் முடியும் என்று ஊக்கப்படுத்துகிறாய்
- உன் வியர்வையைச் சிந்தி என்னைப் படிக்கச் செய்கிறாய்
- யாராலும் செய்ய முடியாத வேலைகளைக் கூட எனக்காகச் செய்யும் ஒரே உறவு அப்பா.

ஜீவிகா ஸ்ரீ

ஆறாம் வகுப்பு 'உ' பிரிவு

#### மழை

முதற்கோடி மனிதனுக்கும்

கடைக்கோடி மனிதனுக்கும்

கடவுள் அளித்த வரமே மழை !

அன்னையாய்த் தாகம் தீர்க்க

விண்ணில் இருந்து மண்ணில் வந்த அமுதசுரபி!

அளவாய் வரும் போது அமுதத்துளி!

அளவின்றி வரும் போது அதுவே விஷத்துளி!

அறவே வராதபோது கண்ணீர்த்துளி!

மொத்தத்தில் இதுவே மண்ணின் உயிர்த்துளி !

சித்தத்தில் உறுதி கொண்டு சேமிப்போம் மழைத்துளியை!

யுவஞீ

ஒன்பதாம் வகுப்பு 'ஈ' பிரிவு

#### உண்மையைப் பார்.

என் கண்ணைப் பார், என் கவிதை பார், அவை இரண்டிலும் மெய்யைப் பார்.

உன் ஊரைப்பார், இவ்வுலகைப் பார், மனிதர் மனதில் பொய்யைப் பார்.

கடலைப்பார், கப்பலைப் பார், அவை நடுவே தாவும் மீனின் அழகைப் பார்.

தாயைப் பார், அவள் குழந்தையைப் பார், அவர் இடையிலுள்ள பிணைப்பைப் பார்.

சுற்றியுள்ள அனைத்தையும் பார், பார்த்து அனைத்தும் நம்பாமல் உள்ளே தோண்டி உண்மையைப் பார்.

> ப்ரீத்தி உத்ரா ஒன்பதாம் வகுப்பு 'ஈ' பிரிவு

#### வானம்

என்றும் இருக்கும் வானமே,

உன் அழகை எப்படிக் கூறுவது.

மழை தருவதும் நீ ,

சூரியனின் ஓளியைத் தருவதும் நீ.

வானவில் தோன்றுவதும் வானில்தான்

நட்சத்திரங்கள் தோன்றுவதும் வானில்தான்

பறவைகள் பறப்பதும் வானில்தான்.

மேகங்களால் சூழப்பட்ட நீ,

இன்றும் என்றும் இருப்பாய்!

க.நித்திலா

ஐந்தாம் வகுப்பு 'ஈ' பிரிவு

# ரௌத்திரம் பழகு

சிதையா நெஞ்சு கொள் செய்வது துணிந்து செய் தீயோர்க்கு அஞ்சேல் நேர்படப் பேசு கொடுமையை எதிர்த்து நில் சாவதற்கு அஞ்சேல் நையப் புடை நொந்தது சாகும் பேய்களுக்கு அஞ்சேல் போர்த்தொழில் பழகு

இவையெல்லாம் கை வர வேண்டுமா ? ரௌத்திரம் பழகு !! என்று தன் புதிய ஆத்திசூடியில் முழங்கினான் பாரதி . ரௌத்திரம் பழகு என்பதன் பொருள் 'கோபப்படப் பழகு ' என்பதே ஆகும்.

இங்கு பாரதி உணர்த்த விரும்பும் ரௌத்திரம் என்பது சுயநலம் சார்ந்தது அல்ல. அது பொதுநலம் சார்ந்ததாகவும் இருக்க வேண்டும். தனக்கும் தன் கண்முன்னே பிறர்க்கும் இழைக்கப்படும் கொடுமைகளைக் கண்டும் எழாதிருப்பவன் கோழை. எதிர்க்கத் துணிவின்றித் தனக்குள்ளே உழன்று, தன்னைத்தானே அழித்துக் கொள்ளச் செய்வது ஆத்திரம் அல்லது சினம்.

அநீதியைக் காணும்பொழுது பொங்கி எழுந்து தட்டிக் கேட்பதே ரௌத்திரம். ஆத்திரம் அறிவற்றது. விவேகத்துடன் கூடிய அழுத்தமான வெளிப்பாடு தான் ரௌத்திரம்.

உணர்ச்சிகளில் உயர்ந்தது கோபம் என்கின்றனர் பெரியோர் . பொதுவாகச் சினம் எனப்படுவது ஒரு தவறான உணர்வு நிலைதான், இருப்பினும் கோபப்படவேண்டிய இடங்களில் கோபப்படாமல் இருப்பதும் தவறே என்கிறார் பாரதியார். சமூக அக்கறையோடு கூடிய கோபம் வேண்டும். சமூக சிந்தனையும் ,பொது நலமும் கொண்ட நியாயமான காரணத்திற்காக கோபப்படவேண்டிய இடங்களில் கண்டிப்பாகக் கோபப்பட வேண்டும் என்பதற்காகத் தான் ரௌத்திரம் பழகு' என்கிறார் மகாகவி.

இதை மனிதராகப் பிறந்தும்,உடல்திறனும் ,மனவன்மையும் பெற்றிருந்தும் அநீதியைக் காணும்பொழுது ஏதும் செய்யாமல் ,கண்டும் காணாமல் இருக்கும் இளைஞர் கூட்டத்திற்காகப் பொறுமைக்குத் தவறான விளக்கத்தைப் படித்து வீணாகி விடாமல், பொதுநலம் பொருந்திய நல்ல கோபம் கொள்ளுங்கள் என்று கூறினார் பாரதி .

இன்று சமுதாயத்தில் நடக்கும் பல கொலைகள், கொள்ளைகள் , பெண்கள், முதியோர் மற்றும் சிறார்களுக்கு எதிராக நடக்கும் வன்கொடுமைகள் , பல ஒழுக்கமின்மை செயல்கள் ஆகியவற்றிற்குக் காரணம் நாம் 'ரௌத்திரம் பழகாமையே' ஆகும்.

இன்று வெளியே நடக்கும் அநீதிகள் நாளை நம் வீட்டிற்குள்ளும் நடக்கலாம். அதனால் தவறு எங்கு நடந்தாலும் அதைத் தட்டிக் கேட்பதை நாம் உறுதிமொழியாக எடுத்துக் கொள்ளவேண்டும்.

ரௌத்திரம் என்பது நம் ஒவ்வொருவரின் உயிர் அணுவிலும் இருக்க வேண்டும். எந்தை இந்தியா ஏற்றமிகு புகழ் பெற நாம் இக்கணம் முதல் பழகுவோம். ஆத்திரத்தை அழிப்போம் ! கோபத்தைக் கொளுத்துவோம் ! சினத்தை விளக்குவோம் ! சிந்தனையில் பொதுநலத்தைச் சிறிதேனும் சிந்தித்து ரௌத்திரம் பழகுவோம்.

ரௌத்திரம் பழகுவது நம் கடமை. ஆணுக்கு அது ஆண்மை . பெண்ணுக்கு அது உடுக்கை. அச்சம் தவிர்த்து ' ரௌத்திரம் பழகுவோம்' சமூக நலன் பேணுவோம் !

'மரத்தமிழர் அல்லர் மறத்தமிழர் என்பதை மெய்ப்பிப்போம் '

> நந்திதா கேசவன் பத்தாம் வகுப்பு ' அ' பிரிவு

#### முதல் பயண இடம்

நினைக்கும்போதே மணம் பறக்குதே கோடை காஷ்மீர் பயணம் சிந்தனையில் நிற்கிறதே ! வண்ணமயமான காஷ்மீர் மலைகளின் உயரம் ஆங்காங்கே பரப்பிய வெண்மை

வெள்ளிப்பனி வைரம்!

நீரலையில் என்றும் நிலைகொண்ட படகுகள் அந்தத் தால் ஏரியில் மிக லேசான அசைவுகள்!

பனிபடர்ந்த வைரம் நிறைந்த நிலம் போல ! என் மனம் பறக்கிறதே சிறுபிள்ளை போல ! எங்கும் அழகிய வெள்ளைக் காட்சிகள் காணக்கிடைக்காத இயற்கைப் படைப்புகள் ! பலவித வண்ண மலர்களின் தொகுப்பு பார்க்க பார்க்கச் சிறப்பு ! பனிமலையில் குதிரைச்சவாரி பயணம் கொண்ட பார்வை மட்டுமே நம் முகவரி!

நினைக்கும் போதே மனம் பறக்குதே கோடை காஷ்மீர் பயணம் சிந்தனையில் நிற்கிறது!

> காவியதர்ஷினி பத்தாம் வகுப்பு 'உ'பிரிவு

## இயற்கை

நான் தினமும் காணும்

அழகு ஓவியம் நீ!

அழகே பேரழகே !

கொஞ்சும் தமிழ் போல

எனை நனைக்கும் மழையும் அழகு!

அனைத்து வாசனைத் திரவியங்களும்,

தோற்றுப் போகும் உன் மழைத்துளியின்

மண் வாசனைக்கு முன்னால்!

வண்ண வண்ணப் பூக்கள் அழகு!

பிறப்பதும் உன்னில், இறப்பதும் உன்னில்

நிலையாய் நிற்பதும் உன்னில்!

ஏழை, பணக்காரன் என்று பாரபட்சம்

இல்லாமல் கொடுப்பது இயற்கையே!

உன்னைக் காப்பதே என் கடமை

இயற்கையைக் காப்போம்!

ஜோத்ஸ்னா ஜெயகிருஷ்ணா ஏழாம் வகுப்பு ' ஈ' பிரிவு

# இருளின் ஒளி

கார் இருள் மேகத்தின் ஒளி இடியுடன் கூடிய மின்னல்
நரகத்தின் ஒளி சொர்க்கத்தின் வாசல்
இரவில் ஒளி எங்கும் மின்னும் நட்சத்திரம்
சூரிய கிரகணத்தின் ஒளி எட்டிப்பார்க்கும் சூரியன்
ஆழ்கடலில் ஒளி அதன் தெளிவுத் தன்மை
இருள் நிறைந்த மனதின் ஒளி நேர்மையும் வெண்மையும்
யூமி அடிவாரத்தில் ஒளி வானை முட்டும் மரம்
தோல்வியின் ஒளி நிலைபெற்ற வெற்றியின் வாசம்
சுட்டெரிக்கும் தீயின் ஒளி தன் பிரகாசத் தீப்பொறி
சோதனை வாழ்வின் ஒளி தன்னம்பிக்கையும் உழைப்பும்.

பிரியங்கா பத்தாம் வகுப்பு 'உ' பிரிவு

# வாழ்க்கை

வாழ்க்கை என்பது நம் கையில்

உள்ளப் பூட்டுப் போல

சாவி இல்லாப் பூட்டை மனிதன்

உருவாக்குவதில்லை

அதேபோல் தீர்வு இல்லாத

துன்பத்தை ஆண்டவன் கொடுப்பதில்லை

வாழ்க்கை என்னும் பூட்டின் சாவி

<u>நம்மிடமே</u>

அது நம்மிடமே இருக்க வேண்டும்

நாமே நம் துன்பத்திற்கான தீர்வுகளை

வகுக்க வேண்டும்

சாவியை வேறு ஒருவரிடம்

கொடுத்து விட்டாலோ தொலைந்து விட்டாலோ

நம் வாழ்க்கை நம் கையில் இல்லை.

ஸ்ரீயா பத்தாம் வகுப்பு 'உ' பிரிவு

## முயன்றால் முடியாதது எதுவுமில்லை

முயன்றால் முடியாதது எதுவும் இல்லை
அதில் எனக்குச் சந்தேகமே இல்லை
வெற்றி வந்தால் தலைக்கனம் கொள்ளாதே
தோல்வி வந்தால் கவலை கொள்ளாதே
தோல்வி வந்தால் நீ ஏற்றுக்கொள்
ஏனென்றால் அதுதான் உன் வெற்றிக்கு முதற்படி
முதல் போட்டியில் வெற்றி கொள்
ஆனால் இரண்டாம் போட்டியில் உன் அலட்சியத்தால் தோல்வி
அடையாதே

முயற்சி என்பதும் நான்கு எழுத்துச் சொல் வாழ்க்கை என்பதும் நான்கு எழுத்துச் சொல் ஆதலால் முயற்சி இருந்தால் வளர்ச்சி பெற முடியும் வளர்ச்சி இருந்தால் தான் வாழ்க்கையில் வெற்றி பெற முடியும் முயன்று பார் உன்னால் எதையும் வெல்ல முடியும் முயன்றால் உன் மூச்சையும் வெல்ல முடியும் முயற்சிதான் வாழ்க்கையின் முதல் பயிற்சி முயன்றால் முடியாதது எதுவுமில்லை.

தாரணி

பத்தாம் வகுப்பு 'ஈ' பிரிவு

## கொரோனா கொடுந்தொற்றே உன்னை வெல்வோம் !!

சீனத்து வூகானில் ஆய்வில் நீ பிறந்தாய் எம் மலைதேச மாணவியின் உட்புகுந்து பாரதம் வந்தாய் முச்சுக் காற்றினிலே முன்னெடுத்துப் பரவி விட்டாய் பாரதம் மட்டுமின்றிப் பார் முழுதும் படர்ந்து விட்டாய்

மருத்துவம் தேடும் முன்னே மரணித்தோர் ஓராயிரம்
மருத்துவமனையிலேயே மண்டியிட்டோர் பல்லாயிரம்
கடன் பெற்று நிலம் பொருள் விற்றுக் கட்டினர் பல லட்சம்
உடல் விட்டு உயிர் நீங்காது காப்பது ஒன்றே லட்சியம்

உலகமெங்கும் மானுடர்க்கு ஊர் அடக்கம் ஏழை பணக்காரன் இல்லை உன் நோக்கம் அனைத்து இயக்கங்களும் பெரு முடக்கம் அதுதான் உனது கொடுந்தாக்கம்

அரசின் ஆர்வத்தால் நம் நாட்டு விஞ்ஞானிகள் தடுப்பூசி தயாரித்துத் தரம் பார்த்துத் தந்து விட்டார் விமர்சனம் செய்தோர் விரைந்து தடுப்பூசி எடுத்துத் தற்காத்துக் கொண்டார்

தேசிய முயற்சியால் நீ கட்டுக்குள் வந்து விட்டாய்

உருமாறி உருமாறி ஆங்காங்கே உயிர்பலி கொள்கிறாய் முகக்கவசம் அணிந்து முகம், கை,கால் கழுவி எங்களைக் காத்திடுவோம்

கொரோனாவே ,முற்றிலும் உன்னை ஒழித்திடுவோம் மீண்டும் முந்தைய நிலை கண்டிடுவோம் நலம் மிக்க வாழ்வு பெறுவோம்!

> ரா. உமா கீர்த்தி பத்தாம் வகுப்பு ' அ ' பிரிவு

#### தண்ணீர்

அன்று நாம் குழாய்களில் நீர் அருந்தினோம்

இன்று குப்பிகளில் அருந்துகிறோம்

அன்று குளங்களில் தாவிக் குதித்து விளையாடினோம்

இன்று குளங்கள் இருக்கின்றன , ஆனால்

அதில் நீர் இல்லை, பெரிய கட்டிடம்தான் உள்ளது

மரங்கள் வெட்டியதால் மழையும் வெட்டியாய்ப் போனதே ! போதும்

நாம் வீணாக்கும் ஒவ்வொரு துளியும் அடுத்த தலைமுறையினரின்

இரத்தத் துளிகள்

நீரை ச் சேமிப்போம்! உயிரைக் காப்போம்!

சா. ப்ரீத்திகா

பத்தாம் வகுப்பு 'உ' பிரிவு

#### சிரிப்பு

இறைவன் மனிதனுக்கு அளித்த வரங்களுள் விலை மதிக்க முடியாதது சிரிப்பு!

குழந்தைகள் முதல் முதியவர்கள் வரை அனைவரின் உதட்டிலும் உச்சரிக்கப்படும் உலகப் பொது மொழி சிரிப்பு!

துன்பம் வரும் வேளையில் துவளாமல் சிரிக்கச் சொன்னார் திருக்குறளில் திருவள்ளுவப் பெருந்தகை!

'வாய் விட்டுச் சிரித்தால் நோய் விட்டுப் போகும்' உன் முகத்தில் புன்னகை சேர்ந்தால் தான் அழகும் சேரும்

கோடி அழகு உலகினில் இருந்தாலும் சிரிப்பு தான் எனக்குக் கொள்ளை அழகு !

விலையே இல்லாது விற்பனைக்கு வராது! கவலைகளை மறந்திட உதவும் சிரிப்பு!

ஆறறிவு படைத்த மனிதர்களுக்கு மட்டும் அற்புதமாக அமைந்தது இந்தச் சிரிப்பு! சிரித்து வாழ்வோம் !

> பவித்ரா பத்தாம் வகுப்பு உபிரிவு

#### அம்மா

அம்மா... என்னை ஈரைந்து மாதங்கள் சுமந்தவள் நான் பார்த்த முதல் முகம் நான் கற்ற முதல் வார்த்தை என்னை அணைத்த முதல் நபர். அம்மா..... நான் உணர்ந்த வழிகாட்டி நான் கண்ட தெய்வ உருவம் பாசத்தின் முழு வடிவம் பாகுபாடு காட்டாதவள் வெறுப்பு அறியாதவர். அம்மா..... அக்கறை காட்டுபவள் கண்ணுக்குக் கண்ணாய்க் காத்தவள் நல் மகளாய் வளர்த்தவள் அவளைப் புகழ வார்த்தையில்லை சொல்ல மொழியில்லை அவளைப் பாடாத கவிஞர்கள் இல்லை.

> தெ. ரக்ஷணா ஏழாம் வகுப்பு 'இ' பிரிவு

### என் மாடித் தோட்டம்

மாடியினுள்ளே நறுமணங்கமழும் என் சிவப்பு ரோஜா நான் வருவதைப் பார்த்ததும் மலர்ந்து வரவேற்கும் என் சிவப்பு ரோஜா மொட்டு மொட்டாய்ப் பூத்திருக்கும் என் அன்னைக்குப் பிடித்த குண்டுமல்லி அதைப் பார்த்தவுடன் என் தம்பிக்குப் பறிக்கத் தூண்டும் குண்டுமல்லி காலையிலே பூத்திருக்கும் பொத்தான் ரோஜா இரவு என் தந்தை வந்து ரசிக்கும்போது மூடும் ரோஜா நேற்று வந்து பார்த்த பொழுது என் செம்பருத்தி அரும்பு நிலை இன்று வந்து பார்த்த பொழுது பூ வாடின நிலை அடர்த்தியான பச்சைப்பசேலென கண்ணைக் கவரும் துளசிச் செடி ஒரு பக்கம் கயிற்றினிலே ஏறும் வெற்றிலைச் செடி மறுபக்கம் அனைவர் மனம் விரும்பும் என் அழகு மாடித்தோட்டம் .

> வி. எஸ் . நித்யஞீ பத்தாம் வகுப்பு 'அ' பிரிவு

### அம்மா

நான் இவ்வுலகத்தில் தோன்றியதும் நான் பார்த்த முதல் இறைவி என் அம்மா கடற்கரையில் கொஞ்சி விளையாடும் அலைகள் போல் என்னுடன் விளையாடும் ஒரு தோழி என் அம்மா! எனக்குக் கண்ணீர்விடத் தோன்றும்போது நான் உன் தோளில் சாய்ந்து கொண்டால் எனது துன்பங்கள் வண்ணத்துப்பூச்சிகளைப் போல் பறந்து விடும் எனக்கு மிகவும் பிடித்த மூன்றெழுத்துக் கவிதை அம்மா!

> ச. பூஜா பத்தாம் வகுப்பு ' அ ' பிரிவு

## ஏன் வந்தாய் கொரோனா?

கொடிப் பூக்கள் தூவிக் கொண்டாடி அழைக்கவில்லை ஆடிப்பாடி உன்னை ஆர்ப்பரித்து அழைக்கவில்லை பின் ஏன் வந்தாய் கொரோனா? கோடி மக்கள் தவித்துத் துடித்து மடிந்தனரே! ஆடிக்களித்து வாழ்ந்தவர் அயர்ந்து மாய்ந்தனரே! பின் ஏன் வந்தாய் கொரோனா? என்று தணியும் இந்தக் கொரோனா வேகம் என்று விடியும் எங்கள் இருண்ட வானம்.

ரா.தே. பிரித்திகா பத்தாம் வகுப்பு 'ஆ' பிரிவு.

#### நட்பு

நட்பில் நான் ஒரு காற்று மாதிரி நான் இருப்பது உனக்குத் தெரியாது ஆனால் நான் இல்லாமல் உன்னால் இருக்க முடியாது தூய அன்பிற்கு அடையாளம் யார் எனக் கேட்டால் என் நண்பன் உன்னைச் சொல்வேன் பெருமையாக எப்போதும் மறக்காமல் இருப்பது அன்பு அல்ல என்ன நடந்தாலும் வெறுக்காமல் இருப்பதுதான் உண்மையான அன்பு நீ மேலே மேலே உயரும்போது நீ யார் என்று நண்பர்கள் அறிவார்கள் ஆனால் நீ கீழே போகும்போது

உண்மையான நண்பர்கள் யார் என்று நீ அறிவாய்!

ஹர்ஷிதா ஒன்பதாம் வகுப்பு 'ஈ' பிரிவு

#### நண்பன்

என் ஐயம் போக்கும் ஐந்தெழுத்தை உடையவன் - நீ பொக்கிஷமாய் நான் கருதும் புதையல் - நீ என் தனிமையைப் போக்கும் தோழன் - நீ தாய்க்குச் சேய் போல வரமாய் அமைந்தாய் எனக்கு - நீ என் அகத்திற்குப் புத்துணர்ச்சி அளிக்கிறாய் - நீ அளவற்ற அறிவை அள்ளித் தரும் அருவி - நீ எண்ணற்ற பக்கங்களைக் கொண்டவன் - நீ பாரினில் பலரால் போற்றப்படுபவன் - நீ எனக்குள் ஒருவன் நீ

> நந்திதா கேசவன் பத்தாம் வகுப்பு 'அ' பிரிவு.

### ரௌத்திரம் பழகு பெண்ணே!

தினம் தினம் ஆணுக்கு நிகரான உரிமைகளுக்கு ஏங்கும் பெண்ணே!

உன் உரிமை உன் கையில் உள்ளது

யார் என்ன கூறினாலும் அமைதி கொள்வது

நற்பண்பு என்று நினைத்தாயோ?

பேசு உன் உரிமைகளுக்கு நீ தான் பேச வேண்டும்

அழாதே நீ பலவீனம் ஆனவள் என்று நீயே நம்புகிறாயோ!

நீ யாருக்கும் எந்த விதத்திலும் குறைவானவள் அல்லள்

<mark>அஞ்சாதே எதற்கும் எங்கும் அஞ்சாதே!</mark>

துணிவுடன் செயல்படு

<mark>யாரேனும் வந்து உன் உரிமைகளை உனக்குத் தருவார் என்று</mark> எண்ணாதே

உன் உரிமைக்கு நீ போராடு

பின் வாங்காதே பெண்ணே! பின் வாங்காதே

உன் சாதனைகளுக்காக இந்த உலகம் காத்துக் கொண்டிருக்கிறது

பாரதியின் பொன்மொழியை மனதில் நிறுத்து

ரௌத்திரம் பழகு பெண்ணே! ரௌத்திரம் பழகு.

ச, பிரீத்திகா பத்தாம் வகுப்பு 'ஆ' பிரிவு

### நீரின்றி அமையாது உலகு

நீரின்றி அமையாது உலகு என்பது அறிந்தோம் எனினும் நீர் காத்தோமில்லை வேரில்லாமல் மரங்கள் வாழ்வது எங்கே? நீர் இல்லாமல் மக்கள் வீழ்வது இங்கே மழையாகப் பெய்யும் நீரைச் சேமிக்காமல் மறுபடியும் கடல்தனிலே கலக்கவிட்டால் ஊர்தனிலே நிலத்தடி நீர் இறங்கி நம் நிலம் பாலைவனமாக மாறிப் போகும்.

ஏரிகுளம் அத்தனையும் வீடு கட்டிப் பொருள் சேர்த்தார் தன்னலத்துக் கயவர் விளைநிலத்தை எல்லாம் மனைகளாக்கி உணவு தரும் ஆதாரத்தை அடைத்துவிட்டார் பெருக்கெடுத்து ஓடி வந்த நதியில் தேவையற்றக் கழிவு நீரைக் கலக்கவிட்டார் வீடு கட்ட ஆற்றிலிருந்து மணல் எடுத்தே ஆற்றின் மணல் மடியைக் கெடுத்துவிட்டார். நல்ல சில திட்டம் வகுத்து நீரை நாமின்று சேமிக்க வில்லை எனில்

நெல் கரும்பு இங்கே விளையாது குடித்திட நீரும் நமக்குக் கிடைக்காது

பெரிய உலகப்போர் மீண்டும் வரும் மக்களும் அழிவர் நீருக்காகப் பகைவராகி

இதனைத் தடுக்க அனைவரும் ஒன்றிணைவோம் மழை நீரை வீணாக்காமல் சேமிப்போம்.

> கு.ச. சிந்துஜா <mark>பத்தாம் வகுப்பு 'ஆ' பிரிவு.</mark>

#### நட்பு – கவிதை

ஆயிரம் சொந்தம் நம்மைத் தேடி வரும் ஆனால், தேடினாலும் கிடைக்காத ஒரே சொந்தம் நல்ல நண்பர்கள்

நட்புக்கு வயது அவசியமில்லை.

பிறப்பு முதல் இறப்பு வரை தொடரும்

உன்னதமான உறவே நட்பு

நட்பு என்பது வானத்தில் இருக்கும்

நட்சத்திரத்தைப் போன்றது

வானம் இருக்கும் வரை இருக்கும்

நம்மைப் பற்றி நமக்கே தெரியாத ரகசியங்களை

நமக்கு வெளிச்சம் போட்டுக் காட்டும் கருவிதான் நட்பு

நண்பன் இருந்தால் வாழ்வில் துன்பம் தெரியாது

நண்பனை மறக்காதே

தே.ஆ. ஜெய்ஸ்ரீ

பத்தாம் வகுப்பு ' ஈ ' பிரிவு

#### மடிக்கணினி

மடிக்கணினி மடிக்கணினி

காலையில் கடிகாரம் மணி அடிக்கிறதோ இல்லையோ

என் இதய மணி அடிக்கிறது நீ ஒழுங்காக வேலை செய்வாயா என்று

காலையில் அம்மாவின் 'உண்ண வா' என்னும் குரல் போய்

'மடிக்கணினியை இயக்கவை' என்ற குரல் வந்ததே

நீயும் உன் உடன்பிறவாச் சகோதரன் ஆகிய இணையதளமும்

அவ்வப்பொழுது வேலை செய்யாமல் என்னை வாட்டுகிறாயே

உங்கள் இருவர் மூலம் தான் என் ஆசிரியை, என் தோழிகள்

என் பாடங்கள் என் தேர்வுகள் சார்ந்திருக்கிறது.

உங்களைச் சார்ந்து இருப்பதனால் உடல் மற்றும்

மன உபாதைகளுக்கு ஆளாகிறோம்

உங்கள் கட்டுப்பாட்டிற்குள்

சிறைப் பறவைகளாக இருக்கும் நாங்கள்

சுதந்திரப் பறவைகளாக எங்கள்

வகுப்பிற்குச் சென்று பாடம் படிக்க விரும்புகிறோம்

ஆனாலும்,

எங்களை முழுவதும் மறந்துவிடாமல்

அவ்வப்பொழுது நாங்கள் வேண்டும்போது வருவீர்களாக !

மேக்னா. எஸ்

ஒன்பதாம் வகுப்பு 'உ' பிரிவு

#### அழகு

விண்ணை விட்டு நீங்கா நிலவு அழகு வயல் தந்த பரிசான கதிர் அழகு பூவைக் காக்கும் முள் அழகு வேரில் தோன்றும் மரம் அழகு உயிரால் இயங்கும் உடல் அழகு கரையைக் கொஞ்சும் அலை அழகு பறவையின் எல்லை வான் அழகு வானவில்லைத் தோன்றச்செய்யும் மழை அழகு விழிகள் பேசிடும் மொழிகளில் மௌனம் அழகு விண்மீன் காணும் வேளையில் இருள் அழகு அன்பைக் காட்டும் இதயம் அழகு தமிழின் இனிமையில் கவிதை அழகு.......

> – கு. தர்ஷினி ஒன்பதாம் வகுப்பு 'உ' பிரிவு

#### என் தாய்

என் நிழல் அவள் என்னுள் இருப்பது அவள் எழில் அவளின் விழித்திரையின் பிம்பம் நான் மட்டுமே என் சிந்தனை கூடப் புரிவது அவளுக்கு மட்டுமே நான் அவளிடம் கேட்பதற்கு எதுவுமில்லை எனக்குத் தேவை என்பது ஒன்றுமில்லை என் தேவை எது என்பது அவளுக்குத் தெரியும் அவள் அறிவாள் என்பது எனக்குத் தெரியும் பள்ளியில் தேர்வோ எனக்குத் தான் என்னுடன் பாடம் படிப்பதோ அவளும் தான் அவள் இல்லாமல் நான் இல்லை நான் இல்லாமல் அவளுக்கு இந்த உலகமே இல்லை அவள் வேறு யாருமில்லை என் தாய்

> தி. செல்வ கல்ப விருக்ஷயா ஒன்பதாம் வகுப்பு 'உ' பிரிவு

### பேச்சின் சிறப்பு

கோபமாய்ப் பேசினால் குணத்தை இழப்பாய்!

வேகமாய்ப் பேசினால் அர்த்தத்தை இழப்பாய்!

வீணாய்ப் பேசினால் வேலையை இழப்பாய்!

அதிகமாய்ப் பேசினால் அமைதியை இழப்பாய்!

ஆணவமாய்ப் பேசினால் அன்பை இழப்பாய்!

சிந்தித்துப் பேசினால் சிறப்பொடு வாழ்வாய்!

எஸ்.பி. யாஷித்தா

பத்தாம் வகுப்பு 'இ ' பிரிவு

## காலம் !

கருணை காட்டாது.. கடந்து விட்டால் திரும்பாது... ஒரு வழிப் பாதை.. ஒவ்வொரு துளியும் கீதை..! பூமியின் இதயத் துடிப்பு.. பிறந்த உடன் மடிதலே இதன் சிறப்பு..! சீராகச் செல்லும் இரயில் வண்டி... செலவு மட்டுமே செய்யும் சிறப்பு வங்கி ! ஒருமைப்பாட்டின் உண்மையை உணர்த்தும்.. உனக்கு, எனக்கு என்ற உண்மையைத் தகர்த்தும்.. ! எல்லோர்க்கும் பொதுவானது.. இயற்கையின் விதியானது.. ! ஒரு வினாடியின் அருமை ஒலிம்பிக் வீரனுக்குத் தெரியும்.. நிமிடத்தின் அருமை உயர் விஞ்ஞானிக்குப் புரியும். ! ஐந்து நிமிடத்தின் அருமை. இரயிலைத் தவற விட்ட பயணிக்குத் தேரியும்.. ! ஒரு மணி நேரத்தின் அருமை உழைப்பவன் அறிவான்..! ஒரு நாளின் அருமையை உற்பத்தியாளன் உணர்வான்.. ஒரு மாதத்தின் அருமை சம்பள நாளன்று தெரியும்.. ! பத்து மாதத்தின் பெருமை பிள்ளை பெற்றவள் அறிவாள்.. ! ஒரு வருடத்தின் அருமை உயர் கல்வி மாணவனுக்குத் தெரியும்.. ! ஐந்து ஆண்டுகளின் அருமையை.. உலகக் கால்பந்து வீரன் உணர்வான்.. ஐம்பது ஆண்டுகளின் அருமை.. நல்ல குடும்பத்தின் தலைவன் அறிவான்.. ! ' காலம் பொன்... கடமை கண்..' இதை உணராதவர் வாழ்க்கை மண் !

> ஜெ.ஜெயசஞ்சனா எட்டாம் வகுப்பு 'அ' பிரிவு

## என் கனவு !

எல்லோர்க்கும் இனியவளாய் இருக்க வேண்டும்... இல்லார்க்கு இயன்றவரைக் கொடுக்க வேண்டும்.. நல்லோர் சொல் கேட்டு நாளும் நடக்க வேண்டும்.. பொல்லார் உறவைப் புறந்தள்ளிக் கடக்க வேண்டும்..! பெற்றோர் நம்மைப் பெருமைப்படுத்துவது இயல்பு ! உற்றார் சுற்றமும் அந்த உறவு வழி வந்த மரபு ! அதனால்... மதி நிறைந்த.. மற்றவர் முன்னே.. கற்றவர் சபையில் கலந்துறவாடி.. கருத்து, விவாதங்களோடு கவினுற மோதி.. ' சான்றோன்' எனும் பெயரெடுக்க வேண்டும்.., இதனால், ஈன்றவர் மனதைக் குளிர வைப்பேன் மீண்டும் ! நான் பிறந்த நாட்டுக்குப் பெருமை சேர்க்க வேண்டும். வான் நிலவு போல புகழ் வானில் வலம் வர வேண்டும்.. ! அதற்கு, ஊண் உறக்கம் இன்றி ஓய்வில்லாமல் உழைக்க வேண்டும்... வீண் பெருமை பேசாமல்.. வெற்றி விளிம்பைத் தொடும் வரைக்கும்.. விடாமுயற்சி செய்ய வேண்டும். அய்யா அப்துல் கலாம் அவர்கள் சொன்ன பொய்யா மொழி போல... ' நான் தூங்கும் போது காண்பது.. என் கனவல்ல.. 'என் எண்ணம் நிறைவேறும் வரை' என்னைத் தூங்க விடாமல் செய்ய வேண்டும் அதுவே என் கனவு !

> ஜெ.ஜெயசஞ்சனா எட்டாம் வகுப்பு 'அ' பிரிவு

## அம்மா

அம்மா நீ தேன்- நான் அந்தத் தேனின் சுவை அம்மா நீ கவிதை- நான் அந்தக் கவிதையின் சொற்கள்

அம்மா நீ மழை- நான் அந்த மழையின் துளி அம்மா நீ வானவில்- நான் அந்த வானவில்லின் வண்ணம்

> அம்மா நீ கடவுள்- நான் அந்த கடவுளின் படைப்பு

> > கேஷிகா ஸ்ரீ

ஆறாம் வகுப்பு 'அ' பிரிவு



## कोरोना से डरो ना

कोरोना। कोरोना। कोरो ना। हाथ को साबनु से धोकर चेहरे को मास्क से ढको ना । कोरोना से डरो ना। छः फुट की दूरी बनाकर हाथ उठाकर नमस्ते तुम करोना कोरोना से डरो ना। खेल कूद कर कसरत करके ताकत और बल बढाओ ना कोरोना से डरो ना। माँसाहारी खाना त्याग शाकाहारी अपनाओ ना कोरोना से डरो ना। अधिक पेड़ लगाकर आक्सीजन तुम पाओ ना कोरोना से डरो ना। टीकाकरण करवा कर कोरोना को भगाओ ना कोरोना से डरो ना।

ख़ुशी धन्धानिया

कक्षा : चौथी ए

#### पेड़

पेड़ लगाओ , पेड़ लगाओ ,इस धरती को सुन्दर बनाओ आओ मिलकर पेड़ लगाएँ , इस पृथ्वी को स्वर्ग बनाएँ पेड़ काटना पाप है , धरती पर अत्याचार है पेड़ों पर दिखती हरियाली , जीवन में आती खुशहाली करोना ने हमें डराया , ऑक्सीजन का महत्त्व समझाया नित नए पेड़ लगाओ , ऑक्सीजन का भंडार पाओ

रिद्धिमा सिंघ कक्षा :चौथी सी

#### दर्पण

मैंने आईने में देखा
धूल भरी, ढहती दीवार पर
उदास कमरे में
भूतिया छोर पर
प्राचीन महल की दीवार से।
और मैं क्या देखता हूँ
चांदी के गिलास में?
बिल्कुल कोई संकेत नहीं है।

आर. शेरिल विपरा

कक्षा :पाँचवी ए

# मेरे वीर सैनिक भाई

ए मेरे वीर जवानों, तुमको है कोटि-कोटि नमन, जो देश की खातिर, अर्पित करते अपना तन और मन। खड़े रहकर सीमा पर, करते वे देश सेवा दिन-रात, शौर्य से अपने वे, दुश्मनों को भी देते मात। सर्दी, गर्मी, प्यास और भूख,सब कुछ हैं वे सह जाते, किंतु भारत माता के गौरव पर, कभी वे आंच ना आने देते। रहकर दूर अपने परिजनों से फर्ज अपना है जो निभाते ऐसे वीर जवान ही, भारत माता के सच्चे सपूत कहलाते। चाहूँ मैं अपनी सखियों से, बस इक बात कहना, इन वीर भाइयों को अपनी, दुआओं में सदा ही तुम रखना। जय हिंद

> एस.सोनाक्षी कक्षा - पाँचवी 'ए'

### फुहार

काले भूरे बादल बादल आये।
गड़ - गड़ करते नभ में छाए।।
रह रह बिज़ली चमक दिखाए।
बच्चे सहमें और डर जाएँ।।
रिमझिम - रिमझिम पड़ी फुहार।
भीगी छत भीगे घर द्वार।।
हम सब का मन भी लहराए।
चलो नहाएं धूम मचाएँ।।
तब तक मम्मी की पड़ी पुकार।
रंग भंग सब हुए विचार।।

अन्वेषा श्रीवास्तव

कक्षा: पाँचवी बी

### <u>फ़ौजी</u>

जब हम चैन की नींद सोते हैं
सीमाओं पर वे होते हैं
वे भारत माता के लाल हैं
साहस उनका कमाल है
जब फौजी सीमा पर जाते हैं
तब हम त्योहार मनाते हैं
हज़ारों की जान बचाने को
वे अपनी जान गँवाते हैं
भूल सभी रिश्ते नाते
माटी का तिलक लगाते हैं
मातृभूमि की रक्षा कर
देश का नाम बढ़ाते हैं
ये वीर फ़ौजी कहलाते हैं।

विन्या सिंघाल

कक्षा: पाँचवी सी

#### माँ सब जानती है

माँ सब जानती है, तुझे खुद से भी ज्यादा पहचानती है, लाख कोशिश कर तू छिपाने की, तेरे हर सुख-दुख को वह जानती है। खुद जाग कर तुझे सुलाती है, खुद रोकर तुझे हंसाती है, तन्हा रहती है खुद मगर, तेरा साथ हमेशा निभाती है, माँ सब जानती है। जब तुझे चोट लगे तो सिसकती है माँ, जब तू गलती करे तो समझाती है माँ, तू ही तो है माँ का लाडला, जब तेरी आँखें भीगे आंसुओं से, तो अपना आँचल देती है माँ, माँ सब जानती है। उसकी हर दुआ कबूल है, वह तो ममता का एक फूल है, शायद तभी भगवान से भी ऊपर आती है माँ, एक सच्चा दोस्त कहलाती है माँ, तुझे न हो फुर्सत एक पल भी उसके लिए, उसका हर पल हर लम्हा है तेरे लिए,

माँ सब जानती है।
पर आज मैं दूर हूँ,
खुद से मजबूर हूँ,
उलझा हूँ ज़िन्दगी के सफर में,
चल रहा हूँ माँ तेरे सपनों की डगर पे,
चाहत है तुझे खुश रखने की,
मुझे पता है माँ तू सब जानती है।

जसकीरत कौर

कक्षा : पाँचवी बी

### कितना सुन्दर है हमारा पृथ्वी !!

कितना सुन्दर है हमारा पृथ्वी।
फूलों और किलयों की सुंदरता हमें बहुत हैरान कर देती है।
हमारे खास गैजेट से एक मिनट दूर रहना मुश्किल नहीं है।
सब बाहर आइये और हमारे पृथ्वी की शोभा को देखिए।
ज्यादा गंदगी मत फैलाइए।
हमारे सुन्दर पृथ्वी को नष्ट मत कीजिए।
अधिक पेड़ लगाइए।
हमारे पृथ्वी को भविष्य के लिए एक अच्छी जगह दीजिए।

कक्षा : छठवी ए

अदिति सूरज

## शिक्षक के हम प्यारे बच्चे

शिक्षक के हम प्यारे बच्चे ।
हमे सिखाते अच्छे – अच्छे ॥
हम उनके हैं बदमाश बच्चे ।
फिर भी उन्हे हम लगते अच्छे ॥
वे हमको रोज कुछ नया सिखाते ।
बिना थके हमे पढाते ॥
देते हैं हमको शिक्षा ।
फिर लेते हैं हमारी परीक्षा ॥
हमें डांटते हैं वे सच्चे ।
हमें बनाते न्यारे बच्चे ॥
सभी शिक्षकों को सादर प्रणाम ।
मिलकर बनाए सुंदर हिन्दुस्तान ॥

हेमा ग्रोवर

कक्षा: सातवीं डी

## शिक्षक

आप से ही सीखा, आप से ही जाना॥ आप ही को हमने गुरु है माना, सीखा है सब कुछ आप से ही हमने कलम का मतलब आप से ही जाना॥ आप ही है हमारी जीवन की मोमबत्ती, जिसने दी हमे ज्ञान की ज्योति॥ मेरी सभी शिक्षिकाओं को धन्यवाद !!

हेमा ग्रोवर

कक्षा: सातवीं डी

# हिंदी

माँ के प्रेम की छाया है हिंदी,
पिता का प्यार है हिंदी,
ममता का आँचल है हिंदी,
ज्ञान का सागर है हिंदी,
हिंदुस्तान की आवाज है हिंदी,
हर दिल की धडकन है हिंदी,
शहीदों की भूमि है हिंदी,

मोक्षा आर मेहता

कक्षा: सातवीं "डी"

# <u>जीवन</u>

जीवन बहुत सुंदर है, सपनों के साथ। जीवन एक यात्रा है, बहुत सारे अवसरों के साथ। जीवन सफलता है, लेकिन असफलता नहीं। जीवन अनमोल है, इसे सार्थक बनाएँ और आनंद लें।

कनाला भावना

कक्षा : आठवीं ए

## "हिंदी दिवस "

हर जन की भाषा हैं हिंदी! भारत की शान है हिंदी! सबको जोड़कर रखने वाला एक मात्र धागा हैं हिंदी | कश्मीर से कन्याकुमारी तक कि, प्यारी भाषा है हिंदी! मीरा, कबीर, तुलसी जैसे, महान संतों की बोली हैं हिंदी! सरल शब्दों में कहें तो हर हिन्दुस्तानी की मातृबोली हैं हिंदी!

> मान्या गुलेरी कक्षा दसवीं ए

### बचपन की बारिश

कल जिस बारिश में छपाके लगाया करती थी आज उसी बारिश में कीटाणु देखना सीख गई। कल बारिश में बेफिक्र भीगती थी आज बारिश में मोबाइल को बचाना सीख गई। कल दुआ करते थे कि बरसे ये बारिश बेहिसाब तो छुट्टी हो जाए .... अब डरती हूँ कि रुके ये बारिश कहीं कनेक्टिविटी न टूट जाए। किसने कहा अब नहीं होती बचपन वाली बारिश हम ही तो कागज़ की नाव बनाना भूल गए। बारिश तो अब भी बारिश ही है, हम ही हँसते-हँसते भीगना भूल गए।

> कश्मीरा नावलन कक्षा दसवीं सी

# परमात्मा का दूसरा रूप है आचार्य

परमात्मा का दूसरा रूप है आचार्य हमको मिलता जीवन की शिक्षा इनसे कदमो में है स्वर्ग बसा संस्कार वह हमें सिखाते अच्छे - बुरे का अंतर समझाते हमारी गलतियों को सुधारते आशीर्वाद हम पर बरसाते॥ आचार्य बिना जीवन है अधूरा खाली-खाली सूना - सूना हमारी ख़ुशी में खुश हो जाते दुःख में मार्ग यह दिखाते कितने खुशनसीब है हम पास हमारे है प्रतिभाशाली आचार्य ||

> जे जनैयता कक्षा :दसवीं ए

### हम तीन दोस्त

दोस्ती जब दो लोगों में हो तो बेशक पक्की दोस्ती होती है पर जब यह पक्की दोस्ती तीन सखियों के बीच हो जाए तो जिगरी रिश्तेदारी बन जाती है

तीन दोस्त होते ही निराले हैं तीनों मिल कर कुछ अजीब सा ही रिश्ता बना लेते हैं । हमेशा साथ रहते हैं, साथ खाते हैं, साथ घूमते हैं

तीनों में से कोई एक भी ना हो तो दिन ही नहीं गुज़रता और जब तीनों साथ हो तो दूसरों का दिन नहीं गुज़रता।

दो लोग मिलकर तीसरे को परेशान करते रहते हैं मगर वक्त-वक्त पर दोस्ती का फ़र्ज़ निभाते रहते हैं।

हमको अपनी दोस्ती जान से प्यारी होती है दोस्तों के लिए मर मिटने की पूरी तैयारी होती है।

और जो ना टूट पाए सौ जन्म मर कर भी कुछ ऐसी हम तीन सखियों की दीवानगी है।

> एच . कशिश कक्षा दसवीं बी

### मेहनत का फल

इस साल गर्मी की छुट्टियों में मैं अपनी नानी के घर गई थी। नानी के घर में बहुत सुन्दर बगीचा है। वह बगीचा कई सालों से है, पर मैंने कभी उसकी तरफ ध्यान नहीं दिया। इस साल मैंने विज्ञान में पौधे और उनकी उपयोगिता के बारे में पढ़ा था। इसलिए इस बार मेरा ध्यान उस बगीचे और उसकी सुन्दर क्यारियों पर पड़ा। मैंने नानी से पूछा कि वह अकेली इस सुन्दर बगीचे का कैसे ध्यान रख पाती हैं । उन्होंने मुझे बताया कि वे हर रोज़ दो घंटे अपने पौधों के साथ बिताती हैं। वे उनसे बातें करती हैं, उनको पानी देती हैं, उनमें खाद डालती हैं आदि। नानी ने मुझे बताया कि २१०५ में जब चेन्नई में बाढ़ आई थी तो उनके बगीचे में पानी भर गया था और सभी पौधे मुरझा गए थे। नानी ने बड़े प्रयास से उन्हें पुन: जीवित किया था। मैं अपनी नानी से प्रेरित होकर अपने घर में भी पौधे लगाना शुरू करना चाहती हूँ। इस बार छुट्टियों में मैं अपने घर की छत पर पौधे लगाऊँगी और उनका बहुत ख़याल रखूँगी। मुझे विश्वास है कि मुझे भी अपने मेहनत का फल अवश्य मिलेगा ।

अदिति वेंकट कक्षा

कक्षा : चौथी सी

#### योग

योग भारत का एक पुराना अनुशासन है। यह हमें अपने स्वास्थ्य और एकाग्रता में सुधार करने में मदद करता है।योग संघ के लिए संस्कृत शब्द है। पतजंलि शास्त्रीय योग के अग्रणी थे। "सूर्यनमस्कार" आसन में एक के बाद एक बारह आसन होते हैं, और कहा जाता है कि यह शरीर और आत्मा को संतुलित करने में मदद करता है। प्रत्येक आसन के लिए एक विशिष्ट मंत्र होता है। अंतर्राष्ट्रीय योग दिवस दो हजार पंद्रह (2015) से इक्कीस जून को प्रति वर्ष मनाया जाता है। योग एक शारीरिक ,अध्यात्मिक और मानसिक अभ्यास है जो भारत में उत्पन्न हुआ है । आइए, अब से हम प्रतिदिन योग करें और स्वस्थ जीवन जिएँ।

पी सत्या

कक्षा: पाँचवी ब

### दो बिल्लियाँ

एक गाँव में दो बिल्लियाँ रहती थी। वे आपस में बहुत प्यार से रहती थी। उन्हें जे मिलता वे आपस में बाँट कर खाया करती थी । एक दिन उन्हें एक रोटी मिला । उसे बराबर - बराबर बाँटते हुए उनमें झगड़ा हो गया । एक बिल्ली को अपनी रोटी का टुकड़ा दूसरी बिल्ली के रोटी के टुकड़े से छोटा लगा। परंत् दूसरी बिल्ली को अपनी रोटी का टुकड़ा बड़ा नहीं लगा । जब दोनों किसी समझौते पर नहीं पहुँच पाई तो दोनों बिल्लया एक बंदर के पास गई । उन्होंने बंदर को सारी बात बतायी और उसे न्याय करने के लिए कहा । सारी बात सुनकर बन्दर एक तराजु ले कर आया और दोनों टुकड़े एक एक पलड़ें में रख दिया । तौलते समय जो पलड़ा भारी ह्आ ,उस तरफ़ से उसने रोटी का टुकड़ा तोड़कर अपने मुँह में डाल लिया । अब दूसरी तरफ़ का पलड़ा भारी हो गया , तो बंदर ने उस तरफ़ की रोटी तोड़कर अपने मुँह में डाल ली । इस तरह बंदर कभी इस तरफ़ से तो कभी उस तरफ़ से रोटी ज़्यादा होने का कह कर रोटी खाता गया । दोनों बिल्लियां च्पचाप बंदर के फ़ैसले का इंतज़ार कर रही थी । परंत् जब बिल्लियों ने देखा की रोटी के टुकड़े छोटे - छोटे रह गए तो वे बंदर से बोलीं कि "आप चिन्ता मत कीजिए , हम अपने आप बटवारा कर लेंगे । "इस पर बंदर बोला " जैसा आप ठीक समझो , ,परंतु मुझे भी अपनी मेहनत की मज़दूरी मिलनी चाहिए । "इतना कह कर बन्दर वहाँ पड़ी बची खुची रोटी के टुकड़े अपने मुँह में डाल लिया और वहाँ से बिल्लियों को भगा दिया । दोनों बिल्लियों को अपनी गलती का एहसास हुआ और उन्हें समझ में आ गया कि "आपस की फूट बहुत बुरी होती है और दूसरे इसका फ़ायदा उठा सकते हैं।

यक्षा बंसल

कक्षा :सातवीं ए

### ज़िद्दी बच्चा

राजू की उम्र बारह साल की थी | उसे बहार की चीजें खाने की बुरी लत लग गई थी | उसे घर का खाना बिलकुल नहीं पसंद था | उसके मम्मी पापा उसे बहुत समझाते पर वो उनकी एक नहीं सुनता | एक दिन राजू स्कूल से घर आया और बोला" मम्मी मम्मी मुझे भूख लगी है " .उसकी मम्मी बोली बैठो मैं अभी पोहा बनाकर लती हूँ |" " नहीं मुझे पोहा नहीं खाना " राजू बोला उसने ज़िद्द की के उसे चिप्स और पेप्सी चिहुए और उसने ज़िद्दी कर माँ से पैसे लिए और बाहर खाना चला गया | रात को मम्मी पापा और राजू खाना खाने बैठे | राजू को रोटी सब्जी बिलकुल नहीं पसंद नहीं था इसलिए उसने खाना चालू नहीं किया | उसके पापा ने उसे समझाने की कोशिश की पर वो खाना शुरू नहीं किया | आखिर उसने मम्मी पापा की नज़रों से छुपाकर रोटी सब्जी फ़ेंक दी | फिर वो सोने चला गया | अगले दिन उसकी मम्मी उसके लिए दूध लाई | उसने कहा मुझे दूध नहीं पसंद उसने दूध बाहर फेक दिया | कुछ देर बाद मम्मी जब सफाई कर रही थी तब उसे रात की रोटी-सब्जी मिली | उसके पापा वही खड़े थे |उन्होने कहा की राजू की मैडम से बात करनी पड़ेगी | वो लोग फिर मैडम के पास गए मैडम को सारी बात बताई मैडम ने एक तरकीब निकाली | अगले हफ्ते राजू ने अपनी जन्मदिन की पार्टी रखी| उसमे कुछ बच्चे और मैडम भी आयीं | राजू ने जी भर कर बाहर की चीज़ें खाई। मैडम ने उसे एक रंग बिरंगे फूलो वाला एक पौधा उपहार के रूप में देते हुए कहा कि यह पौध बहुत अनोखा है |यह जिसके पास भी होता है उसे सब मिल जाता है जो वह चाहता है | अगले दिन राजू ने मम्मी से पानी माँगा अपने पौधे के लिया तब मम्मी बोली क्यों बेटा तुम्हें तो कोल्ड ड्रिंक पसंद है ना तो तुम वो ही डाल दो | राजू बोला – "मैं पौधे में कोल्ड ड्रिंक डालू तो क्या मेरा पौधा उगेगा ? वह तो मर जाएगा |" माँ ने कहा- "बिलकुल सही उसी तरह हमें भी पोषक तत्व चाहिए स्वस्थ रहने के लिए | अगर शरीर को यह न मिले तो हम बीमार पड़ जाएँगे | अब बोलो क्या तुम बाहर की चीज़ें खाओगे | राजू बोला नहीं अब से मैं कभी बाहर की चींजे नहीं खाऊंगा | अब मैं कभी जिद्द नहीं करूँगा | हमें इस कहानी से यह सीख मिलती है कि हमे बड़ो की बात माननी चाहिए।

विधि सोनेगर

कक्षा: सातवी ए

## सुप्पांडी कथा

एक दिन सुप्पांडी डॉक्टर को दिखाने के लिए अस्पताल चला गया था। वहाँ, डॉक्टर के ऑफ़िस के बाहर एक नर्स बैठी हुई थी।सुप्पांडी उसके पास जाकर बोला "मेरा नाम सुप्पांडी है। मुझे डॉक्टर को दिखाना है।"

नर्स पूछी "आपका अपॉइंटमेंट है क्या ?"

सुप्पांडी बोला "नहीं।"

नर्स ने उत्तर दिया "ठीक है! इस फ़ॉर्म को पूरा करो और मुझे दे दो।" सुप्पांडी फ़ॉर्म को सोचते - सोचते भरा। नर्स उसके फॉर्म को देखकर आश्चर्य हो गयी।

फ़ॉर्म में एक प्रश्न था। "अपने परिवार का इतिहास लिखो।"

उसके परिवार में किसे क्या रोग हुआ है लिखने के बदले सुप्पांडी अपने दादा, दादी,माता,पिता का कब और कहाँ जन्म हुए सब लिखा।

नंदिनी कार्तिक शिवकुमार

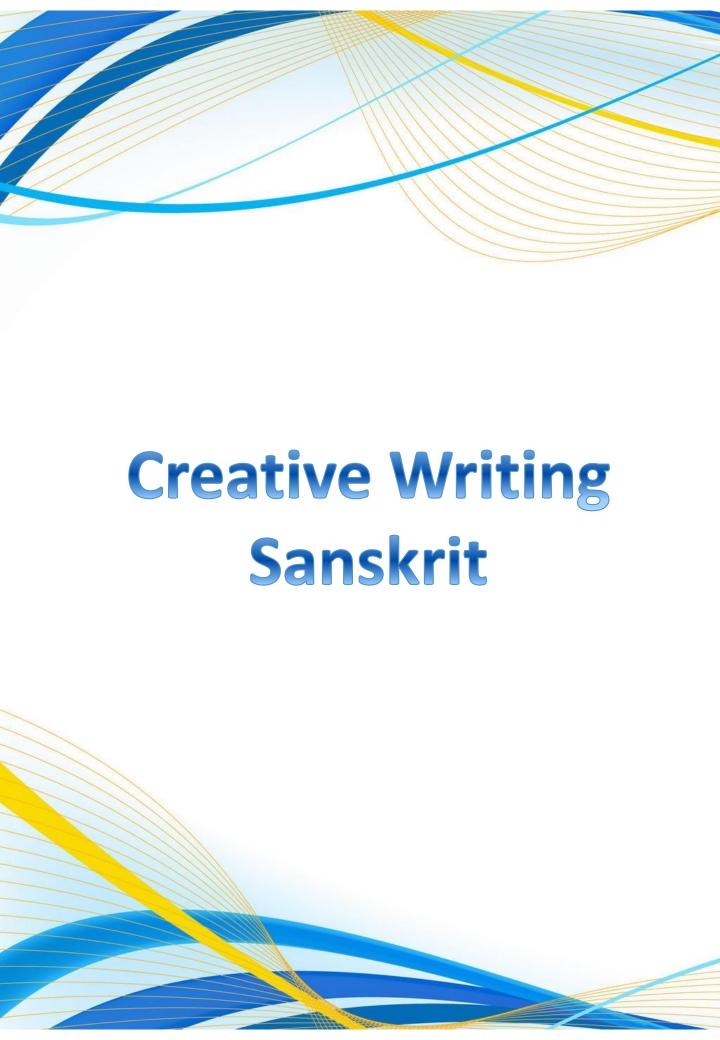
कक्षा: आठवीं ए

#### समय का सम्मान

दो दोस्त थे। एक था ब्राह्मण और दूसरा था बनिया। ब्राह्मण बहुत गरीब था और हमेशा अपनी गरीबी को कोसता रहता था। बनिया बहुत अमीर था और लोगों की सहायता करता था। ब्राह्मण सदा भगवन से शिकायत करता था कि वह अमीर क्यों नहीं बन सकता। भगवन ने उसकी परीक्षा लेने की सोची। एक दिन सबेरे ब्राह्मण के घर का दरवाजा धन की देवी लक्ष्मी जी ने खटखटाया। ब्राह्मण ने दरवाजा खोला और पुछा कि "आप कौन हैं? " लक्ष्मी जी ने कहा कि "मैं लक्ष्मी धन की देवी ,तुम्हे अमीर बनाने के लिए खुद तुम्हारे माथे पर टीका लगाने आई हूँ। तब ब्राह्मण ने कहा कि वह मुँह धोकर के आएगा। जब वह मुँह धो के आया तब तक लक्ष्मीजी बनिए के घर चली गई थी। वह लक्ष्मी को पहचान गया और उसने उसका स्वागत किया। इस प्रकार बनिया ज्यादा अमीर हो गया और ब्राह्मण गरीब का गरीब।

सीख:इस कहानी से सीख मिलती हैं कि हमें ब्राहमण की तरह हाथ आये मौके को गवाना नहीं चाहिए।समय को मान देना चाहिए।

> कश्वी सी पाठक कक्षा – दसवीं ए



## कोरोना-विषमेकाले मम अध्ययनान्भवः

ॐ भद्रं कर्णभिः शृणुयाम देवाः ।भद्रं पश्येमाक्षभिर्यजत्राः स्थिरैरङ्गैस्तुष्टुवाग्सस्तनूभिः ।व्यशेम देवहितं यदायुः ।

नवमकक्षायाःपरीक्षासमाप्ता।बहुदिनात् अपेक्षितानि विरामदिनानि एकसप्ताहमेव आसीत्।दशमकक्षायाः प्रारम्भं भविष्यति इति चिन्तयन्ती आसम्।परन्तु किम् अभवत्! "कोरोनामहामारी" इत्युक्त्वा पुनः विरामदिनानि। तदनन्तरं सर्वं विपरीतं प्रारब्धम्। "गृहे एव स्थित्वा पठनीयाः" इति स्थितिः अभवत्।सहछात्राभिः, अध्यापिकाभिःसह मेलनाय अवसरः न आसीत्।सर्वे वर्गाः, परीक्षाः, स्पर्धाः, कार्यक्रमाः च आन्तर्जालीयमाध्यमेन प्रचलित्म् आरब्धाः।

यदा अन्तर्जालं द्वारा वर्गाः प्रचलन्तः तदा मम चिन्ता कोरोना – विषये न्यूनम् अभवत्। पठने व्यस्ता आसम्।ये गृहे स्थित्वा अपि दूरे आसन्ते दूरदर्शनं, करदूरवाणीद्वारा समीपे आगताः।एवम् अनेकानि आवश्यक कार्याणि अपि गृहे अभवन्।

यद्यपि मया सर्वं कार्यं कर्तुं शक्यते तदापि पूर्ववत्सुलभं न आसीत्। महामार्याः पूर्वं विद्यालयम् अथवा अन्यवर्गं प्रतिगमनकालक्षेपम् अधिकम् आसीत्। यदा गमनकालक्षेपं निवारितं तदा पठनसमयम् अपि अवर्धत।तेन अहम् अधिकसमयं मम इष्टपाठान् पठितवती।

समयपरिवर्तनस्य कारणेन मम संस्कृतवर्गः रात्रौ प्रचलित स्म, येन लेखितुम् इच्छा अस्ति परन्तु कथं पठिष्यामि? इति अचिन्तयम्। पठितुम् अवसरः प्राप्तः। तदनन्तरं परीक्षां लिखित्वा उत्तमाङ्कान् मार्गं भवित"।

महामार्याः काले यन्त्राणां प्रयोगम् अधिकम् अभवत्। "अति सर्वत्र मर्यादा भवनीयम्। अधिकप्रयोगेण बहवः रोगाः आगच्छेयुः। यन्त्राणि विना अन्यकार्याणि-योगाभ्यासं, सङ्गीताभ्यासं, नृत्याभ्यासं च भवति अपि च मनः शान्तिं अनुभवति। यन्त्रदोषान् ज्ञात्वा स्वस्थशारीरार्थम् अहम् अन्यविषयान् कृतवती। भगवद्गीतायाःपुनरावृत्तिम्, विष्णुसहस्रनामस्तोत्रस्य रामरक्षास्तोत्रस्य च पठनम् कृतवती। पुष्पाणि अपि अग्रन्थयम्। मातुः सहायतां कृत्वा भोजनपाकं पचितवती।प्रश्नमञ्चेष्वपि भागं स्वीकृतवती।ते विविधेषुविषयेषु आसन् - रामायणं, महाभारतं, पञ्चतन्त्रं, वेदाः, उपनिषदः च। "वैदिकविज्ञानं प्रौद्योगिकी च"इति वर्गेऽपि नामारोपणं कृतवती।तिस्मन् वर्गे वैदिकविज्ञानं, गणितं, शिल्पकलाविज्ञानं च विषयेषु प्राध्यापकाः अभाषन्त। अन्यसमये सस्यपालनम् अकरवम्। आरम्भकाले मम प्रयत्नाः विपन्नाः जाताः। सर्वाणि सस्यानि अशुष्यन्। "प्रयत्नात् मा विरमस्व" इति स्मृत्वा बहुवारं प्रयत्नं कृतवती। एकवर्षात् अनन्तरम् एव अफलम्। तदा "उद्यमेनैव सिध्यन्ति कार्याणि न मनोरथैः।

न हि सुप्तस्य सिंहस्य प्रविशन्ति मुखे मृगाः॥"

इति पञ्चतन्त्रश्लोकस्य अर्थं स्मृतवती। मम सफलतायाः कारणम् उद्यममेव।

अन्तिमे अहम् एतत् वक्तुमिच्छामि यत् कोरोना काले ज्ञानवर्धनाय उत्तमावसारः प्राप्तः। गतवर्षे गङ्गानदी कथं स्ववृक्तिः कृतवती इति समाचारपत्रे पठितवती। तदा एव प्रकृत्याः स्ववृक्तिशक्तिमपि अवगतवती। अथर्ववेदे यथोक्तम् - माता भूमिः पुत्रोऽहं पृथिव्याः। अतः वयं प्रकृतिं न पीडनीयाः।

कोरोनामहामार्याः कालः बहु कष्टकरः नकरात्मकः च आसीत्। अधुनापि तदेव भवित। यदि वयं भावात्मककार्येषु व्यस्ताः स्मः, तर्हि अस्माकं चिन्ता कोरोना - विषये न्यूनम् भवित। जीवने दुःखानि आयान्ति यान्ति च। अतः एतत् कोरोना - विषमं गमिष्यित इति चिन्तयन्तः वयं लोकक्षेमाय प्रार्थनां कुर्मः।

ॐ सर्वे भवन्तु सुखिनः।सर्वे सन्तु निरामयाः। सर्वे भद्राणि पश्यन्तु।मा कश्चित् दुःख भाग्भवेत्॥ ॐ शान्तिः शान्तिः॥

।। शुभं भूयात् ॥
"3' 6'''

प्रेरणा.एस्.वी

कक्षा- एकादशी- अ विभागः

#### स्वजीवने वर्धनीयाः वर्जनीयाः च अंशाः

#### प्रस्तावना -

सत्यं अहिंसादि गुणैः श्रेष्ठा विश्ववबन्धुत्वशिक्षिका । विश्वशन्ति स्खाधात्री भारतीया हि संस्कृतिः ॥

अस्माकं भारतदेशः ईदृशः अस्ति यत्र अनेके महात्मानाः, अनेके सद्ग्रन्थाः मार्गदर्शनाय उपलभ्यन्ते । महात्मानाः अत्र अनुभव रीत्या तेषां जीवनं एव उदाहरणं रूपेण अस्माकं कृते दत्तवन्ताः । वेदाः, उपनिषदः, शास्त्राणि, नीतिपुस्तकानि अस्माकं देशे एव सन्ति । यत्र कुत्रापि देशे ईदृशं पावनं अस्ति, तर्हि भारते सुखेन, शान्तया च जीवनं पापनीयम् । परन्तु तत्तु न सम्भवति सर्वत्र । अस्माकं देशे दुःखिनः जनाः अपि सन्ति । एतस्य कारणं तेषां कर्म एव इति वक्तं शक्यते ।

वर्धनीयानि -

जीवने दुःखानि च सुखानि चक्रवत् परिवर्तनि एव । परन्तु दुःखानां नूयनं सुखानाम् अधिकं कर्तुं शक्यते यदि वयं सदाचारिणः, धर्माचारिणः, अन्य जीवेषु सिहण्णुता, च जीवने आचरिष्यामः ।धर्म एव हतो हन्ति धर्मा रक्षति रक्षितः । बालये एव अस्माभिः पितृजनैः, आचार्यः पाठितं यत् सदा सत्यं वक्तव्यं, वाचि प्रियं भवेत्, मनः पूतं कार्यं कुरु, विरुद्धं मा गच्छेत्, अहङ्कारी मा भव, सर्वदा सन्मार्ग गन्तव्यम्, इत्यादि विषयाणि, कता द्वारा, गीतं द्वारा, सज्जनानां भाषणं द्वारा अस्माकं मनसी दृढतया सुप्रतिष्ठिता । लेखन समये मया स्मर्यते - "सत्यं वद । धमं चर । "स्वाध्यामान् मा प्रमदः । मातृदेवो भव, आचार्य देवो भव, अतिथिदेवो भव । यान्यनव धनि कर्माणि तानि सेवितव्यानि । नो इतराणि । यान्युस्माकं सुचरितानि तानि तव्योपास्यनि । नो इतराणि ... इत्यादि तैत्रीयउपनिद् वाक्यम् । पदे पदे अस्माकं मार्गदर्शनार्थम् अनेके । विषयाणि सन्ति । समये सन मित्राणि अपि अस्माकं मार्गदर्शनं करोति ।

कालेन अनेके विषायाणां परिवर्तनं अभवत् । अस्माकं पूर्वजैः यत् कृतं तावत् कर्तृं न शक्यते अधुना । तथापि कालानुसारं नूनं अस्माभिः अपि स्वजीवन वर्धनाय यत् कृतं उचितं तद् तु नूनं करणीयम् ।

प्रथमम् ज्येष्ठानां सम्मानम्-

अभिवादनशीलस्य नित्यं वृद्धोपसेविनः ।

वाचि सर्वदा माधुरत्वम् -

प्रियवाक्य प्रदानेन सर्वे तुष्यन्ति जन्तवः । तस्मात् प्रियं हि वक्तव्यम् वचने का दरिद्रता ॥ सर्वभूतेषु सहिष्णुता -

अयं निजः परोवेति गुणना लघुचेतसाम् ।

उदारचरितानां तु वसुधैव कुटुम्बकम् ॥

एतत्सर्वार्थं विद्या आवश्यकतम् - विद्वान् सर्वत्र पूज्यते । विद्या विहीना पशु भवति । विद्वान् एव उचितं, अनुचितं जानाति । यत् वयं यावत् दृष्ट तद् सर्वं अस्माकं जीवनस्य वर्धनाय भविष्यति ।

वर्जनीयानि -

यदि मानवः स्वजीवने वर्जयति तस्य कारणं तु आलस्यं, क्रोधः, अहङ्कारः इत्यादि -

आलस्यं हि मनुष्याणां शरीस्तो महान रिपुः। क्रोधात् भवति सम्मोहः

सम्मोहात् स्मृति

विभ्रमः। स्मृति भ्रंशात् बद्धिनाशः बुद्धि नाशात् विनश्यति ॥

समापनम् -

अतः वर्जनीयानि गुणानि वर्जयित्वा वर्धनीय गुणान् स्वीकृत्य, वयं उपरि उपरि वर्धयेम इति ।

सर्वे भवन्तु सखिनः, सर्वे सन्तु निरामयाः।

सर्वे भद्राणि पश्यन्तु, मा कश्चित् दुःखभाग् भवेत्

पि.प्रितिका

कक्षा - नवमी आ विभागः

### महाभारते रसप्रश्नाः

1. भीष्मपितामहस्य जन्मनाम किम् आसीत्?

अ)बिबास्थ् आ)पौरवा इ)देवव्रतः ई)सारथिः

2. युद्धानन्तरं गान्धारी कम् उद्दिश्य शप्तवती?

अ)भीमम् आ)अर्जुनम इ)युधिष्ठिरम् ई)कृष्णम्

3. महाभारते वासवी इति नाम्ना सुविज्ञाता नारी का ?

अ)गङ्गा आ)सत्यवती इ)कुन्ती ई)अम्बिका

4. भीष्मस्य स्वाभीष्टे समये मरणप्राप्तिः इति वरदानं कः अकरोत् ?

अ)देवेन्द्रः आ)शन्तनु इ)शिवः

ई)कृष्णः

5. जनमेजयस्य सर्पसत्रयागं कः स्थगितवान्?

अ)बृहस्पतिः आ)अस्तिकीन इ)कृष्णः ई)इन्द्रः

6. महाभारते कति श्लोकाः विद्यन्ते ?

अ)1,000,000 आ)20,000 इ)100,000 ई)200,000

7. कर्णस्य ऊरौ मध्पः इव कः प्राविशत्?

अ)गणेशः आ)कृष्णः इ)शिवः ई)इन्द्रः

8. कः सः नायकः महाभारते उल्लिखितः यः अध्नापि विश्वासस्य

औदार्यस्य च प्रतीकः इति स्विख्यातः?

अ)भीष्मः आ)नकुलः इ)कर्णः ई)अर्जुनः

9. भीम-हिडिम्बयोः पुत्रः कः आसीत्?

अ)घटोत्कचः आ)बार्बरिकः इ)जरासन्धः ई)अभिमन्यः

10. का "नपुंसक-जीवनं भवतु ते" इति अर्जुनम् अशपत्?

अ)तिल्लोतमा आ)रमभा इ)उर्वशी ई)मेनका

#### उत्तराणि –

1.इ)देवव्रतः 2.ई)कृष्णम् 3.आ)सत्यवती 4.आ)शन्तन्

8.इ)कर्णः

9.अ)घटोत्कचः 10.इ)उर्वशी

के.एस्.हरिणी कक्षा – अष्टमी अ विभागः

## पुराणानि

संस्कृते बहूनि पुराणानि सन्तीति वयं सर्वे जानीमः। यद्यपि बहूनि पुराणानि सन्ति तथापि अष्टादश पुराणानि प्रसिद्धानि सन्ति। एतेषां पुराणानां रचयिता अस्ति तत्र भगवान् वेदव्यासः। पुराणविषये अस्माकं स्मृतिपथमायाति पद्यमिदम् –

अष्टादशपुराणेषु व्यासस्य वचनद्वयम्। परोपकारः पुण्याय पापाय परपीडनम्।।

एतेन ज्ञायते यत् पुराणानां सारांशः अस्ति – परोपकारः अस्माभिः सदा करणीयः, परपीडनम् कदापि न करणीयम् इति। परोपकारः पुण्यं ददाति परपीडनं च पापं यच्छति इति ज्ञात्वा अस्माभिः सद्व्यवहर्तव्यम्। अष्टादश पुराणानि कानि सन्ति केषां नामानि कानि कथं च स्मर्तव्यानि इत्यत्र श्लोकरूपेण वयं स्मर्तुं शक्नुमः। यथा –

> म-द्वयं भ-द्वयं चैव ब्र-त्रयं व-चतुष्टयम्। अ-ना-प-लिङ्ग-कू-स्-कानि पुराणानि प्रचक्षते।।

अनेन श्लोकेन वयं अष्टादश पुराणानि स्मर्तुं शक्नुमः। म-द्वयं -- मत्स्यपुराणम्, (14000 श्लोकाः), मार्कण्डेयपुराणम् (9000 श्लोकाः) भ-द्वयं -- भविष्यपुराणम् (14500 श्लोकाः), भागवतपुराणम्

(18000 श्लोकाः) ब्र-त्रयं -- ब्रहमपुराणम् (10000 श्लोकाः), ब्रहमाण्डपुराणम् (12000 श्लोकाः), ब्रहमवैवर्तपुराणम् (18000 श्लोकाः) व-चतुष्टयं -- विष्णुपुराणम् (23000 श्लोकाः), वामनपुराणम् (10000 श्लोकाः),

वराहपुराणम् (14000 श्लोकाः), वायुपुराणम् (24000 श्लोकाः),

अ - अग्निपुराणम् (15400 श्लोकाः) ना - नारदपुराणम् (25000 श्लोकाः) प - पद्मपुराणम् (55000 श्लोकाः) लिङ् - लिङ्गपुराणम् (11000 श्लोकाः) ग - गरुडपुराणम् (19000 श्लोकाः) कू - कूर्मपुराणम् (17000 श्लोकाः) स्क - स्कन्दपुराणम् (81100 श्लोकाः)

एतान्येव प्रधानानि अष्टादश पुराणानि सन्ति। एवं प्रत्येकं पुराणे कति श्लोकाः सन्ति इत्यपि अत्र निर्दिष्टानि

से.सतीशकुमारः

संस्कृतविभागः





Danika Merlyn-3D





DARSHANA.S-3B

P.Rakshitha-3A



S. Riya Sanreetha-3A



P.Rakshitha-3A



A Yazhini -3B



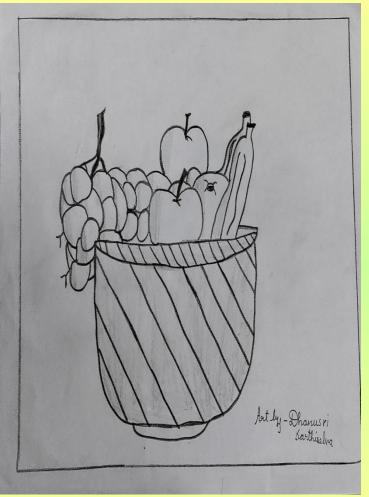
Darshana.S-3B



Danika Merlyn-3D



Darshana.S-3B





Dhanusri Karthiselva-3D. G S Hethika-3C

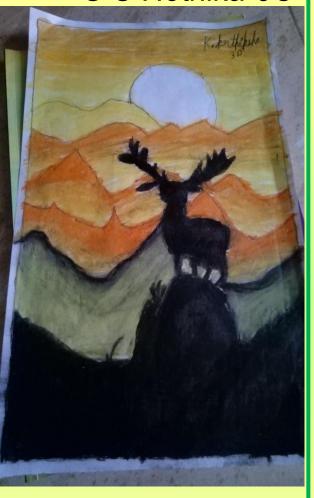




K Khashigaa-3C



G S Hethika-3C



K Khashigaa-3C

Krthiksha-3D



Lishita D-3B





Akshadha S-3E



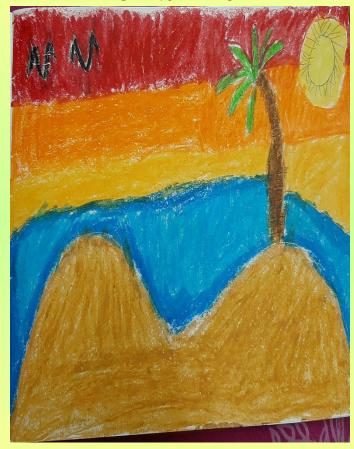


N.Neha-3C



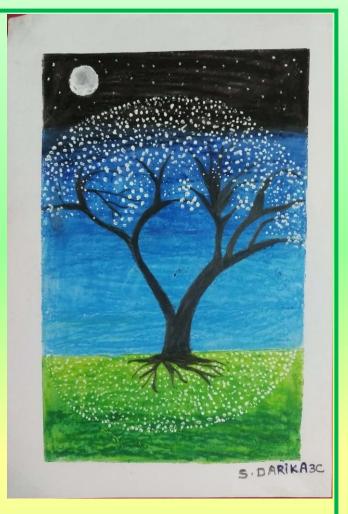
Lishita D-3B

Lishita D-3B



P.Advitha-3D





R.S.Dhanyaa-3E



S.Darika-3c



S. Riva Sanreetha 3A S. Saindhavi-3E





S. Saindhavi-3E



Shrividya K-3E



Vasika-3E





Suraksha A Jain-3A

Suraksha A Jain-3A



Suraksha A Jain-3A



Suraksha A Jain-3A



Subiksha A Jain-3B





Subiksha A Jain-3B

Saranayaki Lakshminarayanan 3A



## Sahasra Santhosh-3C



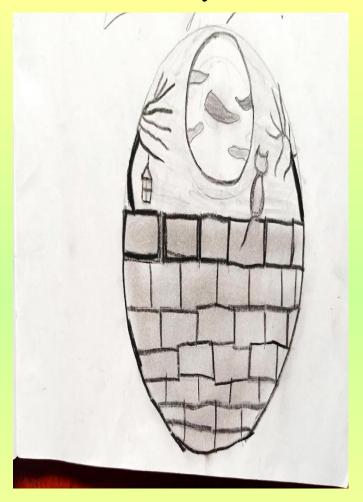


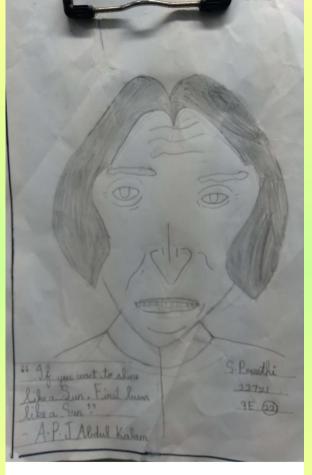
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akahminarayanan



Saranayaki Lakshminarayanan -3A



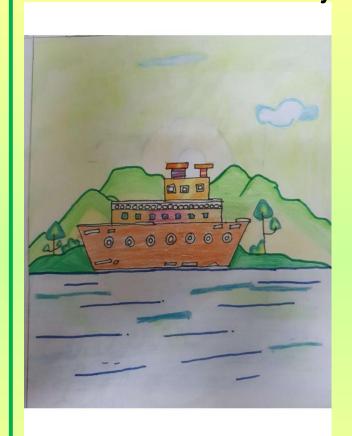


Rajvika Sai-3D

S. Preethi-3E



Rajvika sai-3D





Subiksha A Jain-3B

Rajvika sai-3D





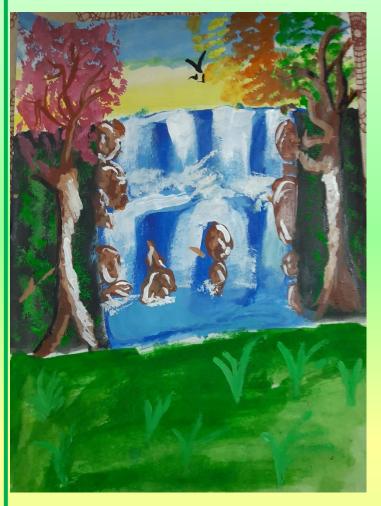
K.Ravi Prakhya-3B







K Khashigaa-3C





Akshara Ajay-4A



A.Deekshita-4C

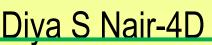


Adhisriya Dhinesh Raj-4C

A.Deekshita-4C





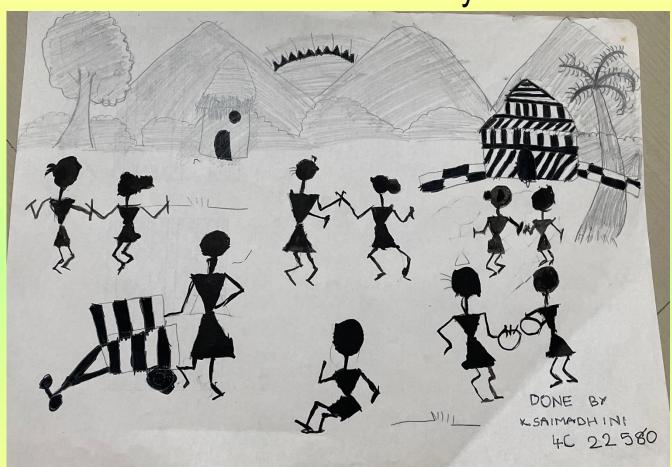




Hitaakshi Chowdry-4A



# Hitaakshi Chowdry-4A



K.Sai Madhini-4C





L Diyaashri -4A



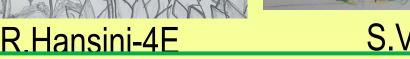
Mouktika Vasavi-4D



R.Hansini-4E









S.Vidula-4A



R.Hansini-4E







V Janaki-4E



R.Hansini-4E





V Janaki-4E



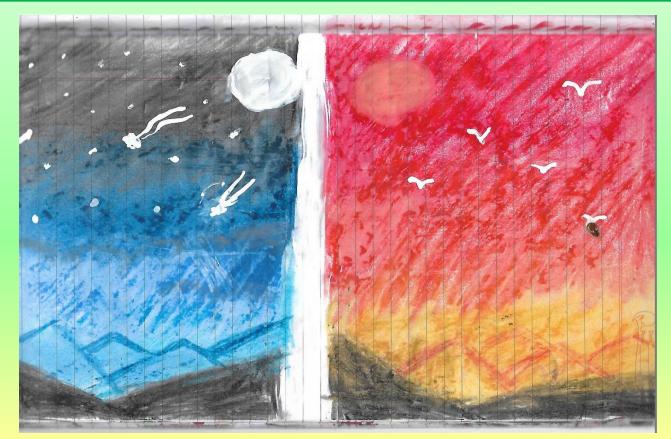
Srinija R - 4A







V.Lakshana-4A



V.Lakshana-4A



K.Sai Madhini-4C



Khushi Dhandhania-4A



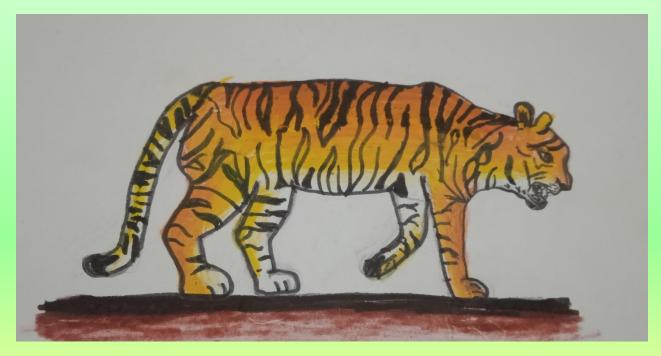


B.Yuvaneeswari-4A









Anika. S-5C





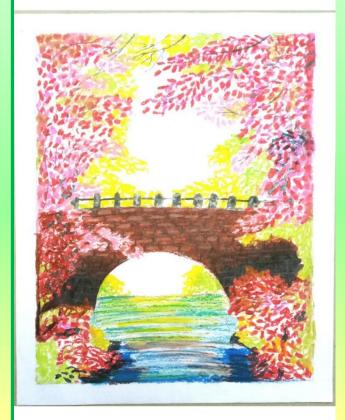




C. Sowmiya Shree-5D

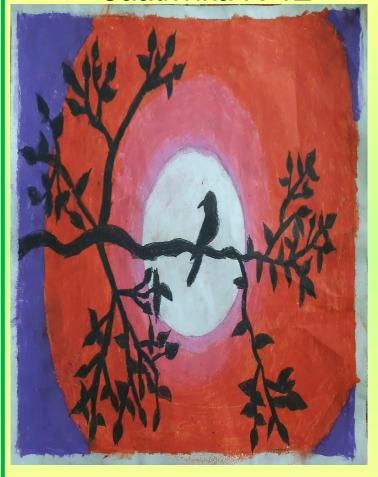








Saathvika R-4E



Kaviya Varshini H-5A

Ishita Rahul-5D

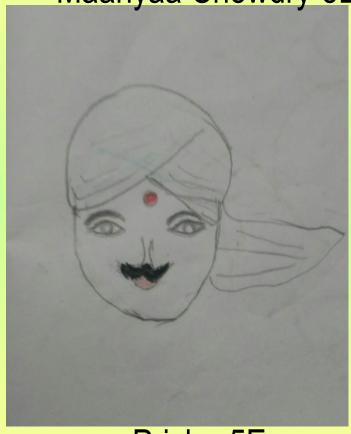


Ishita Rahul-5D





Maanyaa Chowdry-5D



Prisha-5E

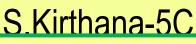


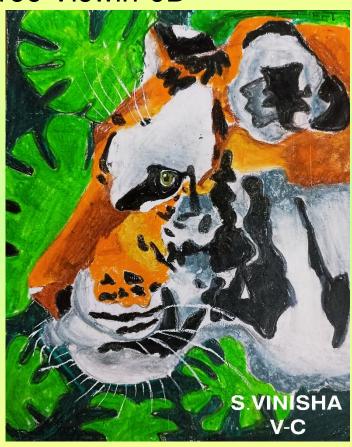
SARAVARSHIKA-5B



Tanusree Viswin-5D







S.Vinisha-5C



Tarana Abinand-5D



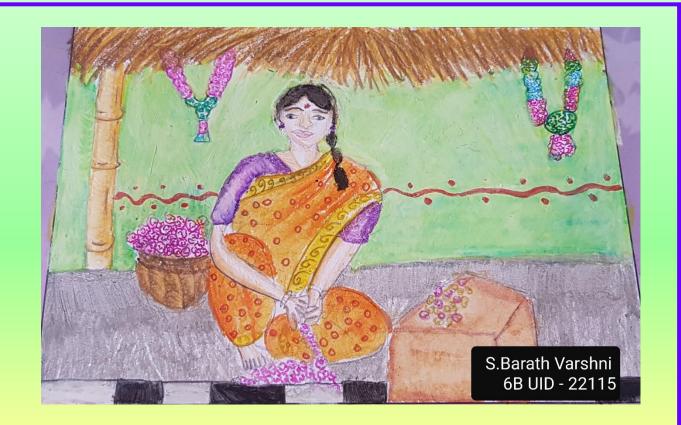
Vinya Singhal-5C



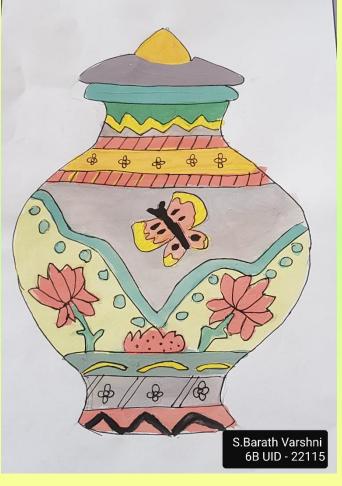
Tashmita Sharma-5A



Prrisha-5D



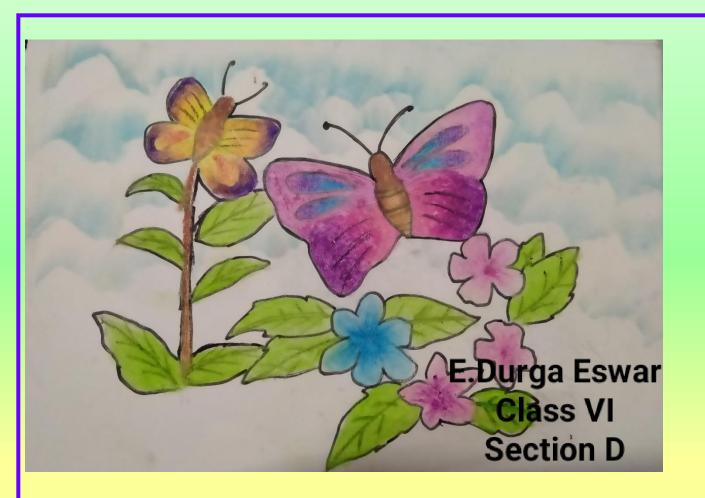


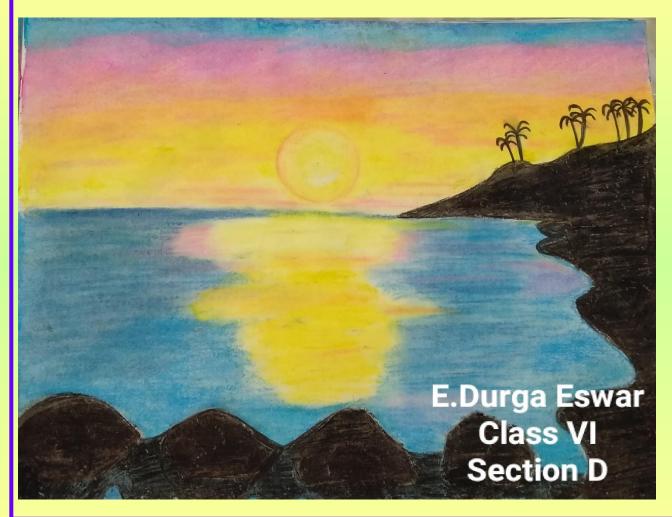


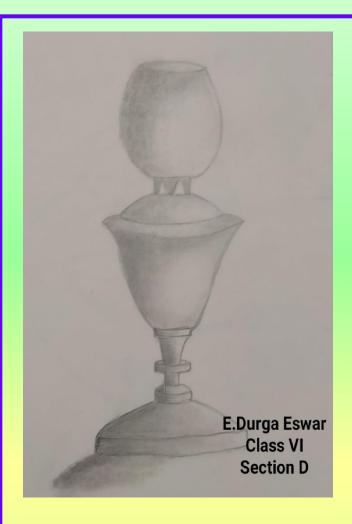










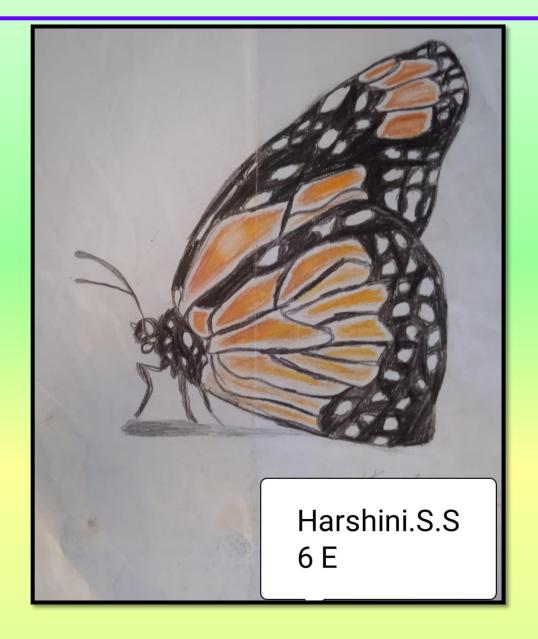










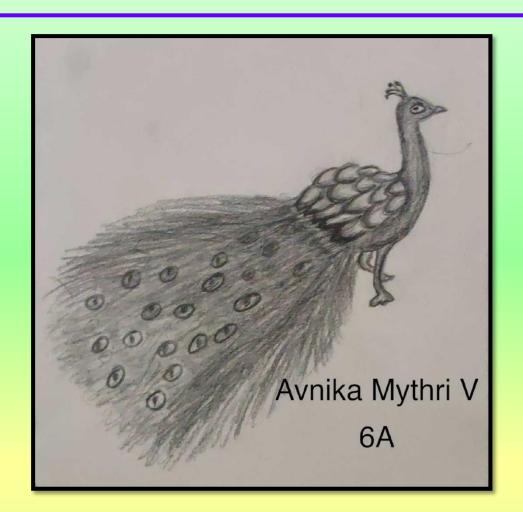




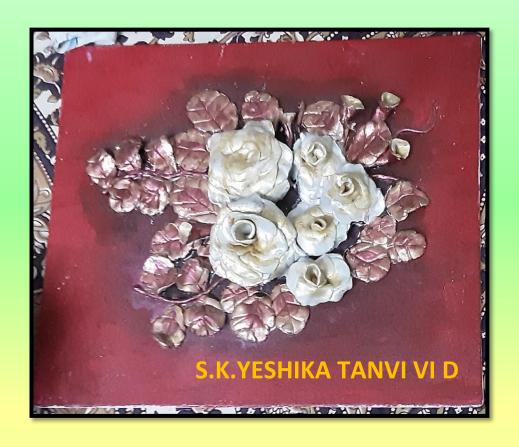




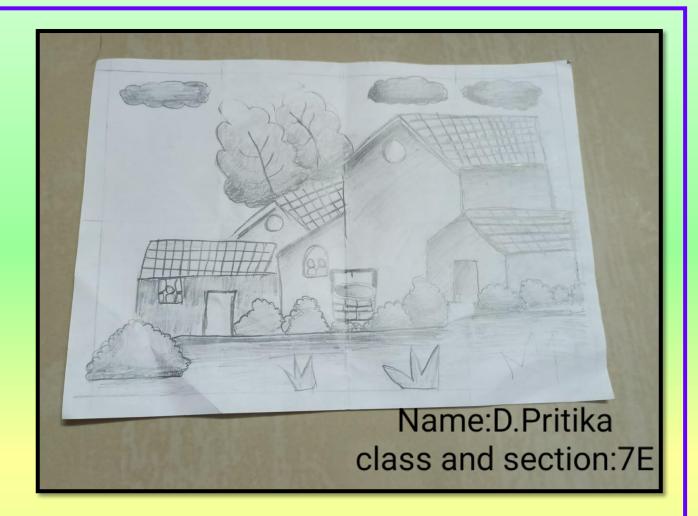




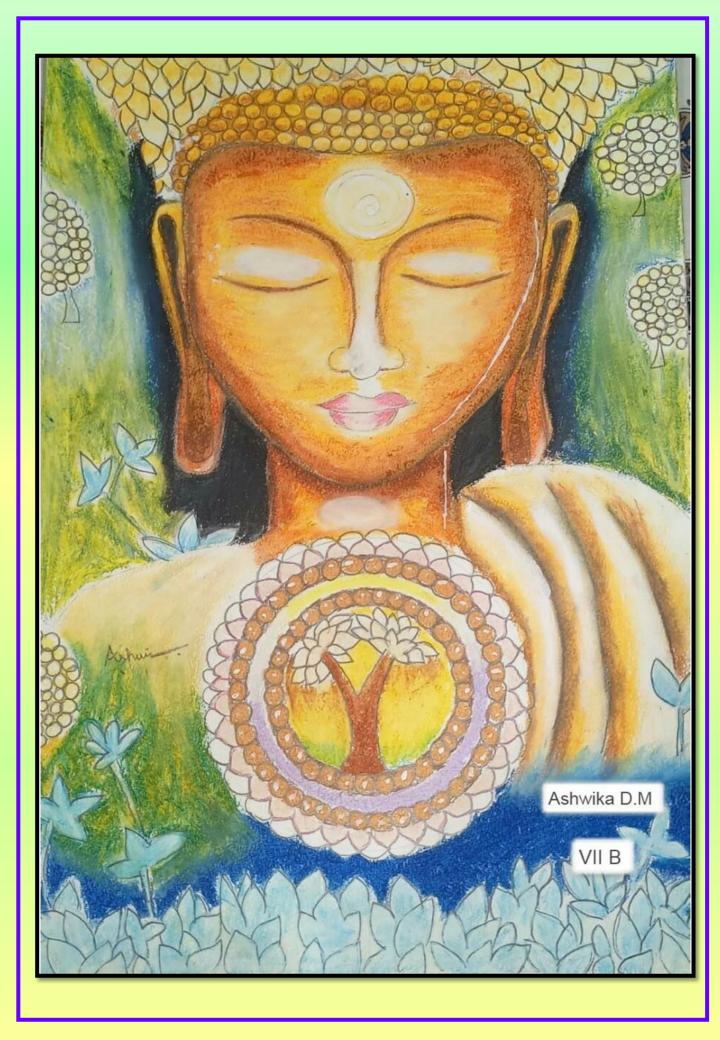




























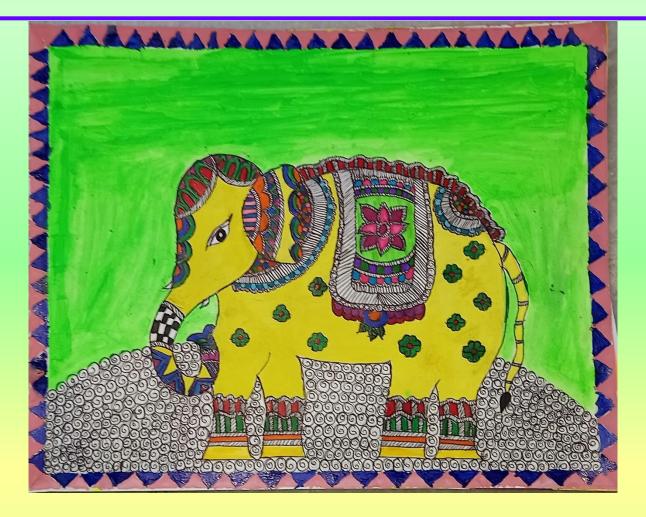




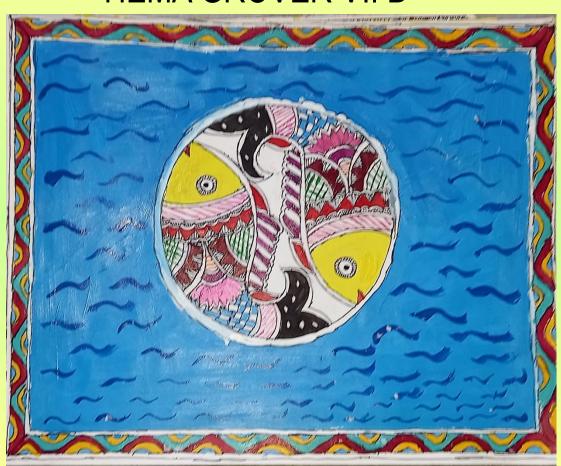


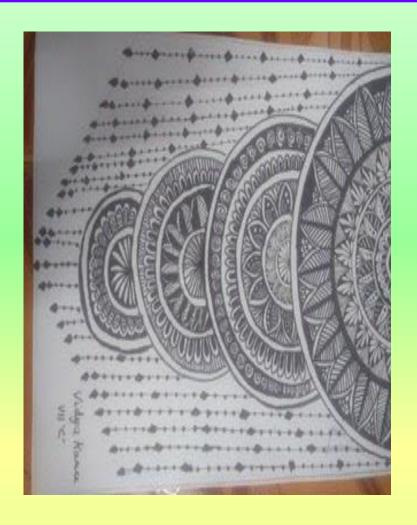
## R.CHARUMATHI VII C





## HEMA GROVER VII D



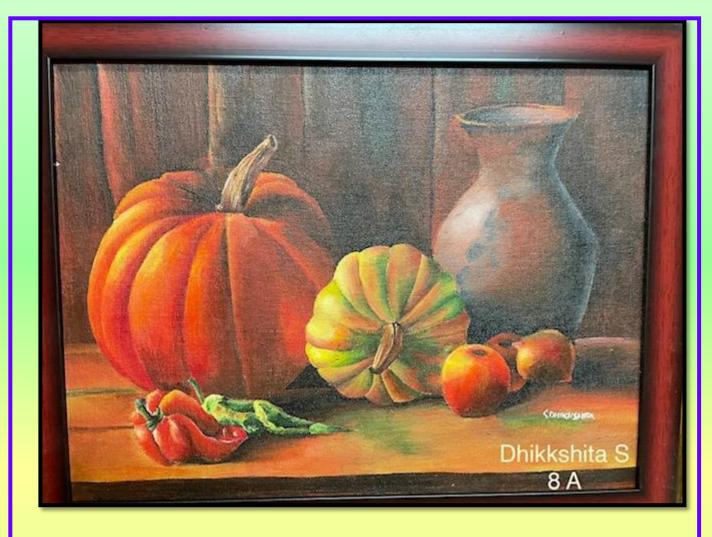








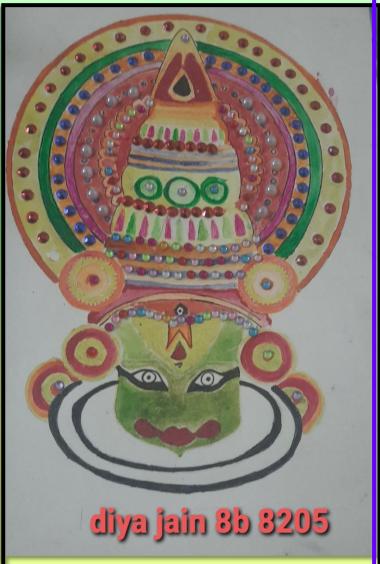




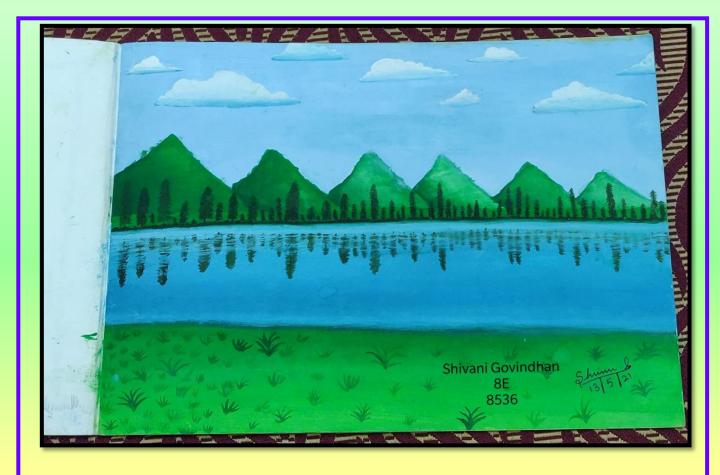














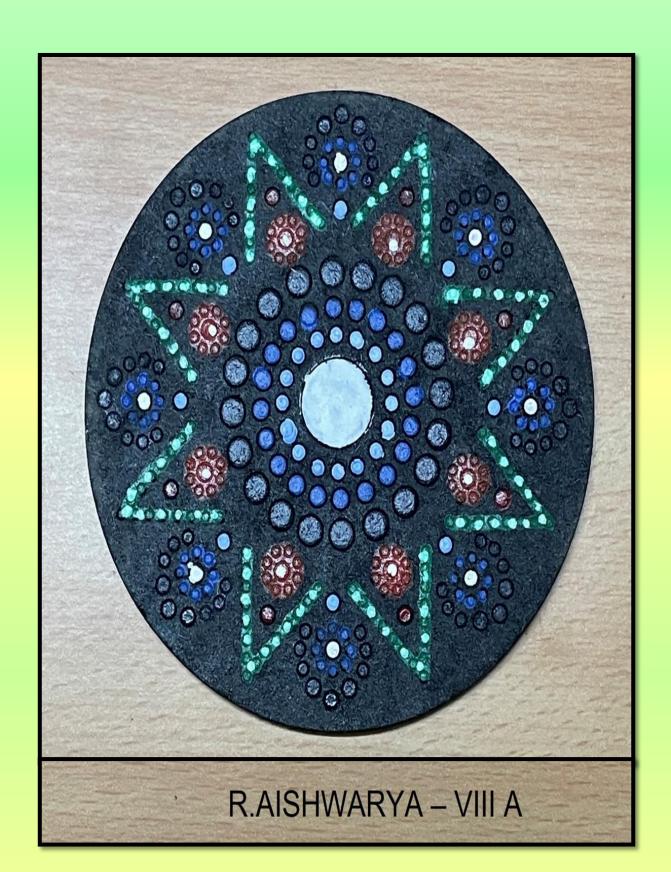
M.SOUNDARYA VIII B

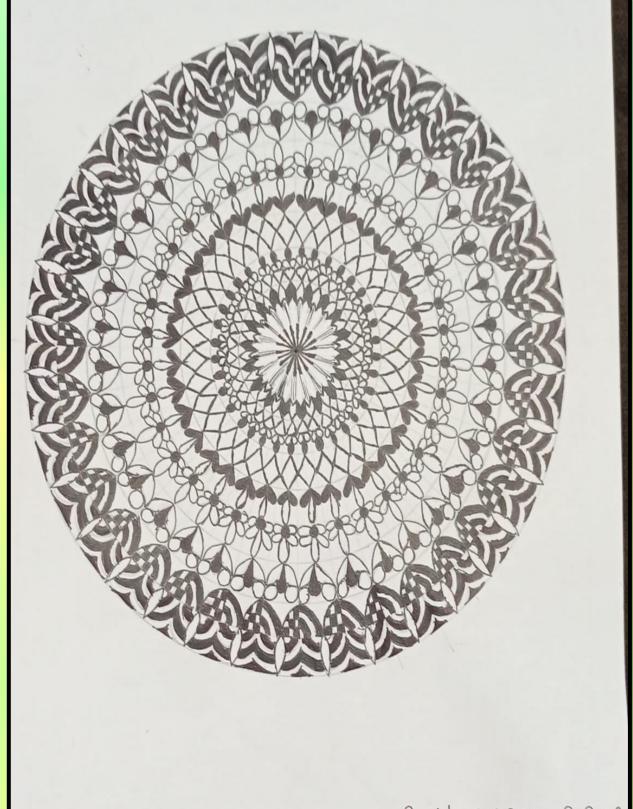




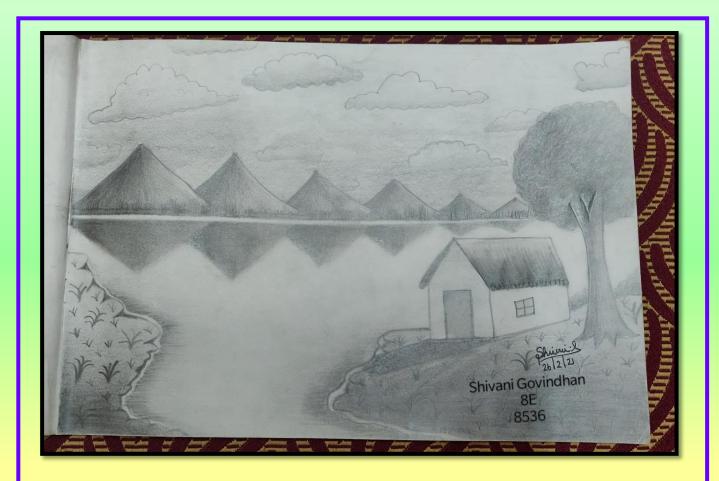


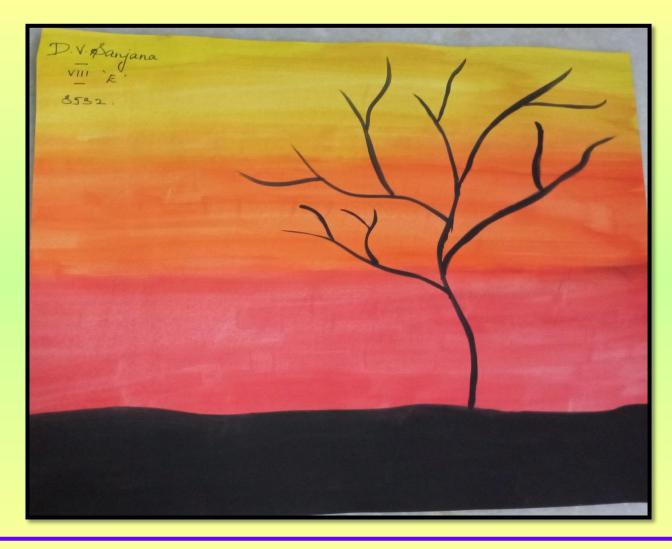






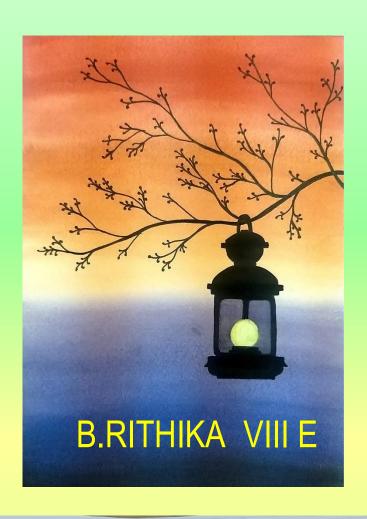
B. MAGADHI BALA VIII B 21704











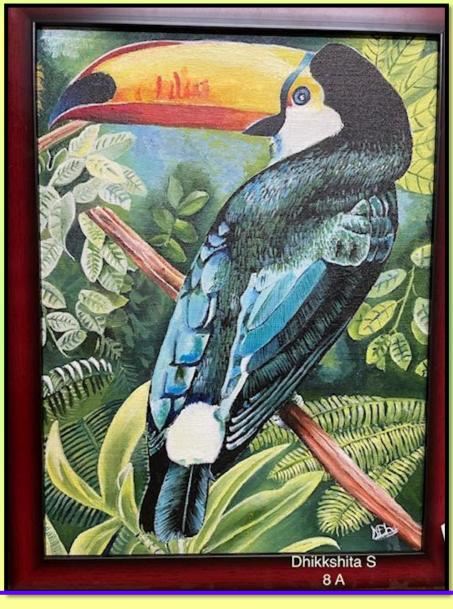


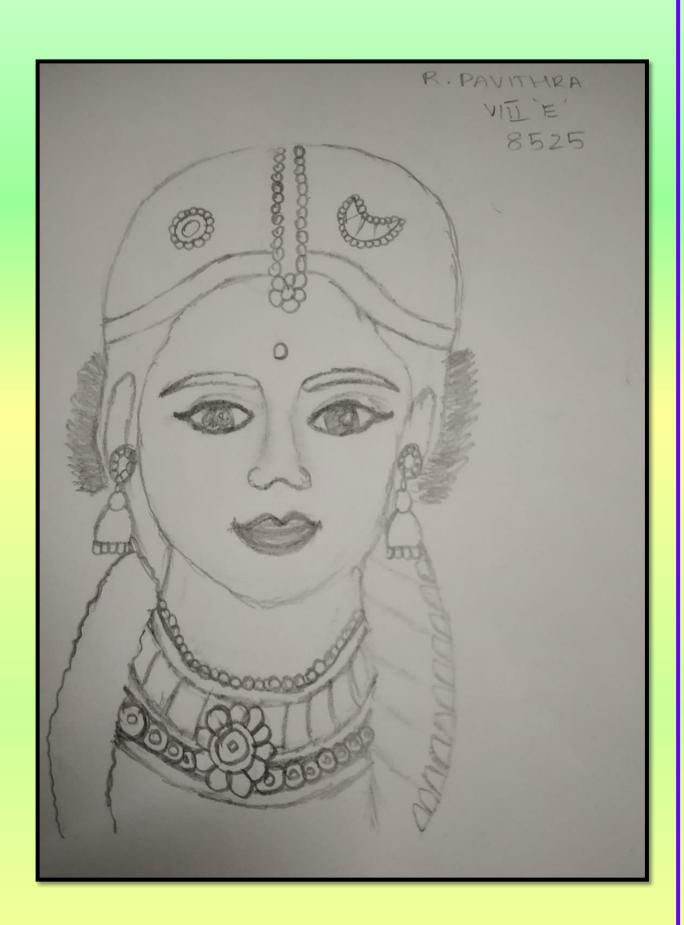




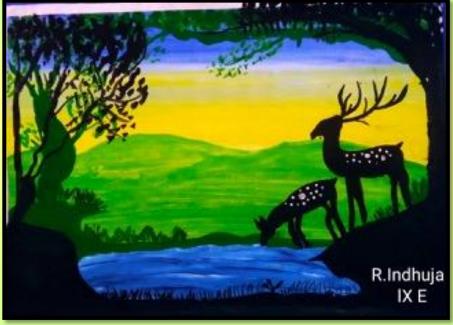




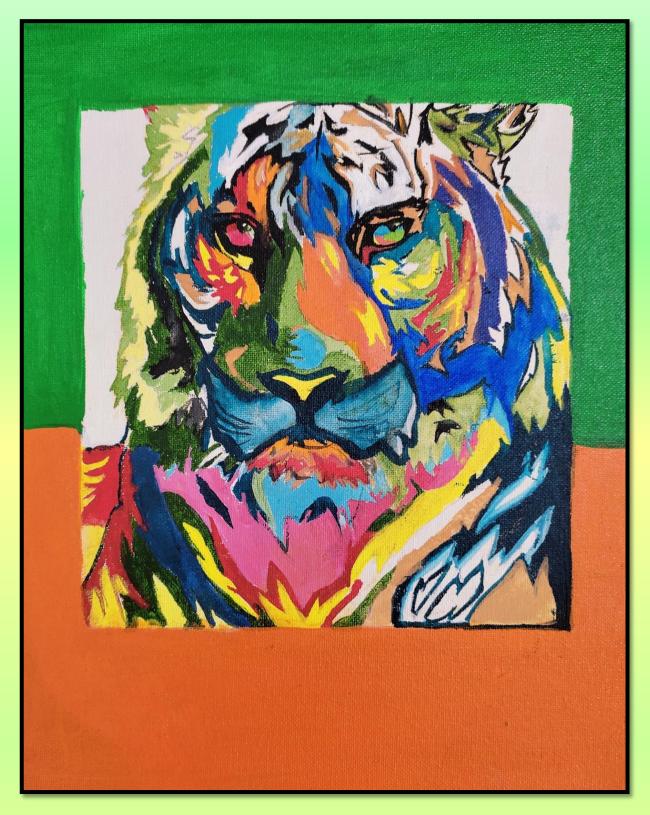






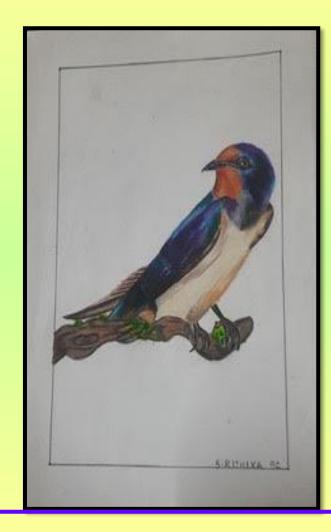






AISHWARYA SANTOSH NAIR IX A

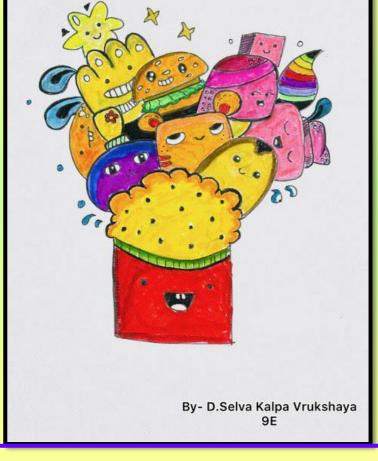




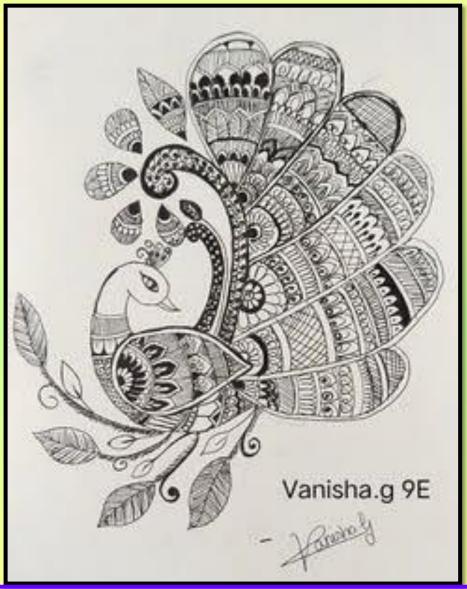




























R.RAKSHNA IX E



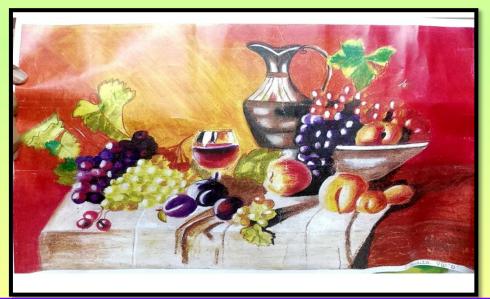


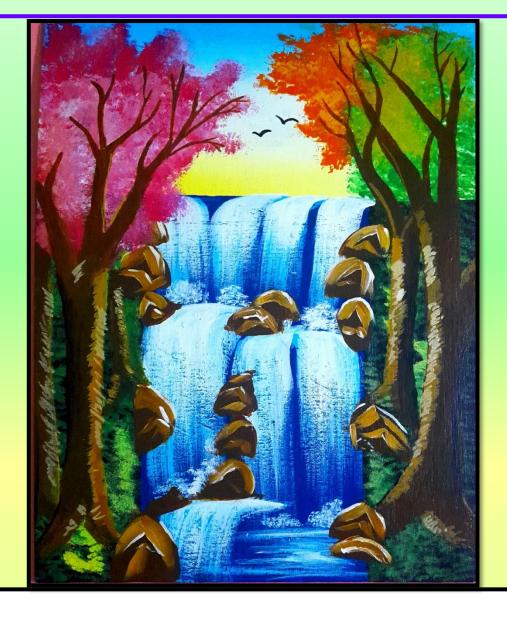






JANAITA X A





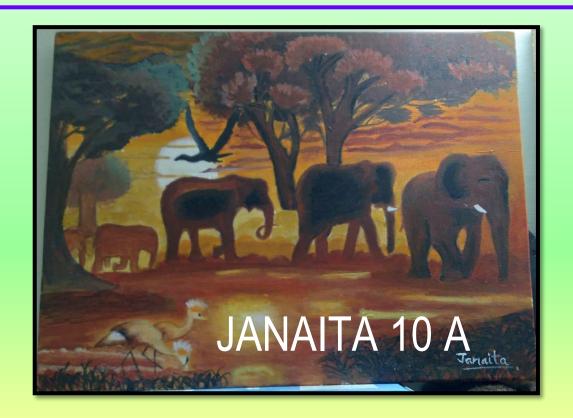


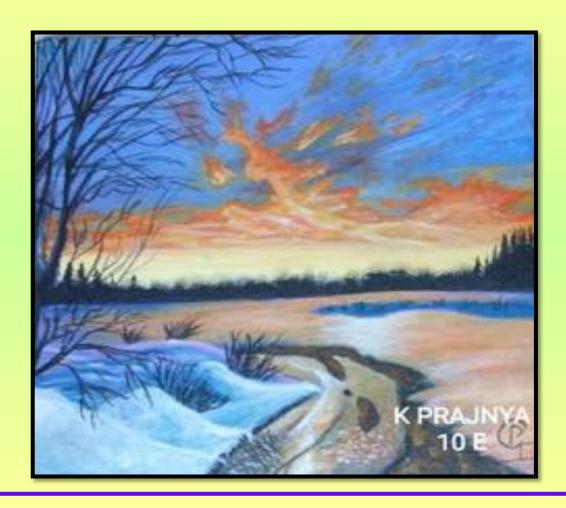


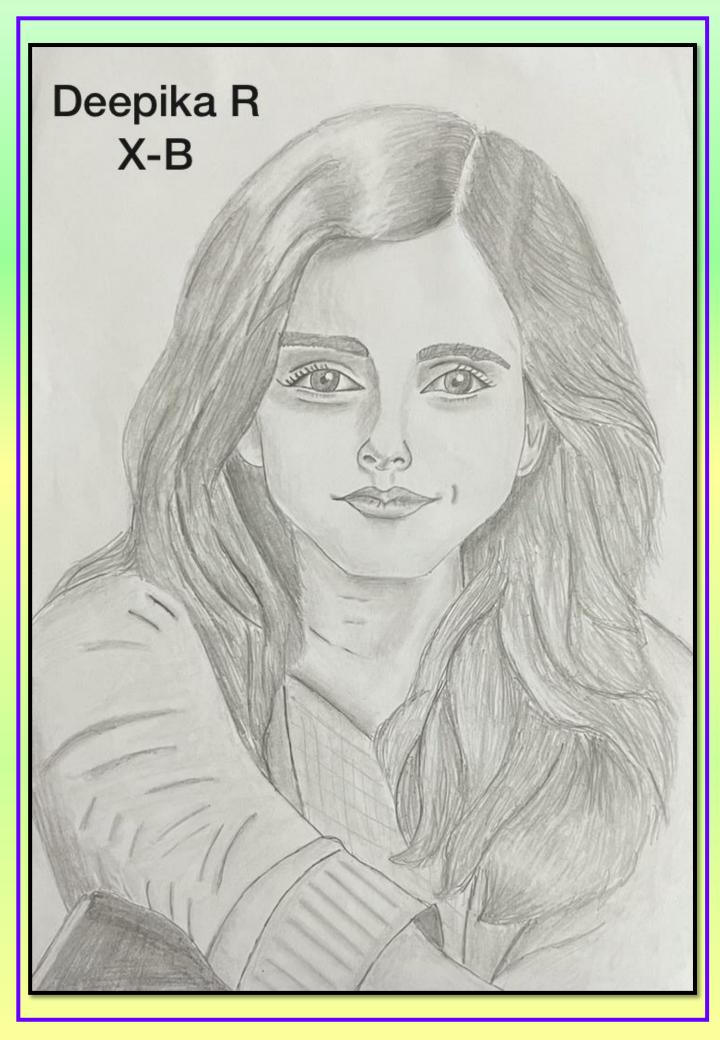


P.NETHRA 10-B

























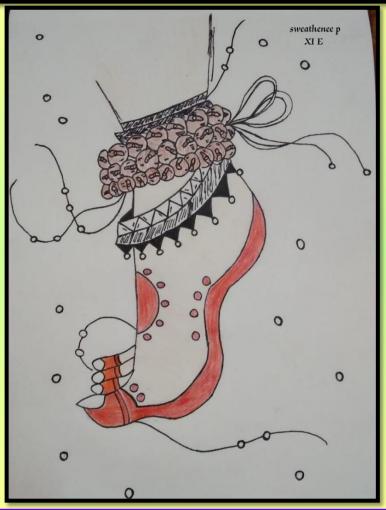
P.M.SAMRITHA XI A

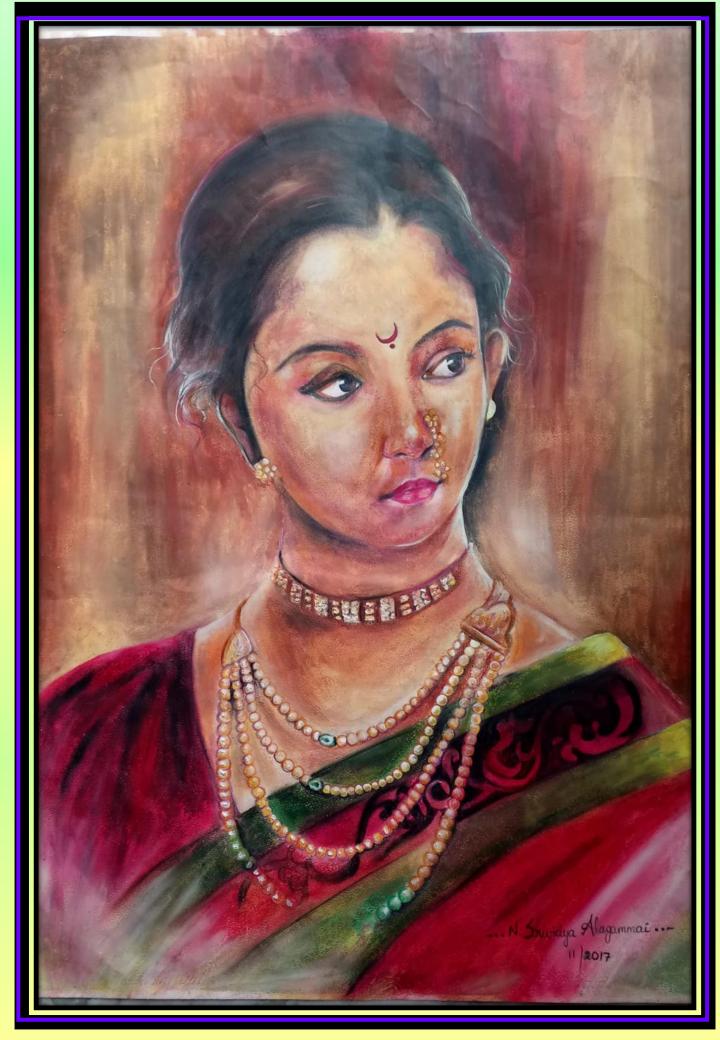


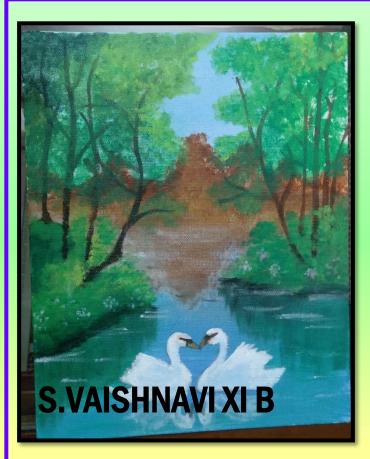


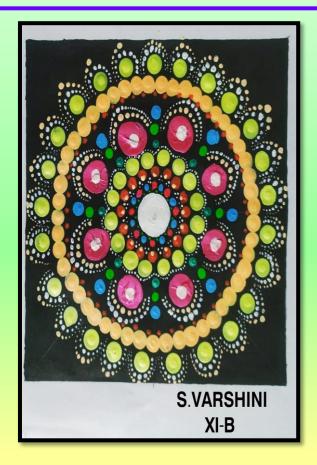








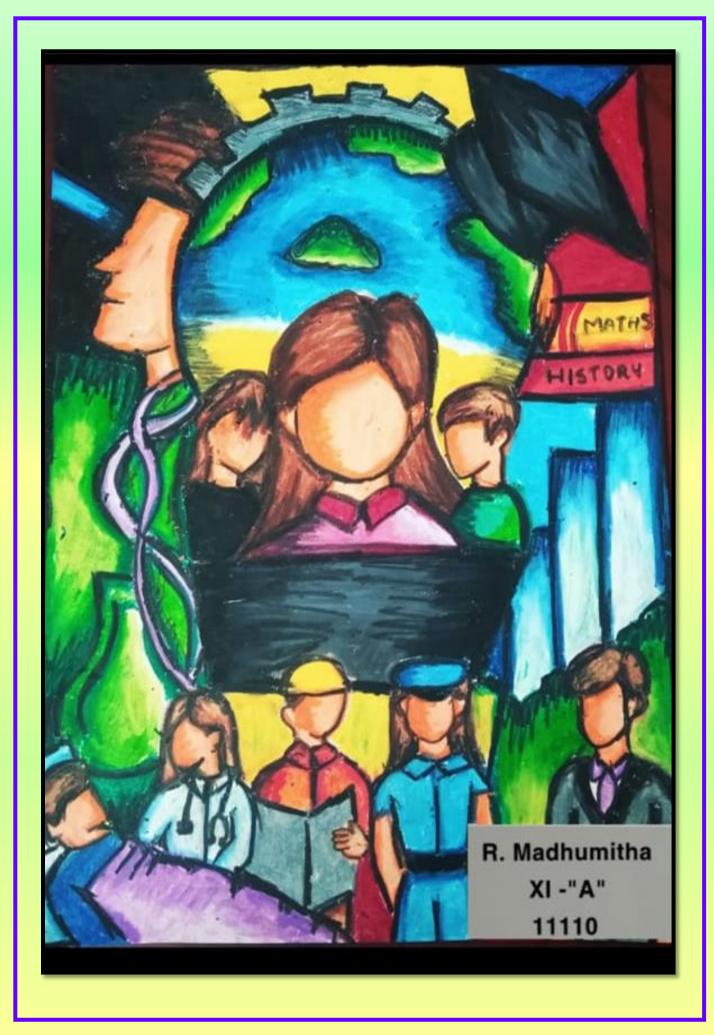




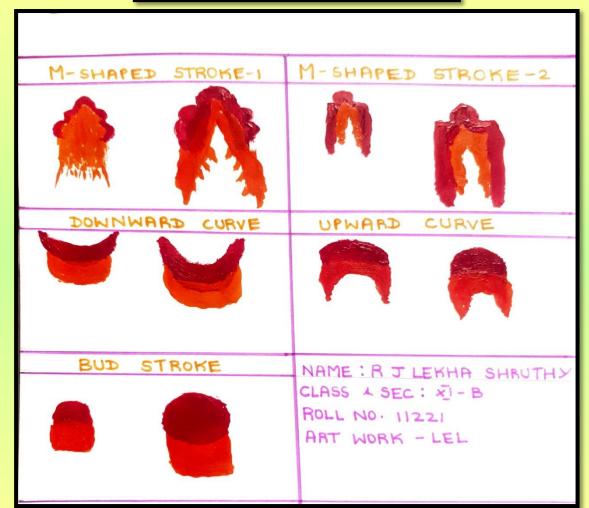


M.R.HASHITA XI B



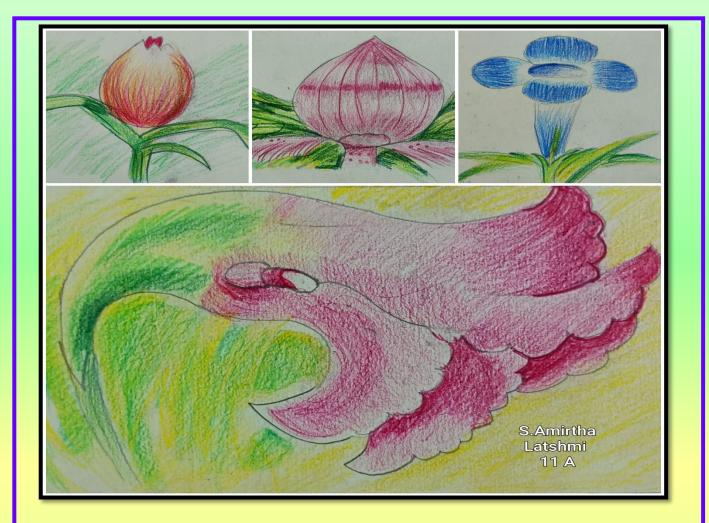


ONE STROKE PAINTING  FLAT STROKE S-Maped STROKE	
LEAF STROKE-I	LEAF STROKE -2
LEAF STROKE-3	COMMA SHAPED STROKE
HEART STROKE	DROP PETAL STROKE
•	









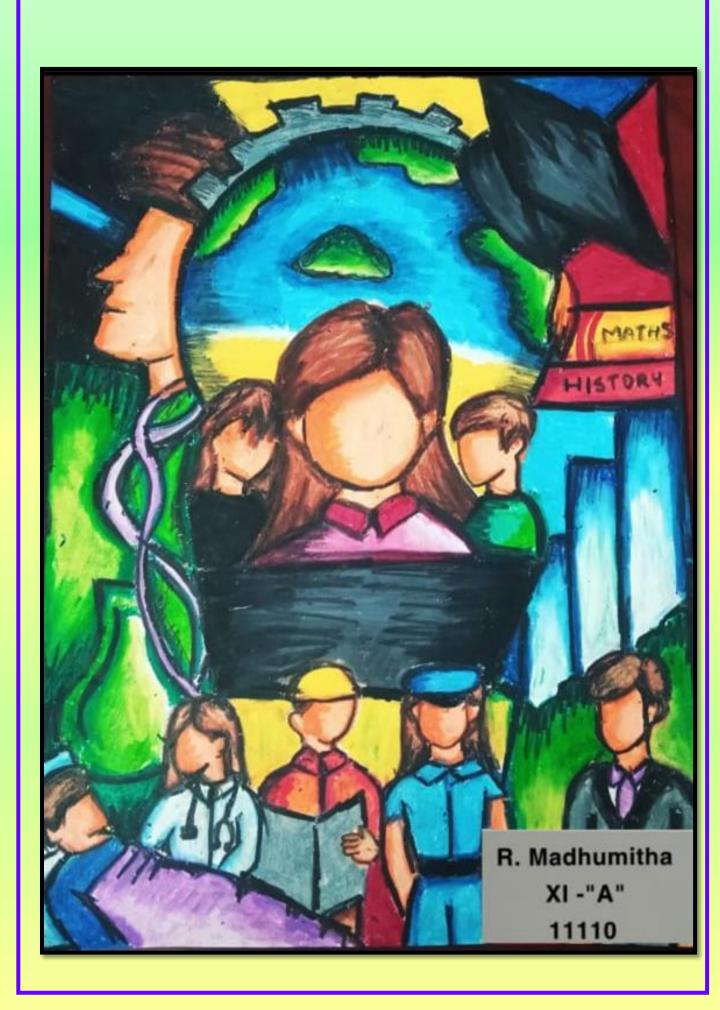










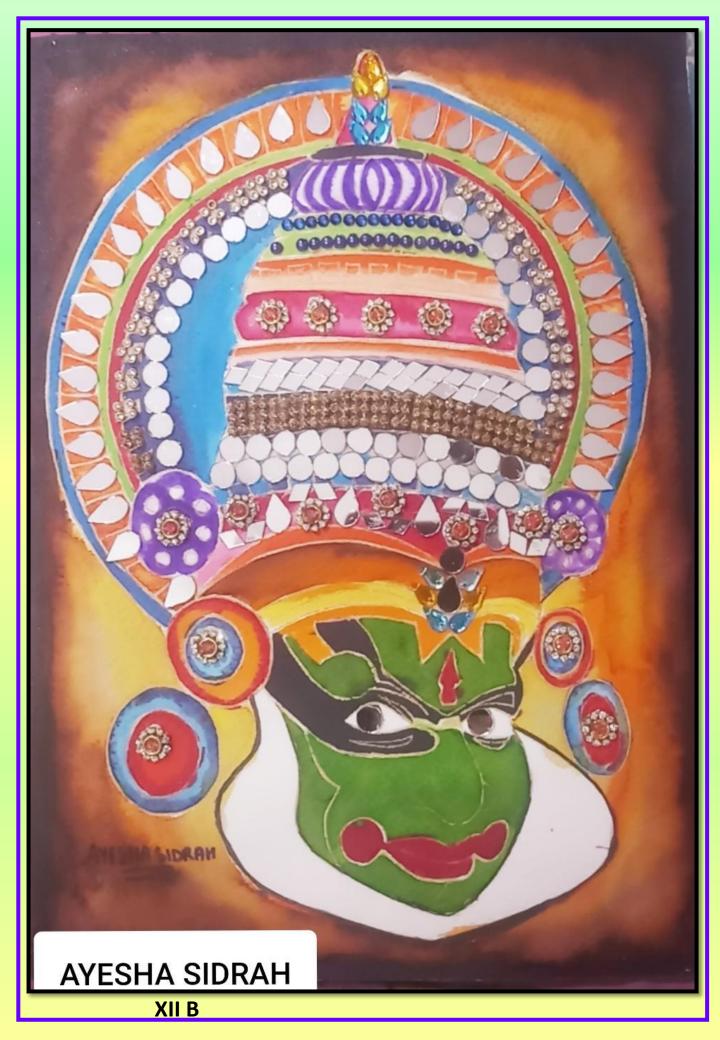


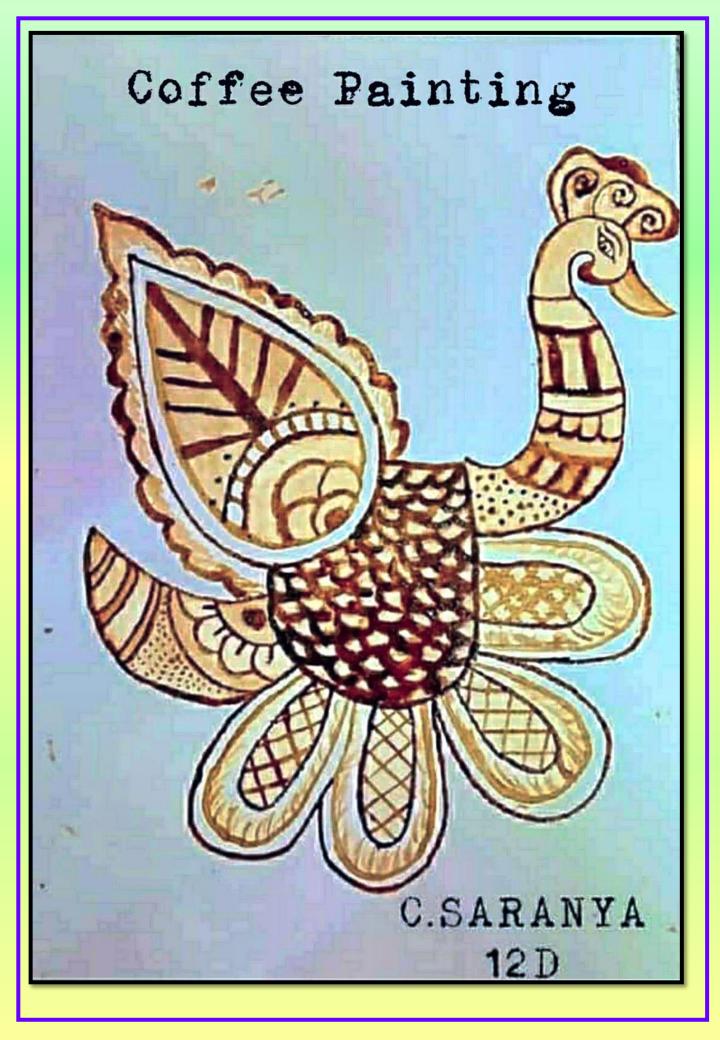






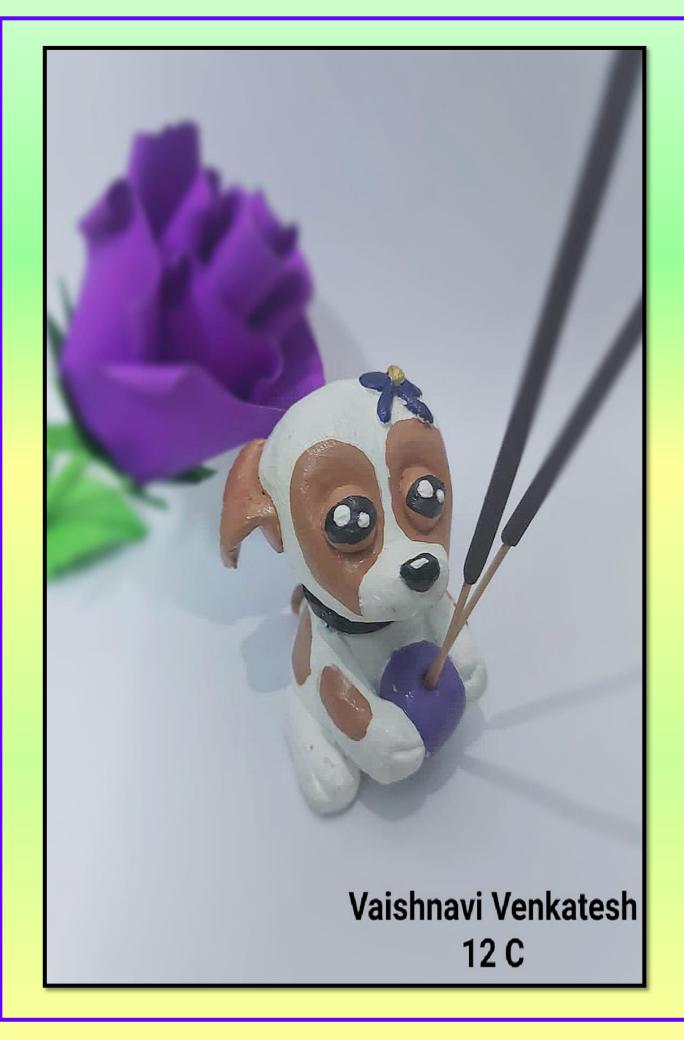


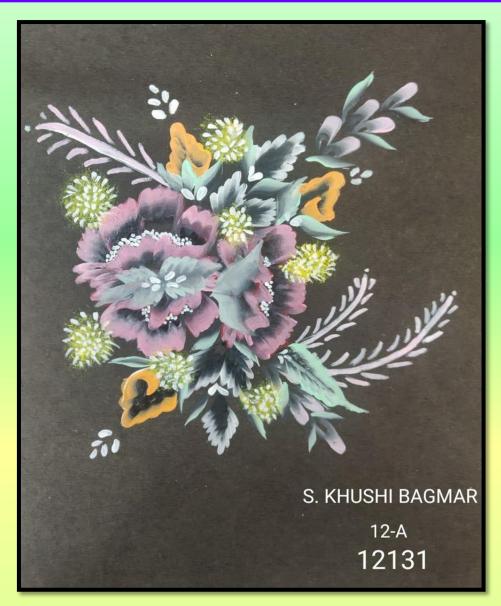




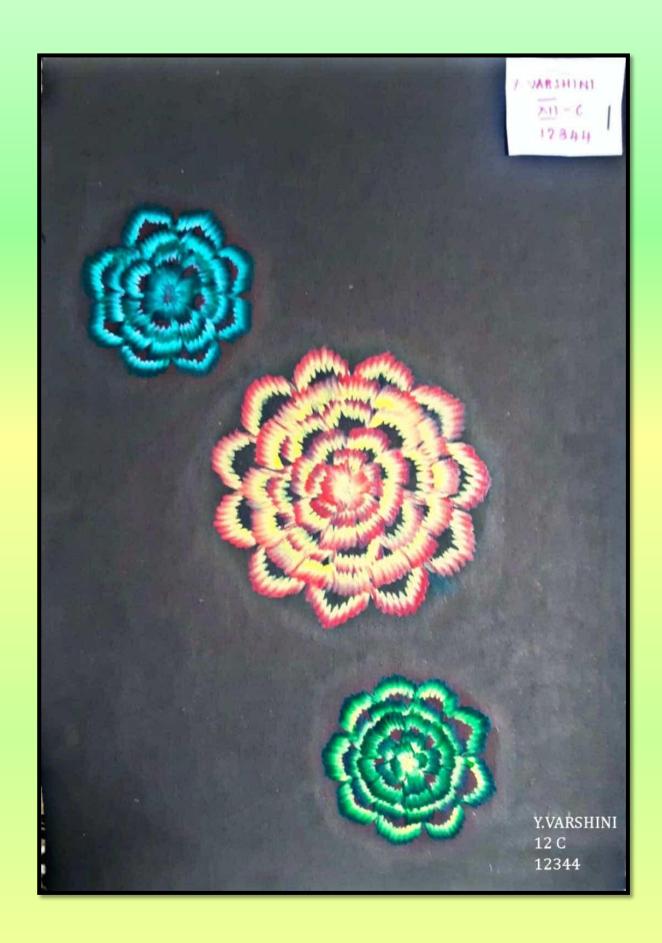








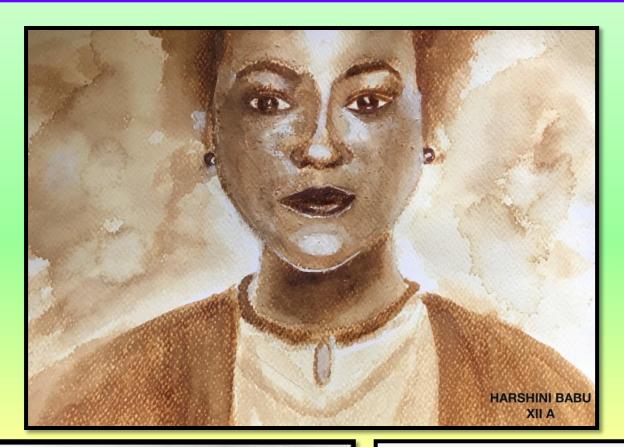




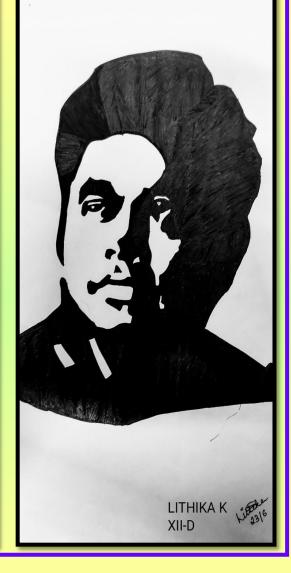


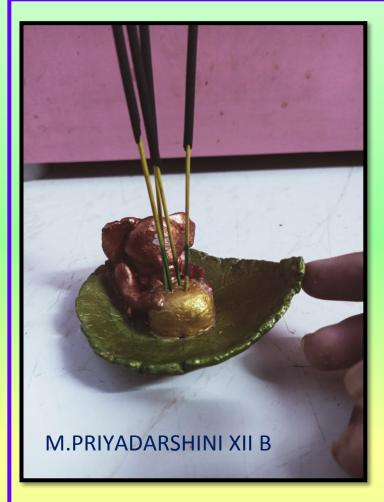


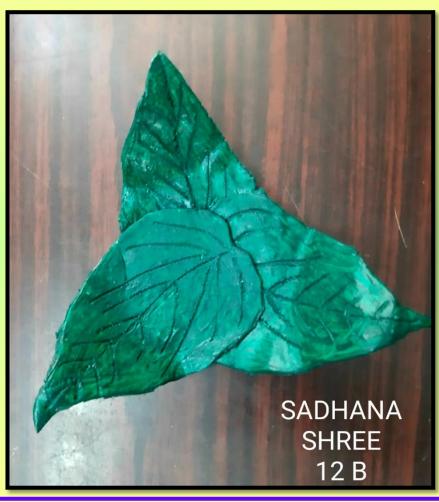






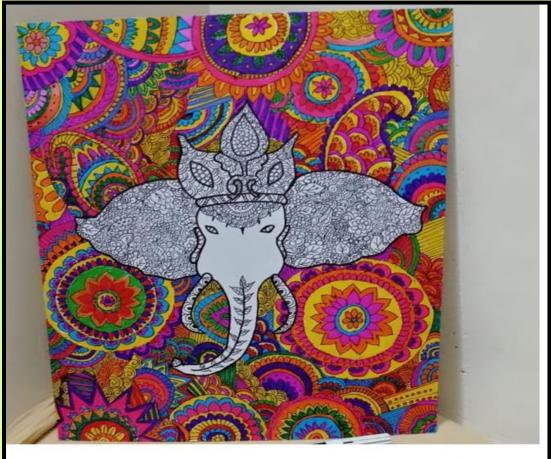












k praveena 12 b





